

The RAP Sheet



Newsletter of the Research Association of Practices

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New Practice-based Research Training Seminars

An exciting new series of practice-based research seminars will be held this Spring at Case. The Greater Cleveland Practice-based Research Seminar Series will provide training in practice-based research methods and to support participants' efforts to design practice-based research projects.

All interested community clinicians and researchers are invited to participate in any or all of the sessions. The seminars will be held on alternate Wednesday evenings from 6:00 pm to 8:00 pm, beginning on March 8.

Each session will feature a nationally or locally recognized expert who will present an essential topic in practice-based research. The focus of the second hour will be on participants' research interests and planned projects, with support and methodological expertise provided by practice-based research experts.

The series will be launched on March 8 by Paul Nutting, MD, MSPH. Dr. Nutting is an

internationally recognized expert in practice-based research, and has a wealth of research experience and knowledge. For 8 years, he was the Executive Director of the Ambulatory Sentinel Practice Network (ASPN), one of the largest and most productive practice-based research networks in the country. He is currently principal investigator on NIH-funded practice-based research studies.

The series schedule is provided on the next page, along with driving directions. A light meal will be provided at each seminar, and free parking is available in front of the building and in the adjoining parking garage. So that we can arrange meals, please indicate your intention to attend to james.werner@case.edu.

This is a great opportunity to acquire new research skills and to develop your research ideas into actual projects. We hope that you will join us. ❖

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New Practice-based Research Postdoctoral Training Program at Case

The National Cancer Institute has awarded the Case Comprehensive Cancer Center a new postdoctoral fellowship training program to provide training and experience in practice-based research methods and cancer prevention and control methods. The fellowship will train clinical researchers from the fields of primary care (family medicine, pediatrics, general internal medicine), dentistry, and doctorally-prepared advance practice nursing.

The 2-3 year research fellowship involves 80% mentored research time working with RAP and other highly productive practice-based research networks, with the remaining 20% time spent in clinical work. Fellows will develop their own research projects. In addition, they will work closely with local PBRNs to develop practice-initiated projects.

At the completion of the fellowship, trainees will be uniquely equipped

for careers working with PBRNs to conduct funded, rigorous and relevant practice and community-based research.

The program's first research fellow, Michael Smolak, MD, began the fellowship program in January, 2006. Dr. Smolak is affiliated with the Cleveland Clinic health system.

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**GREATER CLEVELAND
PRACTICE-BASED RESEARCH
SEMINAR SERIES**

Week	Date	Title	Leader	Topics
1	3/8/06	Introduction and theory of Practice-based Research Networks (PBRNs) History and scope of PBRNs	Paul Nutting, MD, MSPH	Reflective, inquiring practice Types of networks & examples Success & failure in practice-based research
2	3/22/06	Working with community-based practices PBRN methods	James Werner, PhD Kurt Stange, MD, PhD	Communication PBRN Management Facilitating clinician-initiated projects Multimethod design
3	4/12/06	Network development and maintenance PBRN methods	Amy Heneghan, MD Stephen Zyzanski, PhD	Enrollment methods Maintenance of interest Representativeness Nested data, Sampling, Measurement
4	4/26/06	PBRN methods	James Werner, PhD Stephen Zyzanski, PhD	Data collection Quantitative data analysis
5	5/10/06	PBRN methods	Maghboeba Mosavel, PhD; Kurt Stange, MD, PhD Greg Cooper, MD	Qualitative data analysis Informing PBRN research with secondary data analysis
6	5/24/06	Research in the community context Human subjects protection and data privacy in PBRN research	Susan Flocke, PhD; Kurt Stange, MD, PhD Stephen Wotman, DDS	Participatory research approaches Ethical and practical issues in conducting research in community practice; IRB, HIPAA
7	6/7/06	Quality improvement research Funding for PBRN research	Donald Goddard, MD; Mary Ruhe, BSN Kurt Stange, MD, PhD	Linking quality improvement & clinical research Funding for clinician-initiated & cancer control research

Researchers and community clinicians in all healthcare specialties are invited to participate in any or all of the sessions. If you plan to attend, please contact James Werner, PhD at james.werner@case.edu. A packet of background materials will be mailed to you.

Time and Location

All sessions will be held from 6:00 pm to 8:00 pm at the following location:

Department of Family Medicine Research Division
Case Western Reserve University
First Floor Conference Room
Cuyahoga County Coroner's Office Building
11001 Cedar Avenue
Cleveland, OH 44106

Free parking is available in front of the building and in the attached parking garage. Driving directions and a map appear on page 3. A light meal will be provided.

