The following items from Boston Market contain phosphorus additives:

- Beef/BBQ Brisket
- Crispy Country Chicken
- Ham
- Boston Carver sandwiches – all
- Coleslaw
- Macaroni & cheese
- Mashed potatoes
- Vegetable stuffing
- Cornbread
- Chocolate chip fudge brownie
- Chocolate cake

These foods add phosphorus to your diet.

Avoid menu items that consist of these foods.