SUMMER 2023 THE FRANCES PAYNE BOLTON SCHOOL OF NURSING AT CASE WESTERN RESERVE UNIVERSITY

A centum of care and scholarshi





1923 - 2023 Case Western Reserve University



Please join The MetroHealth System and Case Western Reserve University's Frances Payne Bolton School of Nursing to celebrate the establishment of the

JoAnn Zlotnick Glick Professorship in Community Health Nursing

and the installation of Melissa Kline, DNP, RN, as the inaugural chairholder.

Wednesday, Sept. 13, 3:30–6:30 p.m.

AT A SPECIAL EVENT FEATURING TWO NATIONALLY RENOWNED KEYNOTE SPEAKERS:

Jeanette Ives Erickson, RN, DNP

Chief Nurse Emerita at Massachusetts General Hospital Instructor at Harvard Medical School Professor at the MGH Institute of Health Professions

Joanne Spetz, PhD

Director and Brenda and Jeffrey L. Kang Presidential Chair in Health Care Financing at the Philip R. Lee Institute for Health Policy Studies

Case Western Reserve University Tinkham Veale University Center Kevin and Eleanor Smith Foundation Grand Ballroom | 11038 Bellflower Road, Cleveland, OH 44106

To register, visit metrohealth.org/foundation/glick-professorship, email mhfevents@metrohealth.org, or call Jamie Ellerbrock at 440.592.1431 by Sept. 1.



FRANCES PAYNE BOLTON SCHOOL OF NURSING CASE WESTERN RESERVE UNIVERSITY



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About Forefront

This publication is produced for the alumni and friends of the Frances Payne Bolton School of Nursing at Case Western Reserve University. The *Forefront* mission is to inform readers about the school's excellence in nursing science, education and practice and how it impacts daily lives.

Frances Payne Bolton School of Nursing Carol M. Musil, PhD, RN Dean and the Edward J. and Louise Mellen Professor

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On the cover:

Frances Payne Bolton School of Nursing students at work in the classroom—in 1924 (above, courtesy of CWRU Archives) and 2022 (below, by FJ Gaylor).

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dean'sLETTER





1923 - 2023 Case Western Reserve University

To learn more about our centennial events—including our Homecoming and Reunion Weekend gala, visit case.edu/nursing/centennial.

To the Alumni and Friends of Frances Payne Bolton School of Nursing,

When Frances Payne Bolton made a historic gift to the university a century ago to help establish an independent school of nursing in Cleveland, a key condition was that the school take an experimental approach to education.

While it was never guaranteed this approach would succeed, it is clear our school has flourished these last 100 years. Innovation, collaboration, research and resilience have been hallmarks of this institution, and this is what we will celebrate throughout this year, our centennial.

This issue of *Forefront* commemorates these core tenets that continue to guide our academic mission. Our cover story, "A century of care and scholarship" (p. 16), features an in-depth look at individuals—many trained in the legacy of Frances Payne Bolton—and how they helped the School of Nursing become the illustrious institution it is today.

Also inside this issue is a conversation with **Camille Warner**, **PhD (GRS '97**, **'02**, **sociology)**, who rejoined the School of Nursing last year and was named associate dean of diversity, equity and inclusion last summer. Since starting her most recent role, Warner has made incredible strides in our efforts to build a more inclusive and equitable academic community, create a more diverse nursing workforce and address the need for increased attention to minority health (see p. 9).

The work our students and faculty do in our surrounding communities continues to be a testament to our goal of improving nursing care and the health of those around us. Community nursing programs not only make an impact on the public—they also prepare our students to be informed, empathetic nurses capable of providing more comprehensive care (see p. 22).

A lot has changed in the last century, but our dedication to academic excellence and distinction in research has remained constant. From the early days of Lakeview Hospital to today's Health Education Campus—a glimmering glass monument where students gather and learn—Frances Payne Bolton School of Nursing has stood the test of time. And we are excited for what our future holds for education, healthcare and research.

Thank you for all that you do and your continued support of Case Western Reserve University—now and for the next 100 years of nursing excellence.

CARUM Munil

Carol M. Musil, PhD, RN (NUR '79; GRS '91, nursing) Dean and Edward J. and Louise Mellen Professor Frances Payne Bolton School of Nursing Case Western Reserve University



In their words

Faculty and researchers at Frances Payne Bolton School of Nursing are often sought by media outlets for their informed opinions and expertise on a variety of topics related to nursing and healthcare. Here is a sampling of some of their latest notable quotes.



"[It's] traumatic for the older adult because then they have somebody new that comes in and doesn't know their routines. And some of them had gaps where they weren't able to have home health care provided at all."

—Evelyn Duffy, DNP, RN (NUR '04), the Florence Cellar Professor of Gerontological Nursing, to *Crain's Cleveland Business* about the national shortage of home healthcare aides and nurses

"There are so many benefits to sitting down with someone and getting a tailored plan—here's how we're going to do screenings and when—just to keep people as healthy as possible."



—Mary Franklin, DNP (NUR '80, '86, '18), assistant professor, to *Health* about the importance of setting up regular health examinations



"The only way for you to recover is to really sleep when you can. ... Hand hygiene is the simplest, most important way to prevent the spread of germs that lead to illness."

