



ADDICTION PSYCHIATRY FELLOWSHIP

People do recover.
Be a part of
their story.

*Imagine your patients “giving a lead” at a 12-step meeting or talking with friends, family members, or co-workers over a cup of coffee and mentioning **you** by name—as one of the people instrumental in helping them reduce and eliminate the use of alcohol and other drugs, manage cravings and other symptoms, and get their lives back on track.*

It’s a humble acknowledgement of your work, but among the most significant you will ever receive. Substance use disorders (i.e., substance use and abuse/addiction) destroy lives, not only patients’ lives but also those of the people around them, including spouses, children, parents, siblings, cousins, and friends, among others. Substance use and addictions are public-health enemy number one, having profound effects upon physical health, mental health, social relationships, and economic well-being. The pain ripples through generations.

BE AWARE

No matter what specialty of psychiatry you choose, research shows that more than half of your patients will have an addiction to alcohol or other

drugs at some point in their lives. That’s not counting the number of other patients who are not addicted but suffer the consequences of those who are. Addictions are especially hard on children and adolescents.

KNOW HOW TO RESPOND

As a certified addiction psychiatrist, you will be equipped to help people in your community break the cycle. Addiction is a treatable brain disease. With holistic biopsychosocial treatments, people do get sober, mend relationships, maintain employment, and fulfill their dreams for successful, satisfying lives.

**Become an expert
in treating a
disorder that affects
over half of the
patients you see
every day.**

LEARN MORE 

ADDICTION PSYCHIATRY FELLOWSHIP

SHAPE THE FUTURE

Addiction psychiatry was officially recognized as a subspecialty in 1993, and advances in research and biopsychosocial treatments have been burgeoning ever since. For instance, for fifty years, there was one medication to treat alcoholism. There are now an increasing number of medications to treat alcoholism, nicotine dependence, and other addictions.

In addition, innovative evidence-based practices such as Integrated Dual Disorder Treatment are teaching medical professionals, social workers, and addictions counselors how to close gaps in service by combining mental health and substance abuse treatment and providing both at the same time, by the same multidisciplinary team, in the same service organization.

ARE YOU READY?

We are looking for fourth-year residents in psychiatry and practicing psychiatrists who demonstrate one or more of the following attributes:

- See addiction as a treatable brain disease
- Have a passion for battling stigma against people with addictions
- Have patience and persistence
- Believe that the soul of a person in pain craves honesty, truth, and hope and are inspired by stories of human triumph
- Have a heartfelt belief that people can and will recover with treatment
- Are eager to learn and utilize effective psychosocial treatments

PEER NETWORKING

Addiction psychiatrists are a tight-knit group, with just over 2,000 in the United States. Addiction psychiatrists are people who relate to the spirit of the people they serve in a heartfelt manner. They look forward to sharing the struggles and successes of their work with colleagues. Meetings and conferences are times for professional fellowship and rejuvenation.

THE FELLOWSHIP

- One-year post-residency fellowship that includes opportunities for clinical research
- Accredited by the Accreditation Council of Graduate of Medical Education (ACGME)
- Curriculum highlights include the following:

Topics	Setting
Detoxification training	Inpatient, outpatient
Methodone maintenance and Buprenorphine maintenance for opiate addiction	Outpatient
Dual diagnosis treatment	Inpatient, outpatient, community mental health centers
Psychiatric consultation	Residential treatment
Addiction consultation	Tertiary care hospital
Intensive outpatient treatment, including group therapy	Community mental health centers
Pain management for people with addictions	Outpatient
Adolescents and addiction	Residential treatment, outpatient
Working with veterans of the U.S. armed forces	Louis Stokes Cleveland Veterans Administration Medical Center
Psychosocial treatment (e.g., motivational interviewing, stages of change, integrated treatment)	Inpatient, outpatient
Weekly didactics (seminars with all fellows)	Inpatient, outpatient
Weekly one-on-one supervision	Inpatient, outpatient

LOCATION | CLEVELAND

The City of Cleveland and neighboring urban centers in Northeast Ohio embody a world-class center of health care and behavioral health care, with over six major teaching and research hospital systems, a Veterans Administration medical center, and numerous community mental health centers.

Case Western Reserve University is located in the progressive University Circle neighborhood of Cleveland. It is a unique concentration of hospitals, museums, libraries, gardens, and cultural, educational, and human service institutions. Northeast Ohio is conveniently located between Chicago, Washington, D.C., Atlanta, Toronto, and New York. Northeast Ohio provides all the amenities of urban, suburban, and rural living. It is among the most affordable and livable regions in the United States.



Addiction is a treatable brain disease.

Big changes occur in small, incremental steps over time.




Resources
Integrated Dual Disorder Treatment (IDDT)
www.ohiosamiccoe.case.edu

American Society of Addiction Medicine (ASAM)
www.asam.org


University Hospitals of Cleveland (UH)
www.uhhospitals.org

Fellowships & Residency Electronic Interactive Database (FREIDA)
www.ama-assn.org/ama/pub/category/2997.html

American Academy of Addiction Psychiatry (AAAP)
www.aaap.org



CASE WESTERN RESERVE UNIVERSITY
SCHOOL OF MEDICINE



University Hospitals Case Medical Center

CONTACT US
 Christina M. Delos Reyes, MD
 Director, Addiction Psychiatry Fellowship
 University Hospitals Case Medical Center
 11100 Euclid Avenue
 Cleveland, Ohio 44106-5080
 v. 216-844-3658
 e. Christina.DelosReyes@Uhhospitals.org
www.case.edu/med/psychiatry/residency/fellow.htm
www.uhhospitals.org

Ver. 2008-04-01 | Written by Paul M. Kubek, MA, and Christina M. Delos Reyes, MD | Produced with assistance from www.ohiosamiccoe.case.edu.