

SUPER Coach Program

Offered to first and second year CWRU and CCLCM medical students (limited capacity). The SUPER (SUPporting Engagement and Resilience) Program is the largest hospital-based volunteer health coach program in the country.

Goals and Objectives

- 1) Participate in a national demonstration project aimed at healthcare transformation
- 2) Learn motivational interviewing
- 3) Develop patient-directed interviewing and communication skills
- 4) Improve the health status of a patient

Students meet weekly with one dialysis patient in the hospital. Students will receive direct feedback to improve their knowledge and skills. An early career primary care physician mentors students.

The elective runs 90-minutes per week for up to 12-weeks. There is 3-hours of online training. Students participate in weekly health sessions.

REGISTRATION

If interested, students should contact Dr. Nicholas Cohen at nicholas.cohen@uhhospitals.org.

This course is considered an enrichment opportunity and not recorded on the medical school transcript.