

APRIL 11<sup>TH</sup> - 20<sup>TH</sup> 2024

This tiny country, squeezed between Spain and the sea, has a long and proud history of fierce independence. Traditional agricultural and fishing communities continue unchanged beside bustling and cosmopolitan cities. Mountainous landscapes, untouched by time and modernization, stand in curious juxtaposition above the jet-setting coastal resorts.

We begin and end in the capital, Lisbon. A city with a vitality, variety and a pulse like none other. Turning north, we visit the picturesque town of Óbidos, originally an important port town. Continue to Tomar and visit the magnificent Convent of Christ before arriving in the fascinating city of Oporto. Nearby Bom Jesus do Monte takes us to the extraordinary 18<sup>th</sup>- century religious sanctuary which takes the form of a giant stairway. Moving into the Douro valley, the heart of port country, visit traditional “quintas” where we taste the sweet fortified wine that enjoys a worldwide reputation. As we leave northern Portugal and the magnificent mountain range “Serra da Estrela,” we exchange snow-capped beauty for the rolling sun-baked plain of the Alentejo. Our destination is the enchanting city of Évora which flourished in the Middle Ages as a center of learning and the arts and which gained international recognition in 1986 when it was declared a World Heritage Site. Returning to Lisbon, we drive to the wooded hillside town of Sintra, just to the north of the city, for visits to two elegant royal palaces.

This spring, as the sun warms this Iberian corner, join Case Western Reserve University, Alumni, friends and family on an unforgettable sojourn into the very heart and soul of ancient Portugal.



LISBON



PENA PALACE, SINTRA

THE COST OF THIS ITINERARY, PER PERSON, DOUBLE OCCUPANCY IS:

LAND ONLY	\$ 3999
SINGLE SUPPLEMENT:	\$ 750

*Airfares are available from many U.S. cities. Please call for details.*

THE FOLLOWING SERVICES ARE INCLUDED:

<b>HOTELS:</b>	8 nights accommodation in first-class hotels, all hotel taxes and service charges included
<b>COACHING:</b>	All ground transportation as detailed in the itinerary
<b>MEALS:</b>	Buffet breakfast daily, 6 dinners
<b>GUIDES:</b>	DISCOVER EUROPE tour director throughout, local guides in Lisbon, Oporto, and Évora
<b>EXPENSES:</b>	Porterage of one large suitcase per person
<b>ENTRANCES:</b>	Entrance fees to all sites included in the itinerary

*Please note that travel insurance is not included on this tour. Insurance information will be mailed to each registrant on receipt of deposit.*



**THURSDAY, APRIL 11<sup>TH</sup>** - Evening departure from your chosen US gateway city. **OVERNIGHT: PLANE**

**FRIDAY, APRIL 12<sup>TH</sup>** - Upon arrival in Lisbon you'll be met by your tour guide for the short transfer to your city center hotel. There will be time to rest from the flights before you begin to explore the neighborhood. This evening, a dinner party at the hotel welcomes the group to Portugal. **(B,D) OVERNIGHT: LISBON**

**SATURDAY, APRIL 13<sup>TH</sup>** - Panoramic sightseeing this morning, with a local guide, introduces this fascinating city; from the grand neo-classical buildings of the Baixa district to the narrow cobbled alleys of the Moorish Alfama quarter, we'll experience the rich variety of the city. We'll stop for visits to the Castelo de São Jorge, a hilltop fortification with magnificent views over the city and the Tagus River, Belem Tower and the exquisite Monastery of Jerónimos. The afternoon is free for independent exploration. Visit the National Tile Museum in the cloisters of the splendid Madre de Deus Church to view Portugal's traditional "azulejos", take the Santa Justa Elevator, created in 1901 by Gustave Eiffel (of Eiffel Tower fame) to the elegant Chiado district or explore the Botanical

Gardens. This evening, we experience the husky beauty of "fado", Portugal's traditional music, as we have dinner. **(B,D) OVERNIGHT: LISBON**



**BOM JESUS DO MONTE**

**SUNDAY, APRIL 14<sup>TH</sup>** - Turning north, we make our first stop in the enchanting medieval walled town of Óbidos. We'll visit the simple church of Santa Maria where the future Alfonso V married his 8 year old cousin. We continue to Tomar for a visit to the Convent of Christ, founded in 1162 by the Grand Master of the Templar's. Seldom visited by tourists, this massive building retains its sense of dignity and antiquity. Its Manueline embellishments, a unique style of Portugal, are some of the finest surviving examples. We head north to our hotel in the dazzling city of Oporto. Dinner at hotel this evening. **(B,D) OVERNIGHT: OPORTO**

