

Class of 2017 Meeting

Career Planning:
MSPE's
ERAS
CSE
4th Year Teaching

February 5, 2016
Office of Student Affairs
Office of Curricular Affairs
SOM Office of the Registrar



SCHOOL OF MEDICINE

CASE WESTERN RESERVE
UNIVERSITY



Agenda

Society Deans – Dr. Steven Ricanati

- The MSPE (previously called “Dean’s Letter”)
- Letters of Recommendation and CV
- Residency Roadmap

Vice Dean for Medical Education – Dr. Patricia Thomas

- Clinical Skills Exam Overview
- What to Expect
- How to Prepare
- Logistics

Associate Dean for Curriculum – Dr. Amy Wilson-Delfosse

- 4th Year Teaching

SOM Registrar – Siu Yan Scott

- ERAS Overview



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What is an MSPE?

MEDICAL STUDENT PERFORMANCE EVALUATION

- Written collaboratively with your Society Dean
- Consists of 8 sections
 - Academic History, Introduction, Pre-Clinical Academics, Clinical Clerkships, AI's, & electives, Research, Unique Characteristics & Accomplishments, Summary, Appendix
- Used for Residency Applications
- A **permanent** document



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MSPE Examples

- **Template**



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MSPE Process

- Email from Student Affairs introducing process & sign-up instructions; Will include MSPE FAQ's, paragraph examples, MSPE Meeting Checklist
- Schedule 1st meeting via sign-up sheet; follow-up meetings scheduled after each visit
- Use eCurriculum to upload student paragraph contributions
- Upload a current version of your CV



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Uploading Paragraphs

Print Frame

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SOM STUDENT eCURRICULUM
1/29/2016 Welcome, Charles K. Smith

Class of: 2017 Students: General

Schedule Block 7 - Structure Block 8 - FCM Longitudinal Themes Self Service

Block 1: Becoming a Doctor

January 25 - 31, 2016

Monday, January 25 2016 Thursday, January 28 2016

Tuesday, January 26 2016 Friday, January 29 2016

Wednesday, January 27 2016 Saturday, January 30 2016

Search

FMH Blocks/Weeks: 1 2 3 4 5 6

Block Overview

Non-block: July 8

Week 1: July 15

Week 2: July 22

Week 3: July 29

Week 4: August 5

Week 5: August 12

Show FCM activities:

