Long John Silver’s

- The following items from Long John Silver’s contain phosphorus additives:

  All Battered Fish and Seafood
  - All Battered Chicken
  - Alaskan Flounder
  - Baked Cod Filet
  - Grilled Pacific Salmon
  - Popcorn Shrimp
  - Shrimp Scampi
  - All Bowl Meals
  - Breaded Clam Strips
  - Buttered Lobster Bites
  - Lobster stuffed Crab cake
  - French Fries
  - Hushpuppy
  - Rice
  - Broccoli Cheese Soup
  - Chocolate Cream pie
  - Pineapple Cream pie

- These foods add phosphorus to your diet.

- Avoid menu items that consist of these foods.

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