## Meal Swipes on the Go at CWRU!

### HEC Café | HEC Press & Bakery

**Breakfast — Regular Swipe**
- Grill & Hearth: Breakfast sandwich, fountain beverage or coffee
- Press & Bakery: Pancakes with bacon or sausage, fountain beverage or coffee
- Tomlinson: Two eggs, bacon or sausage, potatoes, fountain beverage or coffee
- Subway: 6” or footlong sub of your choice (excluding steak and cheese or veggie patty), choice of 1 cookie, chips, and a drink

**Anytime — Regular Swipe**
- Press & Bakery: 12oz coffee/espresso beverage or 12oz smoothie, pastry or muffin, whole fruit, entrée salad, chips, apple, orange or banana, bottled water, 1 fresh baked cookie
- Bread & Pickle: Whole feature sandwich

**Lunch — Regular Swipe**
- Grill & Hearth: 2 slices of pizza, choice of pizza, composed salad or piece of whole fruit, 22 oz. fountain drink, 1 fresh baked cookie
- Near & Far: Bowl special (no side dish), 22 oz. fountain drink
- Leaves & Greens: 16 oz. salad bar, 22 oz. fountain drink, choice of: apple, orange, banana or 1 fresh baked cookie

### The Den

**Breakfast All Day Comes with 16 oz. Coffee or 16 oz. Fountain Drink**
- Original Grand Slam - Slam Melt served with potato rounders or regular fries
- French Toast Slam - Ham, Egg, and Cheese Brioche Melt served with potato rounds or regular fries

**Meal Combos Come with Regular Fries and a 16 oz. Fountain Drink**
- Chicken Tenders (3)
- Mozzarella Sticks (5)
- Chick-N-Bacon Brioche Melt
- The Lil’ Den Burger
- Turkey Blt
- Black Bean Quinoa Wrap ✓
- Southwest Chicken Salad
- Crispy Chicken Salad
- Black Bean Quinoa Burger

### DUNKIN'

**All Meal Swipes Come with a Sandwich, a Side, and a Beverage of Your Choice**

<table>
<thead>
<tr>
<th>Sandwiches</th>
<th>Sides</th>
<th>Beverages</th>
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</thead>
<tbody>
<tr>
<td>Sausage, egg, and cheese</td>
<td>Classic donut</td>
<td>Milk</td>
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<tr>
<td>Bacon, egg, and cheese</td>
<td>Hashbrown</td>
<td>Bottled water, bottled juice</td>
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<tr>
<td>Veggie egg white ✓</td>
<td>Iced tea, iced coffee</td>
<td>Hot coffee, hot chocolate, Dunkachino</td>
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<tr>
<td>Ham, egg, and cheese</td>
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<td></td>
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<tr>
<td>Turkey sausage</td>
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<tr>
<td>Beyond sausage</td>
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**Looking for the Healthiest Meal Swipe Choices?**

Meals with the checkmark symbol are the smarter choice at each café.

These are healthier options that will not change, but each café offers daily specials that can be healthy options too!

View full menus and nutrition information at case.cafebonappetit.com!

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The Smarter Choice

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**Tinkham Veale University Center**

**Melt University**
full kindergarten sandwich with choice of protein and cheese
protein options: chicken, turkey, ham, chorizo or bacon with choice of cheese and fries

pick 2 combo (half kindergarten sandwich with cup of soup or half salad)

soup and salad combo with bowl of soup and half salad ✓

**Pinzas/8Twenty6**
two slices of three cheese pizza - with side salad or small soup

made to order pasta bowl - with side salad or small soup

choice of hoagie - with side salad or small soup

salad bar - choice of greens with one protein, eight toppings and choice of dressing ✓

**Miso**
entrées come with choice of fried rice or lo mein with an egg roll

chicken or tofu entree

chicken or tofu miso bowl

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**The Jolly Scholar**
grilled cheese, fries, and fountain soda
cheese pizza and fountain soda
any milkshake and small fry
bowl of soup, choice of bread, and fountain soda
any appetizer and fountain soda (excludes mac & cheese poppers)

**Rough Rider**
crispy tenders, fries, and beverage
mash burger, fries, and beverage
grilled cheese, fries, and beverage
pulled pork sandwich, fries, and beverage
cheese quesadilla, chips and salsa, and beverage
onion rings and beverage
mozzarella sticks and beverage
milkshake and fries

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The best “swipe value” is always the full service Leutner and Fribley Dining Halls. Mobile swipes are offered as a way to provide flexibility and additional options, but should not be considered as fully equivalent to the full service options. Meal plan participants should plan their use of swipes accordingly.