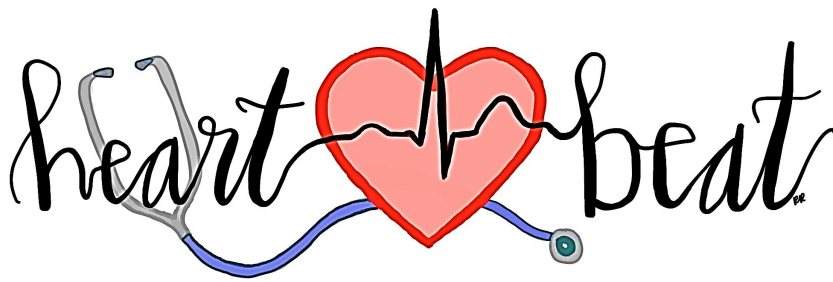
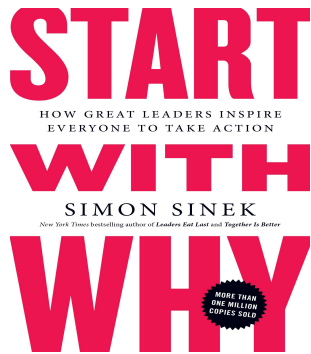


THE HUDSON



Spring 2021 | Issue 21 | 01.05.2021



Check out the **AAPA Student Huddle**— the Advocacy and Policy Committee is starting a **book club** and we will be hosting a new book each month. The first one is called, "**Start With Why**" by **Simon Sinek**. We want to encourage everyone to read the book, participate in the discussion questions, and "share your why" on the Huddle post. There is also a *TedTalk* that discusses the book in detail if you are unable to make time to read the whole book but still would like to indulge in the fun.

Check back monthly for new books on a wide variety of topics, chosen by our committee members!

Welcome to the new year, everyone. As we begin to embark on all that 2021 has to offer, we hope you take some time to reflect on all that 2020 gifted us with— new friendships, new places to call 'home,' endless nights studying for internal medicine, hours spent on mastering the elusive, complete physical exam, the multitude of Rosh Review questions completed in preparation for EORs & birthdays & the holiday season spent over *Zoom*. At times, we have felt overwhelmed.

We have felt lost. But we acclimated. We coped. We have seen camaraderie, compassion and resilience in our CaseStrong community as we adjusted to life in the midst of this ongoing pandemic. Although it has not been easy, we are truly proud of everyone. May this new year continue to bring us sweet memories of personal and professional growth. Cheers!



Announcements:

- **Congratulations to Katherine Feng**, Class of '21, for being the recipient of the *Society for Simulation in Healthcare, Bob Waters Memorial Scholarship!* Kudos!
- **Student Run Health Clinic**— apply to volunteer during spring term as: *Patient Navigator and Junior Clinician*. Applications due **January 5, 11:59pm**.
- **Zoom**— don't forget to update your desktop application to the latest software version by the end of **January 5** to continue using without trouble!

THE SPOTLIGHT



Kristen Byrne

Hi, I'm Kristen Byrne and I'm a 1st year PA student! Cleveland has my heart- I was born & raised here and love being close by to my family. Go Browns!



Tyler Fitzgerald

Hello, I'm Tyler Fitzgerald and I am a 1st year PA student. I am from Youngstown, OH and served in AmeriCorps which led me to the PA profession.



Tori Bandyopadhyay

Hi! I'm Tori Bandyopadhyay and I'm from the Cleveland area! I love visiting museums in University Circle and trying new restaurants in the area.



Houser Duncan

Hi, my name is Houser Duncan and I'm a first year PA student. I'm from Spanish Fork, Utah and I love the involvement in the community that Case provides.

What's Happening in January?

- **Volunteer with Food Strong**— help maintain the integrity of Coit Road Farmers Market and/or tend to our beautiful garden beds at the Learning Garden. Various dates from Dec-April.
- **On-campus COVID-19 testing**— offered via saliva analysis at Veale for those coming onto campus. Mon-Fri, 6am-6pm. Walk-ins or appointments available.
- **Pandemic relief resources at Case**— please consider the *Student Emergency Fund* (e.g funds for medical care, books, food, rent assistance) or *Physical Resource Center* (e.g winter gear, clothing, school supplies) if you are in need.
- **Tend to your mental health**— free virtual tools are offered via the CWRU Counseling Center. More details here: <https://case.edu/studentlife/healthcounseling/student-wellness/virtual-programs>



SCHOOL OF MEDICINE
CASE WESTERN RESERVE
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1843 - 2018
CELEBRATING
175
YEARS

Physician Assistant Program