

Preparing for USMLE Step 1 Tips from the Class of 2024

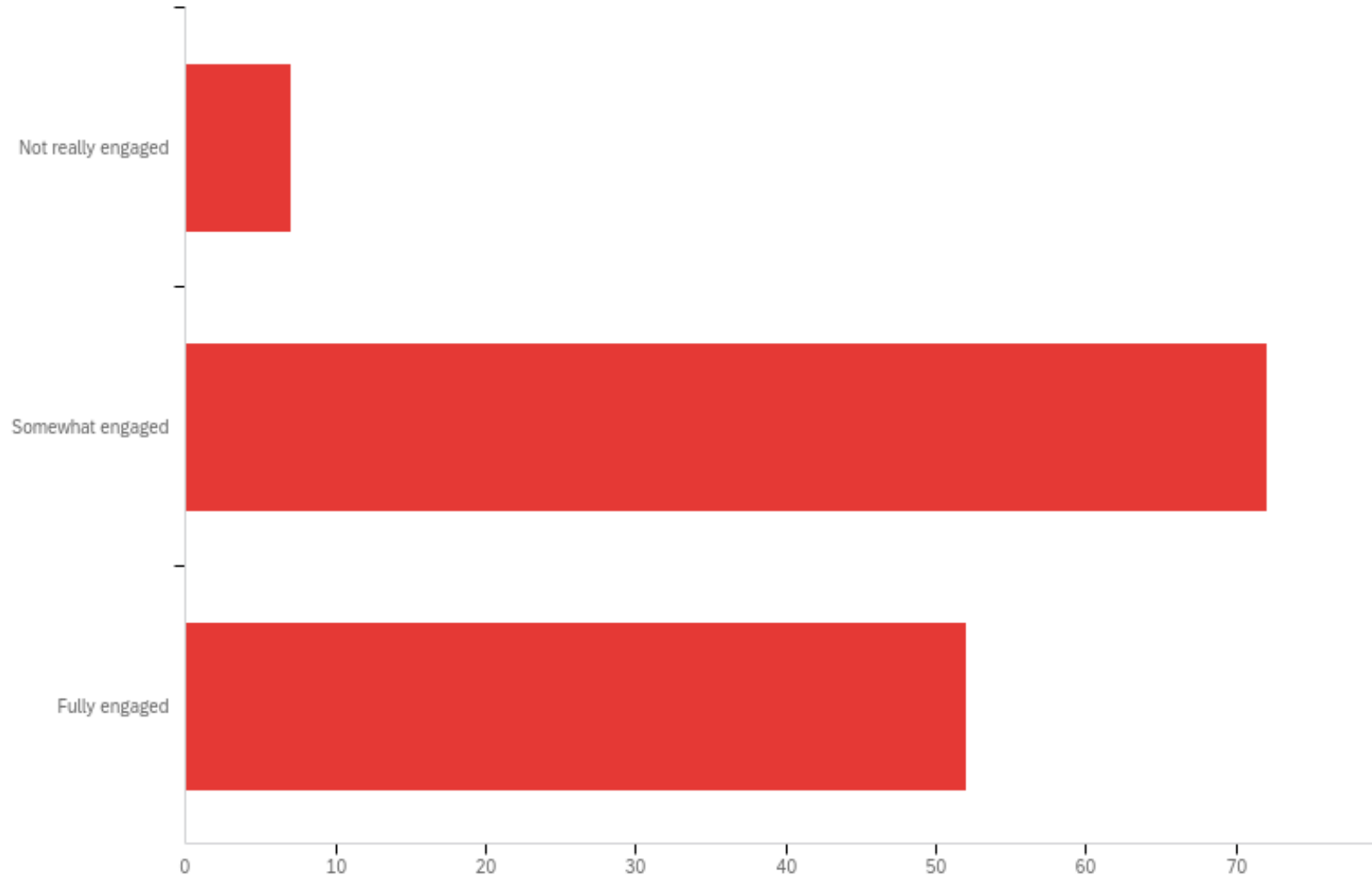
