



# NYSP *TODAY*

The Official NYSP Magazine - Fall 2020



# Fall 2020

Racing toward the future  
in the midst of a pandemic



# Fall Program 2020



## NYSP - All In

Inspire. Engage. Equip. These are just a few of the words that represent NYSP this fall. While many were reaching for a new normal, we met them where they were and went all in with training, awareness, fitness, and civic engagement. Check it out!



"NYSP helped me to face my fear of performance."

## Building Skills. Engaging Minds.

It's Fall 2020-- How do you feel? NYSP kept kids inspired and in-shape with twenty-two lessons over an eleven week period. From September through the first week of December, NYSP offered two-hour sessions, with some students in-person and others online. This program included a variety of training, from diversity and cultural awareness to personal fitness and civic engagement. To top it off, we hit the park-- Luke Easter Park, that is-- for in-person track and field, soccer, and basketball. Campers from all over Cleveland were challenged mentally and physically by experts in each discipline, and everyone left the program with multiple skills and takeaways. 2020 presented many challenges such as stress and isolation but this program brought a sense of normalcy and routine for the campers.





# Where Are They Now?

## Martell Jackson BHS,MSM

Former NYSP camper is now the Project Coordinator for the Frances Payne Bolton School of Nursing at Case Western Reserve University. Martell Jackson is no stranger to higher education. After graduating cum laude with a Bachelors in Health Science from Cleveland State University, he went on to receive his Masters of Science and Healthcare Management from Case Western Reserve University. Martell often reaches out to current NYSP campers, helping them see the value of living healthy active lifestyles. These are some of the lessons he learned while being at the NYSP camp.

<http://students.case.edu/programs/youth/>

# Youth Voices

### Natalia McFadden - Age 9

*"Even during the pandemic NYSP found creative ways to exercise, **have fun, and learn while being covid responsible.** While the virtual diversity classes had us thinking about other cultures but the most fun activities were playing basketball and soccer!"*

### Jackson Campbell - Age 11

*"The program was great! My favorite activity that we did was basketball. Coach Harris was really funny because he has a lot of energy. **I was glad that I didn't have to stay in the house all day. It gave me something to look forward to.** Finally, I was glad that I could try some new skills in different sports."*



## Hard Work and Dedication

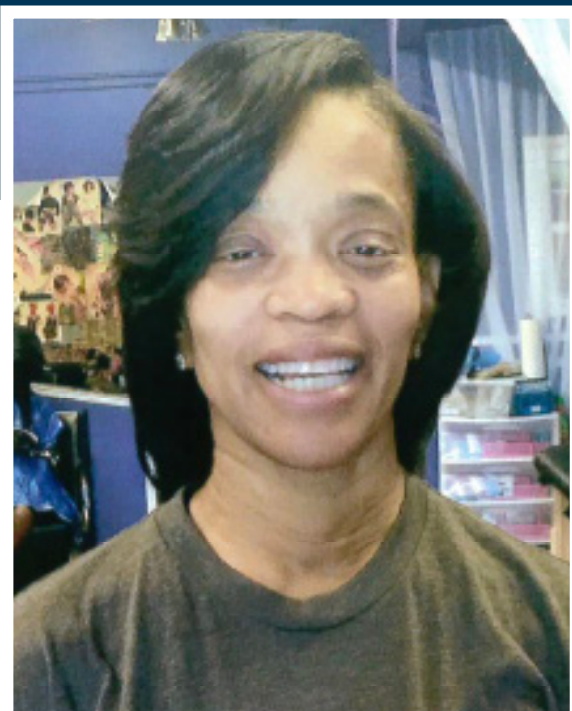
Staff and campers alike devote time and effort pursuing excellence in sportsmanship, technique, and social sciences. Campers learn from the examples of various staff members, seeing that diligence and focus pave the way for success on and off the court. This fall alone, staffers committed hundreds of hours investing in campers' physical, mental, and social health. Through collaboration with parent volunteers and community partners, NYSP is destined to launch tomorrow's leaders. I would like to personally thank all of my NYSP staff who commit numerous hours for making our first hybrid program a success.

*- Dennis "Coach" Harris, NYSP Program Director*





# A Parent Letter



In the heart of Greater Cleveland turns another season, Summer. June 2010 is summer break for students. As I was walking down Adelbert Drive, I took a glance at small groups, then larger groups, walking alongside accompanied by coaches and staff of the National Youth Sports Program (NYSP) that was the logo on their t-shirts. Only to arrive at the Adelbert Gym while singing a song "N-Y-S-P. how do you feel?" Inspiring tones of engaging singing.

I then approached Coach Dennis Harris with a winning attitude to inquire about the application process for attendees at NYSP. Shortly after my arrival home settled in during roundtable style for dinner, I spoke with my sons Derrick, Christopher, Mario Jr., Julian and Stephon about updates for their summer agenda. The first week attending NYSP, five sons were positive in every step while walking from the family house on East 82nd & Superior to Case Western Reserve University (CWRU).

Now fast forward to the summer of 2011, my daughter Iman is eligible to join NYSP. During this time, before and after care was provided if needed, along with their Social Media presence growing throughout all platforms. With the program offering Art Classes, my daughter Iman was able to use the skills she learned to help with her logo and branding for her very own soap line, NAMI. Coming soon, November 2020.

Mario Andretti Foster Jr, an alumnus of John Adams Highschool class of 2013 is currently working for Amazon as a Distribution Coordinator

Julian Malik Foster, is an alumnus of John Hay Highschool class of 2015 and a graduate of Cleveland State University class of 2019 with a degree in Urban Studies. Julian is currently working for Cleveland Metropolitan School District (CMSD). Julian also launched his very own clothing line, 1 MILL, the name comes from his manifestations into becoming a millionaire.

Stephon Ahmad Foster, an alumnus of John Hay High school class of 2016. After high school, Stephon entered into an intern-apprenticeship with Cleveland Public Power. His role there includes him coordinating cost-effective logistics and prioritizing safety.

Iman Marie Foster, an alumnus of Shaker Heights High school class of 2019. During her high school years, Iman took advantage of all opportunities and took college classes and earn college credits while in high school. Iman is currently in her Sophomore year at the University of Cincinnati. Before her time at there, Iman attended Cleveland State University where she made the Dean's List.

In having all my children as NYSP participants, I truly can say that NYSP provided the various skill set that will be with them for a lifetime. The experience taught them how to be accountable, how to always have a positive attitude, to be ambitious and appreciate everything that life gives you.

The proudest parent,  
Shatibah Muhammd

"NYSP helped me to attain my entrepreneurial pursuits"





## Cicely Campbell - NYSP Parent

"I was just impressed with the quantity of the camp. Being a former Division 1 collegiate athlete and NYSP camper, I recognized the depths of technical skill sets that were taught to the kids. It was evident that the kids were being taught by experts. I was also blown away by the resources and gifts presented to the kids! The Google classroom was thoroughly put together as well. I even learned some information about various sporting activities and historic events! *Bravo to the entire team!*"

# Parents Get Involved!

### Physical Components:

Swimming (required)  
Basketball  
Track and Field  
Soccer  
Volleyball  
Flag Football  
Softball  
Dance Aerobics  
Badminton  
Weight Training

### Educational Components:

Math and Science  
Reading and Writing  
Nutrition and Personal Health  
Communication  
Career Opportunities /  
Job Responsibilities  
Civics Education

### Contact Information:

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[www.facebook.com/NYSP.CWRU/](http://www.facebook.com/NYSP.CWRU/)



<http://students.case.edu/programs/youth/>