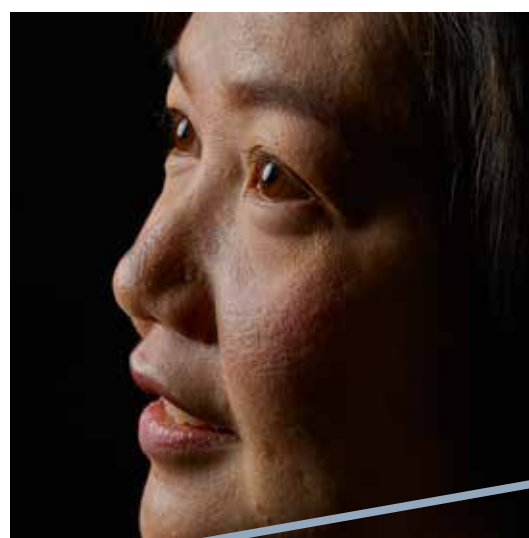
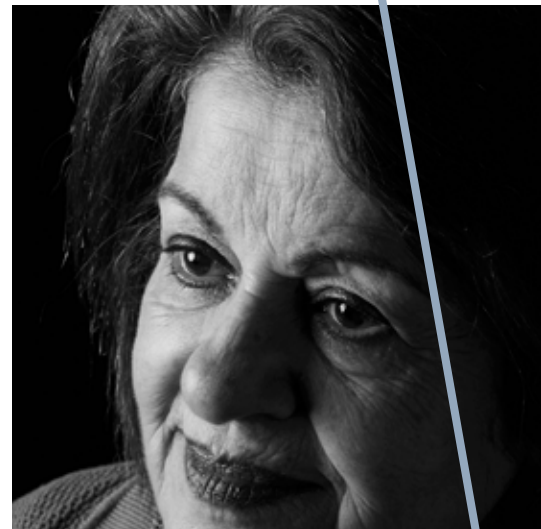


Spring 2016

THE FRANCES PAYNE BOLTON SCHOOL OF NURSING
AT CASE WESTERN RESERVE UNIVERSITY

foreFRONT



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About *Forefront*

This publication is produced twice a year for the alumni and friends of the Frances Payne Bolton School of Nursing at Case Western Reserve University. The *Forefront* mission is to inform readers about the school's excellence in nursing science, education and practice and how it impacts daily lives.

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dean's LETTER



Dear Alumni and Friends:

My fifth Commencement as dean of the Frances Payne Bolton School of Nursing is just around the corner. When I sit on stage during the ceremony and look out over a sea of mortar boards and loved ones, I always think of one of my favorite quotes. It's by Margaret Mead: *Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.*

One of the most powerful tools to change the world is to have a better understanding of it. At Case Western Reserve, we are committed to that principle. We empower our students by encouraging them to have international experiences through work with groups like International Refuge or by studying abroad. We also encourage students from around the globe to study here and share their lives and perspectives—an integral part of the school's culture since the 1930s when our first international students enrolled.

This issue is dedicated to these future change agents. In our cover story, "The World is Here," starting on page 12, you will meet many of our students and faculty who are part of our global community. Some are international students who plan to take their FPB education to their homelands to enhance their health care systems. Others are students from the United States who travel to discover health care in other countries to better understand their patients at home. On page 18, in "Worldwide Well-Being," you will be introduced to several of our prominent international alumni, who discuss the challenges of nursing and health care on a global scale. In the Alumni Spotlight, you will also discover a local champion who is changing the world at FPB: Julia Golden.

Julia is part of a growing number of younger alumni who have joined the FPB Alumni Association Board to reignite its mission of innovative research, education, and practice with fun. Julia along with the several hundred new and advanced practice nurses, nurse scientists, and nurse leaders who graduate from FPB each year are some of the most thoughtful, committed individuals I have ever met. I am confident in the years to come they will reaffirm Margaret Mead's point of view.

Sincerely,

A handwritten signature in black ink that reads "Mary E. Kerr". The signature is written in a cursive, flowing style.

Mary E. Kerr, PhD, RN, FAAN (GRS'91)

Dean and the May L. Wykle Endowed Professor

school notes

Margaret A. Bobonich, DNP, FNP-C, DCNP, FAANP, assistant professor, received the 2015 Book of the Year Award for the Advanced Practice Nursing category for her book, *Dermatology for Advanced Practice Clinicians* from the American Journal of Nursing.

Sara L. Douglas, PhD, RN was appointed the Arline H. and Curtis F. Garvin Professor in Nursing Excellence.

Donna Dowling, PhD, RN, professor, received the Distinguished Service in Neonatal Nursing Award from The National Association of Neonatal Nurses (NANN).

Ronald L. Hickman, Jr., PhD, RN, ACNP-BC, associate professor, was selected for induction as a Fellow and Distinguished Practitioner by the National Academies of Practice in the Nursing Academy.

Rebecca M. Patton, MSN, RN, CNOR, FAAN, Instructor and the Lucy Jo Atkinson Scholar in Perioperative Nursing, received the March of Dimes 2015 Ohio Nurse of the Year for Nurse Leadership. Watch the video honoring Prof. Patton: vimeo.com/145862124

Stephanie Steiner, MSN, RN, ACNP, director of the Dorothy Ebersbach Academic Center for Flight Nursing, was voted onto the Air and Surface Transport Nurses Association (ASTNA) Board of Directors. She also received the 2015 Katz-Mason Award from the Air & Surface Transport Nurses Association. The award is for demonstrated excellence and significant contributions in transport nursing.



FIRST FPB GRADUATE FROM COSTA RICA EARNS HER PHD

When Ana Laura Solano López came to Case Western Reserve as a BSN-to-PhD student from her home in Costa Rica, her country had only one nurse scientist with a PhD conducting research in the field. That number doubled last December when she successfully defended her dissertation, “The relationships among body-awareness, self-regulation, self-management and blood pressure in adults with hypertension,” making her the first Costa Rican graduate from Frances Payne Bolton School of Nursing.

Salano joined the nursing faculty at the Universidad de Costa Rica. In the past she has stated that her primary goal is to make a difference in her country.



NEW DIRECTOR NAMED FOR THE SARAH COLE HIRSH INSTITUTE

Joachim Voss, PhD, RN, FAAN, joined the faculty of the Frances Payne Bolton School of Nursing as director of the Sarah Cole Hirsh Institute last fall and was named to the Sarah C. Hirsh Professorship. Voss is a former associate professor in bio-behavioral nursing and health systems and adjunct associate professor in global health at the University of Washington. His research portfolio has focused on HIV-related symptom management of fatigue, and the identification of biomarkers for fatigue. A Fulbright Fellow and Robert Wood Johnson Foundation Nurse Faculty Scholar, he pioneered the development of the first mitochondrial oligonucleotide gene expression microarray during his time as research fellow at the NIH.

“Dr. Voss is a recognized leader in global health and has prepared health care professionals to become leaders,” says Mary E. Kerr, PhD, RN, FAAN, dean and the May L. Wykle Endowed Professor. “I know he’ll work to help our students impact health care in a positive way.”



SCHOOL OF NURSING NAMED *U.S. NEWS* TOP TEN

The 2017 edition of *U.S. News & World Report* Best Grad Schools ranked Case Western Reserve University's master of nursing science as 8th in the nation. And in its first ranking of Doctor of Nursing Practice programs, the Frances Payne Bolton School of Nursing was ranked 5th.

"While I am enormously proud of these accomplishments," states Dean Mary E. Kerr, PhD, RN, FAAN, "rankings tell only part of our story. Our true achievements happen every day when we educate the next generation of nurse leaders, enhance clinical practice, and innovate through nursing research. It's demonstrated by our alumni and friends in their service to the nursing profession and beyond."

DNP CONFERENCE

Join us August 12-13 at the Frances Payne Bolton School of Nursing for the 2016 DNP conference, "Today's DNP: Taking the Lead on the World Stage," to explore the impact of the DNP on Global Nursing through lectures, panel discussions and research presentations. The Keynote Speaker will be Judith Shamian, PhD, RN, FAAN (GRS '88), the president of the International Council of Nurses.

Learn more: nursing.case.edu/dnp-conference/



Kayla Herbell, BSN, RN, PhD student, won the the ISPN Foundation Student Travel Scholarship Award from the International Society of Psychiatric-Mental Health Nurses.

In her final year as a midwifery student **Carly Koelsch (NUR '15)** won the 8th Annual American College of Nurse-Midwives Video Contest, with Moment of Truth, animated by her brother, Chris Koelsch. See her Moment of Truth at nursing.case.edu/msn/midwifery/.

Nirmala Lekhak, BSN, RN, PhD student, won the Next Generation of Care Award at the Faces of Care Gala, hosted by *Cleveland Magazine* and the Greater Cleveland Nurse Association. The fifth annual Faces of Care Gala honored Northeast Ohio area nurses who are making a difference.



NEW WEBSITE LAUNCHED

Explore our redesigned, mobile-optimized website at nursing.case.edu.

Let us know what you think of our new look at fpbmarketing@case.edu

lab notes

Jaclene A. Zauszniewski, PhD, RN-BC, FAAN, the Kate Hanna Harvey Professor in Community Health Nursing and PhD Program Director, is the recipient of the Midwest Nursing Research Society's 2016 Distinguished Contribution Award.