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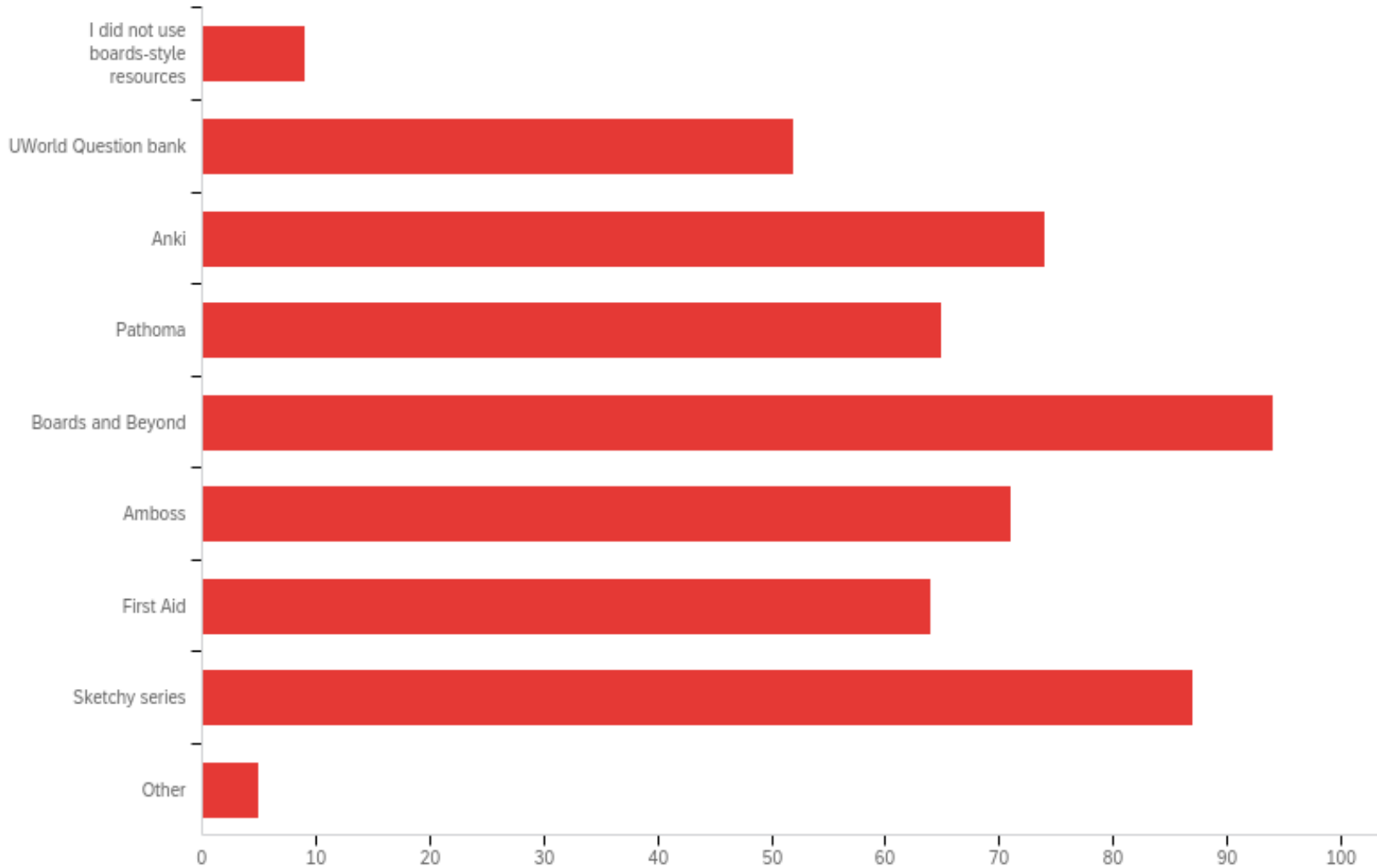
Step 1 Experience Survey Class of 2024