—Shanina Knighton, PhD, RN (GRS '17, nursing), associate research professor, to *Self* how to address a repeat case of COVID-19

"We are interested in having our faculty learn more about climate change and the effects on health and how we can start integrating that into the curriculum. [N]urses could take leadership roles in helping and be on committees to create sustainable climate-smart hospitals and health systems."

—Mary Quinn Griffin, PhD, RN, the May L. Wykle Endowed Professor, to *Daily Nurse* about the impact of climate change on nursing education



Coldiron cohorts

As one group of fellows ends its journey, another begins

Ithough their program's home base is the Marian K. Shaughnessy Nurse Leadership Academy at Frances Payne Bolton School of Nursing, Coldiron Senior Nurse Executive Fellows met thousands of miles away in Palm Springs, California, in January.

Launched two years ago, the Coldiron program is designed to empower executive nurse leaders to make healthcare more patient-centered, cost-effective, accessible and quality driven. It draws aspiring nurse leaders from around the world, and includes five in-person, multi-day sessions presented over a 12-month period that explore executive presence, financial acumen, care coordination, wellness, quality and safety competencies, public communication, and understanding and leading change.

The Coldiron program is designed to empower executive nurse leaders to make healthcare more patient-centered, costeffective, accessible and quality driven.

The fellowship begins and ends in a conference—held this year in Palm Springs with more than 30 in attendance—that features educational sessions and panels, and celebrates the matriculation of one cohort while ushering in the next.

New fellows in attendance, including **K. David Bailey, PhD, RN**, chief nursing



The second (above) and third (below) cohorts of Coldiron Senior Nurse Executive fellows at the January conference in Palm Springs



schoo/NEWS

officer at University of California, Los Angeles, Santa Monica Medical Center, were eager to learn alongside their new peers. Bailey, who applied to the program to gain skills needed to pursue leadership roles, especially enjoyed the opening sessions on strategic development, personal branding and emotional intelligence.

"Each expert provided guidance to enhance my previously learned skills along with new information," Bailey said. "It provided a new and updated vantage point for my executive leadership practice."

Later, he watched the outgoing cohort graduate and sought his predecessors' best advice for a successful fellowship experience.

One of those graduating fellows was **Gloria Lamela Beriones, PhD, RN**, who traveled from Houston's Michael E. DeBakey Veterans Affairs Medical Center, where she is the staff development coordinator.

The enthusiasm in the room was palpable, recalled Beriones. "I heard a fellow from the new cohort say 'I'm so excited to start this program!""

Beriones, who is also the president of the Philippine Nurses Association of America, said the highlight of the program was working with a professional coach who encouraged her to publish her research; it appeared in *Nurse Leader* in February.

The program also helped Beriones expand her network and influence. "It's an avenue for learning and exchanging thought-provoking questions on one's leadership styles," she said. "I recommend it to my friends and colleagues across the country."

To learn more about and apply for the Coldiron program, visit **<u>bit.ly/cwru-coldiron</u>**.

Acton's advice

Ohio's pandemic leader comes to campus

Early and aggressive pandemic preparation earned Amy Acton, MD, the former director of Ohio's Department of Health, the nickname "Chicken Little."

"But the problem with pandemics is that you're Chicken Little in the beginning, and you didn't do enough in the end," Acton said during her keynote address at Case Western Reserve's Tinkham Veale University Center.

Although she resigned her position more than two years ago, Acton rarely speaks publicly about her experience leading Ohio through the hardest parts of the pandemic. So it was a special opportunity for healthcare



Diana Morris, organizer of the Florence Cellar Gerontology Conference, poses with Amy Acton after her keynote remarks.

professionals and students to gather and listen to her guidance during Frances Payne Bolton School of Nursing's 25th Florence Cellar Gerontology Conference.

Acton—who was the first woman to serve in her role at the Department of Health—persisted in her call for prevention and leadership during the COVID-19 crisis, including when she met with Mick Mulvaney, the White House chief of staff at the time. "This was a chance [for the president] to lead the world through what was going to be a very scary time," she recalled telling him.

She gained renown throughout Ohio and the country for her honest and compassionate news briefings. Sharing the truth about the virus was Acton's utmost priority—and it was the key to saving lives, she said. "Once we told the truth, the best people in the world started coming to us," she explained, "and that helped Ohio lead and make good decisions."

While the worst of the pandemic seems behind us, Acton emphasized that there is still more to face. "Out of these great disruptions is very fertile ground," she said. Our best next steps, she explained, are to revise the pandemic playbook—a guide written during George W. Bush's presidency—and establish a commission that would focus on how to prepare for the next pandemic.

"I suspect that this is going to remain a disrupted time—and it might last for many years to come," Acton said. "But I also know it's out of that, that we can start to solve things differently." 8 Case Western Reserve University | Frances Payne Bolton School of Nursing

Instructor Janna Kinney (right) teaches a student in "Care of the Adult with Complex Health Conditions."

Hands-on advantage

Practical experience draws in first-year students

than Slocum had an active childhood—volunteering, excelling academically and participating in eight different high school sports. "I realized at a young age that I did not want to be doing the same thing every day," he said.

