Arby’s

- The following items from Arby’s contain phosphorus additives:

  - Roast Beef
  - Ham
  - Bacon
  - Chicken
  - Corned Beef
  - Roast Turkey
  - Fish Fillet
  - Wraps
  - Cheddar cheese sauce
  - Potatoes/Fries
  - Jalapeno bites
  - Onion petals
  - Mozzarella sticks
  - Scrambled eggs
  - French toastix
  - Biscuits
  - Sourdough breakfast
  - cheddar bread
  - Ciabatta bread
  - Cream of broccoli soup
  - Buttermilk dressing
  - Chocolate cookie
  - Milk shakes
  - Cola beverages

- These foods add phosphorus to your diet.

- Avoid menu items that consist of these foods.