

Case Med Learning Specialists Present:

# Meta Seminar #1

## Effective Tips & Tools for Managing Your Med Student Schedule

### Two Identical Sessions:

Thursday, September 19; 5-6pm, HEC 181

Friday, September 20; 1-2pm, HEC 181

### At this session, you will learn:

- Tools for organizing demands of med school
- Guidelines for scheduling study and review
- Techniques for making the most of lectures

*Bring questions, suggestions, and good advice!*