

WILD BELIZE ESCAPE:

WILDLIFE, REEFS & RIVERS

FEBRUARY 4-9, 2023

ABOARD NATIONAL GEOGRAPHIC SEA LION
TRAVEL WITH PROFESSOR PATRICIA PRINCEHOUSE



PLUS EXPLORE THE WONDERS OF THE MAYA WORLD ON A 3-DAY EXTENSION TO TIKAL & YAXHÁ



DEAR ALUMNI AND FRIENDS,

Discover the tropical wonders of Belize on a voyage exploring the full length of the Belizean Barrier Reef—once endangered but now a UNESCO World Heritage Site. Since the days of the ancient Maya, who flourished along this coast some 1,500 years ago, civilization has had relatively little impact. Much of the region remains genuine wilderness, with large expanses of dense tropical forest, miles of wild rivers, abundant birdlife—and the second largest barrier reef in the world.

Few cruise lines venture here, and *National Geographic Sea Lion* is the perfect platform for exploring. Using a fleet of Zodiacs, kayaks, and paddleboards, you'll explore crystalline waters and land on isolated cayes. The snorkeling is immensely satisfying and your ship is equipped with all the gear you need. And for those who want to and are certified to scuba dive, excursions can be arranged to fit seamlessly with our itinerary.

Cruise coastal rivers in Zodiacs and explore the lush jungle on foot, tackling trails with an expert naturalist who will point out colorful birds, tree frogs, monkeys, and other wildlife. At Mayflower-Bocawina National Park, learn about ongoing research into the behaviors of Belize's jaguars from scientists and researchers.

Make the most of your trip with a land extension venturing into the rainforest to the ancient ruins of Tikal and Yaxhá. Walk among incredibly well-preserved stone temples, palaces, and ceremonial structures, delving deep into the culture and mystery of these immense and cornerstone sites of ancient Maya culture.

Choose between two exciting itineraries: a 6-day voyage to Belize, exploring its wildlife, reefs, and rivers,, or a 9-day sea and land expedition combining Belize with the famous Maya ruins in Tikal and Yaxhá. I hope you will decide to join us. **To reserve your place, please return the reservation form or call our group representative at Lindblad Expeditions toll free at 888-773-9007.**

LUMINARY SOCIETY MEMBERS | CWRU's Luminary Society members may receive additional discounts on CWRU Educational Travel programs. For further information on Luminary Society travel discounts only, please contact The Office of Strategic Giving or (216) 368-4460.

Sincerely,

Karen A. Laurence, Ph.D.

Director of Educational Programs & Faculty and Alumni Engagement

Laura and Alvin Siegal Lifelong Learning Program

Case Western Reserve University



Patricia Princehouse is Associate Director of the Institute for the Science of Origins at Case Western Reserve University, Director of the Program in Evolutionary Biology, and director of the country's first undergraduate major in the Origins Sciences. Dr Princehouse earned her PhD at Harvard University, working with Stephen Jay Gould. Her historical and philosophical work concerns concepts and controversies in macroevolutionary theory since Darwin, and more broadly, how scientific thinking differs from other forms of knowledge production. Her primary work in paleobiology involves the fossil site of Topernawi in Turkana, Kenya, where she and her team are discovering our earliest hominoid ancestors.









BELIZE: DIVE INTO A WEALTH OF BIODIVERSITY



The Belize Barrier Reef, the largest reef system in the Northern Hemisphere, reveals hundreds of species of fish, marvelous sea turtles, graceful rays, gentle manatees, and over 90 varieties of coral. As only a small percentage of the reef has been

studied, researchers believe hundreds, even thousands, more species could be discovered in this protected zone. Much of Belize remains genuine wilderness, with large expanses of dense tropical forest, miles of wild rivers, and abundant bird life. Protecting 7,000 acres with three waterfalls, miles of hiking trails along creeks cutting through the tropical forest, Mayflower-Bocawina National Park is a gem in Belize's corridor of protected areas. Hike a nature trail with naturalists, photograph colorful tropical plants, search for exotic birds, and look out for the tracks of deer, tapirs, and wild cats. And learn of the extensive research on Central America's apex predator, the jaguar.