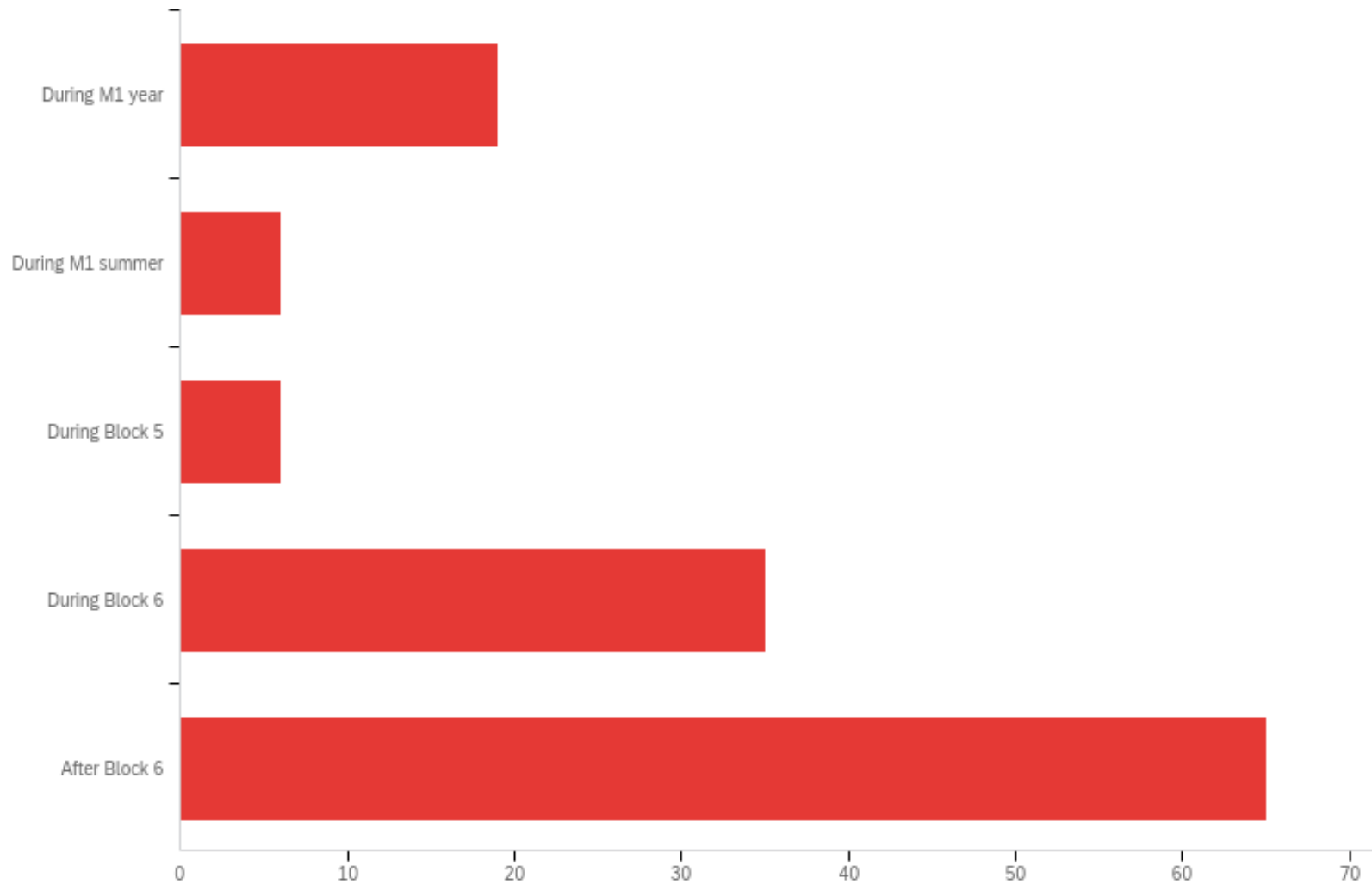
Q1 - Rate your level of engagement with the formal preclinical medical school curriculum.