Select All

COMM1

COMM2

CPCP

CSE

OSCE1

OSCE2

OSCE3

OSCE4

OSCE5

OSCE6

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SOM STUDENT eCURRICULUM

1/29/2016 Welcome, Charles K Smith

Class of: 2017 Students: Abarbanel, David

Requirements > MSPE CV

FMH

Clinical

Research

Assessment

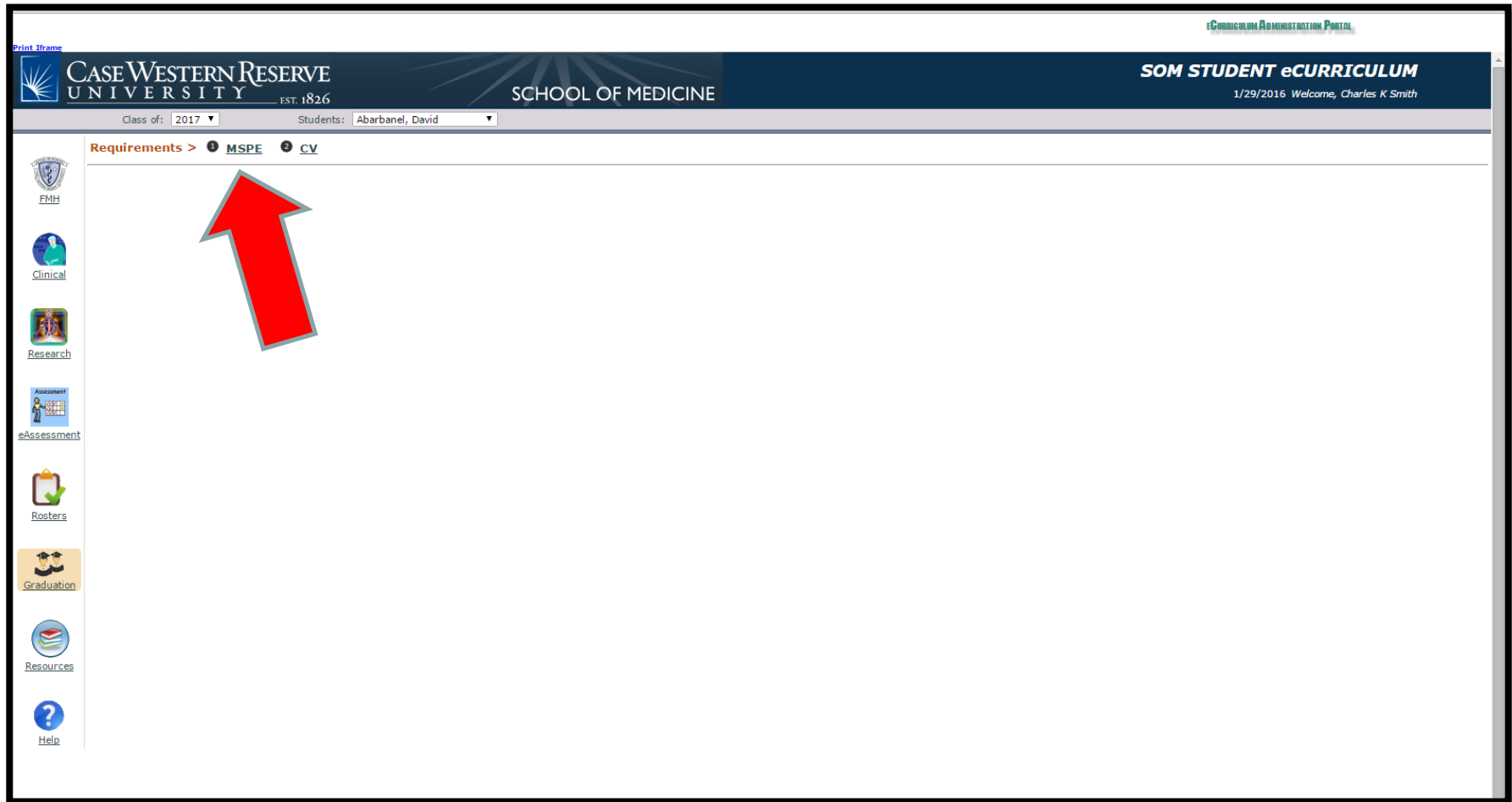
eAssessment

Rosters

Graduation

Resources

Help



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SOM STUDENT eCURRICULUM
1/29/2016 Welcome, Charles K Smith

Class of: 2017 ▾ Students: Abarbanel, David ▾

Requirements > 1 **MSPE** 2 **CV**

FMH

Clinical

Research

eAssessment

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Graduation

Resources

Help

Please provide a description of your experience below. After Final Submit you will not be able to update this particular section.

