Burger King

➢ The following items from Burger King contain phosphorus additives:

   Buns (except BK Shots)
   Chicken
   Fish
   Bacon
   Ham
   All Potatoes/Fries
   Onion rings
   Kraft Macaroni and Cheese
   French toast sticks
   Biscuits
   Pancakes/Syrup
   Tortillas
   Cini-Minis
   Croutons
   Cheese
   Milk shakes
   Hershey’s sundae pie

➢ These foods add phosphorus to your diet.

➢ Avoid menu items that consist of these foods.

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