Carol M. Musil, PhD, RN, FAAN, FGSA, the Marvin E. and Ruth Durr Denekas Professor of Nursing, received the Senior Investigator Award from the Women's Health & Transitions in Childbearing Research Section of Midwest Nursing Research Society.

Diana Lynn Morris, PhD, RN, FAAN, FGSA, Florence Cellar Associate Professor of Gerontological Nursing Executive Director, University Center on Aging & Health, received the Enhanced Professional and Inter-professional Competencies (EPIC) for Geriatric Care Grant from The McGregor Foundation.

Ronald L. Hickman, Jr., PhD, RN, ACNP-BC, FNAP, FAAN, associate professor, received the 2016 Harriet H. Werley New Investigator Award from the Midwest Nursing Research Society.

Valerie Boebel Toly, PhD, RN, CPNP, assistant professor, received the Early Investigator Award at the Midwest Nursing Research Society Family Research Interest Group meeting.

Breanna Hetland, PhD, RN, T32 Post-doctoral Fellow, received the Dissertation Award from the Acute and Critical Care Research Section of the Midwest Nursing Research Society.



**NEW \$2.48 MILLION NIH GRANT TO HELP FAMILIES
MAKE HEALTH CARE DECISIONS WITH AVATAR-BASED SOFTWARE**

Each year, millions of Americans are admitted to an intensive care unit (ICU), which can trigger a cascade of difficult decisions about treatment and end-of-life care, especially for patients with chronic illnesses. But more than one half of ICU patients haven't documented their end-of-life preferences with a living will or medical power of attorney.

"What this does is put their loved ones in very uncomfortable positions," said Ronald Hickman Jr., PhD, RN, ACNP-BC FAAN associate professor at the Frances Payne Bolton School of Nursing and an acute-care nurse practitioner. "It can be an intimidating situation, so people often default their decisions to clinicians and later regret doing so."

With a \$2.48 million grant from the National Institute for Nursing Research at the National Institutes of Health, Hickman and his Case Western Reserve

research colleagues hope to alleviate much of that stress and regret.

Hickman, working with Marc Buchner, an associate professor in electrical engineering and computer science at the Case School of Engineering, will create a prototype software program that can be personalized to fit specific patient situations and helps users make end-of-life decisions well in advance of an emergency. The technology is called Interactive Virtual Decision Support for End of Life and Palliative Care (INVOLVE).

The prototype will be tested with 270 patients at University Hospitals Case Medical Center. The program's effect will be measured by evaluation of their sense of stress and regret, compared to those who received information-only support and standard methods of care.



\$2.37 MILLION FEDERAL GRANT TO STUDY HOW VIDEOCONFERENCING HELPS DISTANCE CAREGIVERS

Nurse scientists at the Frances Payne Bolton School of Nursing received a \$2.37 million federal grant to explore how videoconferencing can help family members living apart from loved ones battling cancer become better involved in their treatment.

"Many distance caregivers stress over not receiving enough medical information or knowing when is best for an in-person visit," says Sara L. Douglas, assistant dean for research and the Arline H. & Curtis F. Garvin Professor of Nursing Excellence at the School of Nursing, who leads the study. "Videoconferences that connect nurses, doctors, patients, and distant caregivers have the potential to address many of these problems."

Funded by the National Institute for Nursing Research at the National Institutes of Health, the study will randomly assign one of three approaches to 300 caregivers of cancer-stricken relatives:

1. Connecting distance caregivers, patients and their oncologists using videoconferencing during routine oncology office appointments with coaching sessions. The sessions, led by an advanced practice nurse, promote ways to enhance communication with health care providers, strategies for how to provide care and assistance to a loved one from afar, and strategies for how to care for their own needs during this difficult time.
2. Connecting distance caregivers, patients, and their oncologists through videoconferencing during routine oncology office appointment, but no coaching sessions.
3. Access to a study-devised website that provides tailored information about the role of the caregiver, unique aspects of distance caregiving, and information about ways to seek caregiving support.

Douglas will conduct the study with co-investigators Polly Mazanec, an adjunct assistant professor in the nursing school; Christopher Burant, an assistant professor from the nursing school; and Stephen Ganocy, assistant professor from Case Western Reserve School of Medicine. They will work with researchers at the Seidman Cancer Center at University Hospitals Case Medical Center.

Kayla Herbell, BSN, RN, PhD student, won the ISPN Foundation Psychiatric Nursing Research Grant from the International Society of Psychiatric-Mental Health Nurses for her proposal, "Prenatal Stress, Depressive Symptoms, and Resourcefulness: Descriptive Profiles of Diverse Pregnant Women."

BSN student **Sabrina Mangal** won a 3rd place in the student poster competition at this year's MNRS conference in Milwaukee for her poster "A Systematic Review of Tailored Behavior Change Interventions in Adults Musculoskeletal Conditions." Her faculty advisor is Matthew Plow, PhD.

BSN Student Winners for the University's December 2015 Intersections: SOURCE Poster Awards. 1st place (tie): **Precious Amoako, Elizabeth Benway, and Gabrielle Brown**, "Increasing Patient Affordable Care Act Enrollment Accessibility Through Cleveland Department of Public Health Staff Education;" under faculty mentor: Cheryl Killion, and **Madeline Haas**, "Infection Prevention at Sunbeam School: Teaching Hand Hygiene and Cough Etiquette." under faculty mentor Marilyn Lotas, Nursing. 2nd place: **Teresa Carter and Molly Jackson**, "Pneumonia Prevention in Geriatric Participants at McGregor PACE," under faculty mentor Marilyn Lotas, Nursing.

CLEVELAND OR BUST FOR 2018 MNRS CONFERENCE

Haven't been back to FPB in a while or to the Midwest Nursing Research Society (MNRS) Conference? Your chance to do both is coming soon. MNRS announced that Cleveland and the Frances Payne Bolton School of Nursing will host its 2018 conference.

"The Midwest Nursing Research Society has been very supportive of our faculty and students and their research efforts, says Mary E. Kerr, PhD, RN, FAAN, dean of the School of Nursing and May L. Wykle Endowed Professor. "The entire school is looking forward to this opportunity to partner with the Midwest Nursing Research Society."

Look for more details in future issues of *Forefront*.

AS HIV PATIENTS LIVE LONGER, UPDATED GUIDE HELPS PATIENTS NAVIGATE NEW TERRITORY

In the 35 years since the emergence of HIV, treatments of the disease—and patient lifespans—have dramatically improved.

"With medications, many HIV-positive people can now expect normal, healthy lives," said Allison Webel, PhD, RN, assistant professor at the Frances Payne Bolton School of Nursing and co-author of the new guide for patients, *Living a Healthy Life with HIV*.

First published in the mid-1990s—before the existence of effective and widely available HIV treatments—the text has been overhauled for the first time in a decade to reflect a new reality: HIV is now considered a chronic condition, such as diabetes and heart disease, that can be managed but not yet cured.

Similar to those conditions, HIV can be prevented from advancing into AIDS—with proper self-care and medication.

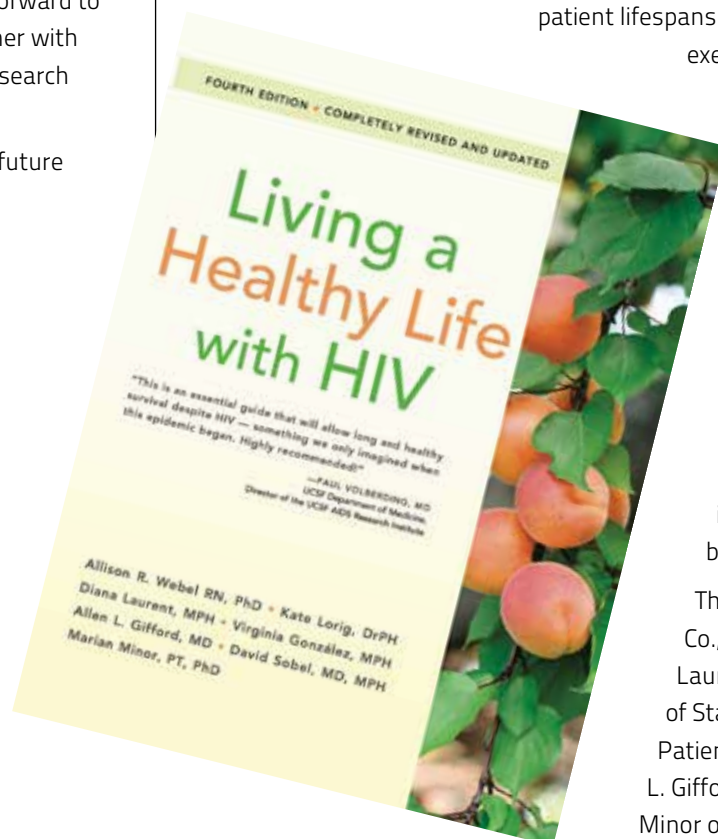
"It's something many could only imagine when the epidemic started," Webel said. "Many of these advances have come in the last five to 10 years."

