

Paul Ambrose Scholars 2020



Lauren Campbell '21

My project aims to address preventative health measures for patients at the Lake County Free Clinic by asking patients about their Social Determinants of Health and giving students time to address long-term health maintenance during visits.



Connie Cheng '21

My Paul Ambrose project will address one of the mental health objectives of the Leading Health Indicators topics: increasing the proportion of PCP office visits where adults 19 years and older are screened for depression. I have planned events for a pilot program in hopes of officially establishing a support group at the medical school for healthcare professional students. I plan to combine wellness events with support group meetings in order to make the experience more fun, versatile, and less intimidating. The ultimate outcome is improving student health while also helping future providers develop communication and knowledge skills to approach the topic of mental health in the community.



Rachelle Fair '21

My project addresses the social determinants category of the Leading Health Indicator. Illiteracy rates for Cleveland are at 66%, with some neighborhood rates as high as 90%. This leads to many disparities regarding the healthcare and treatment of these individuals. The focus of my project is to improve the health literacy of individuals in the Cleveland area by developing a workshop-based program where students from different disciplines at CWRU volunteer to help promote and teach health literacy at these sessions.



Rosa Gonzalez '21

My project will address the high premature birth rate in Cuyahoga County by collaboration with First Year Cleveland. First Year Cleveland is an organization that works to lower the rates of infant mortality by offering group and home prenatal visits, learning circles with local birth hospitals, and much more. I plan to implement a dental education session to the group prenatal visits to discuss the importance of dental hygiene in expectant mothers. The goal of this will be to prevent vertical transmission of infections that could cause premature birth.



Avantika Mundkur '21

The knowledge regarding cervical cancer and the HPV vaccine is lacking in Northeast Ohio, particularly among resettled refugee women due to barriers to care, cultural beliefs, and financial burdens. For my project, I will work with a local clinic that serves refugee women to determine their concerns regarding cervical cancer screenings. My goal is to organize monthly educational workshops within the community to educate women about the benefits of pap smears and the HPV vaccine. I hope to help increase the rate of pap smears within the community by shedding the stigma around reproductive health exams.

