October 28, 2015

To Members of the Case Western Reserve Community:

Enclosed please find details of the university’s benefits programs for calendar year 2016. The open enrollment period for these programs, formally known as Benelect, begins Monday, November 9 and concludes Monday, November 30. We encourage you to review these materials closely, since the decisions you make next month impact coverage and options for the next 12 months.

This fall Benelect participants have an opportunity again to earn incentives in 2016 by completing three wellness activities. This program is part of the university’s ongoing effort to improve the health of the community and also reduce increases in medical insurance expenditures. The university will offer additional wellness programs in 2016, including classes focused on tobacco cessation, stress management, weight management, nutrition and physical activity. The enclosed materials provide more information about the upcoming wellness engagement opportunities.

In addition to wellness, there are a few insurance plan changes that will take effect next year. Details can be found in the enclosed document titled Summary of 2016 Benelect Changes.

Also enclosed are additional documents to assist in your assessment of insurance choices for 2016. They include:

- Benelect 2016 enrollment guide
- Benelect 2016 price sheets
- A reference listing considerations to help with decision-making, and
- Instructions for making your elections in the online enrollment system.

Please contact us if you have questions about any aspect of benefits coverage or about our wellness initiatives. We are eager to assist you in any way possible.

Sincerely,

James E. Ryan
Senior Director of Benefits

Elizabeth R. Click, ND, RN, CWP
Medical Director