Pre-Matriculation Experience Research Unique Characteristics & Accomplishments

Not provided

Save Section Content Final Submit Section Content



Uploading CV

Print Frame

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Requirements > MSPE CV

FMH

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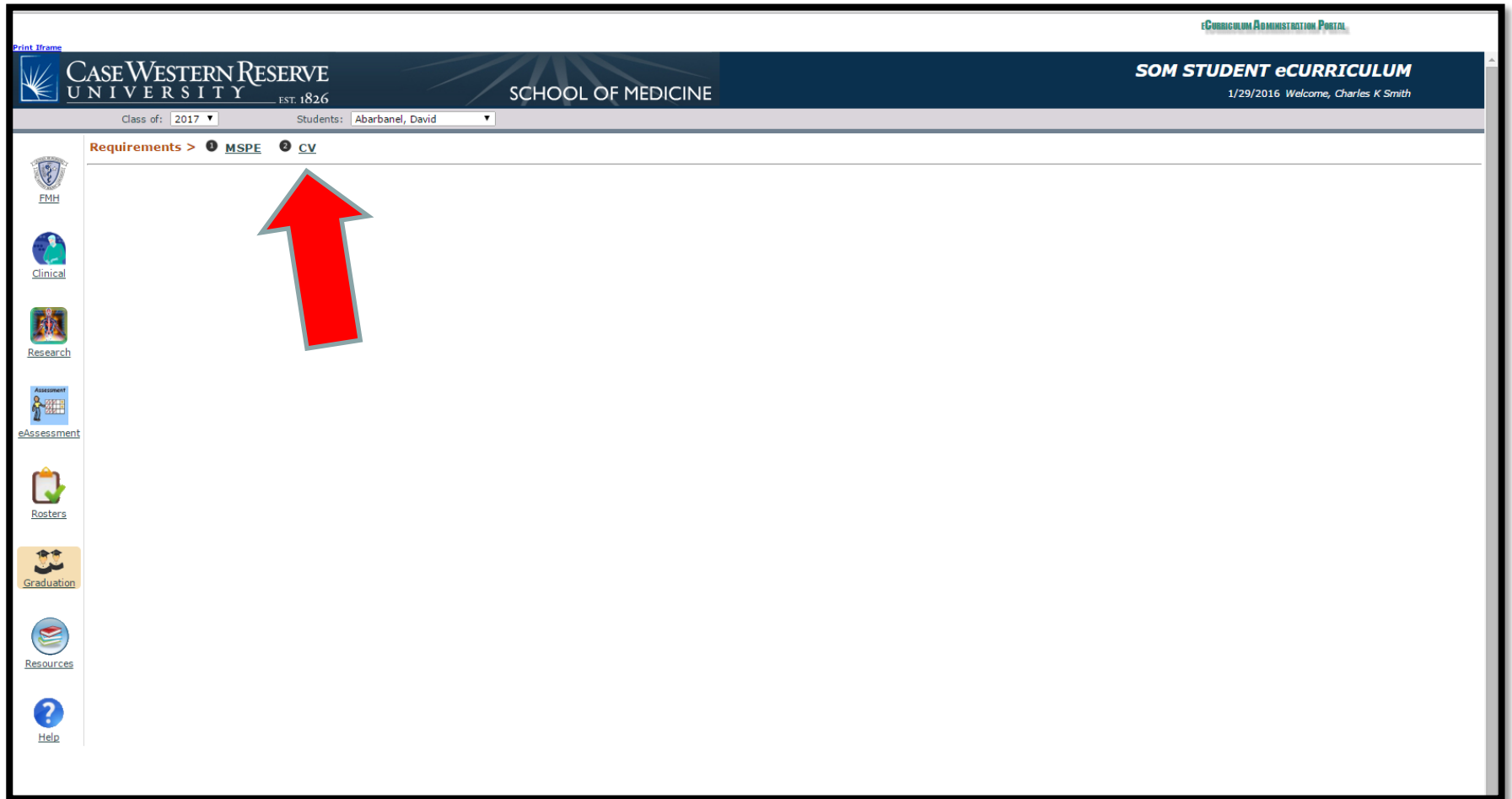
eAssessment

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Help



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Curriculum Vitae

- Update your CV frequently
- Check out the CV Template on the Student Affairs Career Planning page

[CV Template](#)



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Letters of Recommendation

- Best LoR's come from your Acting Internships, advanced electives, and people that know you well
- You will receive a tip sheet from our office to give to letter writers with instructions
- Give letter writers an updated copy of your CV!