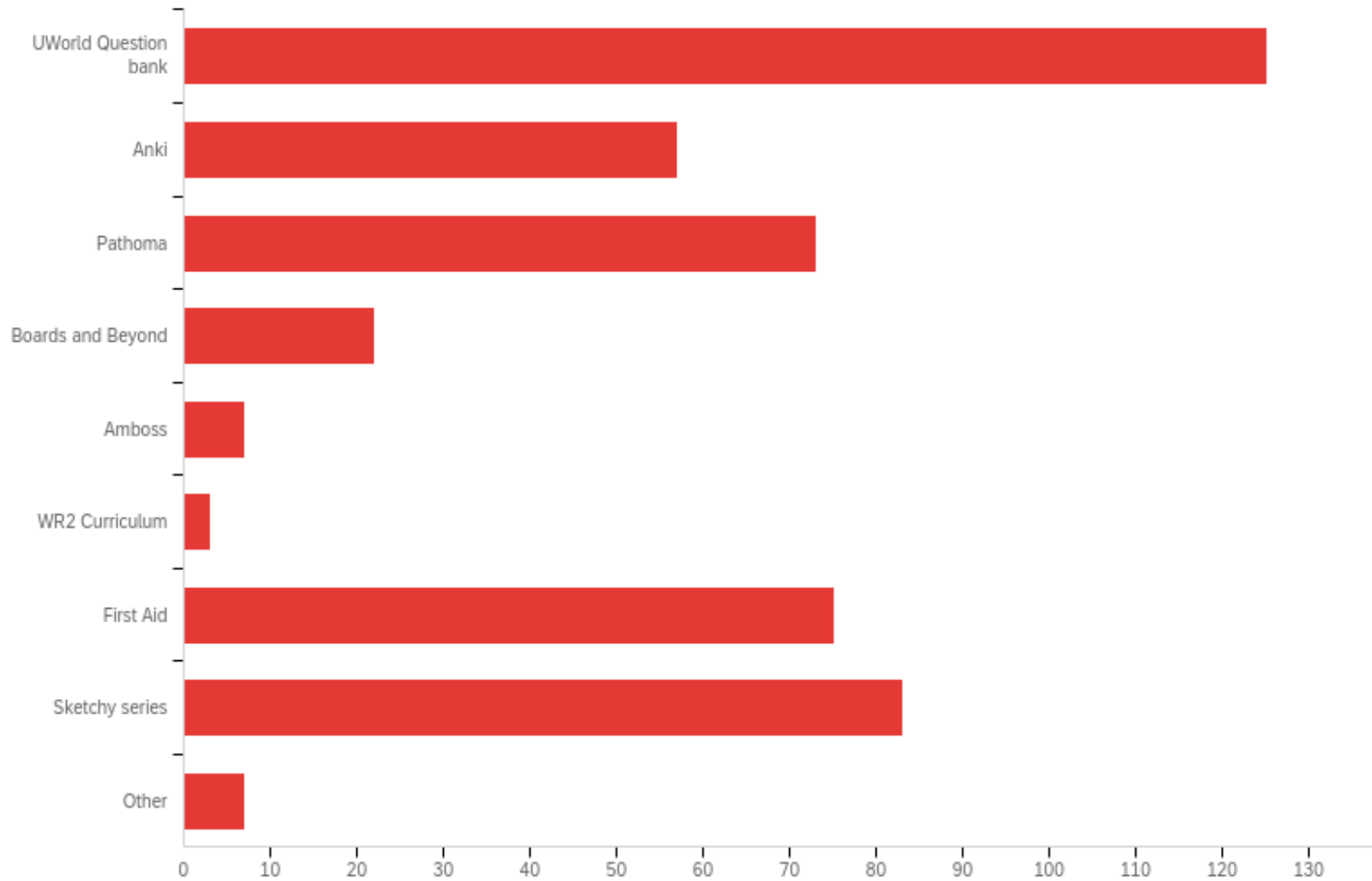
Q10 - If you used boards-style study tools alongside the curriculum, which resources were the highest yield? Choose all that apply.