With half of HIV-positive people in the United States over 50 years old, management of the disease now addresses nearly all aspects of patient lifespans and lifestyles: how to eat well and

exercise, working with doctors to manage the disease's distressing symptoms, how to safely have sex and become pregnant (mother-to-child transmission is now preventable in most U.S. cases) and raising children.

"Although the disease is almost entirely preventable, some populations and regions bear a disproportionate burden," Webel said. "We want these advances and information to reach everyone affected by HIV."

The book, published by Bull Publishing Co., was co-written by Kate Lorig, Diana Laurent, Virginia González and David Sobel of Stanford University School of Medicine's Patient Education Research Center; Allen L. Gifford of Boston University; and Marian Minor of the University of Missouri.





PROSTATE CANCER RADIATION THERAPY WITHOUT FATIGUE? SEEKING ANSWERS TO COMMON SIDE EFFECTS

Fatigue from prostate cancer and its treatment can be debilitating. To treat and ultimately prevent — cancer-related fatigue, researcher Chao-Pin Hsiao, PhD, RN will develop and test a novel mechanism of mitochondrial bioenergetics and radiation-induced fatigue using molecular-genetic approaches.

The research is supported with a \$272,970 grant from National Institute of Nursing Research.

The American Cancer Society estimates that more than 230,000 new cases of prostate cancer will be diagnosed this year. Localized radiation therapy is one of the standard treatments for non-metastatic prostate cancer. Although proven effective for increasing survival rates, fatigue is often a side effect during and after treatment.

Hsiao, an assistant professor at Frances Payne Bolton School of Nursing, hypothesizes that radiation will cause changes of mitochondria-related genes and proteins, trigger a defect in

mitochondrial oxidative phosphorylation, and cause adenosine triphosphate depletion and reactive oxygen species production, resulting in debilitating fatigue. The research project began in August 2015 and is expected to be completed in 2018.

Based on her findings, Hsiao will develop and test pharmacological and/or nutraceutical interventions to treat cancer-related fatigue — and maybe even prevent it entirely.

“This project is an essential step to understanding the biological basis of radiation-induced fatigue, especially from the perspective of mitochondria” she says.

Her motivation to improve the quality of life of cancer patients stems from caring for her cancer-stricken father, King-Long Hsiao, as a teenager in Taipei, Taiwan — a battle he ultimately lost.

“Caring for my dad and other patients reminds me how you can improve people’s quality of life by decreasing symptoms and suffering,” Hsiao says. “And that’s the ultimate goal.”

\$1.17 MILLION GRANT TO MENTOR MINORITY STUDENTS TO GET PHD

The Frances Payne Bolton School of Nursing received a five-year, \$1.7 million grant from the National Institutes of Health to prepare 20 African-American, Hispanic, American Indian, Hawaiian Islander & Alaskan native nurses to pursue doctorate degrees in nursing.

The “Bridges to the Doctorate” NIH program will prepare students from the MSN programs at Cleveland State University (CSU) and Ursuline College to enter FPB’s PhD in nursing program.

“Hospitals serve people of all races and ethnic backgrounds, and more nurses from underrepresented groups are needed to reflect the patient population,” says Elizabeth Madigan, PhD, RN, FAAN, the Independence Foundation Professor in Nursing. “That starts with having a more diverse faculty to serve as role models for future nurses.”

The new program will provide students from CSU and Ursuline with mentors, research opportunities and positions as paid research assistants in preparation for PhD study.

Two students each from Ursuline and CSU entered the program this fall. Four more students will be added to the program each year.



Helene Fuld Health Trust Awards Scholarships to Graduate Nursing Students



Award recipients are Min Liu, Zoey Przekurat, Rachael Garson and Jennifer Mcgowan

The Helene Fuld Health Trust awarded a \$600,000 scholarship grant to Case Western Reserve University's Frances Payne Bolton School of Nursing to support graduate students pursuing nursing careers after studying a different field as undergraduates.

The trust's recent grant provides financial assistance for students in the school's Graduate Entry Nursing Program. The program, which leads to a Master of Nursing degree, is designed for students with non-nursing bachelor's degrees. It prepares them to be advanced generalist registered nurses as well as continued studies for leadership roles in the field.

"Students admitted to our Graduate Entry Nursing Program have a passion for learning and caring for others," said Mary E. Kerr, PhD, RN, FAAN, (GRS '91), dean of the Frances Payne Bolton School of Nursing and the May L. Wykle Endowed Professor in Nursing. "They bring a wide range of academic and career experiences that enrich our community. The Helene Fuld Health Trust scholarships

are critical in helping to cover that financial gap and encouraging the best and the brightest to become nurses."

A portion of the grant has established an endowment to fund ongoing financial assistance. Meanwhile, four students received scholarships from the grant this academic year.

Among those recipients is Zoey Przekurat, a first-year graduate entry nursing student who majored in education at the University of Miami (Florida). "The scholarship is very motivating. It tells me that I'm doing something important, that a fund is willing to support me," she said of being selected for the scholarship.

"We are very grateful for the generosity and vision of the Helene Fuld Health Trust in awarding this grant and proud to be a beneficiary of the trust's distinguished legacy of supporting nursing education," said Kerr.

The trust is the nation's largest private funder devoted exclusively to nursing students and nursing education. In 2006, it made a \$550,000 grant to establish undergraduate nursing student scholarships at Case Western Reserve.

Courtesy of Foster + Partners



Courtesy of Cleveland Clinic

Construction begins on the Health Education Campus

After more than two years of planning, Case Western Reserve University and Cleveland Clinic broke ground last fall on the four-story, 485,000-square-foot Health Education Campus (HEC) that will reimagine the preparation of health care leaders.

More than 350 people attended the ceremony at the site of the future home on Chester Avenue, near the University's new Maltz Performing Arts Center. Among the attendees were Case Western Reserve President Barbara R. Snyder, Cleveland Clinic President Delos "Toby" Cosgrove, and the deans of the various schools including nursing's Dean Mary E. Kerr. Also present were early supporters of the project, Charles P. Bolton, grandson of Frances Payne Bolton and secretary-treasurer of the Payne Fund, which has pledged \$1 million to the construction.

Set to open in summer 2019, students from the Frances Payne Bolton School of Nursing, and schools of dental medicine and medicine—including those in Cleveland Clinic Lerner College of Medicine—will learn, study, and collaborate together in a structure designed to encourage interaction and team-building among the professions.

Learn more: nursing.case.edu/about/health-campus/





The World is here

Mayan- and Spanish-speaking patients started lining up early outside the clinic in San Raymundo, Guatemala.

Some had walked eight hours in terrible shoes and now waited expectantly:

They had come for vitamins and deworming pills, for refills of their medications, and for the treatment of new problems that had arisen since the last time an international health care team was on the premises.

DNP student and
faculty member
Jennifer Tucker,
MSN, RN



“How much do you get paid to do this?” a young translator asked Jennifer Tucker, MSN, RN, FNP-BC after he spent the day turning Spanish into English and back again, for patients—including his his own wife and baby. Tucker was then a student on her first trip to the village with Refuge International in 2008.

“How much do I get paid?” she repeated. It had been a stretch for Tucker and her family to come up with the \$1,600 for the ten-day trip. And it wasn’t just a financial stretch: Tucker had never been out of the country, never even had a passport. That first night, she lay in her bunk and thought about her family, so far from rural Guatemala, and cried.

“I pay to come here,” she finally explained to the translator. “I pay to come here and help you because this is what we need to do for people.” The translator took this in, then started to sob. He hugged her and told her how grateful he was.

“We get moments like this every trip,” says Tucker, who has returned to San Raymundo nine times and is coordinating two 2016 Refuge International trips for MSN students at the Frances Payne Bolton School of Nursing in August and October. “People bless us, and thank us. It’s an incredible experience, and I look at it as the single most important part of my practice each year.”

A DECISION TO GO GLOBAL

Everyone says the world is getting smaller, but leaving your comfort zone to work with people in another country is still a life-altering experience. It’s an experience that is more and more meaningful as health care becomes more global. Walk into any major hospital and, in a matter of minutes, you meet patients and patient families from almost every continent. An epidemic on the other side of the world can affect patient care at your local clinic. An experience like Tucker’s fosters an appreciation of cultures and customs that is as important to patient well-being as the best nursing practices. And as School of Nursing students embrace these cross-cultural experiences, nursing innovations and insights developed at the school are shared with the world.

FPB’s commitment to increase the frequency and the quality of these experiences is part of Case Western Reserve University’s focus on internationalization. The university was honored with the prestigious Andrew Haskell Award for Innovation in International Education, lauded for a “sweeping, organic change in the university’s culture [in which] internationalization is becoming embedded in the university’s thought and curriculum.”

Although Case Western Reserve was engaged in international research and education for decades, the push for greater internationalization came from a strategic plan in 2008. “We had a lot to build on,” says David Fleshler, vice provost of international affairs, “but to create a real international culture on campus we needed to bring people together to talk about what that meant. It was an 18-month process and involved hundreds of people to develop a strategy.”

The Center for International Affairs was launched to make it easier for U.S.-born students to go abroad and international students to come to the United States, to welcome and nurture those international students, and develop global outreach. The international student population at the University nearly doubled since 2008-09, from 1,076 to 2,026. International students now constitute nearly 19 percent of the student body and represent 90 countries. Case Western Reserve is also among the top 20 doctoral-granting institutions in the percentage of undergraduates studying abroad.