[TIP SHEET](#)



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Residency Roadmap

- Interactive website on Student Affairs Career Planning website
- Tons of information about all things residency, planning fourth year, specialties, recent Case grad finder, and lots more

[ROADMAP TO RESIDENCY](#)



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Clinical Skills Exam

2016 Orientation

University & College Program students

MT. SINAI SKILLS AND
SIMULATION CENTER



Clinical Skills Exam - Purpose

- ▶ Assess your ability to apply medical knowledge, skills and understanding of clinical science essential for the provision of patient care under supervision.
- ▶ Test your ability to gather information from standardized patients, perform physical examinations, and communicate findings to patients and colleagues.
- ▶ Prepare for USMLE Step 2 CS

MT. SINAI SKILLS AND
SIMULATION CENTER



Clinical Skills Exam - Purpose

- ▶ Think of it as having 3 distinct parts:
 - **Data gathering**
 - Taking a relevant medical history
 - Performing an appropriate focused physical exam
 - **Communication skills**
 - Communicating effectively with the patient
 - **Patient note (clinical reasoning)**
 - Clearly and accurately documenting the findings and diagnostic hypotheses from the clinical encounter
 - Ordering appropriate diagnostic studies

MT. SINAI SKILLS AND
SIMULATION CENTER



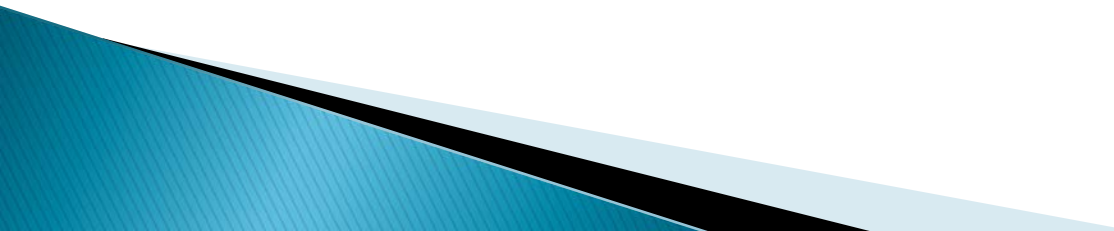
CSE Exam Blueprint

- ▶ You will take the exam at the Mt. Sinai Skills and Simulation Center.

MT. SINAI SKILLS AND
SIMULATION CENTER



What to Bring

- ▶ White coat
 - ▶ Stethoscope
 - ▶ Pen or pencil
-
- ▶ You will not be allowed smartphones, electronic devices, notebooks, index cards, or pagers.
- 

CSE Exam Blueprint

- ▶ The exam is 4 hours with a 10 minute break midway through.
- ▶ Encounters are videotaped (for quality assurance, training & research purposes).

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About the exam

- ▶ The cases used on CSE were written by a group of clinical faculty and practicing physicians.
- ▶ Each of you starts at a different station and you rotate clockwise through each station.
- ▶ 8 unique patient stations
 - 25 minute patient stations
 - 15 minute patient encounter
 - 10 minute post-encounter note

The Patient Encounter

1. Beginning: Opening the Encounter

- Knock on the door
- Clean your hands
- Introduce yourself; call the patient by name
- Open-ended question

2. Middle: During the Encounter

- Orient the patient to what's coming
- Attend to patient's physical & emotional comfort

3. End: Closing the Encounter

- Discuss your thinking
 - Check patient's understanding of next steps
 - Say goodbye
- 

The Patient Encounter

▶ Focused interview

- Listen to your patient; they will tell you why they are here.
- Consider additional factors that may be affecting their health.
- Ask questions from each component of medical interview.
 - HPI, PMHx, FHx, SHx, RoS
- But, not every question from these components needs to be asked.

▶ Focused physical exam

- Determined by patient's problem.
- However, you want to perform additional exams in areas that could be related to their problem.

▶ Take notes on your clipboard.

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Patient Note

- ▶ 10 minutes to complete
 - 2 minute warning before time is up
 - Final announcement to “submit” your note: you must stop typing immediately upon hearing this.
- ▶ If you finish the patient encounter early, you may start your note right away.
- ▶ Typed only

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Patient Note

- ▶ **HISTORY:** Describe the history you just obtained from this patient. Include only information (pertinent positives and negatives) relevant to this patient's problem(s).
 - can be written in either narrative or listed format.
- ▶ **PHYSICAL EXAMINATION:** Describe any positive and negative findings relevant to this patient's problem(s). Be careful to include only those parts of examination you performed in this encounter.