A NATURAL SUCCESS STORY



In 1996, the Belize Barrier Reef was designated a UNESCO World Heritage Site. In 2009, it was added to the List of World Heritage Sites in Danger due to the detection of coral bleaching, mangrove cutting, and excessive development. But in 2019, the Belize Barrier Reef was removed from this list as UNESCO determined it no longer faced threats from development. In recent years,

the Belize government placed a moratorium on oil exploration around the reef and added protections for coastal mangrove forests. Our expeditions put you at the heart of it—to experience the reef in all its natural splendor.

Opposite page (clockwise from top): Green iguana; howler monkey; diver encounters hawksbill turtle; keel-billed toucan; guest scans the treetops for birdlife.









THE PERFECT PLATFORM FOR EXPLORING

National Geographic Sea Lion gives you rare access to the turquoise lagoons and white-sand beaches of the Mesoamerican Reef. She is equipped with a fleet of onboard tools—snorkel gear for every guest, Zodiacs, kayaks, stand-up paddleboards—so you can experience this vibrant habitat up close and with all your senses. A supremely comfortable ship, National Geographic Sea Lion features open decks, spacious cabins, generous windows, and an accommodating bow area. Life aboard ship is warm and welcoming. The lounge graciously accommodates the expedition community during evening Recaps, and the casual dining room serves meals in single seatings with unassigned tables for easy mingling.

SHARE THE ADVENTURE WITH OUR EXPERT TEAM

The A+ expedition team that accompanies you is your key to unlocking the wonders that lie within the diverse ecosystems and spectacular archaeological sites you explore. You travel with an expedition leader and several naturalists—many of whom are knowledgeable locals—plus an undersea specialist and an expedition diver, a wellness specialist, and a video chronicler. A certified photo instructor is also aboard to assist you. Whether you are a novice or more advanced, you will take your best photos ever.

EXCLUSIVE MUSICAL PERFORMANCE

Enjoy a private concert by the internationally renowned Garifuna Collective, the premier representative of Garifuna music from Belize on the international stage.



Opposite page (clockwise from top): Get up and explore on a stand-up paddleboard; discover diverse habitats up close on Zodiac forays; National Geographic Sea Lion is ideal for exploring the tropical waterways of Central America; kayaking allows for personal discovery; naturalists help you spot birds and other wildlife.









EXTEND YOUR STAY AND VISIT THE RUINS OF THE MAYA WORLD



Make the most of your time and explore the impressive ruins of the region, once the hub of classic Maya civilization. Spend a full day at Tikal among extensive, well-preserved stone temples, palaces, ceremonial platforms, terraces, and roads cloaked in lush, wildlife-harboring vegetation. Then

discover seldom-visited Yaxhá, a critical ceremonial site and the third largest ruins of the Maya world, beautifully sited overlooking Yaxhá Lake.

Hike into the Maya Biosphere Reserve amid giant ceiba trees—the sacred tree of the Maya—and with the help of experienced naturalists, search for 400+ species of birds, howler and spider monkeys, tree frogs, and more.

Spend three nights at the beautiful Hotel Camino Real Tikal, your home base while you explore the Maya culture and ruins. The hotel is nestled in the rainforest, where you can enjoy the many different species of birds while on an optional bird walk with your naturalist or relax on a sunset boat ride on Lake Petén Itzá



Opposite page (clockwise from top): Gartered trogon; sunrise and morning mist at Tikal; Temple 1 in Tikal; explore the little-visited Maya ruins at Yaxhá; white-nosed coati in Tikal National Park.

WILD BELIZE ESCAPE: WILDLIFE, REEFS & RIVERS

6 DAYS/5 NIGHTS-NATIONAL GEOGRAPHIC SEA LION



Wander through Belize's tropical wilderness and kayak or paddleboard along white sand beaches. Take a dip in turquoise lagoons with the unique opportunity to snorkel alongside sea turtles, rays, and tropical fish in the world's second largest coral reef system.