This need for a fast-paced career, paired with his upbringing surrounded by nurses—his mother and her friends—led him to nursing. He came to Frances Payne Bolton School of Nursing at Case Western Reserve University, where he recently finished his second year in the Bachelor of Science in Nursing program. He was drawn to the chance to "study and gain experience in different specialties" as well as the hands-on



Ethan Slocum

work he'd get with patients his first year an opportunity that is rare in most undergraduate nursing programs.

In particular, Slocum loved the "Foundations of Nursing Practice" course with lab experience taught by instructor Janna Kinney, RN, who finds experiential learning essential for first-year nursing students.

"The simulation and lab facilities in the Health Education Campus are excellent," Kinney explained, "but actually bathing patients, using electronic medical records, communicating "[T]he day to day of nursing isn't always glamorous. Seeing that in person can be great for students."

-Janna Kinney, RN, nursing instructor

with patients and families, and performing head-to-toe assessments on actual patients is unmatched."

It also provides a solid foundation for the rest of their coursework, she said, and helps students decide whether nursing is truly the right path for them.

"Nursing has always been highly regarded," she continued, "During the pandemic, we were called heroes, and while this is definitely true, the day to day of nursing isn't always glamorous. Seeing that in person can be great for students."

This in-person experience is what helped Slocum thrive. He is on track to graduate in 2025 and hopes to continue his studies to become a certified registered nurse anesthetist.

"Nursing is the humanizing body of the medical world," he said. "There is nothing I'd rather be learning."

schoo/NEWS

"Everybody's work"

A conversation with the nursing school's DEI leader

amille Beckette Warner, PhD (GRS '97, '02, sociology), first arrived on Case Western Reserve University's campus 30 years ago as a doctoral student planning to study medical sociology. Since then she's done everything from research to project management to teaching—with common throughlines of health equity and social justice as guiding elements of her work.

In July 2022, Warner took on her latest role at Case Western Reserve: associate dean of diversity, equity and inclusion (DEI) at Frances Payne Bolton School of Nursing, where nearly half of undergraduate, graduate and certificate



Camille Beckette Warner

students identify as people of color. *Forefront* recently sat down with Warner to talk about her new endeavor, which comes at a critical time for DEI in educational institutions.

Q: You're not a nurse, but you are uniquely qualified for this work. What about your background led you to this role?

A: I'm a medical sociologist, but the areas I have been involved with in terms of my teaching, scholarship and service have been around equity and health, inequalities, and social justice. I've taught several courses to the whole spectrum, from undergraduates to doctoral students—some in health sciences who were interested in the delivery and social dimensions of healthcare. But my service has always been focused on social justice issues. So when I say I've been doing this work for a long time, I've been doing this work for a long time! But this is the first opportunity in which I'm able to do so in a formal position. And that's very exciting for me.

Q: You hit the ground running last summer. Can you describe some of the initiatives you're working on right now?

A: We are in the process of aligning our curriculum with the new competencies identified by the American Association of Colleges of Nursing, and DEI is one of the sub-competencies that all nursing schools must meet. I've been helping review courses, making sure DEI is threaded through our curriculum. And by

that, I mean not only the inclusive practices of faculty, but also the activities, the assignments, the textbooks—these are things we know our students are really craving.

Q: DEI efforts have been a topic of discussion in statehouses across the country as of late—and in some cases coming under fire. How is that impacting your work?

A: What's happening nationwide in terms of attacks on the work of DEI have been discouraging for some. But that's not going to deter me. If it's in your heart, and if you believe hate is not something that you're born with and it's something you actually learn, then you can unlearn it, too. We have to be more intentional and purposeful—more visible. We have to work harder. It's not easy, but this work is everybody's work.

"What's happening nationwide in terms of attacks on the work of DEI have been discouraging for some. But that's not going to deter me."

-Camille Beckette Warner, PhD

Recent research

Nursing faculty and students publish their latest findings

Cheryl Killion, PhD, RN,

associate professor

assistant professor,

co-authored "Materials

recruiting systematically

and Sonya Moore,

DNP (NUR '16),

and methods for





Cheryl Killion

Sonya Moore

marginalized youth and families for weight-management intervention trials: Community stakeholder perspectives" in Family & Community Health.



Elizabeth Click, DNP, ND, RN (GRS '87, '19 nursing), associate professor, co-published "Emotional wellness and stress resilience," which is the fifth chapter in *Lifestyle Nursing* Principles and Practice.

Elizabeth Click



Valerie Toly, PhD, RN (NUR '90; GRS '09,

nursing), associate professor, recently co-authored several articles, including "Self-collection of hair samples during the COVID-19 pandemic" in *Comprehensive Psychoneuroendocrinology*; "Collaborative development of an innovative virtual recruitment strategy through an academic/

clinical partnership" in Applied Nursing Research; "The impact of COVID-19 on systems of care for children and youth with special health care needs" in Journal of Pediatric Healthcare; and "Postal delivery of sleep monitoring devices: Research implications" in Clinical Nursing Research.



Mary Dolansky

Latina Brooks

Mary Dolansky, PhD, RN (GRS '01, nursing), the Sarah C. Hirsh Professor, and Latina Brooks, PhD (CWR '93; NUR '95, '98; GRS '02, **nursing)**, assistant

professor, co-authored "Transformational nurse leadership comes to life: Igniting

the implementation of Age-Friendly Health Systems in CVS MinuteClinics" in Nurse Leader.



