## Benefits Administration Department of Human Resources

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November 5, 2018

To Members of the Case Western Reserve Community:

The open enrollment period for the university 's health insurance programs, formally known as Benelect, begins **Monday**, **November 5** and concludes **Friday**, **November 30**.

On the Open Enrollment website, you will find additional documents to assist in your assessment of insurance choices for 2019. They include:

- Benelect 2019 enrollment guide
- Benelect 2019 price sheets
- A reference listing considerations to help with decision-making, and
- Instructions for making your elections in the online enrollment system.

These materials can be downloaded and printed. We encourage you to review these materials closely, since the decisions you make during the enrollment period will impact your insurance coverage for the next 12 months.

Please note: Benelect Open Enrollment packets are no longer delivered through campus mail. Printed materials will be available for pick-up by those interested from the Human Resources office in Crawford Hall starting November 5.

Beginning November 5, you can go to <a href="https://hcm.case.edu">hcm.case.edu</a> to register your enrollment elections.

This fall Benelect participants have an opportunity again to earn incentives in 2019 by completing three wellness activities. This program is part of the university's ongoing effort to improve the health of our population. The university will offer additional wellness programs in 2019, including classes focused on tobacco cessation, stress management, weight management or nutrition, physical activity and financial and community well-being. The attached materials provide more information about the upcoming wellness engagement opportunities.

Please contact us if you have questions about any aspect of benefits coverage or about our wellness initiatives. We are eager to assist you in any way possible.

Sincerely,

James E. Ryan Senior Director of Benefits Elizabeth R. Click, ND, RN, CWP Medical Director

Elizabeth R. Click