GLOBAL NURSING LEADERSHIP

At Frances Payne Bolton School of Nursing, there are several ways students mix with the larger world. It may be just by walking to class or standing in line for coffee, as the school now has 41 students—undergraduate and graduate—hailing from 18 different countries.

Samira Hussney, director of international programs, helps these students with everything from embassy paperwork to housing questions to the occasional bout of homesickness. She knows each of them and maintains contact when they leave, sending a newsletter to most of the 318 School of Nursing international alumni.



Samira Hussney,
director of international
programs and
Norman Carl Swart,
PhD student from
Botswana.



"Most of our alums hold very high positions in their country," Hussney says. "Some are deans of their nursing school, some are deans of research or assistant deans. One in Africa serves in the ministry of health. Our school is very good at teaching them leadership."

And alumni are FPB's ambassadors abroad, actively recommending the school, recruiting bright students, and preparing them for life in Cleveland. "I knew Case would be welcoming because while in college at the University of Botswana School of Nursing, I met a lot of people who had come here, and they were always reminiscing about their stay here," says Norman Carl Swart, a PhD student who is focusing on oncology and palliative care to help deal with an upsurge of cancer at home. "It's a good school in a good country. Everyone is so willing to help you."

Wichiya Yolpant, a PhD student from Thailand specializing in gerontology, also appreciates that helpfulness, even though no one warned her properly about the snow, "It's so beautiful and painful!" she says.

Yolpant was more pleasantly surprised by the atmosphere and expectations in her Cleveland classes, where students are taught to be responsible and self-reliant and professors solicit their ideas. "When I go back to Thailand, I'll be a faculty member in the school of nursing," she says. "I strongly believe that my learning experiences at FPB will encourage my students in Thailand to develop their critical thinking, academic skills, and advanced nursing research."

Maha Habre from Lebanon comes to Cleveland for two back-to-back weeklong courses each year as she pursues a doctorate of nursing practice. In between, she works remotely with an advisor from the school. She is particularly exhilarated by the diversity within these weeklong intensives, as they draw nurses from different geographies and professional tracks.

Habre recalls that in one assignment, students were asked to imagine that they were appointed minister of health. How would they describe their leadership style? What would their priorities be and what would they do in



their first 100 days? “We discussed what we needed to do to get to this position,” she says. “If I want to be a health care leader, what do I need to do as a nurse to get there? What organizations do I connect with, how can I network, appropriately. What would make me a leader who can implement changes in health care policy? We were able to build on each other’s strengths to come up with a plan.”

MANY OPPORTUNITIES TO MEET THE WORLD


School of Nursing undergraduates are required to expand both their nursing and life experiences through Senior Capstone. During this ten-week immersion in a public- or community-health project, the seniors sink temporary roots in a culture that is not their own. The project could be local, it could be somewhere else in the United States, or, for the last five years, another country.

“We can teach many concepts in the classroom, but nothing can replace living in a different culture and country,” says assistant professor Jesse Honsky, MSN, MPH, RN, APHN-

BC, BSN program assistant director and Senior Capstone manager. “They learn to navigate as a cultural outsider, how to adapt and be respectful, how to build skills in independence. They see that just because they’ve been taught how to do things a certain way here, doesn’t mean it’s the only way. Sometimes there isn’t a right way; only different ways.”

Capstone students who go abroad take active note of these differences, Honsky explains; comparing and contrasting is part of their coursework. “We want them to understand the differences when it comes to thinking about bigger questions in health care policy,” she says. “What works in other places?”

Basirat Rosenje and Emily Robson were the School of Nursing’s capstone emissaries to Wuhan, China in 2015. There, they worked in clinics and schools alongside Chinese colleagues, studied traditional Chinese medicine, and helped create a sex-education program for 180 sixth grade students. They marveled at how hand washing—the basic infection-control precaution in American health care—was only sporadically practiced there. They noticed that patient

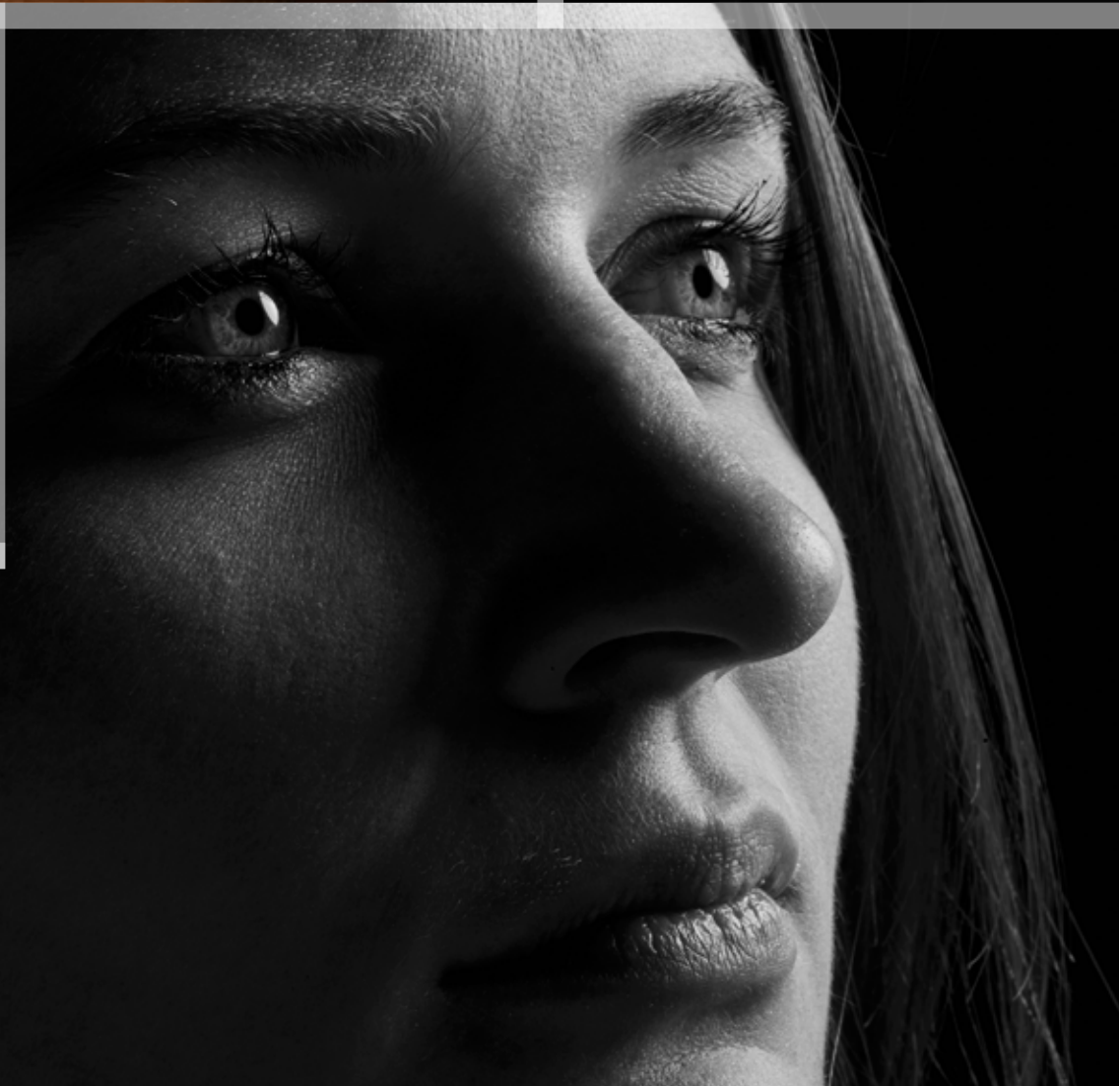


Wichiya Yolpant, a PhD student from Thailand (left) and Jesse Honsky, assistant director of the BSN program (right). “We want [students] to understand the differences when it comes to thinking about bigger questions in health care policy,” says Honsky.





BSN students
Basirat Rosenje and
Emily Robson were
the School of Nursing's
capstone emissaries to
Wuhan, China in 2015.



privacy wasn't a primary concern, and that families bringing their children to the hospital often stood in the same room and watched as caregivers attended to other children. "Why does a baby need privacy?" a puzzled Chinese colleague responded when they asked about it. They watched as schoolchildren performed a tapping massage on themselves every morning before classes began.

"My world got so much bigger," says Rosenje, who is active in Nurses Without Borders.

Rosenje explains that going there not only clarified what she wants to do in nursing—work in international health—but also made her more sensitive to the feelings of Chinese students who come to the United States. When she was in Wuhan, people often stared at her and even came up to touch her long braids. Instead of taking offense, she thought about how Chinese students might be overwhelmed by the racial diversity and other huge differences they encounter when they come to the U.S. "I feel like I talk to the international students more since I returned," she says.

Rosenje and Robson were touched by the many ways their Chinese hosts welcomed them—with food, gifts, and time devoted to both teaching them and learning from them. One of Robson's favorite moments was when the Chinese doctors decided to teach them more about traditional Chinese massage, even though there weren't any translators around. "They got out their phones and used the equivalent of Google Translate to teach us," she says. "It was a really cool cross-cultural moment where we had an interaction that didn't rely solely on words."