DAY 1: DEPART U.S./BELIZE CITY/EMBARK

Arrive in Belize City where we embark National Geographic Sea Lion. (D)

DAY 2: BELIZE BARRIER REEF

Awake anchored in the northern cayes of the Mesoamerican Reef System, second only to Australia's Great Barrier Reef in terms of biodiversity. Enjoy a full day to further explore this dynamic ecosystem. Take to the water by kayak or stand-up paddleboard, or don a mask and fins and dive into turquoise waters to encounter sea turtles, swirling schools of tropical fish, and harmless nurse sharks. For scuba divers, incredible dive opportunities abound (additional cost). (B,L,D)

DAY 3: MAYFLOWER-BOCAWINA NATIONAL PARK

Spend the morning discovering Mayflower-Bocawina National Park. Join the naturalists for a hike along one of the trails to photograph tropical plants, scan the treetops for winged wonders, and spot the tracks of tapirs and jungle cats. The national park is dotted with remote and strategically placed "camera traps," which frequently capture images of the legendary and mystical jaguar, so revered in Maya culture. At Bocawina, we learn about ongoing research into the behaviors of Belize's jaguars from scientists and researchers. Tonight, internationally acclaimed drumming group The Garifuna Collective joins us on board for a festive music performance. (B,L,D)

DAY 4: MONKEY RIVER/BELIZE BARRIER REEF

At morning light, we are at the mouth of Monkey River, where we board Zodiacs to cruise inland through the Belizean jungle in search of toucans, green iguanas, and myriad bird species. Few experiences rival hearing the first throaty roar of a mantled howler monkey echoing across the canopy. This afternoon, the Belize Barrier Reef calls us, home to idyllic sandy isles and vibrant corals, where we enjoy more

opportunities to explore by snorkel, kayak, and stand-up paddleboard. For scuba divers, there are incredible dive opportunities (additional cost). (B,L,D)

DAY 5: BELIZE BARRIER REEF

Our second straight day on the reef brings us into the central cayes where we anchor close and go snorkeling, paddleboarding, diving, or kayaking inside the fringing reef. Coral patches dot the shallow lagoon, harboring parrotfish, butterflyfish, octopus, and other marine species. (B,L,D)

DAY 6: BELIZE CITY/DISEMBARK

Return to Belize City overnight and disembark after breakfast to transfer to the international airport for your flight home. Or continue on our land excursion to Tikal and Yaxhá. (B)



BELIZE TO TIKAL: REEFS, RIVERS & RUINS OF THE MAYA WORLD

9 DAYS/8 NIGHTS-NATIONAL GEOGRAPHIC SEA LION + LAND EXCURSION

The expedition continues inside the Maya Biosphere Reserve—which is twice the size of Yellowstone National Park. Journey deep into the jungles of Guatemala led by a local guide to discover the spectacular Mayan temples and pyramids of both Tikal and Yaxhá and see over 400 bird species as well as monkeys.

DAYS 1-5: See above itinerary.

DAY 6: BELIZE CITY/EL REMATE, GUATEMALA

Disembark in Belize City and drive to El Remate, Guatemala, gateway to Tikal, one of the largest cities in the Classic Maya world. Enjoy lunch on the way before reaching the shores of picturesque Lake Petén Itzá and transferring to the Hotel Camino Real Tikal. Later, set out on a birding walk with our naturalists, or take a sunset boat cruise on the lake. (B,L,D)

DAY 7: TIKAL

Spend a full day exploring Tikal, where ancient pyramids tower more than 200 feet and thousands of temples, shrines, and plazas are scattered beneath the rainforest canopy. Discover the site's archaeological treasures, including the Temple of the Great Jaguar and the North and South Acropolis. Encounter ancient Maya art and hieroglyphs, and examine carved stone inscriptions that illuminate the history and spiritual significance of Tikal. (B,L,D)

DAY 8: YAXHÁ

Explore Yaxhá, a former Maya ceremonial center situated on a ridge overlooking Yaxhá Lake. The world's third largest known Maya site, Yaxhá spreads across nine plazas and contains multiple pyramids, ball courts, and stelae. Examine its features with your local guides and, if you wish, climb a temple for panoramic views. Later, enjoy lunch at a traditional Guatemalan restaurant, followed by an evening at leisure. (B,L,D)

DAY 9: EL REMATE/BELIZE CITY/HOME

Drive this morning from El Remate to Belize City to connect with flights home. (B)

NOTE: The cost of the flight from Flores to Guatemala City is not included. As of April, 2022, the estimated airfare is \$125 per person.



