

# MEAL SWIPES ON THE GO *at CWRU!*

## HEC CAFÉ | HEC PRESS & BAKERY

### breakfast — regular swipe

#### Grill & Hearth

breakfast sandwich  
fountain beverage or coffee

pancakes with  
bacon or sausage  
fountain beverage or coffee

two eggs, bacon or sausage,  
potatoes  
fountain beverage or coffee

### anytime — regular swipe

#### Press & Bakery

12oz coffee/espresso beverage or  
12oz smoothie  
pastry or muffin  
whole fruit

entrée salad, chips  
apple, orange or banana  
bottled water  
1 fresh baked cookie

sandwich, chips  
apple, banana or orange  
bottled water  
1 fresh baked cookie

### lunch — regular swipe

#### Grill & Hearth

2 slices of pizza  
**choice of:**  
composed salad or  
piece of whole fruit  
22 oz. fountain drink  
1 fresh baked cookie

#### Near & Far

bowl special (no side dish)  
22 oz. fountain drink  
1 fresh baked cookie

#### Bread & Pickle

whole feature sandwich  
**choice of:** composed salad or cup of soup  
**choice of:** chips or piece of whole fruit  
22 oz. fountain drink  
1 fresh baked cookie

#### Leaves & Greens ☒

16 oz. salad bar  
22 oz. fountain drink  
**choice of:** apple, orange, banana or  
1 fresh baked cookie

## TOMLINSON

### lunch — portable swipe

#### Performance Bowl ☒

your choice of greens, grains, 4 vegetables and a protein  
(salmon, shrimp, grilled chicken or tofu), fruit, and a drink.

#### Local Taco

3 tacos, chips, and a drink (will substitute a bowl)

#### Subway

6" or footlong sub of your choice (excluding steak and cheese or veggie patty), choice of 1 cookie, chips, and a drink

## THE DEN

*breakfast all day comes with 16 oz coffee or 16oz fountain drink*

Original Grand Slam - Slam Melt served with potato rounders or regular fries

French Toast Slam - Ham, Egg, and Cheese Brioche Melt served with potato rounds or regular fries

*meal combos come with regular fries and a 16oz fountain drink*

Chicken Tenders (3)

Mozzarella Sticks (5)

Chick-N-Bacon Brioche Melt

The Lil' Den Burger

Turkey Blt

Black Bean Quinoa Wrap ☒

Southwest Chicken Salad

Crispy Chicken Salad

Black Bean Quinoa Burger

## DUNKIN'

*all meal swipes come with a sandwich, a side,  
and a beverage of your choice*

#### sandwiches

sausage, egg, and cheese

bacon, egg, and cheese

veggie egg white ☒

ham, egg, and cheese

turkey sausage,

Beyond sausage

#### sides

classic donut

hashbrown

#### beverages

milk

bottled water, bottled juice

hot coffee, hot chocolate, Dunkachino

iced tea, iced coffee

## THE SMARTER CHOICE

**LOOKING FOR THE HEALTHIEST MEAL SWIPE CHOICES?**

**Meals with the checkmark symbol are the  
smarter choice at each café.**

These are healthier options that will not change, but each café  
offers daily specials that can be healthy options too!

View full menus and nutrition information at  
**[case.cafebonappetit.com!](http://case.cafebonappetit.com!)**

# TINKHAM VEALE UNIVERSITY CENTER

*all meal swipes come with a 22 oz fountain beverage*

## **Melt University**

full kindergarten sandwich with choice of protein and cheese  
protein options: chicken, turkey, ham, chorizo or bacon with choice of cheese and fries

pick 2 combo (half kindergarten sandwich with cup of soup or half salad)

soup and salad combo with bowl of soup and half salad ☒

## **Pinzas/8TWENTY6**

two slices of three cheese pizza - with side salad or small soup

made to order pasta bowl - with side salad or small soup

choice of hoagie - with side salad or small soup

salad bar - choice of greens with one protein, eight toppings and choice of dressing ☒

## **Miso**

*entrées come with choice of fried rice or lo mein with an egg roll*

chicken or tofu entrée

chicken or tofu miso bowl



*Pinzas*

**8TWENTY6**

**miso**

*once a week variety swipes*

## THE JOLLY SCHOLAR

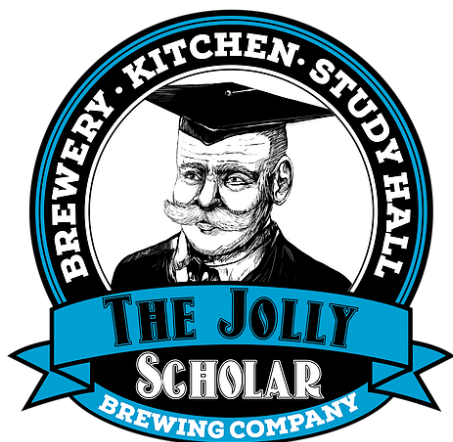
grilled cheese, fries, and fountain soda

cheese pizza and fountain soda

any milkshake and small fry

bowl of soup, choice of bread, and fountain soda

any appetizer and fountain soda  
(excludes mac & cheese poppers)



## ROUGH RIDER

crispy tenders, fries, and beverage

mash burger, fries, and beverage

grilled cheese, fries, and beverage

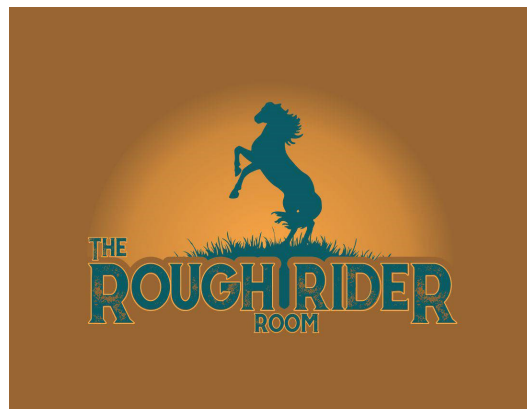
pulled pork sandwich, fries, and beverage

cheese quesadilla, chips and salsa, and beverage

onion rings and beverage

mozzarella sticks and beverage

milkshake and fries



The best "swipe value" is always the full service Leutner and Fribley Dining Halls. Mobile swipes are offered as a way to provide flexibility and additional options, but should not be considered as fully equivalent to the full service options. Meal plan participants should plan their use of swipes accordingly.