Q2 - When did you start preparing for USMLE Step 1?



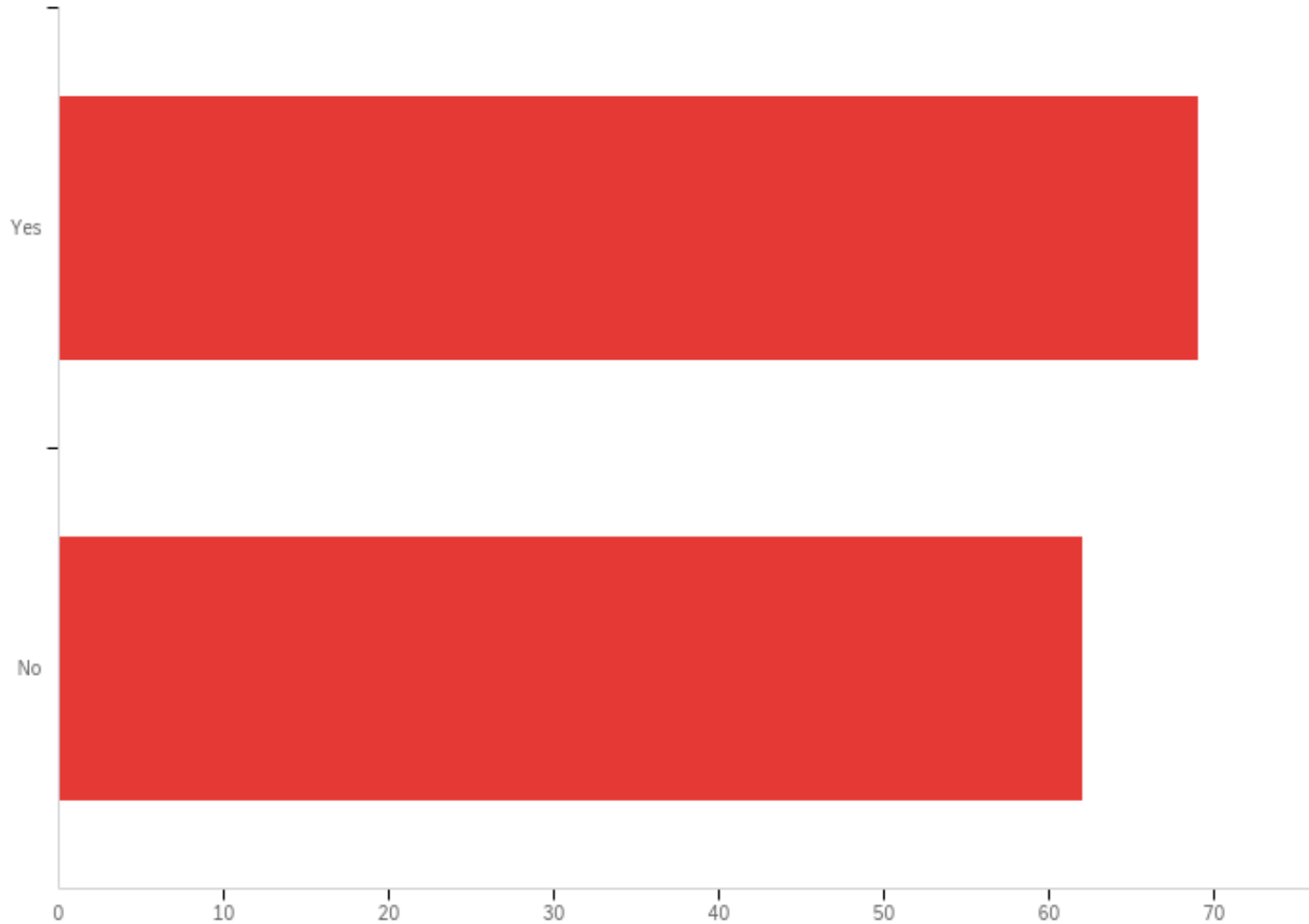
Q3 - Identify the highest yield resources for your dedicated study period. Choose all that apply.



