

# The Performance - Part One

The Mystical Arts of Tibet: Sacred Music Sacred Dance performance comprises nine pieces believed to generate energies conducive to world healing. Robed in magnificent costumes playing traditional Tibetan instruments, the Loseling monks perform ancient temple music and dance for world healing.

## 1. *Myensen*: Invocation of the Forces of Goodness

In a tapestry of instrumental and vocal sounds, the monks invoke creative awareness within themselves and the audience. They enhance the spirit of goodness in the environment as a prelude to the performance of Sacred Music Sacred Dance.

## 2. *Tentru Yultru*:

### Purifying the Environment and its Inhabitants

Chanting in the multiphonic tradition, the monks hold up a mirror and draw into it the reflection of the world and its living beings.

They then purify these through sound and meditation, as symbolized by the act of pouring waters from a sacred wisdom vase over the mirror. Traditionally this piece was performed whenever an environmental, social or individual healing was required.

## 3. *Shanak Garcham*: Dance of the Black Hat Masters

This ancient dance for the elimination of negative energies and hindrances is in the style known as drakpo, or "wrathful". The implements held by the dancers symbolize the transcendence of false ego-identification on the outer (environmental), inner (emotional), and the secret (subtle body-mind) levels. Their movements symbolize the joy and freedom of seeing reality in its nakedness.

## 4. *Taksal*: Intense Encounters of the Third Degree

A stylized presentation of Tibetan monastic debate. Something between dance, sumo wrestling of the mind, and free-form avant-garde theater.

## 5. *Senggey Garcham*: The Snow Lion Dance

Sacred activities performed by human beings are believed to create a healthy and harmonious environment, where all beings, including animals, rejoice. The snow lion dance captures this spirit.

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6. *Durdak Garcham*: Dance of the Skeleton Lords  
To remind the world of the ephemeral nature of all things and of the liberating and balancing impact of an awareness of this reality, two monks appear as the forces of goodness manifested as Cemetery Lords. These are Dharmapalas, or "Protectors of Truth", with the message to point the mind toward authentic being.

7. *Dakzin Tsarchod*: A Melody to Sever the Ego Syndrome  
Descending in a lineage from Padampa Sanggay as the 11th-century female mystic Machik Labdon, this tradition of meditative music is considered among the most hauntingly beautiful to emanate from the Land of Snows. Its purpose is to release the mind from the ego-clinging habit.

8. *Khadro Tenshug Garcham*: Dance of the Celestial Travelers  
Five dancers symbolizing the five elements and five wisdoms, together with three musicians, invoke the sounds and movements of the Celestial Travelers, the mystical beings from another world whose blessings strengthen the forces of life and light. These beings visit our world in times of stress and danger, bringing with them the creative energy that inspires harmony and peace.

9. *Sangso Shijo*: Auspicious Song for World Healing  
The monks send forth the smoke of incense, which the wind carries into the 10 directions as subliminal force invoking peace, harmony and the ways of creative living.