



CASE WESTERN RESERVE
UNIVERSITY EST. 1826



COSTA RICA

Riches of the Rainforest, Arenal Volcano, & the Pacific Coast

December 27, 2020 - January 4, 2021

accompanied by Professor Jacqueline Nanfito



Dear Friends,

We invite you to join us in exploring the natural paradise that is Costa Rica, where one-fourth of the land is protected by law and colorful and interesting wildlife abounds.

As you visit a cross-section of Costa Rica's diverse ecosystems in Sarapiquí, Arenal, and Guanacaste, you'll not only experience the country's verdant landscapes and impressive biodiversity, you'll also learn about the daily life of local Costa Ricans and the relationship between the land and the people who live on it. Along the way, you'll engage with some of Costa Rica's iconic experiences, like sampling freshly made chocolate, hiking through the rainforest canopy, whitewater rafting, and even snorkeling in the Pacific.

You won't want to miss this unforgettable learning adventure. We expect our limited space will fill up quickly. Please make your reservation as soon as possible to guarantee your spot!

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CWRU's Luminary Society members may receive additional discounts on CWRU Educational Travel programs. For further information, please contact Charles M. Miller at cmm38@case.edu or 216-368-8640

RESERVATION FORM: Riches of the Rainforest, Arenal Volcano, & the Pacific Coast Case Western Reserve University | December 27, 2020 - January 4, 2021

Enclosed is my/our deposit for \$_____ (\$500 per person) for _____ person/people on the tour listed below. I/we understand the final payment is due at least 95 days prior to departure. Payment may be made by American Express, Discover, MasterCard, or VISA or by personal check. Please make check payable to Holbrook Travel, Inc. and mail deposit check to: Holbrook Travel, 3540 NW 13th Street, Gainesville, FL 32609. For more information please contact Holbrook Travel at 800-451-7111 or travel@holbrooktravel.com.

Full Passport Name _____ DOB _____ Gender _____

E-mail _____

Badge Name _____ Class year _____

Full Passport Name _____ DOB _____ Gender _____

E-mail _____

Badge Name _____ Class year _____

Address _____

City _____ State _____ ZIP _____

Home Ph. (_____) _____ Cell Ph. (_____) _____

Please book my/our air from _____. I/we request an air upgrade to _____.

☐ I will share a room with _____.

☐ I request a single room (limited availability).

Note: The undersigned has read the schedule of activities for the above-referenced tour, and agrees that their signature below represents their acceptance of the General Terms and Conditions.

Signature _____ Date _____

Signature _____ Date _____

Method of Payment ☐ Check ☐ American Express ☐ Discover ☐ MasterCard ☐ VISA

Account # _____ Security Code _____ Exp. Date _____

Name of Cardholder _____

Signature _____

Final invoicing will be sent by our tour operator, Holbrook Travel, Inc. The balance of the program price must be paid to Holbrook Travel. Final payment is due 95 days prior to departure (check or credit card).



GUANACASTE COASTLINE

WHY COSTA RICA? With one-fourth of its land mass under protection, Costa Rica encompasses 12 climatic zones along mountains, forests, ocean, and coast, and boasts nearly 4% of the world's biodiversity – despite spanning just 0.03% of the earth's surface.

Discover the treasures of Central America's "rich coast" during this comprehensive overview of Costa Rica! From the primary and secondary rainforest of the country's lush Caribbean lowlands, to the volcanic landscapes and nearby hot springs of Arenal Volcano, to beaches, wetlands, and tropical dry forest in the Guanacaste region, you'll have the opportunity to explore a variety of its ecosystems and habitats, its high density of biodiversity, and the "pura vida" attitude for which the country is famous.

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PROGRAM HIGHLIGHTS:

- Learn about the history of chocolate in the tropics and experience a gourmet chocolate tasting.
- Discover unique flora and fauna during guided interpretive hikes through primary and secondary rainforest.
- Experience a thrilling whitewater rafting adventure on the Sarapiquí River.
- Take a dip in a system of hot springs naturally heated by Arenal Volcano.
- Set sail on a scenic catamaran ride along the Pacific coast, with the chance to swim and snorkel from the boat.
- Observe tropical birds, howler and white-faced capuchin monkeys, crocodiles, and other wildlife at El Viejo wetlands.



