

# May 2026 Training Highlight



## Hard Skill Highlight: Google Nano Banana

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Article: [How to create effective image prompts with Gemini Image](#)

Video: [The New Gemini Image Generator is Insane \(Nano Banana 2\)](#)

Podcast: [Nano Banana 2- Generative AI 101 with Emily Laird](#)



## Soft Skill Highlight: Workplace Well-Being

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Article: [5 Types of Wellbeing \(With Examples\) and How to Achieve Each in the Workplace](#)

Video: [The Fallacy of the Work/Life Balance](#)

Podcast: [Joyful exhaustion - The Art of Working Hard Sustainably- Inner Work World](#)

Case Western Reserve University's  
Professional Development Center

# Training Access Instructions

## Academic Impressions

- Login to your account at [Academic Impressions](#)
- Use your CWRU credentials (abc123 and password) to access member benefits
- Type in the name of the training you are interested in from the first page of this handout in the search bar
- Browse other Academic Impressions offerings by entering your desired area in the search box

## AllOne Health (formerly IMPACT Solutions)

- Visit [our website](#) for detailed information on AllOne Health, CWRU's Employee Assistance Program, and to learn how to create your account
- For any questions on AllOne Health, their services, or your eligibility, please contact [askhr@case.edu](mailto:askhr@case.edu)

## Professional Development Training

- Visit [our website](#) to view the training workshop calendar
- Once you locate the training workshop you would like to take, please click on the title of the training and register through CampusGroups
- For any questions regarding training, please contact [askhr@case.edu](mailto:askhr@case.edu)