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Patient Note

- ▶ **DATA INTERPRETATION:** Based on what you have learned from the history and the physical examination, list up to 3 diagnoses that might explain this patient's complaint(s).
 - List ddx from most to least likely. For some cases, fewer than 3 diagnoses will be appropriate.
 - Enter the positive or negative findings from the history and the physical examination (if present) that support each diagnosis.
- ▶ **DIAGNOSTIC STUDIES:** List initial diagnostic studies you would order for each listed diagnosis

CSE SCORING

- ▶ Clinical skills
 - Faculty Graded Note
 - SP rating of PE
- ▶ Communication skills
 - SP Checklist

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CSE Scoring

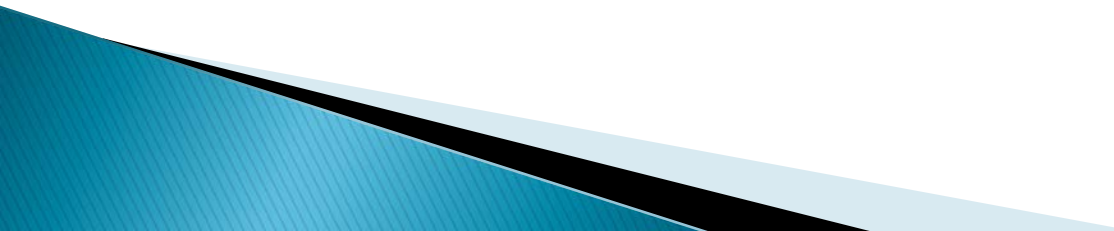
Scored according to 3 parts:

- **Data gathering**
 - Taking a relevant medical history [written in your note]
 - Performing an appropriate focused physical exam
- **Communication skills**
 - Communicating effectively with the patient
- **Patient note**
 - Clearly and accurately documenting the findings and diagnostic hypotheses from the clinical encounter
 - Ordering appropriate diagnostic studies

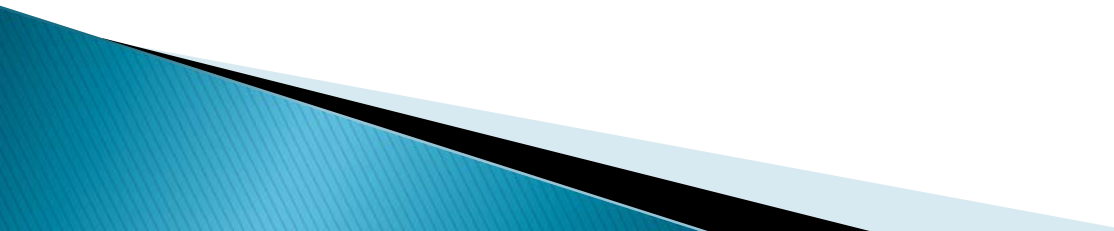
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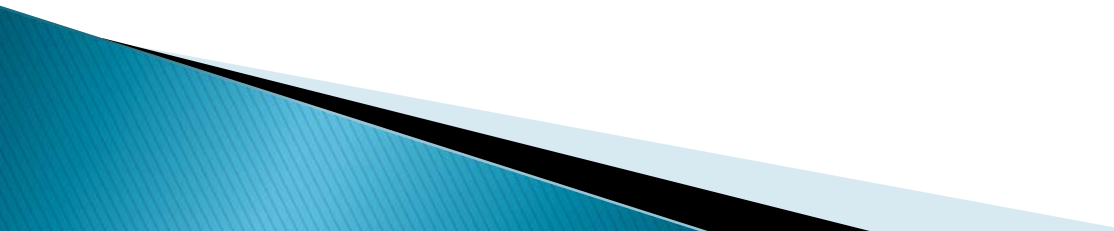
Three possible grades assigned