**MONDAY, APRIL 15<sup>TH</sup>** - Morning sightseeing of the city with a local guide includes the Cathedral District, the riverside quarter of Ribeira and the civic and shopping centers of Central and Baixa. This afternoon, an excursion to Portugal's most spectacular religious sanctuary, "Bom Jesus do Monte." The 18<sup>th</sup>- century giant baroque stairway was designed to lead up to the small shrine, the church of Bom Jesus. We return to Oporto for a free evening. **(B) OVERNIGHT: OPORTO**

**TUESDAY, APRIL 16<sup>TH</sup>** - We tour port country today as we travel due east through the Douro Valley. We'll stop at traditional "quintas" to sample the different varieties. The panoramic views of the terraced mountains upon which the grapes grow are spectacular. Turning south, we enter the Serra da Estrela, the "star mountains". The area is a designated nature reserve and the traditional lifestyle of the indigenous shepherds still survives here. Our destination is the Pousada Serra da Estrela, where a log fire and stunning views over the snow-capped mountains greet us. Dinner at the pousada. **(B, D) OVERNIGHT: OLIVEIRA**



**CASCAIS WATERFRONT**

**WEDNESDAY APRIL 17<sup>TH</sup>** - We continue further south, along the border region, making a first stop at the extraordinary Jardim Episcopal in Castelo Branco. The garden's 18<sup>th</sup>- century layout is conventionally formal; its surprise lies in the many statues found throughout. The bishop's palace now houses a museum, which displays primitive art, 16<sup>th</sup> century tapestries and a wide range of archaeological finds. Continuing our route south, we arrive at the medieval walled city of Évora which rises mysteriously from the Alentejo Plain. Dinner at our city center pousada this evening. **(B, D) OVERNIGHT: ÉVORA**

**THURSDAY APRIL 18<sup>TH</sup>** - A walking tour with a local guide this morning introduces Évora and the architectural and cultural treasures which fill its tangled web of streets and alleyways. This afternoon is free for individual exploration...shop for handicrafts along Rua 5 de Outubro, browse through the city museum, or experience the bustle of the Praça do Giraldo, Évora's main square. The evening is free as well to sample one of the city's justifiably famous restaurants. **(B) OVERNIGHT: ÉVORA**

**FRIDAY, APRIL 19<sup>TH</sup>** - Returning to Lisbon today, we explore the coast north of the city: the beautiful hill town of Sintra and the palaces which dot the wooded hills. Visit both the National Palace and the Palace of Pena before time in the cosmopolitan seaside resort of Cascais. A farewell dinner at our hotel brings the trip to a memorable conclusion with time to share memories and laughter. **(B, D) OVERNIGHT: LISBON**

**SATURDAY APRIL 20<sup>TH</sup>** - Return transfer to Lisbon Airport for your transatlantic flights back to the U.S. **(B)**

Key to included meals: **B** - breakfast, **D** - dinner

SCAN THE BELOW QR TO REGISTER FOR THIS TOUR!





# YOUR HOST: *Sharona Hoffman*

Sharona Hoffman is the Edgar A. Hahn Professor of Law, Professor of Bioethics, and Co-Director of the Law-Medicine Center at Case Western Reserve University (CWRU).

Professor Hoffman received her B.A. from Wellesley College, her J.D. from Harvard Law School, an LL.M. in health law from the University of Houston, and an S.J.D. in health law from Case Western Reserve University School of Law. She has written over seventy journal articles on health law and civil rights topics, Professor. Hoffman is also the author of two books: *Aging with a Plan: How a Little Thought Today Can Vastly Improve Your Tomorrow*, Second Edition (First Hill Books 2022) and *Electronic Health Records and Medical Big Data: Law and Policy* (Cambridge University Press 2016). Dr. Hoffman has lectured throughout the United States and internationally and has been widely quoted in the press.

For more information see her website <http://sharonahoffman.com/>.

## REGISTRATION FORM

### GENERAL INSTRUCTIONS

1. Please type or print.
2. Make checks payable to DISCOVER EUROPE, LTD.
3. Be sure to read the Terms & Conditions and the Refund Policy contained on this form.
4. Complete both sides of this form.
5. Detach the bottom section and return to Discover Europe with your deposit of \$500 per person, if this has not already been paid. Keep the top section for your records.

### DETAILED INSTRUCTIONS

**NAME(S).** Please make sure that your name appears on this form exactly as it does on your passport. Please also include your "Known As" or preferred name, if applicable.

**PASSPORT DETAILS.** This information is required by airlines and having it helps in the event of lost or stolen documents.

**ADDRESS.** If you have a temporary address, please let us have the details, including dates that you are there, on a separate sheet.

