1 • Are you using meetings wisely?

Everyone's schedule is busy and meetings take a lot of time and energy. Are you using your meeting time wisely?
Unproductive meetings can be a huge drain on your time and energy and, over time, can contribute to burn out or negative office culture.

Productive Meeting Tips

Prepare Facilitate Collaborate

3. Seven tips for organizing productive meetings:

- **1** Ensure that your content is not approproate for an email and requires a full meeting.
- **2** Decipher the meeting's purpose.
- **3** Have an agenda.
- **4** Know your role. Are you a presenter? Are you invited as a collaborator or stakeholder? Knowing what you add and why you are there will make things flow more purposely. If you are the organizer you should only be inviting people to the meeting for a purpose. Think about their role before you send the invite.
- **5** Start and end on time. Show everyone their time is respected and valuable.
- **6** Remain focused and engaged- this means eliminating all outside distractions!
- 7 Keep meeting minutes- it will help with accountability.

2. Participant vs. Meeting Lead

Whether you are just participating in a meeting or you are the meeting lead, it is important to understand what makes a meeting productive. Learn more about productive meetings through <u>Managing Meetings</u> or <u>Leading Productive Meetings</u> on LinkedIn Learning.

Use your CWRU network ID to access this training through LinkedIn Learning.

4. Stop wasting time!

We all have off days, but we want to make sure that we are prepared for some of the most common things that get a meeting off track or make it feel unproductive. If you want to get straight to the "what not to do" information, then this training is for you! Check out the LinkedIn Learning program How to Stop Wasting Time in Meetings.

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