

# Case Western Reserve University's Professional Development Center

## July 2025 Training Highlight



### Hard Skill Highlight: Scheduling & Time Management

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LinkedIn Learning: [Time Management Fundamentals](#)

LinkedIn Learning: [How to Find an Extra Hour in Your Day](#)

LinkedIn Learning: [Finding Your Time Management Style](#)

LinkedIn Learning: [Time Management: Scheduling](#)

LinkedIn Learning: [Project Management Foundations: Schedules](#)



### Soft Skill Highlight: Stress Management

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LinkedIn Learning: [Managing Stress for Positive Change](#)

LinkedIn Learning: [Train Your Brain to Unwind Stress and Anxiety Habits](#)

LinkedIn Learning: [Managing Your Emotional Response to Workplace Stress](#)

LinkedIn Learning: [Managing Stress](#)

LinkedIn Learning: [Reduce Stress and Anxiety by Managing Your Nervous System](#)

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# Training Access Instructions

## Academic Impressions

- Login to your account at [Academic Impressions](#)
- Use your CWRU credentials (abc123 and password) to access member benefits
- Type in the name of the training you are interested in from the first page of this handout in the search bar
- Browse other Academic Impressions offerings by entering your desired area in the search box

## AllOne Health (formerly IMPACT Solutions)

- Visit [our website](#) for detailed information on AllOne Health, CWRU's Employee Assistance Program, and to learn how to create your account
- For any questions on AllOne Health, their services, or your eligibility, please contact [askhr@case.edu](mailto:askhr@case.edu)

## LinkedIn Learning

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