**DIETARY REQUIREMENTS.** Please let us know if you require any special meals both for the hotels and the airlines.

**HEALTH INFORMATION.** It is very valuable for us to know ahead of time if you require any special assistance. Discover Europe tours are always paced for comfort, but inevitably there is also a certain amount of walking involved. Participants should have sufficient stamina to keep pace with the tour group and not cause delays. Please consult with your physician if have any questions regarding your ability to participate fully.

### EMERGENCY CONTACT

This information is essential.

### INDEPENDENT FLIGHT ARRANGEMENTS

1. If transatlantic flights are not already included as part of your tour, or if you wish to deviate from the group flights, Discover Europe will be happy to make your flight arrangements for you. The fee for this service is \$40 per ticket.
2. If you are arranging your own flights, please provide your complete flight information, giving the following: dates of travel, airline(s), flight numbers, departure and arrival airports and departure and arrival times for all flight segments that you have booked. Transportation to and from the hotel for arrival and departure arrangements that are separate from the group can be made at an additional cost. It is essential that we receive your complete flight information at least 90 days prior to your trip departure.

### ROOMING REQUIREMENTS

A twin room has two separate single beds in it. A double room has one large bed. Please use this section to let us know your preference. We will always book non-smoking rooms when available. If you are sharing a room, please let us know with whom. If you would like to share a room but do not have a roommate, we will be happy to try and match you up but unfortunately cannot guarantee that this will be possible. If no match is available, the single supplement will apply.

### PAYMENT PROTECTION PLAN

Please indicate here if you would be interested in applying for our Payment Protection Plan. Please see website or brochure for instructions and terms & conditions.



.....  
**TRIP DETAILS FOR LANDSCAPES OF PORTUGAL 240411/DWP**

### PASSENGER DETAILS

Passport Name:

1. \_\_\_\_\_  
Title First Middle Last

2. \_\_\_\_\_  
Title First Middle Last

Known As: 1. \_\_\_\_\_ 2. \_\_\_\_\_

Passport 1#: \_\_\_\_\_ Exp.Date: \_\_\_\_\_ DOB: \_\_\_\_\_

Passport 2#: \_\_\_\_\_ Exp.Date: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Special Dietary Requirements or Allergies: \_\_\_\_\_

Health Information: \_\_\_\_\_

CWRU Class Year: \_\_\_\_\_

### CONTACT INFORMATION

E-mail: \_\_\_\_\_

Preferred Telephone: (\_\_\_\_) \_\_\_\_\_ work/cell/home  
circle one

Secondary Telephone: (\_\_\_\_) \_\_\_\_\_ work/cell/home  
circle one

**PLEASE RETURN THIS FORM TO:**  
DISCOVER EUROPE, LTD.  
122 Island Street, Keene, NH 03431

# TERMS & CONDITIONS

## TERMS & CONDITIONS

1. Please be sure to complete both sides of this form.
2. Space on this journey is limited and registrations are accepted strictly on a first come, first served basis.
3. Registration and payment imply acceptance of the terms and conditions described herein. This information, as well as your itinerary description regarding dates, inclusions and prices, form the basis of your individual contract with Discover Europe, Ltd.
4. Registration and payment waive and release Discover Europe, Ltd., Case Western Reserve University, Engaging Journeys, their affiliates, directors, officers, employees, including any person or entity employed or utilized by them, from all claims arising from any injury, loss, damage, accident, delay or expense resulting from events beyond their control, including, without limitation: natural disasters, war, strikes, incidents of politically-motivated violence, sickness or quarantine, government restrictions or regulations, and in the absence of its own gross negligence, arising from the use of any vehicle or from any act of omission by any bus or car rental agency, airline, taxi or tour service, hotel, restaurant, or other firm, agency, company or individual.
5. Discover Europe, Ltd. reserves the right to substitute hotels, airlines, activities or excursions in response to changes in availability, local events or weather conditions, provided such substitutions do not adversely affect the overall quality of the tour. Such substitutions do not constitute grounds for withdrawal with full refund.
6. Conduct During the Tour: You are responsible for respecting the authority and laws of the countries in your itinerary, including local health and safety regulations, and following the directions of the tour guide. We may exclude you from participating in all or any part of the tour if, in our sole discretion, your health, condition or behavior renders you unfit for the tour or unfit for continuation once the tour has begun. Unfitness may include, without limitation, any behavior that, regardless of its cause, is inappropriate or offensive or interferes with the delivery of tour services, or may constitute a hazard or embarrassment. In such case, our liability shall be strictly limited to refund of the recoverable cost of any unused portion of the tour. Should you decide not to participate in certain parts of the tour or use certain goods included in the tour, no refunds will be made for those unused parts of the tour or goods.

