

San Raymundo, Guatemala

- October 14-21st 2022, Attended a medical service trip to San Raymundo Guatemala as a DNP SRNA in the Frances Payne Bolton School of Nursing Nurse Anesthesia Program.

Provided anesthesia care to local Guatemalans in San Raymundo, Guatemala

- I gained confidence in my abilities to practice anesthesia & provide safe care to my patients regardless of resources or circumstance
- Shifted my professional aspirations to continue expanding my knowledge base and practice to my full scope as a future CRNA.





Guatemala trip with Refuge International

Takiyah Smith, MN, RN

- Through NURS 464 Global Clinical Learning, I was able to gain confidence I will need as an NP. I also got the opportunity to...
 - Help patients without an EHR and getting full medical history
 - Using outside resources for certain labs and X-ray procedures
 - Refill needed medication from prior volunteers or start new medication due to disease progression
 - See patients with minimal preceptor input
 - Improving patient education of diseases, medication, and treatment.
 - Perform health assessments more efficiently
 - Improve on primary care assessment skills
 - Improve on identification of umbilical hernias through palpation
 - Improve on identifying size/locations of uterine myomas through palpation
 - Understanding dosing for common medications for hypertension and diabetes.
 - Observe patients I referred to OBGYN surgeon, who performed hysterectomies in the OR
 - Able to practice Spanish and learn Guatemalan culture

Alex Thorley, SRNA Guatemala 2022



• I was blessed to participate in the Jun-Aug 2022 mission trip to San Raymundo, Guatemala, where I was able to provide anesthesia services to those in need. It was an amazing opportunity to function as an independent anesthetist for the many surgeries the team completed. As part of this small anesthesia team, I was able to provide preoperative, intraoperative, and postoperative care to the patients as they received the life-changing operations they so desperately required. Providing anesthesia in a foreign country without the standard comforts of home was an incredible opportunity to test my skillset, as well as provide unmeasurable growth in my own personal and professional development.



What was it?

A medical mission trip to San Raymundo, Guatemala to bring a wide variety of medical services with Refuge International – a non-profit based out of Texas. Services by me included: surgical assistance, OB/GYN exams, general health exams, medication prescriptions, and health education.

Opportunities for Growth

- Interprofessional collaboration with peers from different health disciplines (pharmacy, medical, dentistry, anesthesia, etc.)
- Developed skills as an advanced practice provider – assessment, plan development, etc.
- Ability to practice medical Spanish while simultaneously learning about the beautiful Guatemalan people and their struggles



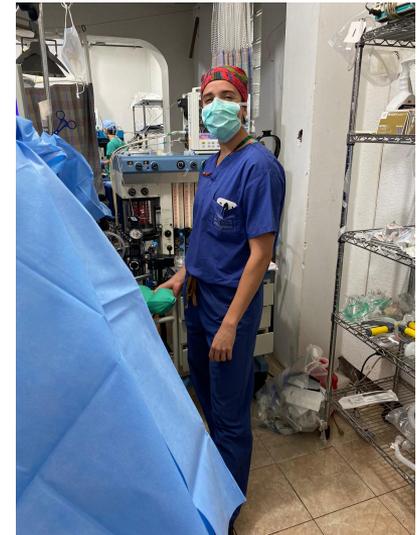
Refuge International
Global Health Clinic
GUATEMALA
August 2022



Andrea Ibarra, SRNA San Raymundo, Guatemala 2022

Going on a medical mission trip with Refuge International to San Raymundo, Guatemala was an eye opening experience. I came with a few basic expectations of personal growth, but what I left with was an immense expansion of skills as a provider of humanitarian health care. Providing anesthesia care to these vulnerable populations was extremely rewarding. The patients were thankful and were willing to endure some discomfort at times and trusted that all of our work was well intentioned. It was refreshing to be appreciated as a healthcare provider.

During this trip I added another dimension to my practice as a future CRNA. I learned to become even more accommodating to limited practice settings, to work with anesthetic agents and tools which I have not used before, and got to work side by side with the incredible CRNA's and APRN's who practice global outreach on a regular basis. I built relationships and networked with like-minded individuals, opening the doors for future opportunities. I look forward to doing it again soon!



Assembly of Didactic and Clinical Educators (ADCE) 2023 Meeting

Austin, TX (02/23 - 02/26/23)

Christelle Perr'tiangha ○ SRNA Class of 2024 ○ CWRU/CCF School of Nurse Anesthesia

- I attended multiple forums, workshops and expert panel conversations regarding topics in CRNA education, the CRNA PAC, education technique updates like Educator's Edge and techniques like using Trigger Films to reinforce high risk scenario protocols safely. Networked with some of the brightest CRNA and AANA minds in the teaching and nurse anesthesia clinical industry.
- I also got to meet DNP SRNA students from other schools across the country and discuss what our experiences in Grad school was like, what was or was not working for our individual programs and how to finish strong.
- All-in-all, I left the conference this morning with a much stronger belief that I am meant to also be a CRNA teacher once I get more professional experience under my belt, but that there are a lot of pitfalls to the jobs and there are finer points to consider when I start interviewing for jobs.

Refuge International Medical Trip (NURS 464): San Raymundo, Guatemala

BY: CALLA SCHMID

ABOUT THE TRIP:

- FPB has been working in collaboration with Refuge International for more than 15 years and offering opportunities for students to learn and grow professionally in a clinical setting. Refuge International is a well-established, non-profit organization that has provided health care to multiple villages in Guatemala over the last 25 years, one area specifically being San Raymundo, Guatemala, a small town in rural Guatemala. The trip was a total of 7 days, during which we ran a 5-day medical clinic. This international precepted experience allowed students to work with a translator and see at least 18 patients a day of all different medical complexities. Overall, the experience focused on women's health, pediatrics, primary care, focus groups and surgical consults/interventions.