RED-EYED TREE FROG

ACTIVITY LEVEL: EASY TO MODERATE

Participants should be able to walk at least 2-3 hours over some uneven and potential slippery surfaces without difficulty and should be able to ascend or descend 50 stairs consecutively. Physical activities typically last for at least 2-3 hours at a time.

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CASE WESTERN LECTURER

Jacqueline Nanfito

Jacqueline Nanfito is an Associate Professor of Spanish in the Department of Modern Languages and Literatures at

Case Western Reserve University; where she teaches courses in Latin American literature and culture, in addition to courses in the interdisciplinary programs of Ethnic Studies and Women's and Gender Studies. Currently Jacqueline is focusing her scholarly work on the Transpacific connection between Latin America and Australia, a field that has been overlooked until recently, as most critics have explored the Transatlantic connection (Spain and Latin America) or the Transpacific connection between Latin America and the Philippines.

PHOTOS BY PETER HOOK, MARTIN VAN LOKVEN,
JAAN, DON HENISE, JOAQUIN GARCIA, JERRY GOFFE |
NATUREPHOTOWORKS.COM, VYTAUTAS SERYS

DECEMBER 27 - SAN JOSÉ

Upon arrival, after clearing customs and immigrations at the airport, meet your driver and transfer to Hotel Balmoral, situated in the heart of the city near the Gold Museum and the National Theater, along the city's famous pedestrian boulevard. This evening enjoy a welcome dinner and program orientation at El Patio featuring a variety of options including a full service restaurant, pizzeria, coffee shop, bar and wine cellar. In order to arrive in time for orientation, participants must book flights that arrive in San José no later than 4:30 pm. *Overnight at Hotel Balmoral. (D)*



DECEMBER 28 - SARAPIQUÍ

This morning, gather for breakfast then depart San José, heading north to Selva Verde Lodge & Rainforest Reserve. En route stop at La Paz Waterfall Gardens to explore the many trails and picturesque waterfalls, as well as the hummingbird garden and lush botanicals. Enjoy lunch at La Paz, and continue to Selva Verde, located in the lush lowlands of north central Costa Rica on a private tract of primary and secondary tropical rainforest. After settling in, receive an orientation on the lodge's facilities and 500-acre private reserve, then attend a lecture by a local naturalist on the biodiversity of the region and rainforest structure. Enjoy time to relax in your room, or stroll about the property before a buffet-style dinner in the upstairs dining room. After dessert, explore the world of the rainforest after sundown during a short night hike in search of nocturnal amphibians, mammals, owls, and insects. *Overnight at Selva Verde Lodge. (BLD)*

DECEMBER 29 - SARAPIQUÍ

This morning after breakfast, embark on an exciting whitewater rafting adventure! The river has a gentle current with several minor class I, II, and III rapids. A professional river guide escorts all rafting trips and all of the necessary safety equipment (helmet, life jackets, etc.) is provided, along with a lesson on rafting safety instructions and procedures. For those not interested in rafting, a boat trip along the river can be arranged as an



alternative. Return to the lodge for lunch. In the afternoon, visit the plantation and reserve at Best Chocolate to learn all about the cacao plant and how it's processed from fruit to final product. After witnessing all stages of the process, try a taste of freshly made chocolate with a new appreciation of its origins. This evening, have dinner at the lodge and visit the nearby Tirimbina Biological Reserve for a presentation on the fascinating lives of bats. During the visit, learn about some of the 113 species of bats that can be found in Costa Rica, with an opportunity to see live specimens humanely caught by local researchers collecting data. *Overnight at Selva Verde Lodge. (BLD)*

DECEMBER 30 - ARENAL

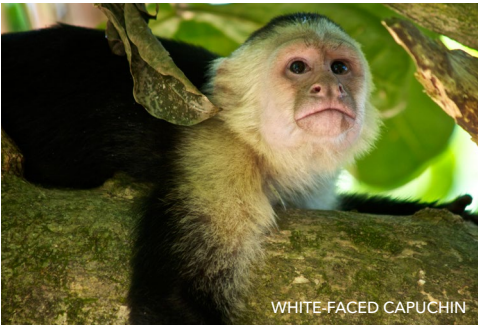
Rise early for optional morning birding on the grounds. After breakfast, set out on a hike in the primary rainforest reserve to observe this unique ecosystem up-close. A variety of wildlife can be seen along the reserve's forest trails, including sloths, monkeys, iguanas, parrots, toucans, hummingbirds, and other tropical fauna. After the hike, walk through Selva Verde's botanical garden and learn about the beautiful tropical flowers and plants. Have lunch at the lodge, check out, then depart for Arenal, stopping at La Fortuna on the way. This picturesque town is a great place to take photos and shop for souvenirs. Upon arrival at Arenal Paraíso, check in and enjoy the rest of the afternoon at leisure to relax in the thermal hot spring pools heated by Arenal Volcano. Weather permitting, the hotel affords excellent views of the volcano from every room. *Overnight at Arenal Paraíso. (BLD)*