Mary Quinn Griffin



Dolansky also collaborated with **Patricia** Burant, research assistant, and Mary Quinn Griffin, PhD, RN (NUR '93; GRS '01, nursing), professor and institutional researcher, to publish "Enhancing nurse roles in community health: The impact of a primary care-based undergraduate nursing fellowship" in Nurse Educator. She also partnered with doctoral student Megan Foradori, RN, to publish "Strategies to implement age-friendly care for older adults across convenient care clinics" in *Innovation* in Aging.

Megan Foradori

Foradori was also a contributing author to "Research interest groups: Creating the foundation for professional nursing

education, mentorship, and collaboration" which was published in Nursing Outlook.

Quinn Griffin co-published "Ditch the white coats: What LGBTQ+ patients prefer in their primary care provider," which appeared in Journal of the American Association of Nurse Practitioners.

Dolansky was co-author of the fourth edition of *Fundamentals* of Health Care Improvement: A Guide to Improving Your Patient's Care, published by the Joint Commission Resources/ Institute of Healthcare Improvement. Dolansky also coauthored "A call to action following the RaDonda Vaught case: A culture of safety and high-reliability organizations" in *Journal* for Nurses in Professional Development; "Future direction of guality and safety competency-based education: Quality and safety education for nurses teaching strategies" in Journal of Nursing Education; and "Using the socio-technical model of health information technology to improve age-friendly care" in BMJ Open Quality.

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Dolansky, along with Nicholas K. Schiltz, PhD (GRS '13, epidemiology and biostatistics), assistant professor, and Evelyn Duffy, DNP, RN (NUR '04), the Florence Cellar Professor of

Gerontological Nursing, published "Achievement of age-friendly health systems committed to care excellence designation in a convenient care healthcare system," which appeared in *Health Services Research*.

Additionally, Schiltz co-wrote "Combinations of chronic conditions, functional limitations and geriatric syndromes associated with periodontal disease" in *Family Medicine and Community Health*; "Prevalence of multimorbidity combinations and their association with medical costs and poor health: A population-based study of U.S. adults" in *Frontiers in Public Health*; and "Variation in and factors associated with US county-level cancer mortality, 2008-2019" in *JAMA Network Open*.

Along with writers external to CWRU, Duffy also co-authored the third edition of *Advanced Practice Nursing in the Care of Older Adults*, published by F. A. Davis Co., and "Nursing Advocacy," which appeared in *Nurse Leader*.



Assistant Professor **Andrew Reimer, PhD, RN (NUR '04; GRS '10, nursing)**, and Schiltz co-wrote "High-risk diagnosis combinations in patients undergoing interhospital transfer: A retrospective observational study," which was published in *BMC Emergency Medicine*.

Andrew Reimer



Eric Barbato, PhD (NUR '11; GRS '20, nursing), assistant professor, co-published "The circadian system in cystic fibrosis mice is regulated by histone deacetylase 6" in American Journal of Physiology-Cell Physiology.

School of Nursing: Fiscal Year 2022, by the numbers

Over the last year, Frances Payne Bolton School of Nursing racked up some impressive research stats.



in funding from National Institutes of Health

\$4.6 million in funding

grant-funded

faculty serving as principal investigators

Recent research, continued



Siobhan Aaron



Sara Douglas

education and support" in *Diabetes Spectrum*; "Aging services workers in the

pandemic: voiced experience of senior center staff and case workers" in *Gerontology & Geriatric Medicine*; and "Complex identities, intersectionality and research approaches in millennial family caregivers in the United States" in *Journal of Advanced Nursing*.

Siobhan Aaron, PhD, RN (GRS '21, nursing),

assistant professor, co-published "Equity in

the provision of diabetes self-management

Aaron collaborated with **Sara Douglas**, **PhD**, **RN**, the Gertrude Perkins Oliva Professor in Oncology Nursing, to write "Understanding factors that predict advance directive completion," which appeared in *Palliative Medicine Reports*.

Douglas and Schiltz were contributing authors of "Incidence of aggressive end-of-life care among older adults with metastatic cancer living in nursing homes and community settings," which was published in *JAMA Network Open*.



Susan Mazanec

Douglas and associate professors Christopher Burant, PhD (CWR '00; GRS '06, sociology), and Susan Mazanec, PhD, RN (NUR '82; GRS '09, nursing), the Arline H. and Curtis F. Garvin Professor of Nursing Excellence, co-published "Caregiver burden in distance caregivers of patients with cancer" in *Current Oncology*.

Mazanec also co-published "Early-stage breast cancer menopausal symptom experience and management: Exploring medical oncology clinic visit conversations through qualitative analysis" in *Supportive Care in Cancer*.



Evanne Juratovac





Joachim Voss



Stephanie Griggs



Christine Horvat Davey



Grant Pignatiello



Ron Hickman Jr.

Young Adults with Type 1 Diabetes," which was published in *Clinical Nursing Research*.