- ▶ “Meets or exceeds expectations”
 - ▶ “Provisionally meets expectations” with targeted areas for improvement indicated by a sub-score that is below the cut score for passing
 - ▶ “Does not meet expectations”
- 

Remediation

- ▶ Only students with “Does not meet expectations” are required to remediate.
 - ▶ Identify areas to improve.
 - ▶ Meet with your Society Dean to develop a plan.
 - ▶ When ready, re-take a shorter 4-station CSE to demonstrate improvement.
- 

Tips to prepare

- ▶ In each outpatient setting, see whether you can complete a patient encounter in 15 minutes.
 - ▶ Work on communication skills, ask others to observe you and solicit feedback. Practice “transition statements” and explaining what you are doing
 - ▶ After each encounter, write a “patient note” in the patient note format (available in the USMLE Step 2 CS information guide online).
 - ▶ Practice, practice, practice...
- 

Frequently Asked Questions

- ▶ *Who are we supposed to be during the encounter?*

Be yourself - a 3rd or 4th year medical student; only the SP are actors. However, your role during the exam should be that of at least PGY-1 with primary responsibility for the care of each patient.

Think of yourself as being the only provider present.

- ▶ *Should we give the patient a diagnosis & plan?*

Use your judgment, consider immediate next steps as a way to close the encounter.

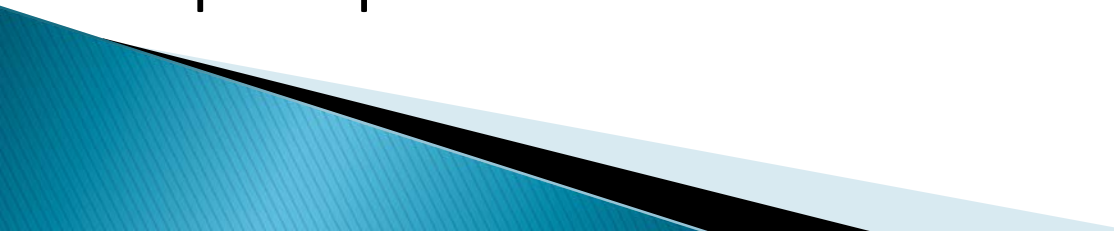
- ▶ *When will we find out how we scored?*

Usually, within 1 or 2 months. We recommend that you schedule USMLE Step 2 CS *after* taking and passing CSE.

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Behaviors of students who fail:

- ▶ Hyper focus taking notes & the clipboard and do not pay attention to the patient.
 - ▶ Focus exclusively on data gathering and do not establish rapport with the patient.
 - ▶ Close the interview by sharing a devastating diagnosis & dash out of the room.
 - ▶ In the note, include vague and nonspecific items on the ddx, e.g., “neurologic event”.
 - ▶ Defer decision making to others “I’ll go talk to my preceptor....”
- 

Questions?

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Fourth Year Teaching

Dr. Amy Wilson-Delfosse
Associate Dean for Curriculum

Julia Chang
M4 Student

Carolyn Aldana
M4 Student



SCHOOL OF MEDICINE

CASE WESTERN RESERVE
UNIVERSITY

ERAS Overview

Siu Yan Scott
SOM Registrar



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ERAS Acronyms

- ERAS: • Electronic Residency Application Service
- NRMP: • National Residency Match Program – separate registration
- Token: • An email distributed from SOM Registrar via ERAS containing secure registration information
- LoR: • Letter of Recommendation uploaded directly by letter writer using ERAS LoR Portal
- Other matches: • Early Match, Military Match, Canadian Match (CaRMs), San Francisco Match (SFMatch)
• Contact your Society Dean



ERAS 2017 Timeline

Mid-April	ERAS “tokens” distributed. Register for MyERAS. Start working on application and browsing program info
Mid-Aug	Register with NRMP (\$70)
Sep 15	ERAS Opens to Programs – earliest date to submit complete application (with or without LoRs)
Oct 1	MSPEs Uploaded to ERAS Applications (internal due date applies)
Nov 30	NRMP Late Registration Fee Begins (add'l \$50; total \$120)
Dec	Military Match Results
Jan 2017	Urology and Ophthalmology Match Results
Mid-Jan	Start entering Rank Order List in NRMP
Feb 29	Deadline to submit Rank Order List (NRMP closes)
Early-Mar	Canadian Match Results
Mar 14	SOAP (Supplemental Offer and Acceptance Program) Begins
Mar 17	Match Day!



