The following items from Taco Bell contain phosphorus additives:

- Flour tortilla
- Chalupa shell
- Flat Bread
- Beef
- Steak
- Chicken
- Chili
- Nacho cheese sauce
- Lava Sauce
- Potato bites
- Sour cream
- Three cheese blend
- Caramel Apple Empanada

These foods add phosphorus to your diet.

Avoid menu items that consist of these foods.