Such moments cement students' commitment to be the best nursing professionals possible, whether applying their skills to caring for a patient in their neighborhood hospital or working out the thorny details of health care policy. While the differences between practices in the United States and those in other countries stand out, students come to understand that problems are universal.

"You can find the kinds of patients we see down in Guatemala here in Cleveland," says Tucker, whose mother and daughter accompanied her on one of the trips with Refuge International. Her daughter is now an FPB nursing student. "In every major city, there is a third world country." +



Case Western Reserve University is one of only ten sites in the United States—and 38 in the world—of a Pan American Health Organizing/World Health Organization Collaborating Center (PAHO/WHO Collaborating Center). Our center focuses on home-care nursing, a growing focus worldwide as the population ages and chronic diseases increase. The world has great variety both in the kinds of services provided and in how they are supported and regulated—or not—by governments.

FPB faculty consults with international colleagues and hosts visitors who want to understand how home care is undertaken in the US. For example, a group of students from Taipei Medical University came to the center in summer of 2015 and not only attended lectures but accompanied visiting nurses on their rounds. They also stopped in at McGregor Assisted Living to see how healthy older people might be living.

"These are definitely interchanges," says faculty administrator Elizabeth Madigan, PhD, RN, FAAN, Independence Foundation Professor. "We get expertise in return. We learn as much as we offer."



CANADA

Judith Shamian (GRS '88),
*president of the International
Council of Nurses*



HUNGARY

Miklos Zrinyi, (GRS'99),
*former WHO Technical Officer
for Nursing and Midwifery
who now works for a
pharmaceutical company*



JORDAN

Muayyad Ahmad (GRS'00),
*professor of clinical nursing at
the University of Jordan*



UGANDA

Joshua Muliira (GRS'03;
NUR'06,'08), *assistant
dean of nursing
at Sultan Quabos
University*





THAILAND

Varunyupa Roykulcharoen,
(NUR'99, GRS'03),
*assistant professor at
the Thai Red Cross College
of Nursing*



Worldwide Well-Being

Educators and advocates discuss health care around the globe and the challenges that nurses face.

BY JESSICA ULLIAN

Alumni from the Frances Payne Bolton School of Nursing live in more than 80 countries. Today, 20 percent of the current student population hail from outside the United States. As graduates return home, they're finding common ground from Uganda to Thailand in health care issues—an aging population, a nursing shortage, and the need for more professional advancement. *Forefront* asked five alumni from around the world to share their perspectives on the state of health care globally, and how nurses shape it.

THE AGING POPULATION

Around the world, people are living longer—but who’s going to care for them when age and chronic illnesses begin exerting pressure on the health care systems? “By 2050, the number of older persons in the world will exceed the number of young for the first time in history,” says Judith Shamian, PhD, RN, FAAN, president of the International Council of Nurses, citing a recent United Nations report. “This has serious consequences on health care and the demand for human resources.”

The critical issues surrounding aging vary by region. In his home country of Hungary, Miklos Zrinyi, PhD, RN, a former WHO Technical Officer for Nursing and Midwifery who now works for a pharmaceutical company says, the health care system is focused on acute-care facilities, which are ill equipped to handle elderly patients’ chronic problems. Shamian adds, non-communicable diseases such as cancer and diabetes are “a rising tide” that “go hand in hand” with geriatric care and further challenge existing health systems.

Varunyupa Roykulcharoen, PhD, RN, an assistant professor at the Thai Red Cross College of Nursing, says that “nursing is directed towards individuals, families, and communities” in a way that makes nurses uniquely able to handle this coming crisis—if the resources were available. Zrinyi adds, “Both Hungary and Eastern Europe have skilled and educated community nurses trained to counsel the public and bring behavioral change to people in need.” However, he also notes that reform is needed to allow these nurses to work to the level of their competencies—a concern commonly expressed in the United States.

Our international alumni experts express concerns over compensation and working conditions as factors that may create a nursing shortage across the globe. According to a 2005 ICN report, the United States has one nurse for every 129 people, while Uganda has one for every 16,000.

RESPECT AND REWARDS

“It is vital that we address the working environment,” Shamian says. “Nurses, when they have the choice, will go where they are respected, rewarded, challenged appropriately, and provided with personal and professional development opportunities.”

The issue of respect comes up frequently among many nurse leaders and educators. The cultural boundaries prevent a one-size-fits-all approach to changing the perspective. Muayyad Ahmad, PhD, RN, a professor of clinical nursing at the University of Jordan, says that historically, nursing has not been held in high regard in Arab or Islamic cultures. “This view is starting to change in some countries, like Jordan,” Ahmad says.

Ahmad, along with Joshua Muliira, assistant dean of nursing at Sultan Quabos University, identifies a lack of standardization as a challenge for nursing professionals to gain the respect of their peers and improve the health of their patients. “In Uganda, there are multiple entry levels for nursing practice: a certificate, an associate’s degree, or a bachelor’s degree,” says Muliira, the first DNP in his home country of Uganda. “This severely curtails the quality and standards. The poor often receive low-quality nursing care from less-qualified individuals.”

An internationally standardized model would benefit patients, too, Muliira says. “Countries that have set a universal entry point into the profession have improved the quality of nursing care and patient outcomes,” he says. “There’s a great opportunity for organizations to collaborate and unify the requirements for entry into practice.”

LEARN LOCALLY, ADAPT GLOBALLY

Opportunities for professional development are increasing, as perceptions of nursing as a stable, long-term career evolve. Advanced degrees in nursing are on the rise outside of the United States.

The FPB alumni experts note that while the United States remains the primary place for nurses around the world to advance their education, there is an appreciation of the need for a more integrated, adaptive curriculum that can be applied across countries and cultures.

Ahmad says that a Western model of nursing education is helpful from a research perspective, but “there is a need for a more holistic view of health that integrates Middle Eastern culture and philosophical concepts into Western approaches in health care.”

At the ICN, Shamian is focusing her efforts on education for nurses around the world that places more nurses in

2050 world population

elderly



young

nurses : people





leadership positions. "Ideally, nurses should participate at all levels of the health care system," she says. "Good nursing education continues beyond when a nurse graduates at the basic level."

INCENTIVIZING THE FUTURE

Shamian wants to see more nurses at the highest levels of health care organizations. Roykulcharoen agrees that nurses are far better equipped to take on such roles than many of their peers. "Nursing is a service to the institutions of society," she says. "Professional nurses are trusted to guide the health and well-being of society with evidence-based practices and recommendations as well as strong professional ethics."

Financial incentives can help, particularly in countries where poverty constitutes a public health emergency. "Social entrepreneurship, or businesses that make a profit, are the one way to alleviate the critical aspects of public health [in Uganda]," Muliira says. "Nurse-initiated private clinics ensure access to care by the poor, and such

entrepreneurial ventures can be used as models to shape the greater government and public health system."

To elevate the nursing profession worldwide and tackle global health issues, these alumni say that the change needs to come from within. "I see a tremendous need for nurse leaders to learn how to address the general public on health issues and to lobby others who are in positions to make change," Zrinyi says.

Shamian calls for nurses to lead by example, utilizing a full range of resources to strengthen health care partnerships and patient outcomes. The ICN is currently collaborating on the WHO Global Strategy on Human Resources for Health: Workforce 2030 policy, an effort that Shamian says can't succeed without nurses around the world mobilizing in support.

"We use the phrase, 'No health without a workforce and no workforce without nurses,'" Shamian says. "Strengthening health systems can only be achieved through strengthening human resources for health, and improving the health of the people of the world is a foundational strategy for successful achievement."+

STRIKE!

FPB Alumni Association Board President Julia Golden (NUR '09) gets the ball rollin' at the Corner Alley during Homecoming Weekend.



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Homecoming Celebration 2015



Dean Mary E. Kerr, PhD, RN, FAAN (GRS '91) greets alumni during tea in the tradition of Frances Payne Bolton with current and past FPB Alumni Association Board members

More than 100 alumni of the Frances Payne Bolton School of Nursing were greeted by blue skies and unseasonably warm October temperatures when they gathered on campus for last fall's Homecoming: A Celebration.

Kicking off the extended weekend of merriment was the Blue Block Party: Case Western Reserve University's opening night party for Homecoming. Graduates, faculty and students dressed in their finest and funniest blue attire and enjoyed bonfires, games and goodies along Uptown's main avenue.

The next morning, FPB nurses discovered new

interprofessional education initiatives at the IPE Future of Patient Care: Our New Health Education Campus joint presentation by the schools of nursing, dental medicine and medicine. They then hopped on Lolly the Trolley for a quick tour of the school's future home, as well as the flight nursing helicopter simulator.

After the University's all-alumni luncheon at the Tinkham Veale University Center, nursing graduates enjoyed a Frances Payne Bolton-style tea at the Intercontinental. Finishing off the first full day of activities was the Grand Classes invitation-only dinner at home of Dean Mary E. Kerr.

Saturday was filled with traditions, new and old, at the Intercontinental Hotel. Dean Kerr started the day with her third annual State of the School address. After learning the latest about their alma mater's many accomplishments, reunion-goers checked

out class composites and yearbooks from days gone by.

