Benefits Administration Department of Human Resources

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To Members of the Case Western Reserve Community:

The open enrollment period for Benelect, the university's health insurance program, begins **Monday, November 7** and concludes **Wednesday, November 30.**

On the Open Enrollment website, you will find additional documents to assist in your assessment of insurance choices for 2023. They include:

- Benelect 2023 enrollment guide
- Benelect 2023 price sheets
- · Open Enrollment insurance decision tool to help with decision-making, and
- Instructions for making your elections in the online enrollment system.

These materials can be downloaded and printed. We encourage you to review these materials closely, since the decisions you make during the enrollment period will impact your insurance coverage for the next 12 months.

Please note: Benelect Open Enrollment packets are not delivered through campus mail. All enrollment materials can be found online at the <u>Benefits Open Enrollment website</u>.

Beginning November 7, you can go to hcm.case.edu to register your enrollment elections.

This fall Benelect participants have an opportunity again to earn incentives in 2023 by completing a health risk assessment and two of three additional activities: biometric screening; primary care provider attestation form; and/or tobacco attestation form. This program is part of the university's ongoing effort to improve the health of our population. The university will offer additional wellness programs in 2023, including classes focused on stress management, nutrition and/or weight management, physical activity, financial and community well-being, tobacco cessation and sleep. Learn more at the Faculty and Staff Wellness website.

Please contact us if you have questions about any aspect of benefits coverage or about our wellness initiatives. We are eager to assist you in any way possible.

Sincerely,

Maria A. Smith, CPA Director, Benefits Administration

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Elizabeth R. Click, DNP, ND, RN, CWP Medical Director

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