Map and Directions to Practice-based Research Seminars



1. Cuyahoga County Coroner's Office (aka UCRC II)

From the west via the Ohio Turnpike (Interstate 80), go east on the turnpike and exit at Interchange 142. Follow Interstate 90 east. At I-90 Exit 173B, turn **RIGHT** onto Ramp towards Carnegie Ave. Continue east on Carnegie Avenue to E. 105th Street. Turn right and take E. 105th Street south to Cedar Avenue. Turn left and go east on Cedar Avenue. The next major intersection is Stokes Blvd. Cross Stokes, then start looking on your left for the sign, "Cuyahoga County Coroner's Office" (11001 Cedar Avenue) on your left.

[Note: If you go too far, continue on Cedar keeping the bus depot just to your right, go under the train overpass, then go up Cedar Glen Parkway and take a right on Ambleside and another right on Martin Luther King, Jr. Drive to get back to where you can turn left onto Cedar again].

From the east or south, take I-271 to Cedar Road and head west on Cedar. After bearing left to go down Cedar Hill ("Cedar Glen Parkway") and going under the train overpass, take the loop to cross the Carnegie intersection and continue on Cedar. The purple arrow on the map shows how to proceed across the intersection. The Coroner's Office building is the first on the right after that intersection.

To park and find the conference room, pull in the drive and park in one of the visitor spaces on the left. If the spaces are full, pull into the parking garage that adjoins the building. If you are in doubt as to where to park, pull up in front of the building, go inside, and see the guard stationed at the desk in the lobby. Tell the guard that you are here for the Research Seminar. Then park and proceed to the Adelson Conference Room on the 1st floor, which is across the hall from the guard station.

Address:

Case Department of Family Medicine Research Division
Adelson Conference Room (First Floor)
Cuyahoga County Coroner's Office Building
11001 Cedar Avenue
Cleveland, OH 44106

Research Association of Practices
Department of Family Medicine
Case Western Reserve University
10900 Euclid Avenue
Cleveland, OH 44106-7136

The **RAP Sheet** is a publication of the Research Association of Practices, administered by the Department of Family Medicine at Case Western Reserve University. Correspondence should be addressed to the department at 10900 Euclid Ave., Cleveland, OH 44106-7136.

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New PBRN Postdoctoral Training Program at Case

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Kurt Stange, MD, PhD is the Director of the fellowship program. James Werner, PhD is the Education Director. Information is available at <http://cancer.case.edu>. Interested candidates should send a C.V. and letter of interest to James Werner, PhD at James.Werner@case.edu. ❖

An event to discuss leveraging community resources to assist practices

Rallying community resources can extend your practice's ability to stimulate patient health behavior change. We invite you to engage in a creative, action-based brainstorming process to identify ways that community resources can assist practices and their patients. All perspectives are welcome, including physicians, medical assistants, nurses, social workers and other staff.

Brainstorming Luncheon



The event is planned for early April. Lunch will be provided.

Space will be limited, so please telephone or email Sue Flocke to find out more about the event and to hold a place.

susan.flocke@case.edu / 216-368-3887



*Want to get involved?
Use the pull-out form!*

RESEARCH IDEA COMPETITION:

A STUDENT TO WORK ON YOUR RESEARCHABLE QUESTION

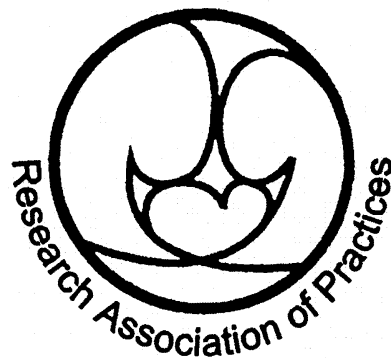
Do you have a great research idea, but lack support for its implementation? This summer, the **Research Association of Practices** plans to implement a clinician-initiated research project in local practices.

All area clinicians are invited to submit their research ideas for consideration. A team of practice-based research experts and community clinicians will evaluate the submissions and select the one that is most compelling and feasible. A research proposal will then be developed and

submitted to support a medical student who will implement the project in area practices this summer.

Please use the “**RAP Clinician Involvement Form**” (over) to submit your research idea(s). Contact Jim Werner, PhD if you have questions (216-368-2996; james.werner@case.edu). The deadline for submissions is **Wednesday, March 15**.

Good luck!



RAP CLINICIAN INVOLVEMENT FORM

Please use this form to communicate your research idea, and fax it to the Case research offices at 216-368-4348. Feel free to use extra pages if needed.



Name _____

Phone _____

Email _____

I have a research study idea to submit for consideration. (Please complete the items below describing your study idea. If you would like to discuss your idea, please call James Werner, PhD, at 216-368-2996 or email james.werner@case.edu.)

1) What is your research question?

2) What is already known (in the literature) about this question?

3) Who would be the participants in the study (e.g., patients in your practice)?

4) What is the main outcome variable for the study? How would it be measured?

5) How feasible is the study in terms of money, time, effort, skills, etc?

6) Why is the study worth doing?