DECEMBER 31 - ARENAL

This morning after breakfast, depart for Arenal Hanging Bridges, a reserve that abounds



with wonderful trails, suspension bridges, and outstanding natural areas. Then, head to Arenal Vida Campesina, an organic farm and education center dedicated to advancing environmentally-friendly agriculture. Enjoy a traditional lunch prepared with fresh produce from the farm, then get hands-on as you learn how to make tortillas. The hospitality is as heartwarming as the shot of their farm-fermented liquor – a traditional farewell gesture, and fitting end to a memorable visit. Return to the lodge for dinner. *Overnight at Arenal Paraiso. (BLD)*



JANUARY 1 - GUANACASTE

Check out after breakfast at the lodge, then begin the transfer to Sugar Beach. En route, stop for a visit at Hacienda El Viejo Wetlands, a private wildlife refuge. Here, enjoy a typical Costa Rican buffet lunch at La Casona, a historical home dating back nearly 150 years that evokes the spirit of Costa Rica’s colonial era. Then, set out onto the Tempisque River on a boat tour of El Viejo Wildlife National Refuge, where you’ll see an incredible number of birds, monkeys, iguanas, and crocodiles. Return to La Casona to enjoy a cup of coffee and some fruit before departing the hacienda and continuing to Sugar Beach. Check in upon arrival, and enjoy the rest of the evening at leisure to explore the hotel facilities. Dinner at the hotel. *Overnight at Sugar Beach Hotel. (BLD)*

JANUARY 2 - GUANACASTE

Today is a day for independent exploration at your own expense; however, all meals at the hotel are included. Sugar Beach Hotel is ideally situated to enjoy the Pan de Azúcar beach; the hotel also offers yoga classes (seasonal) and massage treatments, and can arrange area tours and activities such as catamaran sailing, ziplining, horseback riding, hiking, surfing, and rafting. *Overnight at Sugar Beach Hotel. (BLD)*

JANUARY 3 - GUANACASTE

After breakfast, head to Flamingo Beach for a scenic catamaran journey along the beautiful Pacific coast. From the dock, take a brief ride by motorized tender to arrive at

the catamaran, then go aboard and set sail! Enjoy a picnic-style meal on board, then swim and snorkel from the catamaran in search of tropical fish, octopi, starfish, rays, and puffer fish. At the end of the cruise, board the tender back to shore and return to the hotel. The afternoon is at leisure to explore the beach or relax. This evening, enjoy the farewell dinner at the hotel. *Overnight at Sugar Beach Hotel. (BLD)*

JANUARY 4 - DEPART

Transfer to the international airport in Liberia, one group departure which takes approximately 1.5 hours. Check out is at 12:00 pm. Please arrange all departing flights after 12:00 noon. *(B)*



SPOTLIGHT ON: Selva Verde Lodge

Holbrook Travel’s own Selva Verde Lodge is nestled amid lowland tropical rainforest along the Sarapiquí River. Simple, comfortable rooms tucked into the lodge’s tropical gardens provide a cozy place to rest after adventure-filled days. Visitors can take advantage of the trails in Selva Verde’s private 500-acre reserve, an ideal spot for birders, nature enthusiasts, and hikers to experience the rainforest.

PRICING: \$3,495 per person

Based on 14 participants. Single supplement is \$480.

Price includes:

- 8 nights’ accommodations
- 23 meals – 8 breakfasts, 7 lunches, 8 dinners
- Non-alcoholic beverages with meals
- Sightseeing and activities as described, including entrance fees
- Private vehicle transportation
- Luggage handling, one bag per person
- Carbon offset
- Departure tax
- Gratuities for local guides and drivers

Price does not include: international airfare, trip cancellation insurance, gratuities for hotel housekeeping staff, drinks purchased on own, items of a personal nature.