Graduates then gathered for the traditional Alumni Luncheon and Awards Presentation. Honorees included Kate Moore (NUR '07), who received the FPB Alumni Association's Award for Excellence. Recent graduate Kris Ann McLoughlin (NUR '06) received the Young Alumni Award for Excellence. Former faculty member John M. Clochesy (GRS '93) received the Distinguished Alumni Award.

That evening, young and old headed to the Corner Alley for the All FPB Alumni Uptown Party. With \$5 of each event ticket benefitting the Student-Run Free Clinic program educating adolescents at Cuyahoga County Juvenile Detention Center, alums were able to raise roof while they raised awareness for this worthy cause. Registration opens for this year's Homecoming in August.

WELCOME HOME

Graduates of the
France Payne Bolton
School of Nursing gathered
for fun and friendship during
Homecoming Weekend 2015.



- (1) The Class of 1965 raises a glass in honor of their 50th reunion.
- (2) All ages share in the reunion fun.
- (3) BSN 1st-year student Jill Tucker (right) chats with Reunion-goer Joan Stapf (NUR '50).
- (4) Current students get ready to take on the alumni at the Corner Alley fundraiser for the Cuyahoga County Juvenile Detention Center Reproductive Health and Well-Being Program.
- (5) Cheese! Homecoming would not be complete with at least one class selfie.

Alumni Association Honors 2015 Award Recipients

A dedicated nurse educator, an expert in critical care, and a leader for mental health services were honored by the Frances Payne Bolton School of Nursing Alumni Association last fall. Each year, the alumni association pays tribute to the accomplishments of its most noted alumni and friends with various accolades.

The Award for Excellence

recognizes an alum of Frances Payne Bolton School of Nursing who has demonstrated outstanding leadership and achievement in nursing, and has made significant contributions in nursing or related areas of health care.

The Distinguished Alumni

Award is the highest honor given by the Frances Payne Bolton School of Nursing Alumni Association to an alum who has demonstrated continuous, outstanding, creative, and exemplary contributions to the discipline of nursing or to health care.

The Young Alumni Award

for Excellence recognizes an alum who has demonstrated outstanding leadership and achievement in nursing and has made significant contributions in nursing or related areas of healthcare within 10 years or less of graduation from Frances Payne Bolton School of Nursing and the accomplishments are rooted in their education from the School of Nursing.



AWARD FOR EXCELLENCE

KATE MOORE (NUR '07)

*Associate Clinical Professor,
Nell Hodgson Woodruff School of Nursing, Emory University*
Moore is the director of the Skills and Simulation Program as well as coordinator of the Adult-Gerontology Acute Care Nurse Practitioner Program at Emory University. Born in Lawrenceburg, Tenn., she currently resides in Atlanta, Ga. with her partner, Lois Finch.

Moore completed the DNP program at CWRU with her research in controlled volume resuscitation in pre-hospital trauma. She is presently a PhD candidate at the University of Kentucky, developing a mathematic model to earlier predict occult hypo-perfusion in trauma patients. She plans to defend her dissertation this year. Moore also holds degrees from Vanderbilt University, Tennessee State University, Middle Tennessee State University and Columbia State Community College.

She is triple-board certified as an Acute Care Nurse Practitioner, an Adult Nurse Practitioner and a Gerontology Nurse Practitioner. Moore maintains her acute care clinical skills by practicing as an Acute Care Nurse Practitioner with the Critical Care Service at Northeast Georgia Medical Center. To maintain clinical skills in primary care, she travels throughout South and Central America working as a volunteer provider with mission teams.

Moore retired from the US Army Reserve at the rank of Colonel in the Army Nurse Corps in 2013. Moore served with the 10th Combat Support Hospital in Baghdad, Iraq from September 2005 until November 2006.

In 2014, Moore was inducted as a Fellow of the American Academy of Critical Care Medicine.



2015 DISTINGUISHED ALUMNI AWARD

JOHN M. CLOCHESY (GRS '93)

*Professor, Director of the Faculty Mentorship Program,
Assistant Dean for the PhD program,
University of South Florida College of Nursing*
Clochesy was born in Fond du Lac, Wis. and lives in Apollo Beach, Fla. with his husband, Mark Miller.

His current research is in digital therapeutics and virtual support for those with chronic conditions and surrogate decision makers of the seriously ill.

He considers his career highlights to be writing his critical care textbooks and serving as the Founding Editor of AACN Clinical Issues; working with his alumni colleagues Barb Daly and Betty Idemotto to start the nation's first acute care nurse practitioner program; and most importantly, seeing his former students become awesome clinicians, advanced practice nurses, nurse managers and successful nurse scientists.

Clochesy was inducted into the American College of Critical Care Medicine in 1990 and into the American Academy of Nursing in 1995.



YOUNG ALUMNI AWARD FOR EXCELLENCE

KRIS ANN MCLOUGHLIN (NUR '06)

Associate Hospital Director, Colorado Mental Health Institute at Fort Logan

McLoughlin was born in Riverside, N.J. and currently lives in Denver, Colo. Kris is a registered nurse who is board certified by the ANCC as a Clinical Nurse Specialist in both Adult and Child & Adolescent Psychiatric-Mental Health Nursing. Additionally, she is a Certified Substance Abuse Counselor. She received her BS from Boston College, her MSN in Psychiatric Mental Health Nursing from Yale University and her Doctor of Nursing Practice from Case Western Reserve University.

Her research interests include integrating recovery-oriented practice into psychiatric-mental health care and treatment. She has served in a leadership capacity on numerous national initiatives, including developing an APNA educational curriculum for psychiatric-mental health inpatient nurses funded by a SAMHSA Recovery to Practice Grant, updating the Psychiatric-Mental Health Nursing Scope and Standards of Practice (2014), and serving as a member of the American Nurses Association work group for the 2015 ANA Nursing Scope and Standards of Practice.

McLoughlin has held various clinical, administrative, system development and academic positions in her career, including Chief of Nursing Services and Director of Nursing Education, Performance Improvement and Research. As a Clinical and Systems Consultant she was appointed by the U.S. Federal Court as a Special Monitor. She maintains a consulting practice that focuses on improving the mental

health systems of care and functions as a Nurse Expert for litigation involving the USDOJ.

In 2006 she was the recipient of the Psychiatric Nurse of the Year award, given by the APNA to recognize a Psychiatric Nurse who demonstrates vision, perseverance, dedication, initiative and facilitation in the delivery of mental health services to individuals, families, and their communities.



events&CELEBRATIONS

LEGENDARY MOMENTS & NEW TRADITIONS

Enjoying a visit from American Academy of Nursing Living Legend Betty Smith Williams and the first annual FPB Day at the Ball Park.



- (1) Betty Smith Williams, DrPH, RN, FAAN (NUR '54), the first African-American to wear FPB's cap and founding member of the National Black Nurses Association, spends a few moments mentoring current students at the Frances Payne Bolton School of Nursing.
- (2) FPB alumni turn out to "root, root, root for the home team" during an Indians game last summer.
- (3) It's a family affair at FPB Day at Progressive Field. The second annual FPB Day at the Ball Park is scheduled for June 5. Learn more at fpbbaseballevnt.eventbrite.com
- (4) PhD students Heather Rice and Shanina Knighton strike a pose with Williams.
- (5) Williams with Former Dean May L. Wykle, PhD, RN, FAAN, FGSA, (NUR '62, '69; GRS '81) chat with faculty and friends.

1940s

Mary Lamp

(NUR '44), wrote the staff of *Forefront* a letter detailing her memories as a student at Frances Payne Bolton School of Nursing. "I have always been appreciative of my education at FPB and wear my pin and cap with pride," says Lamp, (pictured center). "It provided me with jobs in many different states and overseas. I never had to take State boards again as my graduation certificate was sufficient."



WEB EXTRA: View a transcript of Mary Lamp's memories here:
nursing.case.edu/lamp

1950s

World War II veteran **Alice Miller (NUR '50)** participated in the Veterans History Project for the Library of Congress in Washington, D.C. Miller, 94, remembers much of her time serving on the USS Solace, a large white passenger ship built in the 1920s that served as a hospital ship during the war. It housed a medical staff and treated up to 416 patients wounded during the Battle of Okinawa in Japan. "I was in awe when I saw that ship," Miller said. "It was my home for a year with 13 nurses on it. The hardest part about being a nurse on the USS Solace was getting to know the patients on the ship only to see them die or get discharged, sent back



We Want You!

Have a World War II or Cadet Nursing story to share? Send it to fpbmarketing@case.edu or *Forefront* magazine c/o Frances Payne Bolton School of Nursing, 10900 Euclid Ave., Cleveland, Ohio 44106.

stateside or return to combat. I often wondered what happened to them. Sometimes I'd only have five minutes or five days with them." After graduating from the Toledo School of Nursing, she volunteered to care for soldiers in combat. Using the GI Bill of Rights, Miller said she got her bachelor's degree from Frances Payne Bolton School of Nursing after her service ended.

Miller's interview will be stored with others conducted for the Library of Congress in the Jefferson Building, and will be open for public viewing.

1960s

Karen Budd (NUR '63, '75) received the Ohio Nurses Association 2015 Dorothy Cornelius Leadership Award

in recognition of her outstanding contributions to the ONA. She served as president of the ONA from 2003-2005 and president of the Summit and Portage district of the state association from 2013-2015.