Joachim Voss, PhD, RN, the Independence Foundation Professor of Nursing Education, published "Combating stigma in the era of monkeypox—Is history repeating itself?" in *Association of Nurses in AIDS Care*. He also co-authored "Monkeypox virus outbreak 2022: Key epidemiologic, clinical, diagnostic and prevention considerations" in *Association of Nurses in AIDS Care*.

Assistant Professor **Stephanie Griggs**, **PhD**, **RN**, co-wrote "Food insecurity and atherosclerotic cardiovascular disease risk in adults with diabetes" in *Nutrition*.

Griggs and Christine Horvat Davey, PhD, RN (GRS '19, nursing), a National Institute of Nursing Research postdoctoral fellow, along with Instructor Grant Pignatiello, PhD, RN (CWR '13; GRS '18, nursing), wrote "Socioeconomic deprivation, sleep health, and mental health during the first year of the COVID-19 pandemic," which appeared in International Journal of Environmental Research and Public Health.

Horvat Davey also co-published "The impact of COVID-19 on cardiovascular health behaviors in people living with HIV," which appeared in *AIDS Care*.

Griggs and Pignatiello teamed up with **Ron Hickman Jr., PhD, RN (CWR '00; NUR '02, '06, '13; GRS '08, nursing)**, associate dean for research and the Ruth M. Anderson Professor of Nursing, to write "A composite measure of sleep health is associated with glycaemic target achievement in young adults with type 1 diabetes," published in *Journal of Sleep Research*, as well as "Sociocultural moderators of emotion regulation in family members of the critically ill" in *Western Journal of Nursing Research*. They also co-wrote "Cognitive Behavioral Sleep Self-Management Intervention for

researchNEWS

Griggs and Hickman partnered with biostatistician **Seunghee Margevicius**, **PhD**, **DNP** (**NUR '01, '06; GRS '18, epidemiology and biostatistics**), to publish "Racial and ethnic cardiometabolic risk disparities in the T1 Diabetes Exchange Clinic Registry cohort" in *Endocrine Practice*.



Elliane Irani, PhD, RN, assistant professor, worked with Griggs and Hickman to publish "Resilience as a Moderator of Role Overload and Sleep Disturbance Among Caregivers of Persons with Dementia in *Geriatric Nursing.* Separately, Ilrani co-published "The mediating effect of caregiving relationship quality on the association between

Elliane Irani

caregiving stressors and mental health problems among older spousal caregivers" in *The International Journal of Aging and Human Development*.



Maura McCall, PhD, RN, a postdoctoral fellow, was a contributing author for "Trajectories of neuropsychological symptom burden in postmenopausal women prescribed anastrozole for earlystage breast cancer," which was published in *Official Journal of the Multinational Association of Supportive Care in Cancer*.

Maura McCall



Faye Gary, EdD, the Medical Mutual of Ohio Kent W. Clapp Professor of Nursing, copublished "Application of the toxic stress schema: An exemplar for school nurses" in *The Journal of School Nursing*.

Faye Gary

Gary and Associate Professor **Marilyn** Lotas, PhD, RN, co-edited *A Population Health Approach to Health Disparities*

for Nurses: Care of Vulnerable Populations, published by Springer Publishing.



Rebecca Patton, DNP, RN (NUR '98, '17), the Lucy Jo Atkinson Professor in Perioperative Nursing, co-edited the third edition of *Nurses Making Policy: From Bedside to Boardroom*, which was published by Springer Publishing and American Nurses Association.

Rebecca Patton



Elizabeth Damato, PhD, RN, assistant professor, co-authored "Utilization of Maternal Healthcare Services Among Adolescent Mothers in Indonesia," which appeared in *Healthcare*.



Elizabeth Damato

Me'Chelle Hayes, RN, co-published "Strategies for Developing the Affective Domain of Novice Nurses," which appeared in *The Journal of Continuing Education in Nursing.*

Me'Chelle Hayes



Joyce Fitzpatrick, PhD, RN (MGT '92), the Elizabeth Brooks Ford Professor of Nursing, and Celeste Alfes, DNP, RN (GRS '10, nursing; MGT '21), professor and associate dean for academic affairs. co-wrote

Joyce Fitzpatrick Celeste Alfes



Esther Bernhofer

Associate Professor **Esther Bernhofer**, **PhD**, **RN (GRS '12, nursing)**, published "Practical ethics of pain care in the perioperative environment" in *Journal of PeriAnesthesia Nursing*.

Nurse Leadership and Management: Foundations for Effective

Administration, which was published by Springer Publishing.



Kylie Meyer

Kylie Meyer, PhD, assistant professor, copublished "I lay awake at night: Latino Family Caregivers' Experiences Covering Out-of-Pocket Costs when Caring for Someone Living with Dementia" in *The Gerontologist*.

researchNEWS

More of a good thing

Partnership gets fresh investment to expand care for aging adults

ver the last several years, the number of older adults using retail health clinics at pharmacies has doubled and is likely to continue in that direction as the U.S. population ages.

To meet that need, this year, The John H. Hartford Foundation awarded its third grant to Frances Payne Bolton School of Nursing and CVS MinuteClinic to continue their joint project that enhances care for older adults at retail pharmacies.

This latest grant of \$2.56 million is part of an overall commitment totaling about \$5.8 million to this Case Western Reserve-led effort; the first grant launched the program and a second soon followed for implementation.