NATIONAL GEOGRAPHIC SEA LION

CAPACITY: 31 outside cabins accommodating 62 guests.

OVERALL LENGTH: 152 feet. REGISTRY: United States.

PUBLIC AREAS: The ship features a library; global market; lounge with full-service bar and facilities for films, slide shows, and presentations; observation deck; partially covered sun deck with chairs and tables; and LEXspa. An open Bridge provides guests an opportunity to meet the officers and Captain and learn about navigation.

MEALS: Served in single seatings with unassigned tables for an informal atmosphere. Menu emphasizes local fare.

CABINS: All cabins face outside with windows, private bathroom, and climate controls. Cabins are equipped with Wi-Fi and multiple electrical and USB outlets. Botanically inspired shampoo, conditioner, shower gel, and lotion are all available in cabin bathrooms, as well as an Expedition Essentials Kit. Hair dryers, complimentary insulated water bottles, and a *National Geographic Atlas* are available in each cabin.

EXPEDITION EQUIPMENT: Zodiacs, kayaks, paddleboards, snorkeling equipment, bow camera, hydrophone, splash-cam, underwater video camera, and video microscope.

SPECIAL FEATURES: Guest Wi-Fi access. A certified photo instructor, video chronicler, and ship's doctor are on board.

WELLNESS: The vessel is staffed by a wellness specialist and features exercise equipment, LEXspa, and outdoor stretching area.

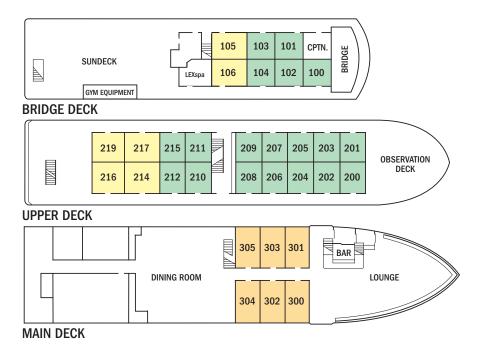
SUSTAINABILITY: Lindblad Expeditions takes responsible, sustainable travel to heart. For over 50 years, our expeditions have inspired travelers to protect the ocean, conserve wildlife, bolster local communities, and enable meaningful scientific research. We are 100% carbon neutral and dedicated to green business practices at every level of our operations. When you travel with us, you'll eat sustainable meals, experience our commitment to single-use plastic-free travel, and be aboard the industry's first self-disinfecting expedition ships, prioritizing your health and safety. Feel good about exploring with us and preserve the planet for future generations.







From left: Category 2 cabin with single beds; the lounge is the center of life aboard ship; the sundeck is a perfect place to relax and observe the scenery.



CATEGORY 1: Main Deck #300-305 — Conveniently positioned between the dining room and lounge, these cabins feature two lower single beds and a large view window.

CATEGORY 2: Bridge Deck #100-104; Upper Deck #200-212, 215 — These well-located cabins include two lower single beds and a window.

CATEGORY 3: Bridge Deck #105, 106; Upper Deck #214, 216, 217, 219 — These cabins feature a seating unit with table and two large view windows. Upper Deck cabins include two lower single beds which can convert to a double bed and a pull-out single bed for a third person; Bridge Deck cabins include two lower single beds only.

NOTE: Solo occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in certain categories at one half the double occupancy rate.

SHARED ACCOMMODATIONS: Shares can be arranged at the double occupancy rate in Categories 1 and 2 only.

Prices are per person, double occupancy unless indicated as solo.