1970s

After being a couple for nearly 40 years, **Winifred "Winnie" Walter (NUR '72)**, age 72, and **Sandra**



Shumway

(NUR '63, '67), age 79, of Avon, Ohio were among the first to receive their marriage licenses on June 26, 2015 at Lorain County Probate Court, following the U.S. Supreme Court's same-day ruling to legalize same-sex marriage nationwide. "We're so excited — we think it's wonderful, and long overdue," Shumway said.

Sandy Petrovic (NUR '79), a critical care nurse turned certified diabetes educator, co-authored a book with her son, *Expect a Miracle: A Mother/Son Asperger Journey of Determination and Triumph*. They are educating the public about autism and persons with differences. Petrovic is now an instructional advisor at the Notre Dame College Academic Support Center. Learn more at aspergermiracles.com

Carol Revilock (NUR '79) has been at Parma Senior Center/Parma Commission on Aging since 1979. In the 1980s she opened a senior center satellite office at the north end of Parma for those who could not come to the Center. She also established the Parma Commission on Aging and served



An impromptu gathering of Duke faculty who are all FPB alumni. Left to right: Michele Hartman (NUR '09), Susan Schneider (GRS '98), Jill Brennan-Cook (NUR '08), Duke Nursing Dean Emerita Ruby Wilson (NUR '59), Helen Gordon (NUR '12), Michael Zychowicz (NUR '06).

as its first president. Revilock joined forces with the Frances Payne Bolton School of Nursing and coordinated students and Center members to review their prescription and over-the-counter medications.

Carol Roe

(NUR '79), a registered nurse and licensed attorney who has lived in Cleveland Heights for 35

years, was elected to one of three at-large seats on Cleveland Heights City Council. Roe is a founding member and chairperson of Ohio Nurses Democratic Caucus. She serves on various



committees, including those with the American, Ohio and Greater Cleveland nurse associations. She's currently director of regulatory compliance and risk management at Centers for Dialysis Care in Shaker Heights.

1980s

Nicole Rawson (NUR '88), a certified nurse midwife, opened Allegheny Nurse Midwives with Lisa Ferrill in the northern suburbs of Pittsburgh. They attend births at Allegheny Health Network's West Penn Hospital.

1990s

Barbara Berger (NUR '91), an advanced practice clinical nurse specialist who served as a director of nursing in

tertiary and community hospitals in Northeast Ohio, was named vice president of care management services at FirstCare Health. Most recently, she spent eight years serving as the director of clinical management for SummaCare, in Akron.

Shyang-Yun Pam Shiao (GRS '94)

was appointed associate dean for research and E. Louise Grant Endowed Chair



of Nursing in the College of Nursing at Georgia Regents University. Her research includes the areas of nursing innovations and disseminations, health care informatics and technology, and human genome studies with emphasis on epigenetics. She is a fellow in the American Academy of Nursing.

Cheryl Hinojosa (NUR '97), an advanced practice nurse and certified nurse midwife, joined the Defiance College faculty as an assistant professor of nursing practice and the director of nursing. Throughout her career, she has collaborated with local agencies as well as coordinated a Rural Mobile Unit to aid migrants. She has worked to provide prenatal education and care for monolingual women and their families. She has served as chairman of the Hispanic Latino Health Coalition and co-chairman of the Northwest Ohio American College of Nurse-Midwives Chapter.

Victoria Loerzel (NUR '97), an associate professor at the University of Central Florida College of Nursing, was awarded a \$463,104 grant, by the NIH National Institute of Nursing Research, to

improve cancer symptom management in older adults. Loerzel will design, develop and test an interactive educational tool that will engage and prepare older adults who are being treated for cancer to make better self-care decisions at home.

Angela L. Borger (NUR '99, '01),

family nurse practitioner, joined the MedStar Georgetown



University Breast Health Program and represents the program at St. Mary's Hospital in Maryland. She also served as president of the Maryland Academy of Advanced Practice Clinicians and continues to serve as the editor-in-chief of the *Journal of the Dermatology Nurses' Association*. She says hello to her classmates and welcomes hearing from them at alborger@aol.com.

Keith Hovey (NUR '99) is now Of Counsel with the law firm of Szaferman, Lakind, Blumstein & Blader, P.C. and practicing with the Personal Injury and Commercial Litigation Groups in Lawrenceville, N.J. Prior to law school, Hovey worked as an RN in the cardiothoracic intensive care unit at Tufts' New England Medical Center in Boston. Hovey is a member of the John C. Lifland American Inn of Court, an active member of the American Association of Nurse Attorneys and a Case Western Reserve University Alumni Ambassador.

2000s

Rebekkah Marasco (NUR '04) joined the Houghton Family Health Center in Houghton, Mich. Previously, she



School of Nursing class mates hold a mini reunion. From left to right: June Romeo (NUR '77, '80), Wayne Fleck (NUR '80), Sharon Deevey (NUR '81), Ann Franczyk (NUR '80), Deb Harpp (NUR '80), and Mary Franklin (NUR '80, '86)

worked for Behavioral Care Solutions, Aspirus Keweenaw – Fast Care, Finlandia University and Rural Health Association–Ewen Medical Center in the Upper Peninsula.

Sandra L. Siedlecki (GRS '05) is a

senior nurse scientist in the Office of Nursing Research and Innovation at the Cleveland Clinic. She has over 40 years of experience as a clinical nurse, an educator, and a clinical researcher. Dr. Siedlecki has worked with multidisciplinary teams to investigate best practices as it relates to professionalism and professional behavior within a healthcare setting.



Kathleen ("Katie") Shannon (NUR '05, '08), a midwife in the Washington, D.C. area, helped guide the birth of Bodhi Kinnetz over the phone during Winter

Storm Jonas. Kinnetz was born January 23, 2016, at home as the blizzard raged in Olney, Md. The parents, Jenny Krueger and Josh Kinnetz, called Shannon once contractions started. The story was featured in the *Washington Post*. <https://www.washingtonpost.com/news/arts-and-entertainment/wp/2016/01/25/while-you-were-snowed-in-watching-netflix-this-couple-had-to-deliver-their-baby/>

Eric McNaughton (NUR '09)

participated on an elite national panel dealing with policy for CRNA's in Chicago, Ill.

McNaughton was selected from the National Board of Certified Registered Nurse Anesthetists' (NBCRNA) Fellowship Program. The panel consisted of CRNAs from across the country and was joined by members



of the NBCRNA. Prior to coming to Northern Maine Medical Center in Fort Kent, Maine, in 2013, McNaughton was employed by Blue Ridge Healthcare System in North Carolina.

Donald Gardenier (NUR '09) was named a *Raise the Voice*: Edge Runner by the American Academy of Nursing. Gardenier, along with Jeffrey Weiss, PhD, RN, was named for the Mount Sinai Primary Care Hepatitis C Clinical and Research Program. He also has participated on the Academy's expert panel on emerging infectious diseases.

Bonnie Kruszka (NUR '05, '08, '11) was named the director of the Graduate Family Nurse Practitioner Program at Marian University, in Indianapolis. She was also promoted to associate professor. Kruszka is an ANCC Emergency Nurse Practitioner Certification content expert.

2010s

Launette Woolforde (NUR '10), senior administrative director of patient care services at North Shore University Hospital/North Shore - LIJ Health System, was selected as a Fellow Ambassador for the New York Academy of Medicine.

Shannon Brosek (NUR '11)

graduated from Ohio State University with a master of science in nursing. She is pursuing a career as a nurse practitioner and is employed at Magee Women's Hospital in Pittsburgh.



Ronnie Ursin (NUR '11) was selected as the 2015 National Black Nurses Association (NBNA)

Trailblazer by its president, Dr. Deidre Walton. Ursin is the organization's parliamentarian and chair of multiple organizational committees, as well as editor-in-chief of *NBNA News*. Ursin is a nursing division director at Reading Health System in Reading, Penn.



Elisabeth Moore Parobeck (NUR '08, '12) accepted a full-time tenure-track assistant professor position at the University of Indianapolis. She has been practicing as a neonatal nurse practitioner at Riley Hospital for Children in Indianapolis, Ind., working in a level IV NICU, attending high-risk deliveries at a level III NICU, and doing neonatal ground and air transports across the state. She will teach in the Neonatal Nurse Practitioner Program, while remaining in clinical practice part time.



Kimberly Post (NUR '13) is vice president, administrator and chief nurse executive for Scottsdale Healthcare

Thompson Peak Hospital in Scottsdale, Ariz. She is dedicated to creating an environment that is highly focused on clinical quality and the patient



experience. She is a member of Sigma Theta Tau, the American Nurses Association, and the American Organization of Nurse Executives.

Jessica Hively (NUR '14) married Richard Metzger on September 27, 2015 in Chesterland, Ohio.

Patricia Wrobbel (NUR '14), senior vice president for patient care services and chief nurse executive at Westchester Medical Center in Valhalla, N.Y., was featured in the Lower Hudson/Bronx *MDNews*. She discussed the Westchester Medical Center Health Network's New eHealth Program which is reinforcing provider capabilities, while connecting more Hudson Valley patients with specialty care.