The project, in motion since late 2018, is part of the Age-Friendly Health Systems movement, created by The John A. Hartford Foundation and the Institute for Healthcare Improvement. The Age-Friendly Health Systems initiative is based on the "4Ms framework"—What Matters, Medications, Mentation (mood and memory) and Mobility—in acute, chronic and ambulatory care settings for people ages 65-plus to assess and act on.

Now, that work will take the next step: The School of Nursing will evaluate improvements in care, economic impact and equity in outcomes of 1.2 million older adults receiving "age-friendly" care at MinuteClinics nationally.

This latest phase will allow the partners to continue scaling up the program and plan for sustainability while also welcoming a new partner: the University of California, San Francisco, and its Center for Clinical Informatics and Improvement Research. Moreover, pointed out **Nicholas Schiltz, PhD, RN**, assistant professor and the project's co-principal investigator, it will include "the first national demonstration of



Nicholas K. Schiltz

the long-term impact of the 4Ms on outcomes like preventing falls and discontinuing high-risk medications."

The academic-clinical partnership will continue its work with 1,100 MinuteClinics at select CVS Pharmacy locations nationwide and will expand age-friendly care to other MinuteClinic services such as behavioral health. More than



3,300 nurse practitioners and 1,200 practical nurses will benefit from programming, virtual education and professional development.

"Age-friendly care is based on evidence, reduces harm and focuses on what matters to older adults," said **Mary Dolansky, PhD, RN (GRS '01, nursing)**, the Sarah C. Hirsh Professor at the School of Nursing and a co-principal investigator on the project.

"This is a unique opportunity to not only ensure that older adults receive ageappropriate care," she added, "but also to evaluate the impact of Age-Friendly Health Systems treatment using Medicare data."



Mary Dolansky

faculty**NEWS**

Honors and awards

The latest honors and recognitions for students and faculty of Frances Payne Bolton School of Nursing

Jaclene A.

Zauszniewski,

PhD (NUR '89:

the Catherine

GRS '92, nursing),

Seibyl Professor in

Nursing, Research

and Caregiving, was

awarded the 2023

Midwest Nursing Research Society Faculty and Student Awards

Every year, the Midwest Nursing Research Society (MNRS)—an organization dedicated to advancing science, transforming practice and enhancing careers through a network of scholars—honors nursing professionals who have made significant and notable contributions to the field through research. Last fall, MNRS recognized several members of Frances Payne Bolton School of Nursing.

Chao-Pin Hsiao,

PhD. RN. associate

2023 Distinguished

Researcher Award

from the Symptom

and Implementation

Interest Group (RIIG).

Stephanie Griggs,

PhD, RN, assistant

professor, won the

New Investigator

Award.

2023 Harriet H. Werley

Science Research

professor, received the



Chao-Pin Hsiao



Stephanie Griggs



Partnership RIIG.

Through Academic and Clinical

Valerie Toly, PhD, RN (NUR '90; GRS '09, nursing), associate professor, was awarded the 2023 Outstanding Partnership Award from the Research



Jaclene A. Zauszniewski

Distinguished Abstract award for her project, "Acquiring Resourcefulness Skills: Formal Versus Informal Training."

Johnathan Huynh, a Bachelor of Science in Nursing student and research assistant, won the 2023 Undergraduate Research Award from the Health Promoting Behaviors Across the Lifespan RIIG.

Griggs, Grant

Pignatiello, PhD, RN

(CWR '13; GRS '18,



Grant Pignatiello



nursing), instructor and KL2 scholar, and Ronald Hickman Jr., PhD, RN (CWR '00; NUR '02, '06, '13; GRS '08, nursing), associate dean for research and the Ruth M. Anderson Professor, won the Western Journal of Nursing Research **MNRS Sage Best** Paper Award for their

Ronald Hickman Jr.

article "Sociocultural moderators of emotion regulation in family members of the critically ill."

Additional honors



Frances Payne Bolton School of Nursing Dean Carol Musil, PhD, RN (NUR '79; GRS '91, nursing), was part of a group of authors honored with Nursing Outlook's 2022 Excellence in

Education Author Award for the article. "Doctor of Nursing Practice degree in the United States: Reflecting, readjusting, and getting back on track." The piece examined the factors influencing the ability of nursing schools to implement a universal Doctor of Nursing Practice standard for advanced practice registered nurses.

In addition to the MNRS award, Huynh also won first place and the Intersections Award, Social Sciences, for his paper on "Sleep Quality and Cardiometabolic Risk in Young Adults with Type 1 Diabetes," from Case Western Reserve University's Support of Undergraduate Research and Creative Endeavors program.



Angela Milosh, DNP,

instructor and director Foundation/Frances Anesthesia Program,

Angela Milosh was inducted as a fellow of the American Association of Nurse Anesthesiology in August 2022.

RN (NUR '03, '07),

of Cleveland Clinic Payne Bolton Nurse

1924: Nurses use microscopes in a laboratory

2023: A different kind of laboratory—the Adult Gerontology Acute Care simulation lab





Case Western Reserve University

A CENTURY OF CARE AND SCHOLARSHIP

For 100 years, Frances Payne Bolton School of Nursing has fulfilled its founder's vision, revolutionizing nurse education and advancing health worldwide

By Daniel Robison

f Frances Payne Bolton were to walk through the halls of her namesake school today, she would find students from around the world, drawn to study in top-ranked programs taught by internationally recognized faculty conducting research that continues to push the field forward.

