Preparing for USMLE
Step 1
Tips from the Class of 2024

Clara Sun
Mike Foster
Judy Olsen-Hammer
Jill Azok
Step 1 Experience Survey
Class of 2024

- PLAN
- PREPARE
- PERFORM
Q1 - Rate your level of engagement with the formal preclinical medical school curriculum.
Q10 - If you used boards-style study tools alongside the curriculum, which resources were the highest yield? Choose all that apply.
Q2 - When did you start preparing for USMLE Step 1?
Q3 - Identify the highest yield resources for your dedicated study period. Choose all that apply.
Q4 - During your dedicated study period, how many weeks did you study intently (approximately 8hrs/day) for Step 1? Enter a number rounded up to the nearest 0.5 week.
Q5 - Did you have a detailed week-by-week study schedule outlined before your dedicated block?
Q6 - Approximately how many practice questions (including practice exams) did you complete?
Q7 - How many NBME CBSSA practice exams did you take?
Q8 - Did you take an NBME CBSSA practice exam roughly 1 week before your test date?

Yes

No
Q9 - What was your estimated probability of passing within 1 week?
Please Share Your Tips for the Class of 2025

“Be consistent. Don't burn out, it's a marathon.”

“Do not approach as if it is Pass/Fail”

“Go into dedicated with a detailed study plan that accounts for breaks.”
"Before anything else, preparation is the key to success."

~ Alexander Graham Bell