ITINERARY	CAT. 1	CAT. 2	CAT. 3	CAT. 1 SOLO	CAT. 2 SOLO	ADVANCE PAYMENT	AIRFARES
Wild Belize Escape: Wildlife, Reefs & Rivers	\$4,110	\$4,690	\$5,260	\$6,170	\$7,030	\$750	Miami/Belize City/Miami – Economy from \$550; Business from \$850. Subject to change.
Belize to Tikal: Reefs, Rivers & Ruins of the Maya World	\$6,060	\$6,640	\$7,210	\$8,740	\$9,600	\$750	Call for details.

INCLUSIVE PRICING

ABOARD SHIP

- √ All meals served in the dining room
- All nonalcoholic beverages including unlimited cappuccinos, lattes, coffee, tea, and soda
- Hors d'oeuvres and snacks during evening Recaps
- √ Environmentally friendly refillable water bottle
- Regionally specific, professionally curated library
- Mac computers for downloading your camera's memory card
- √ Fitness equipment
- √ The guidance and company of our expedition staff
- √ Access to the Bridge to learn about navigation

ASHORE

- √ Three hotel nights in Tikal on 9-day expedition
- √ Meals as indicated
- √ Special access permits, park fees, port taxes
- √ Transfers to and from group flights
- √ The expertise of our expedition staff and local guides

ACTIVITIES

- √ All shore activities
- √ Zodiac and kayak explorations
- Snorkeling and paddleboarding (scuba diving at an extra cost)
- √ Lectures and presentations in the lounge
- √ Special musical performance
- √ Photo instruction
- √ Morning stretch class with our wellness specialist

SPECIAL OFFER

BRING THE KIDS: Sharing an expedition with your kids or grandkids is a life-enhancing experience. Take \$500 off the double occupancy price for each person under 18.

TERMS AND CONDITIONS

WILD BELIZE ESCAPE COSTS INCLUDE: Five nights' accommodations aboard ship; all meals and nonalcoholic beverages aboard ship; meals on land as indicated; shore excursions, sightseeing, entrance fees, and special access permits; use of kayaks, paddleboards, and snorkeling gear; transfers to and from recommended group flights; tips (except to ship's crew), taxes, and service charges; services of the ship physician, our expedition staff, and local guides. Unused services or items included in this program are non-refundable.

BELIZE TO TIKAL COSTS INCLUDE: All inclusions for Belize portion as noted above; three hotel nights in Tikal; meals on land as indicated with non-alcoholic beverages; gratuities to local guides in Tikal; ground transportation Belize City/El Remate/Flores.

NOT INCLUDED: International air transportation; meals not indicated; extensions; scuba diving fees; passport, visa, immigration fees; travel protection plan; items of a personal nature such as alcoholic beverages, Wi-Fi access, voyage chronicle, and laundry. Gratuities to ship's crew at your discretion.

AIRFARE: Airfare is an additional cost. Lindblad Expeditions will assist in making your air arrangements for a \$50 per person service fee.

RESERVATIONS: To confirm your place, an advance payment of US\$750 per person is required at the time of reservation and is payable by check, Visa, MasterCard, American Express, or Discover. Receipt of advance payment indicates your acceptance of the terms and conditions.

FINAL PAYMENT: Payment is due 90 days prior to departure. Lindblad Expeditions reserves the right to cancel your reservation if payment has not been received by final payment due date.

TRAVEL PROTECTION PLAN: A travel protection plan is available at extra cost. Information on the policy will be sent upon registration. This comprehensive guest protection plan covers trip cancellation for medical reasons, trip delay, medical expenses, accidental death, lost baggage and medical evacuation.

SMOKING AND VAPING POLICY: Allowed only in designated outdoor areas.

ENTRY AND VISA REQUIREMENTS: All guests are advised to verify travel documents (passport/transit visa/entry visa) for the country through which they are transiting and/or entering. Reliable and most current information regarding international travel can be found by contacting the consulate/embassy of the country(s) you are visiting or transiting through. We will not be responsible if you are denied entry or transit into a country if you are unable to provide valid documents as per the country's requirement.

