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# **Buprenorphine:**

Keeping Up with the Changing Landscape of Office Based Opioid Treatment

October 4, 2017 May 2, 2018 October 10, 2018

George S. Dively Conference Center 11240 Bellflower Rd., Cleveland, Ohio



# **Buprenorphine**

#### Who Should Attend?

This special update course is for Buprenorphine certified physicians or Clinic-Office Managers who seek to enhance their ability to effectively, efficiently and safely prescribe buprenorphine while minimizing abuse and limiting liability.

#### Statement of Need

Primary care physicians, mental health and addiction treatment providers who prescribe buprenorphine, are faced with the unique clinical challenge of providing daily doses of an opioid to patients with addictive disease.

- There are challenging clinical issues involved: stabilization v. maintenance doses; treating opiate addicted patients who have concomitant chronic intractable pain; treating opiate addicted patients with co-morbid depressive or anxiety disorders or sleep disturbances; and management of opiate medication side-effects are just a few examples.
- 2. There are unique ethical issues involved: patient safety v. minimization of disruption to patient daily life and the obligation to the individual patient v. the obligation to the community well-being.
- 3. There are unique Patient-Doctor and Patient-Treatment Program issues: staff splitting by patients; appropriately supervising toxicology testing while maintaining dignity; patient confidentiality concerns v. the need to have data from other providers regarding patient stability; and issues about dose adjustment, level of supervision and documentation.
- 4. There are rapidly changing expectations and concerns from regulatory agencies that must be understood and integrated into an evolving standard of care, and documented during increasingly frequent site visits and chart audits.

It is for these reasons that faculty from the CWRU School of Medicine Addiction Psychiatry and Addiction Medicine Fellowship Programs has developed this special buprenorphine update.

### **Participant Learning Objectives**

After attending this course, participants will be able to:

- Describe the pharmacologic profiles of buprenorphine, other opioids, benzodiazepines, THC and psychostimulants with regards to their interaction with the addiction prone brain.
- Identify screening and assessment strategies for anxiety / depression / chronic pain / insomnia and approaches to effectively address these in the context of buprenorphine prescribing.
- Employ techniques relating to minimizing the diversion of buprenorphine.
- Discuss risk management, office documentation and best practice guidelines for buprenorphine prescribing as well as evolving and emerging State and Federal requirements.

### **Educational Design and Methodology**

The course combines lectures, participative discussions, case studies and a personal case-based reflective essay.

## AGENDA

## Wednesday

7:30-8:00 am	Registration and Continental Breakfast		
8:00-8:45 am	Overview of the Drug Addicted Brain Theodore V. Parran, Jr., MD		
8:45-9:30 am	Federal Law (Data 2000) and Medical Board Rules Regarding Buprenorphine OBOT Theodore V. Parran, Jr., MD		
9:30-10:15 am	Emerging Pharmacology of Buprenorphine Bruce Merkin, MD		
10:15-10:30 am	Break		
10:30-11:00 am	Buprenorphine Delivery Systems Bruce Merkin, MD		
11:00-12:00 pm	Buprenorphine, Chronic Pain and a Patient with Opioid Use Disorder Theodore V. Parran, Jr., MD		
12:00-12:15 pm	Lunch		
12:15-1:00 pm	Difficult Conversations When Providing OBOT Theodore V. Parran, Jr., MD		
1:00-2:00 pm	Diagnosis and Management of Anxiety in the OBOT Patient Christina Delos Reyes, MD		
2:00-2:45 pm	Maintaining Medical Documentation in OBOT Sybil Marsh, MD, MA		
2:45-3:00 pm	Break		
3:00-4:00 pm	Minimizing Diversion When Prescribing Buprenorphine Theodore V. Parran, Jr., MD		
4:00-4:45 pm	Case Studies in OBOT		
4:45 pm	Adjourn		

## FACULTY

Course-Director

Theodore V. Parran, Jr., MD

Carter and Isabel Wong Professor of Medical Education Case Western Reserve University School of Medicine

#### Christina Delos Reyes, MD

Associate Professor of Psychiatry Case Western Reserve University School of Medicine Director, Addiction Psychiatry Fellowship University Hospitals

#### Sybil K. Marsh, MD, MA

Associate Professor of Family Medicine Case Western Reserve University School of Medicine

#### Bruce Merkin, MD

Meridian Community Care
The Center For Integrative Health

#### Accreditation

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of **8.0** *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Location and Hotel Accommodations

The course will be held at the George S. Dively Conference Center, 11240 Bellflower Rd., Cleveland, Ohio. A list of hotel accommodations will be provided at registration.

#### For More Information

Call Case Western Reserve University, Continuing Medical Education Program, phone (216) 983-1239 or (800) 274-8263 or visit http://case.edu/medicine/cme/

## REGISTRATION

#### **Registration Information**

The registration fee for this course is \$200. Fees include tuition, educational materials, breakfast, lunch, breaks and parking. An administrative fee of \$25 will be deducted from fees for cancellations made after September 20 (for October course) April 18 (for May course) or September 26 (for October course). All requests for refunds must be made in writing. Course size is limited to 40.

#### Four Ways to Register

- 1. Register online at http://case.edu/medicine/cme/
- Mail this completed form with a check payable to Case Western Reserve University for \$200 or complete the credit card information and send to: Continuing Medical Education Program 10524 Euclid Avenue Cleveland, Ohio 44106-6026
- 3. Fax this form with your credit card number to (216) 844-8133
- 4. Phone (216) 983-1239 or (800) 274-8263 with the information requested below and your credit card number.

Registration Form		Buprenorphine			
October 4, 2017					
May 2, 2018					
October 10, 2018					
Name			Degree		
Gender	Specialty				
Address					
City		State_	Zip		
SSN (last 4 digits) E-mail					
Phone					
In case of emergency					
Make checks payable for \$200 to: <i>Case Western Reserve University</i> or complete credit card information.					
☐ MasterCard	□Visa	Discover			
Credit card #		Car	d expiration date		
Signature			_ Date		
☐ Dietary restrictions?			_ □ I will need parking		

### Happenings in Cleveland

Cleveland Orchestra www.clevelandorchestra.com

Cleveland Museum of Art www.clevelandart.org

**Playhouse Square Center** www.playhousesquare.org

**Cleveland Play House** www.clevelandplayhouse.com

Rock and Roll Hall of Fame and Museum www.rockhall.com

**Great Lakes Science Center** www.greatscience.com

Jack Cleveland Casino www.jackentertainment.com

Or for more Cleveland activities visit Destination Cleveland at www.thisiscleveland.com