## Case Western Reserve University's Professional Development Center

# **May 2025 Training Highlight**



### Hard Skill Highlight: Project Management

LinkedIn Learning: Project Management Simplified

LinkedIn Learning: Project Management Foundations: Communication

LinkedIn Learning: Excel for Project Management

LinkedIn Learning: Find Your Project Management Style

LinkedIn Learning: Blending Project Management Methods



## Soft Skill Highlight: Mindfulness

LinkedIn Learning: The Mindful Workday

LinkedIn Learning: <u>Positive Psychology for Less Stress and Happier</u> <u>Workdays</u>

LinkedIn Learning: <u>Training Your Mind to Focus and Handle</u> <u>Distractions Better</u>

LinkedIn Learning: <u>Mindful Communication for Less Conflict and Stronger Relationships</u>

LinkedIn Learning: Embracing Change with Mindfulness

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# **Training Access Instructions**

### **Academic Impressions**

- Login to your account at Academic Impressions
- Use your CWRU credentials (abc123 and password) to access member benefits
- Type in the name of the training you are interested in from the first page of this handout in the search bar
- Browse other Academic Impressions offerings by entering your desired area in the search box

### **AllOne Health (formerly IMPACT Solutions)**

- Visit <u>our website</u> for detailed information on AllOne Health, CWRU's Employee Assistance Program, and to learn how to create your account
- For any questions on AllOne Health, their services, or your eligibility, please contact askhr@case.edu

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