"We've never settled for being an average school," said Carol Musil, PhD, RN (NUR '79; GRS '91, nursing), dean of Frances Payne Bolton School of Nursing at Case Western Reserve University.

One hundred years ago, when Bolton made a transformative gift to establish the School of Nursing, nurses were educated much differently. Most programs were hospital-based and focused on teaching and clinical education—not on scholarship, research or driving change in healthcare.

In providing the resources for a stand-alone universitybased nursing school rooted in systematic inquiry and rigor, Bolton ignited an entirely new approach to nursing practice and education.

"The growth and evolution of our school has driven changes in the entire profession," said Musil, also the Edward J. and Louise Mellen Professor of Nursing. "I think Mrs. Bolton would be pleased to know our graduates and faculty have shaped and improved care wherever they go—which is pretty much everywhere across the globe."

PUSHING THE PROFESSION FORWARD

Though the roots of the School of Nursing can be traced back to the establishment of the Lakeside Hospital Training School in Cleveland in 1898, the birth of the modern institution can be attributed to Bolton's generous donation of \$500,000 in stocks in 1923, which was then the largest gift ever made to a university school of nursing.

The endowment elevated nursing from a department to its own college within Western Reserve University, making it one of the first of its kind in the country.



One hundred years ago, nursing students gathered for tea in a common room at Lakeside Hospital (left). Today, they gather among medical and CWRU and Cleveland Clinic (right).

At the time, Bolton's gift was considered unconventional and speculative—even for a Standard Oil heiress who was then one of the richest women in the world. After all, she never attended college herself.

What Bolton did possess was an intense interest and appreciation for the nursing profession, which started as a teenager volunteering for the local chapter of the Visiting Nurses Association, a charity caring for the poor.

In the years ahead, Bolton's influence—and support for the nursing field—only expanded.

Bolton ran her first successful bid to the U.S. House in 1940. As a U.S. congresswoman, she was forthright and effective—addressing the nursing shortage during World War II by securing passage of the Bolton Act in 1943, during her second term. The law created the U.S. Cadet Nurse Corps, which provided training and education for more than 125,000 nurses in the program's first year alone. Many continued into the profession after the war.

Thanks to Bolton, the program's funding was distributed without discrimination based on race or ethnicity—a thencontroversial stipulation that she insisted on, arguing it was rooted in fairness and fundamental to the spirit of the nursing profession.

Like many pioneers, Bolton was considered ahead of her time—setting an example that resonates today and continues to inform the inclusive nature of the School of Nursing.

LEADING THE WAY

As a condition of Bolton's gift, the School of Nursing had to adopt an experimental approach. It's proven to be a hallmark of the institution.

Innovation in scholarship and education at the nursing school—including the creation of degree programs that



dental students in the atrium of Samson Pavilion at the Health Education Campus of

were among the first in the world and now widely adopted—have pushed the field forward and helped establish nursing as a distinct discipline of its own.

"Mrs. Bolton wanted nurses to have the same opportunity for a stellar education that was available to other health professionals," said **Joyce Fitzpatrick, PhD (MGT '92)**, Distinguished University Professor and former dean. "She was a visionary and helped put the field on that new path."

From the beginning of the newly independent School of Nursing, standards—and ambitions—have been set high.

In launching the country's first Master of Nursing degree in 1934, the school adopted strict criteria—requiring students to possess a degree from an accredited institution to enroll. Dean **Marion Howell (FSM 1920)** faced heavy criticism, especially given enrollment challenges brought on by the Great Depression and an ongoing nursing shortage. Nevertheless, Howell remained steadfast in her commitment to raising academic standards, and, three years later, the school awarded the first nursing graduate degrees in U.S. history.

SAVE THE DATE Centennial gala to raise funds for scholarships

Frances Payne Bolton School of Nursing's Centennial Celebration—a year of events commemorating 100 years of nursing education and leadership in Northeast Ohio and beyond—will culminate with a gala Oct. 14 to kick off a \$5 million scholarship campaign for student support.

"Scholarships are integral to reaching the most talented and diverse group of nursing students," said **Celeste Alfes, DNP (NUR '10, MGT '21),** professor of nursing, assistant dean for academic affairs and co-chair of the nursing school's Centennial Committee. "Proceeds from the Centennial Gala will go to recruiting the next generation of nurses."

The gala will take place during Homecoming and Reunion Weekend; alumni are encouraged to attend the gala but also to meet with nursing students, sit in on classes, and see demonstrations in the school's simulation labs and new facilities throughout the weekend.

"There's a certain belongingness and closeness when we gather together," said **Susan Prion, RN, EdD (NUR '79)**, emeritus faculty at University of San Francisco and co-chair of the school's Centennial Committee. "We look forward to welcoming our alumni to campus for a celebration a hundred years in the making." A short time later, the Bolton Act swelled enrollment at the school and severely stretched facilities and faculty resources. While standards for admission were temporarily lowered for the war effort, Dean **Helen Bunge** established the New Basic Program in 1947, which reinstituted highlevel requirements in coursework and for admission—setting the stage for the school's ascendence in the following decades.

