

About the Practice

The FPB Clinical Practice provides basic health care for older adults living in Judson Senior Living Communities. Staffed by Certified Nurse Practitioners who are on faculty at Case Western Reserve University's Frances Payne Bolton School of Nursing, our services include an unrushed, engaging appointments for wellness checks, chronic condition management, acute care needs, new prescriptions and renewals, testing, referrals, and much more. House calls are also available to all Judson community residents.



FPB Clinical Practice Staff

Stacy Brubaker, MSN, RN, CNP
Marie D. Grosh, MSN, CNP, RN, LNHA
Molly J. Jackson, DNP, APRN, A-GNP-C, ACHPN

Collaborating Physician

Matma "Mimi" Singh, MD

FPB Clinical Practice Sites

South Franklin Circle
Judson Park
Judson Manor

To learn more

- Call your community's health clinic
- Visit us online at case.edu/nursing/about/fpb-clinical-practice,
- Or call Marie Grosh at 216.368.8607

Where to send information

For medical documents or protected health information:

FPB Clinical Practice LLC
PO Box 770461
Lakewood, OH 44107

For general information, contact:

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FPB Clinical Practice
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Welcome to the FPB Clinical Practice

Enhanced Care for Healthy Living



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The FPB Clinical Practice Advantage

FPB Clinical Practice is state-of-the-art health care conveniently located only steps away from your home and staffed by our friendly, knowledgeable nurse clinicians.

Advantages include:

- Lengthy appointments for real conversations about your health.
- House calls for those who have difficulty traveling to the clinic. The clinic can come to you.
- Services that complement or serve as a substitute for those provided by your current primary care provider after initial appointment.
- Referrals to institutions or providers based on your preferences.
- Coverage by Medicare and commercial insurance plans.

What is a Nurse Practitioner or NP?

Nurse practitioners are registered nurses (RNs) who have additional graduate education and training. After completing two-year programs to earn a Master in Science in Nursing (MSN) degree, they must pass rigorous state board exams to become certified as licensed nurse practitioners. Their specialties include adult-geriatrics, pediatrics, women's health, and midwifery to name a few.



What is the difference in my care between NPs and physicians?

A big difference is the approach to the patient. Nurse Practitioners are focused on the well-being of the whole person, which can take more time and patience than your typical medical appointment. While they are qualified to write prescriptions, they are often more willing to try non-pharmacological interventions first. NPs pride themselves on being effective listeners, on having excellent bedside manners, and on providing a human touch to health.

Do you work with a physician?

All nurse practitioners in Ohio are required to have a contract with a collaborating physician. The collaborating physician is someone who is available for the NPs to call with questions and is responsible for auditing patient records from time to time. Some collaborating physicians work in the same facility as the NPs, while others are located off-site.

Matma "Mimi" Singh, MD is the collaborating physician for the FPB Clinical Practice. She works in geriatrics and

women's health at the Louis Stokes Cleveland VA Medical Center and is an associate professor at the Case Western Reserve University School of Medicine.

Can Nurse Practitioners write prescriptions, order tests and make referrals?

Absolutely! NPs have prescriptive authority to order a wide range of medications. Most have additional authority provided by the US Drug Enforcement Agency (DEA) to prescribe controlled substances such as those associated for serious pain relief. They can also order diagnostic tests and referrals just like their physician colleagues.

Do I need an appointment?

The easiest way to make an appointment is by contacting your community's health clinic. You may also call our main office at 216.368.8607 and we will help you find the right person to speak with. If you have difficulty traveling to the clinic, a nurse practitioner can visit you in your home.