# Pamela J. Mitterling, MAEd, RN, LPCC-S, LICDC-CS, LSW

Center for Innovative Practices
Begun Center for Violence Prevention, Education, and Research
Jack, Joseph, and Morton Mandel School of Applied Social Sciences
Case Western Reserve University

Fax: (888) 510-2207 Email: pamela.mitterling@case.edu

Ph: (419) 929-6410

Cell: (330) 575-9945

**Education:** Mount Union College, BA, Psychology,

1991 Magna Cum Laude, 1995

University of Akron, MAEd, Community Counseling, Stark State College of Technology, AAS, Nursing

2006

Ohio University, BSN in progress

## **Experience:** Case Western Reserve University

July 2011-present

A Coordinating Center of Excellence, an initiative of the Ohio Department of Mental Health (ODMH) and the Jack, Joseph, and Morton Mandel School of Applied Social Sciences at Case Western Reserve University

#### Research Associate / MST Consultant

Statewide dissemination, consultation, and training in Multisystemic Therapy (MST). Responsibilities include supervisor development, provision of tools and resources promoting adherence to MST's model of treatment, including the use of research-validated interventions and strategies and ongoing outcomes evaluation, as well as development of strategies to overcome organizational and systemic barriers to program implementation.

\_\_\_\_\_

## **Kent State University**

July 2008-June 2011

A Coordinating Center of Excellence, an initiative of the Ohio Department of Mental Health (ODMH) and Kent State University

### Research Associate / MST Consultant

Statewide dissemination, consultation, and training in Multisystemic Therapy (MST). Responsibilities include supervisor development, provision of tools and resources promoting adherence to MST's model of treatment, including the use of research-validated interventions and strategies and ongoing outcomes evaluation, as well as development of strategies to overcome organizational and systemic barriers to program implementation.

## **Stark County Mental Health and Recovery Services Board**

June 2003-June 2008

A Coordinating Center of Excellence, an initiative of the Ohio Department of Mental Health (ODMH) and the Stark County Mental Health and Recovery Services Board

## Research Associate / MST Consultant

Statewide dissemination, consultation, and training in Multisystemic Therapy (MST). Responsibilities include supervisor development, provision of tools and resources promoting adherence to MST's model of treatment, including the use of research-validated interventions and strategies and ongoing outcomes evaluation, as well as development of strategies to overcome organizational and systemic barriers to program implementation.

## **University Hospitals Health System**

April 2007-present

Bedford Medical Center Nursing Supervisor

March 2014-present

Supervision and support of nursing staff throughout the hospital, oversight and coordination of patient admissions and discharges, nurse and aide staffing, and resolution of patient and staff concerns.

#### **Bedford Medical Center Telemetry Nurse**

April 2007-March 2014

Assessment and provision of nursing care to patients with acute and chronic conditions in a hospital setting. Collaboration of care with doctors and colleagues using a team approach. Specific duties include medication administration, IV maintenance, cardiac monitoring, patient admissions/discharges, documentation, and consultation.

## Crisis Intervention Center of Stark County, Inc.

Sep 1992-June 2003

MST Program Supervisor

Nov 1998-May 2003

Administrative and clinical supervision of eight (8) full-time therapists within a licensed Multisystemic Therapy (MST) program. This Stark Co. MST site was

named one of the top ten juvenile justice programs in the U.S. by the Office of Juvenile Justice Delinquency Prevention (OJJDP). The team and several participating families participated in the production of an Introductory Video for parents on MST.

Clinically supervised this team through participation in a randomized clinical trial. (See Timmons-Mitchell, J., Bender, M., Kishna, M., and Mitchell, C. (2006). *An Independent Effectiveness Trial of Multisystemic Therapy with Juvenile Justice Youth.* The Journal of Clinical Child and Adolescent Psychology, Vol. 35, No. 2.

MST Therapist Jun 1998-Nov 1998

Provided intensive home-based services using the MST model to families with youth presenting with serious delinquency and behaviors placing them at risk of out-of-home placement.

### Choices For Men Group Counselor

Mar '97-Jun '98

Provided individual assessment and group counseling to men convicted of violent crimes and court ordered into treatment. Emphasis was placed on anger management strategies and chemical dependency treatment.

Crisis Counselor/Supervisor/Mental Health Officer

Sep 1992-Mar 1997

Provided mental health pre-hospital screenings throughout Stark Co. in community-based settings (hospitals, jails, homes, workplaces, public places, etc.) on an emergency basis as requested by law enforcement, hospitals, clients or their friends/family members.

### **Portage County Juvenile Court**

Jul 1991-Sep 1992

### **Psychology Assistant**

Conducted social history assessments with families, administered and scored psychoeducational testing to incarcerated adolescents, assisted in the preparation of psychological profiles and court recommendations for youth being considered for out-of-home placement.

### **Special Certifications / Qualifications:**

Certified in Critical Incident Stress Management (CISM)
Certified in Basic Life Support (BLS)
Certified in Advanced Cardiac Life Support (ACLS)
Identified by ODMH as a trainer in "Using Youth Consumer Outcomes to Support
Treatment Planning"

Participated in the production of ODMH's "Vital Signs: Ohio Mental Health Consumer Outcomes System Education Series" Supervisor Training Video
Stark Co. MST site identified by the Office of Juvenile Justice Delinquency Prevention (OJJDP) as one of the top ten juvenile justice programs in the U.S.
Served on the OJJDP (Office of Juvenile Justice and Delinquency Prevention)
Comprehensive Strategies Workgroups—Stark County, OH
Participated in 2 randomized clinical trials demonstrating the effectiveness of Multisystemic Therapy (MST) in Stark County, OH