## PAYMENT SCHEDULE

1. A deposit of \$500 must accompany this completed form (if it has not already been paid).
2. The remaining balance will be billed and payable 90 days prior to trip departure. A late fee of \$100 per person may be added to balances still outstanding 60 days prior to departure.

## TOUR COST ADJUSTMENTS

Discover Europe makes every effort to guarantee that the published cost of your chosen tour will not change. However, we do reserve the right to make adjustments in the following circumstances:

1. Exchange rates. Should the value of the dollar fall against the currency

- of the countries visited on your tour by more than 10% in the 6 months prior to trip departure.
2. Airfares. If your tour includes airfare, Discover Europe reserves the right to pass along increases in costs (taxes, airport fees, fuel surcharges, etc.) that are charged by the airline involved.
3. Group size. This tour has been based on a group size of 20-30 participants. Should we end up with less than 20 people, we will determine a course of action which will involve either paying a surcharge to keep the tour as is, or making adjustments to the tour in order to keep the cost the same.
4. Late registrations (received within 60 days of departure) may also incur extra fees and charges as discounted rates for hotels and airfares may no longer be available so close to departure. Participants will be made aware of any such charges before their registration is accepted.

## REFUND POLICY

1. Participants who withdraw more than 90 days prior to tour departure will receive a refund of all monies received by Discover Europe, Ltd., less a \$200 cancellation penalty per person\*.
2. Participants who withdraw fewer than 90 days prior to tour departure will receive a refund of all monies received by Discover Europe, Ltd., less the following cancellation penalties:
  - 90 - 61 days prior to departure: \$1000 per person\*
  - 60 - 31 days prior to departure: \$2000 per person\*
  - 30 or fewer days prior to departure: no refund\*
3. Please note that the final payment becomes due upon receipt of the final invoice and will remain payable, as per the payment schedule, if your cancellation is received after this.
4. These cancellation penalty amounts do not include any airfares purchased on your behalf by Discover Europe Ltd. Note that the least expensive airfares are usually non-refundable. Refunds for airline tickets will be handled separately from the refund of the land tour package.
5. Comprehensive travel insurance is not included in your tour package. Discover Europe, Ltd., strongly advises that you purchase travel insurance for your upcoming trip. Trip insurance information will be mailed to you upon the receipt of your reservation. Please contact Sarah Doody at Engaging Journeys at 904.432.3141 or [sarah@engagingjourneys.com](mailto:sarah@engagingjourneys.com) for insurance information.
6. All cancellation requests must be received in writing.
7. There is no provision for refund for any activities missed due to the participant's absence once the tour has started.
8. Your place on this tour is not transferable.

*Unless enrolled in our payment protection plan*

## INCLUSIONS & EXCLUSIONS

1. All inclusions are listed on the day-by-day itinerary and registration form.
2. The following are not included (unless specifically mentioned in the itinerary): travel insurance, transportation to and from the participant's home to their chosen departure airport, passport fees, excess baggage charges, tips to couriers and tour bus drivers, items of a personal nature.

## EMERGENCY CONTACT INFORMATION

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Primary Telephone: (\_\_\_\_) \_\_\_\_\_

## FLIGHT INFORMATION *(Please check one)*

Departure Airport or City: \_\_\_\_\_

Would you like Discover Europe to book your flights?  Yes  No

If yes, what class of seating would you prefer?

- Standard Economy  Premium Economy  Business Class

*If self-arranged, please provide us with the full details by mail or e-mail at least 90 days prior to departure.*

## EXTENSION INFORMATION

I/we plan on extending before or after the tour:

- Yes, before tour  Yes, after tour  No extension

If yes, please provide extension details: \_\_\_\_\_

## ROOMING REQUIREMENTS *(Please check one)*

- I would like a single room (see itinerary for supplement)

- I would like a shared room

I will be sharing with: \_\_\_\_\_

We would like a  Single double bed  two twin-beds

Discover Europe may include my e-mail address on the tour passenger list.

- Yes  No

## SIGNATURES

The undersigned has read the tour itinerary and recognizes and accepts any risk inherent therein. The undersigned also understands and hereby agrees for and on behalf of his/her dependents, heirs, executors, administrators and assigns to abide by the conditions set forth in the terms and conditions listed in this brochure and to release and hold harmless Case Western Reserve University, Engaging Journeys and any of their officers, trustees, agents, licensees, or representatives, from any and all liability for delays, injuries, or death or for the loss of or damage to his/her property however occurring during any portion of, or in relation to, the tour.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