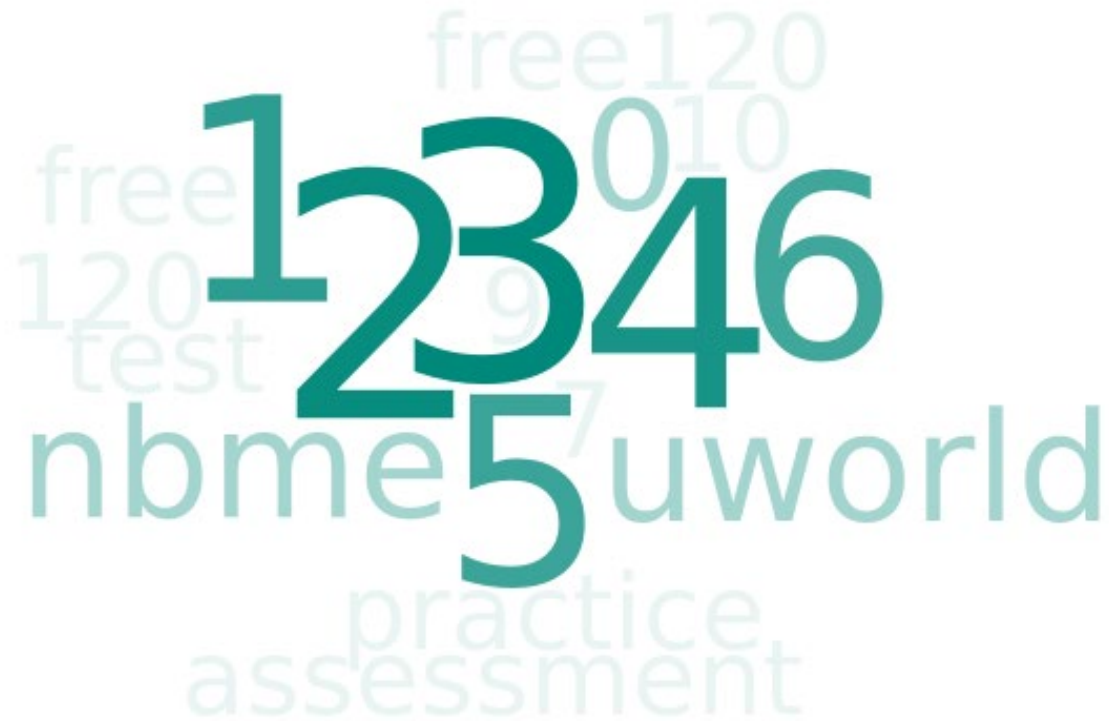
Q4 - During your dedicated study period, how many weeks did you study intently (approximately 8hrs/day) for Step 1? Enter a number rounded up to the nearest 0.5 week.