Parts of the ERAS Application

1. Application (use Application Worksheet)
2. Personal Statement
3. Photo - professional looking
4. Letters of Recommendation (LoRs)
5. Medical School Transcript - **submit Transcript & MSPE Request form**
6. Medical Student Performance Evaluation (MSPE, aka “Dean’s Letter”)
7. USMLE Transcript



MyERAS Worksheet

AAMC

DashboardApplication ▾Documents ▾Programs ▾Message Center

Laura Adams ▾

MyERAS ERAS 2016 Season - Residency ▾



Laura Adams
AAMC ID: 11371481
Email: lta9@case.edu

Application

Personal Information	Saved
Biographic Information	Incomplete
Education	Incomplete
Experience	Incomplete
Licensure	Incomplete
Publications	Incomplete

[View/Print Application](#)[View/Print CV](#)

Documents

Uploaded but Unassigned LoRs	0
Unassigned Personal Statements	0
MS Transcript	Not Uploaded
MSPE (Dean's Letter)	Not Uploaded
Photo	Uploaded

Programs

Saved Programs	0
Programs Applied to	0

Resources

MyERAS Worksheet

[MyERAS User Guide for USMG Residency Applicants](#)

[Applicant FAQs](#)

[ERAS Timeline for USMG Residency Applicants](#)

Contact ERAS

[ERAS Support Contact Form](#)
(202) 862-6264

Monday - Friday 8am - 6pm ET

SOM Registrar – Room T408
Email: som-registrar@case.edu
Tel: 216-368-6137
URL: casemed.case.edu/registrar



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MyERAS Worksheet (cont'd.)

		MyERAS Worksheet (ERAS 2016)		Print Form
This worksheet may be printed and used to begin completing your MyERAS application off-line. All required fields are highlighted; please note, that some of fields are required only in certain circumstances.				
Personal Information				
Contact Information				
First Name		Preferred Phone		
Middle Name		Mobile Phone		
Last Name		Alternate Phone		
Previous Last Name		Fax		
Suffix		Pager		
Preferred Name		Email		
Last 4 digits of SSN				
Address				
Current Mailing Address				
Address 1				
Address 2				
Country				
State	(Required for U.S. & Canadian addresses)			
City				
Postal Code				
Is your permanent address the same as your current mailing address? ☐ Yes ☐ No				
Permanent Address				
Address 1				
Address 2				
Country				
State				
City				
Postal Code				
Phone				

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Letters of Recommendation

- Talk to your Society Dean
- Create Letter Request Form in ERAS
- Provide letter writers with **1) Letter Request Form and 2) Author Tip Sheet**
- Letter writers or designees will upload directly to ERAS
- Track status of documents in MyERAS and monitor *Message Center*
- Assign up to four (4) LoRs to each program

Other LoRs: SLOE (Standardized Letter of Evaluation, EM & DERM) and Supplemental Evaluation (ORTHO)



Resources

- 1) AAMC Careers in Medicine: <https://www.aamc.org/cim/>
- 2) CaseMed Roadmap to Residency Website:
http://casemed.case.edu/student_affairs/career/
- 3) Charting Outcomes in the Match (2014):
<http://www.nrmp.org/new-charting-outcomes-match/>
- 4) AAMC ERAS Site: <https://www.aamc.org/students/medstudents/eras/>
- 5) ERAS Q&A – SOM Registrar website
<http://casemed.case.edu/registrar/eras/>
- 6) MyERAS Dashboard – Worksheet, User Guide, FAQs