Chelsia Harris (NUR '15),

an associate professor at the College of the Ozarks, published a book, *Created & Called: A Journey to and through Nursing*. The book gives examples of nursing in action and the impact nurses have on their communities and the world.



Elizabeth Stein (NUR '15) joined Primary Health Network in Sharon, Penn. as a certified registered nurse practitioner who provides pediatric health services.



inMEMORIAM

1940s

Lois Jean Shafer Keebler (NUR '47), age 88, of Orono, Maine, died Jan. 31, 2015. She entered the Cadet Nurse Training Program at the Frances Payne Bolton School of Nursing and served as a cadet from 1944-1947. She then worked as a registered nurse in Cleveland. She married Jim Keebler and raised four children. Keebler attended the Cleveland Institute of Art to study ceramics and then Lake Erie College, from which she graduated *Magna Cum Laude* in 1971. As a professional ceramicist, she showed and sold her pottery in the Cleveland area, and was head of the ceramics department at the School of Fine Arts in Willoughby, Ohio. Two of her pieces are in the collections of the Cleveland Museum of Art.



Roberta Scarsbrook Mackey (NUR '47), age 89, of Willoughby, Ohio, died Dec. 4, 2015. She was an active member of Grace Episcopal

Church, where she served on the Church Vestry, Altar Guild and various women's committees. She was an avid fan of the Cleveland Indians, and of the Willoughby South Rebels football and marching band. She was also known for her hot-cross buns. Mackey was employed as a registered nurse at University Hospitals of Cleveland in the nursery.



Evelyn Granzow (NUR '48), age 93, of Blissfield, Mich., died Dec. 30, 2015. After graduating from Toledo School of Nursing, she enlisted in the

U.S. Army Nurse Corps and served during World War II until her honorable discharge in 1946. She was recalled to active duty during the Korean War and was assigned to a surgical unit in Germany before being honorably discharged again in 1953. She earned a Master's of Nursing Administration from Wayne State University in 1955, the same year she married Donald Granzow. She worked for a number of organizations, including the Lenawee Community Mental Health Authority, Lenawee Medical Care Facility and the Cielito Lindo Daycare Program.



Phyllis Kiser (NUR '49), age 87, of Rock Hill, Penn., died Aug. 14, 2015. She volunteered for the Red Cross, the Fine Arts Association

and the HOPE Clothing Closet. She was awarded a life membership by Presbyterian Women and served at Oakland Avenue Presbyterian Church as a deacon, elder, and Stephen Minister.

1950s

Elizabeth Friend Marsh (NUR '51), age 89, of Potomac, Md., died Jan. 23, 2016. A graduate of Depauw University and FPB, she was employed by the Mayfield, Ohio and then Bedford, Ohio school districts. She continued to substitute after she retired until 2001. Her daughter, Susan Marsh-Whicker (NUR '84) said: "My mom loved FPB and has designated one of the two donations set aside in her will to the education of FPB nurses. Both she and my father, David Marsh, a Case Engineering grad, were very active throughout their lives in the alumni associations. In a time

when most women didn't maintain careers after marriage, my mom worked as a school nurse from the mid-1960s until 2001. She worked while raising five children—quite a remarkable lady."



Ann Dutchman (NUR '55), age 83, of Norton, Ohio, died on July 17, 2015. She attended Miami University before earning her BSN

from FPB, where she met her husband "Dutch" on a blind date. She worked at University Hospitals in Cleveland. She served with Crescent Club and delivered meals for FISH.

Carol Jeanne Mitten (NUR '58, '70), age 81, of St. Louisville, Ohio died Dec. 9, 2015. Besides having a BSN and MSN, she earned an executive MBA from Cleveland State University. She worked at University Hospitals in Cleveland, first as a staff nurse and retired as an assistant administrator in 1985. She also became director of nursing for Angel Community Hospital in Franklin, N.C. She later enjoyed a second career, initially as a volunteer and then as full-time staff, working for the Macon County Public Library in Franklin. At the same time, she became deeply involved with the North Carolina Senior Games. She won dozens of medals for race walking, and participated in other events, including swimming, badminton and discus competing at the local, state and national level.

1960s

Marjorie Ann Rott (NUR '61), age 77, of Shaker Heights, Ohio, died Oct. 29, 2015. She attended College of Wooster,

inMEMORIAM

Frances Payne Bolton School of Nursing and graduated from the University of Michigan with a MS in Nursing.

Carol Chamberlin Cornell (NUR '63), age 75, of Twinsburg, Ohio, died Jan. 7, 2016. Most of her career was spent at Bedford Hospital, starting in obstetrics and then moving to the emergency room, which she eventually headed. Her children have fond memories of learning about medicine from her and being drafted to serve as "victims" in the ER's periodic disaster drills. She became assistant director of nursing at Bedford and received her master's degree in nursing from Kent State University in 1981.

1970s



Carol Armbrecht (NUR '72), age 65, of Boardman, Ohio, died June 15, 2015. She received her BSN from FPB, master's

degree in Community Health Nursing from Texas Woman's University, and did additional studies at Kent State University. She worked at University Hospitals of Cleveland and St. Elizabeth Health Center. She also taught nursing at Youngstown State University, Kent, Akron and Penn State branches. She became certified as a clinical nurse specialist in mental health nursing and started a career in counseling. She volunteered with Goodwill, with her daughters' softball teams, and helped the Red Cross in the San Francisco Bay area after the earthquake in the late 1980s. She had articles published in nursing journals and textbooks, and was a member of Sigma Theta Tau and Who's Who of American Women.

FACULTY & FRIENDS

Margaret McDermott, age 85, of Nashville, Tenn., died Dec. 24, 2015. McDermott was valedictorian of her nursing class at the College of Mount Saint Vincent, NYC, where she received her BS. She received her Registered Nurse Certificate from the State of New York, continued her studies with an MS in Nursing from Catholic University in Washington, D.C. and finished all of the required course work for her PhD (ABD) in Sociology at Case Western Reserve. She spent her adult life teaching pediatric nursing at colleges and universities throughout the United States, including as faculty at FPB in the 1970s.

Submitted by Judith Anne Wood (NUR '65, '70; GRS' 81)



Linda E. King (NUR '73), age 74, of Lyndhurst, Ohio, died April 29, 2015. She earned her BSN at the University of Pittsburgh in 1963

and her MSN from Frances Payne Bolton School of Nursing. Her career in nursing spanned 40 years. She worked in many roles at the Visiting Nurse Association of Cleveland where she pioneered and directed their Quality Improvement Program. She was a member of Nurses Christian Fellowship.

1980s

Mary Helen (Fry) Schaller (NUR '85), age 56, of Cincinnati, Ohio, died Nov. 21, 2014. She worked as a clinical nurse at the VA Hospital.

1990s



Arie McIntyre (NUR '91), age 88, of Cleveland, Ohio, died Dec. 9, 2015. Despite an offer for an art scholarship at Howard University,

she studied at Tuskegee Institute School of Nursing, where she met her future husband Herbert Alvin McIntyre, 2nd Lt.—serving in the Army Air Corps, along with other airmen of the all-black paratrooper 332nd Squadron later to be known as Tuskegee Airmen. Despite a full family life, she received her MSN from Case Western Reserve. She regularly tutored CWRU nursing students in her home in Cleveland. She also traveled many miles with others in her profession to ensure that students in other countries could also obtain their nursing degrees, including Universidad de Santo Domingo in the 1980s.

Caring, nurturing leaders who give back

BY MICHELLE SIMAKIS



In high school, Julia Golden MSN, RN (NUR'09) discovered her desire to work in teams and with people. She shadowed local leaders, thinking a business major would blend those loves. But after observing the Chief Operating Officer at Miami Valley Hospital in her hometown of Dayton, Ohio, something else caught her eye.

"I remember being blown away by the type of work the nurses were doing," Golden says. She shadowed a pediatric nurse practitioner. Hooked by the diverse roles and leadership opportunities, she applied to the Frances Payne Bolton School of Nursing. "FPB was a great fit for me because of the extensive clinical experience that nursing students receive," she says.

One of the highlights of her undergraduate years was an externship at University Hospitals Rainbow Babies & Children's Hospital in hematology/oncology. She eventually earned her master's degree from the University of Pennsylvania, specializing in that area.

Now a pediatric hematology/oncology/bone marrow transplant nurse practitioner at Akron Children's Hospital, she is part of the Advanced Practice team serving a 19-room,

in-patient unit. Also, as the Solid Tumor Coordinator, she disseminates information to the medical team about cancer treatment protocols and helps to run a solid tumor outpatient clinic. Families trust her to get them through their most difficult times, which she says is "humbling" and "an honor."

The former president of the Ohio Student Nurses Association has a new honor to add to her list: President of the FPB Alumni Association Board of Directors, an organization she's been involved with since graduation. As board president, her goals are to increase alumni involvement, attendance and financial contributions, especially among recent graduates like herself.

This year, the association plans to include some of last year's successful events, such as a family-friendly Indians game night, as well as a bowling event during Homecoming at the Corner Alley. The event raised money for the Cuyahoga County Juvenile Detention Center Reproductive Health and Well-Being program, a health education program for at-risk adolescents run by FPB graduate students.

"We are hoping to focus on events that not only serve young alumni, but the greater community. Part of life is giving back, especially if an organization has given to you." +



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