Holbrook Travel can assist with making your flight arrangements upon request. Trip cancellation insurance is strongly recommended. Trip insurance information will be mailed to you upon receipt of your reservation. Please contact Sarah Doody at Case Western Reserve University for insurance information. Email: sxd618@case.edu or 904.432-3141

GENERAL TERMS AND CONDITIONS

Please read this information carefully, as payment of a deposit represents your acceptance of the following Terms and Conditions.

Not included in Your Tour Price International airfare from your departure city; costs of passports and visas; personal expenses such as beverages, laundry, room service, and meals not specified; communications charges; gratuities to your Holbrook Travel Tour Guide which are at your discretion (suggested gratuities \$10-\$15 per guest, per day); and a Travel Protection Plan. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

International Air Transportation Holbrook Travel offers group airfare and ticketing. Group transfers between the airport and hotel are included in your program cost. A note about online airfare: Occasionally, you may be able to find airfares online that are listed at a lower cost. In general, individual fares lack the flexibility of group airfare and often require immediate purchase. You will receive your preliminary air schedule approximately 2½ months prior to departure. Please note that seat assignments on your international flight are usually done at airport check-in. Holbrook Travel is unable to guarantee any seat assignments. Due to the nature of our operator tickets, other restrictions apply, including but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and departure fees. If you prefer to make your own travel arrangements, booking the tour "Land Only" is available. We recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, Laura & Alvin Siegal Life Long Learning Program (SLLP), Engaging Journeys, Inc. (EJI) and Holbrook Travel, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

Cancellations, Changes and Refunds If you must cancel your tour, the effective date of cancellation will be upon our receipt of your notification. All cancellations need to be submitted in writing to SLP & EJI. Refunds for cancellations are subject to the following per person charges: **Cancel 95 days or more before departure: \$300 charge; Cancel 95-0 days before departure: no refund.** Please note that we will not refund the cost of any unused portion of your tour package. We will not charge a fee for any changes made to your reservation outside of 95 days before departure. From 94 to 30 days before departure, if you make any changes to your reservation, a \$100 per person administrative fee will apply, in addition to any fees or penalties imposed by airlines, hotels, or other third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. No changes to your reservation can be made within 30 days of departure. Trip cancellation insurance is available from Case Western Reserve University. If due to unforeseen circumstances Holbrook Travel cancels your tour, you will receive a complete refund of all payments you have made to us.

Health and Medical Issues We welcome all travelers, but request that you be in good health to participate on a Holbrook Travel tour. All of our tours involve a reasonable amount of walking (typically two to three miles per day). You must be able to get on and off motorcoaches on your own. We regret that we cannot provide individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that our itineraries cannot accommodate wheelchairs. We reserve the right to remove anyone whose physical condition or behavior, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other tour members. In that event, SLP, EJI and Holbrook Travel assume no financial responsibility for any unused portion of the tour. For the convenience of the majority of our travelers, Holbrook Travel has a **No Smoking policy** on all tour buses. We will arrange sufficient rest stops so those who wish to smoke may do so.

Required Information Upon reservation, you must provide your full name as it appears on your passport, date of birth, and gender (for details, please visit tsa.gov). In the event an airline ticket is issued with incorrect information you have provided, or if you use a different passport than originally cited, you will be responsible for charges associated with the ticket's reissue. A passport valid for at least six months after the completion of your tour is required for U.S. citizens on this tour.

Responsibility The liability of SLP & EJI, as sponsors, and Holbrook Travel Inc., as tour operator, is strictly limited. SLP & EJI and Holbrook Travel, Inc. purchase transportation, hotel accommodations, restaurant and other services from independent suppliers not under our control. We serve only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, their employees, agents, servants, or representatives. SLP & EJI and Holbrook Travel, Inc. are not liable for injury, damage, loss, accident, or delay that may be caused by events not within our control, including without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise line, and other independent suppliers. We will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require us to change a hotel, we will select alternative accommodations of the same or better quality and may change due to factors such as government regulations, water levels, or weather conditions. The services of any IATA and AIC carrier may be used in connection with these tours. The participant understands that if he/she books special low cost airfares with penalties, and cancels the reservation, he/she is responsible for any penalties incurred from the airline.



The Alumni Association

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