WHAT IS SPIRITUAL DIRECTION?

A monthly opportunity sponsored by Newman Catholic Campus Ministry that will provide an opportunity to...

- Reflect, and focus on my relationship with God
- Explore and clarify what I believe
- Re-define who I am and who I am becoming
- Confide and have a conversation with a spiritual companion who shares common values
- Provide time to step back, pause, make connections and share insights
- Receive support in my faith journey
- Share questions, struggles and life issues
- Explore next steps in my life
- Learn ways to pray that match my life as a college student
- Recognize and reverence those developing gifts and talents
- Value differences which challenge
- Explore and expand ways to make a difference and be of service

Contact your local Newman Catholic Campus Minister for more details, questions and to schedule an appointment or contact Sister Mary Ann Spangler, HM at maspangler@hmministry.org or 440-356-6560