TRIP STATISTICS:

- Clinical consults: 315
- Surgical Consults: 115
- Total surgeries: 77 (55 General & 22 GYN)
- Cervical cancer awareness focus group: 32
- Midwifery training, acupressure: 25



PROFESSIONAL GROWTH:

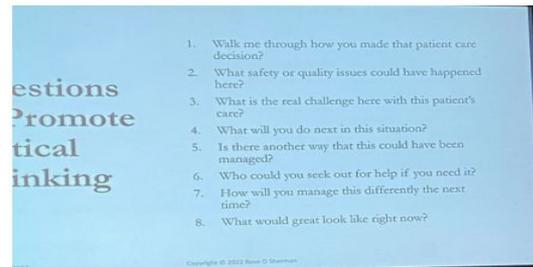
Through my Global Health course (NURS 464), I had the opportunity to immerse myself both a didactic and clinical experience, providing unmeasurable growth and development on a professional and personal level. Ultimately, the community I engaged myself in allowed me to have a broadened perspective of the world around me. In America, we are so fortunate to have the education and resources we are provided with to support our quality of life. With that said, being able to witness the poverty firsthand in the medical clinic was eye opening, especially when the patients were so thankful with the minimalistic things in life. This proves that it is not what you have or how much you have, but what you do with what you are given that makes all the difference. I believe that this trip was the reset I needed to remind myself of how grateful I am for all that I have in life, as well as remember to prioritize what truly matters – health and family. As a result of this funding, I was able to surround myself with love, warmth, and kindness brought on by every clinic member and patient in Guatemala. Moving forward, I plan to enter the healthcare field as a new nurse practitioner with a widened, positive perspective and use the variety of clinical skills gained from my experience. The people of San Raymundo have positively impacted me for the rest of my life, so I have to say thank you, Refuge International and GSNA, for this amazing opportunity.

Professional Growth at AACN's Transform 2022 Conference

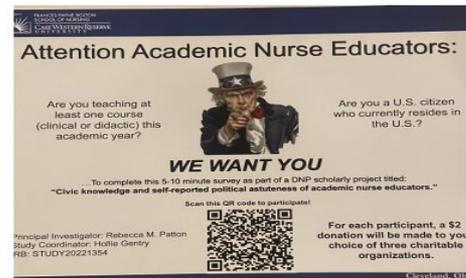
Hollie Gentry, MSN, RN, WHNP-BC, CNE

Highlights:

- Attended Faculty Leadership Network Program (FLN) – “Promoting Professional and Personal Resiliency”. Collaborated and facilitated ideas with other Nurse Educators from around the U.S.
- Networking opportunities at first-time attendee meet and greet, welcome reception, and poster and podium sessions.
- Successfully recruited nurse educator participants for DNP scholarly project.



Key takeaway: Suggestions to promote critical thinking



Recruitment flyer used at conference



FRANCES PAYNE BOLTON
SCHOOL OF NURSING

CASE WESTERN RESERVE
UNIVERSITY

I. Introduction

- OSANA's 2023 annual meeting took place on March 10-12 at The Exchange @ Bridge Park in Dublin, OH.
- Attendees had the opportunity to participate in various sessions related to anesthesia and professional development.

II. Anesthesia Sessions

- The conference featured sessions on anesthesia topics, such as anesthesia considerations for electrophysiology procedures, regional anesthesia for shoulder surgery, and anesthesia and extrajunctional receptors.
- These sessions were presented by experienced professionals in the field, including Christelle Perr'tiangha, BSN, SRNA, CCRN, and Judith Gron, DNP, CRNA, from the Cleveland Clinic, and Scott Urigel, MSN, CRNA.

III. Professional Development Sessions

- The conference also provided sessions on topics related to professional development, including proper organization, supply, and use of the components of the difficult airway cart, compassion fatigue, and hypnosis as an adjunct to surgery.
- Attendees could learn from experienced professionals such as Karolina Kosinska, BSN, MS, SRNA, from St. Elizabeth's, Jan Setnor, MSN, CRNA, Colonel (Ret) USAFR NC, and Matthew Zinder, MS, CH, CRNA.



2023 ANNUAL CONFERENCE | MARCH 10-12
THE EXCHANGE @ BRIDGE PARK | DUBLIN, OH

IV. Networking Opportunities

- Attendees had opportunities to connect with colleagues and annual partners and exhibitors during evening lectures and breaks, as well as a PAC party and recognition of the 2023 OSANA award winners.
- Shelley Blaho, CRNA, also led sessions on yoga and energetic breath work and fascia flossing with Oxygen Advantage to help attendees take care of themselves during the conference.

V. Conclusion

- Attending OSANA's 2023 annual meeting provided attendees with valuable opportunities to learn from experienced professionals, network with colleagues and partners, and take care of their personal and professional development.

GSNA Professional Growth Grant Recipient: Taylor Barragan PMHNP Student



This grant allowed me to attend a three-day training in perinatal mental health and sit for the certification exam. As a licensed therapist, this is a population I have felt drawn to work with and plan to continue to specialize in this area as a future psychiatric nurse practitioner.

I passed my exam at the end of December and now officially Perinatal Mental Health Certified! I now have advanced training in the biological, social, and psychological factors impacting perinatal patients. Thank you GSNA for this opportunity!

Congratulations! You have passed the **Perinatal Mental Health Certification**. Postpartum Support International will follow up with you regarding certification and listing you in our provider directory. We are very glad to welcome you as a new PMH-C!