RESPONSIBILITY AND OTHER TERMS & CONDITIONS: Certain other provisions concerning, among other things, limitations of Lindblad Expeditions', National Geographic Expeditions' (a division of National Geographic Partners, LLC), The Laura & Alvin Siegal Lifelong Learning Program's, Engaging Journeys, Inc.'s, and Case Western Reserve University's liability for loss of property, injury, illness, or death during the voyage will be provided to all guests on the ship's ticket sent prior to departure or upon request. By registering for a trip, the guest agrees to all such terms and conditions.

Note: Itineraries and prices listed in this brochure are as of publication date and are subject to change. Under normal conditions the total expedition price is guaranteed at the time of booking. However, our expedition pricing is determined far in advance of initial departure on the basis of then-existing projections of fuel and other costs. In the event of increases in those costs, including but not limited to increases in the price of fuel, currency fluctuations, increases in government taxes or levies, or increased security costs, we reserve the right to adjust the price of your expedition or add a surcharge to cover such unexpected increases. We will always provide an explanation of the reason for increase in costs.

PHOTO CREDITS: David Vargas, Alamy, Brian Skerry, Corbis, Doug Berry, Jim Zuckerman, National Geographic Creative, Norbert Probs Vitaly Edush, Ralph Lee Hopkins, Sven-Olof Lindblad, The Palmer, Willy Alfaro.

CANCELLATION POLICY					
Number of Days Prior to Expedition Start	Per Person Cancellation Fee				
120 or more days	\$350				
119-90 days	Advance payment cost				
89-60 days	25% of trip cost				
59-45 days	50% of trip cost				
44-0 days	No refund				
This policy applies to the voyage only. We strongly					

This policy applies to the voyage only. We strongly recommend that you purchase a travel protection plan.



Please send reservation to:

Lindblad Expeditions 96 Morton Street New York, NY 10014 Ph: (888) 773-9007

Fax: (646) 390-2050

Email: groups@expeditions.com

RESERVATION FORM: BELIZE

ABOARD NATIONAL GEOGRAPHIC SEA LION

Please reserve place	place(s) on the 6-day Wild Belize Escape, Feb. 4-9, 2023					
Please reserve place	e(s) on the 9-da	ay Belize to Tika	l, Feb. 4-12, 2023			
Name 1:			Class Year:			
(As it appears on p	assport)					
Name 1:		Date of Birth:_				
(Preferred name for	r name badge)					
Name 2:			Class Year:			
(As it appears on p	assport)					
Name 2:		Date of Birth:				
(Preferred name for	r name badge)					
Street Address:						
City:		State:	Zip:			
Home Phone:	Busines	ss Phone:				
Cell Phone:						
Email:						
Accommodations: □ Double □ Single □ Twin share with a friend						
□ Share	e with roomma	nte assigned by	tour operator			
Please indicate choice of cabin category in order of preference:						
1st choice:	st choice: 2nd choice:					
Advance Payment Inform	mation: US\$75	50 per person.				
□ Please make check payable to: Lindblad Maritime Enterprises, Ltd.						
Enclosed is my advance payment of \$						
\square If paying by credit card, we will contact you to finalize your booking and collect payment information.						

WILD BELIZE ESCAPE

EXPEDITION HIGHLIGHTS

- » Explore this remarkable region in the company of Professor Patricia Princehouse.
- » Snorkel or dive the coral gardens of the Belize Barrier Reef.
- » Sail aboard National Geographic Sea Lion, exploring the Mesoamerican Reef.
- » Kayak and paddleboard turquoise lagoons, and cruise in Zodiacs to wildlife-rich coastal rivers.

Half Moon Caye, Belize.

- » Join our naturalists for a hike in Mayflower Bocawina National Park and learn about the latest research on jaguars from local scientists.
- » Extend your stay to explore the Maya ruins in Tikal and Yaxhá.

100% CARBON NEUTRAL SINGLE-USE PLASTIC-FREE

We have chosen Lindblad Expeditions because they care deeply about the planet and see travel as a powerful force for good.

CASE THE LAURA & ALVIN SIEGAL WESTERN LIFELONG LEARNING RESERVE PROGRAM UNIVERSITY

10900 Euclid Ave. Cleveland, OH 44106-7116