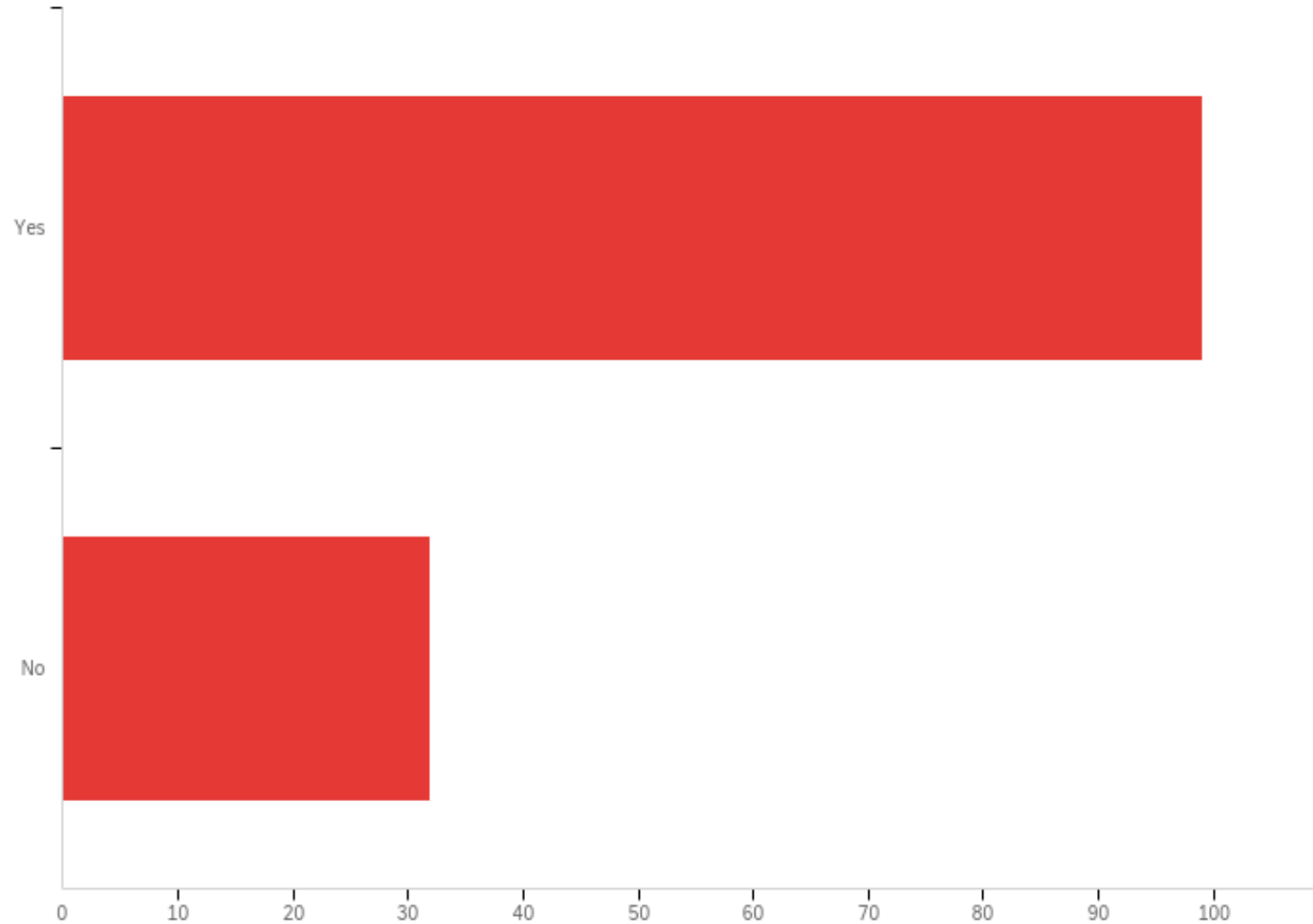
Q5 - Did you have a detailed week-by-week study schedule outlined before your dedicated block?



Q7 - How many NBME CBSSA practice exams did you take?



Q8 - Did you take an NBME CBSSA practice exam roughly 1 week before your test date?



Q9 - What was your estimated probability of passing within 1 week?




Please Share Your Tips for the Class of 2025

“Be consistent. Don't burn out, it's a marathon.”

“Do not approach as if it is Pass/Fail”

“Go into dedicated with a detailed study plan that accounts for breaks.”



"Before anything else, preparation is the key to success."

~ Alexander Graham Bell