Register for the Centennial Celebration at bit.ly/FPB-Centennial-Celebration.

Alumni are also encouraged to donate items for a silent auction at the gala by reaching out to Maureen Kendel at <u>Maureen.Kendel@case.edu</u>.

a formal transformation of nursing education. Dean **Rozella Schlotfeldt, PhD (HON '96)**, and her successor, **Janetta MacPhail, PhD**, spearheaded a groundbreaking "Experiment in Nursing" program that established clear principles in nurse educational training by adapting clinical training models from medical schools.

Both deans also recruited nationally, inviting nursing scientists—often trained in other health fields to join the faculty to foster a research-oriented culture that stressed publishing and involvement in professional organizations.

"The development of new knowledge directly improved patient care and elevated nursing in higher education and in healthcare," said professor emerita and former dean **May Wykle, PhD (NUR '62, '69; GRS '81, education)**, a faculty member since 1969. "Doors were starting to open for nurses to have many pathways of practice."

In the 1970s, MacPhail oversaw the launch of the third PhD program in the country at the nursing school and, by decade's end, the introduction of the Nursing Doctorate (ND), the first of its kind in the U.S.

DEFINING THE FUTURE

In 1982, Fitzpatrick was named dean—and a new era began. During her 15-year tenure as dean, fundraising surged, "which allowed us to do more creative things," she said, "and put us on the cutting edge in new programs and research, which also served to generate additional resources."

By the late '90s, the school's endowment surpassed \$40 million and eight endowed professorships had been established—the most at any U.S. nursing school at the time.

Fitzpatrick also spearheaded the effort to offer opportunities in advanced clinical nursing practice, establishing the Doctor of Nursing Practice (DNP) degree, "which was the first in the country and the world," said Fitzpatrick, the Elizabeth Brooks Ford Professor of Nursing. "Now it's a standard program in hundreds of nursing schools."

DRIVING DISCOVERY

Mid-century, in many circles, nursing was still not considered its own field in healthcare.

"By the late 1960s, there was movement toward nursing becoming a discipline," **Ronald Hickman Jr., PhD (CWR '00; NUR '02 '06, '13; GRS '08, nursing)**, associate dean for research in the Center for Research and Scholarship, which has operated the school's research infrastructure since 1990.

"In order to become a discipline within a university setting," he added, "you have to have a fundamental body of knowledge produced by scholars."

Early scholarship at the nursing school emphasized the role of the relationship between nurse and patient, which influenced education. Nurse training began to focus on consideration of the patient's emotional wellbeing as well as physical health. Dean **Elizabeth Porter** believed close supervision by faculty who were also active researchers helped students develop an understanding of the complexities of nursing in clinical settings.

In the 1960s, the increasing complexity of healthcare systems and a shortage of healthcare personnel prompted



Visit <u>bit.ly/FPB-memories</u>

to share your stories, memories, well wishes and photos for a special vignette slideshow that will be shown during the centennial gala Oct. 14.



2023: Master of Nursing students learn critical care for infants in procedural simulations

PICU-01

S.L

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Image courtesy of CWRU Archives

Funding for research was also becoming more abundant, especially from the precursor to the National Institute of Nursing Research, established in 1986 at the National Institutes of Health (NIH).

"It wasn't that long ago," said Hickman, who is also the Ruth M. Anderson Professor. "But we were well positioned to immediately become leaders."

Today, the nursing school has six Centers of Excellence including the University Center on Aging and Health and the Dorothy Ebersbach Academic Center for Flight Nursing—in top-notch facilities at the Health Education Campus of Case Western Reserve and Cleveland Clinic. The building's 2019 opening marked a significant milestone in the effort to create a collaborative and integrated approach to health sciences education, with Case Western Reserve's nursing, dental and medical schools, including its Cleveland Clinic Lerner College of Medicine, calling the nearly 477,000-square-foot building home.

OFFERING OPPORTUNITY FOR ALL

Nursing is one of the most practiced professions worldwide, with 27 million men and women accounting

for almost half of the global health workforce, according to the World Health Organization.

But the diversity of the profession was not always reflected in the student body at the School of Nursing.

"In our class pictures over the years, you can start to see our students reflect the composition of the communities we serve, more and more," said Wykle, who became the first Black dean of the School of Nursing in 2001 and served a decade in the post. "Mrs. Bolton was pleased to see the school becoming more diverse."

In the House of Representatives, Bolton led influential efforts to make nursing more inclusive—targeting discrimination against male nurses and people of color and by providing opportunities for qualifying students with financial aid.

She was also instrumental in the passage of the Civil Rights Acts of 1957, 1960, 1964 and 1968, as well as the Voting Rights Act of 1965—and served as a trustee at the Tuskegee Institute, a historically Black land-grant university.

"Mrs. Bolton set a tone with her beliefs, and her actions have reverberated through the school," said **Camille Beckette Warner, PhD (GRS '97, '02, sociology)**,



Photo by Matt Shiffler



Frances Payne Bolton with Cadet Corps nurses

associate dean of diversity, equity and inclusion and an assistant professor.

In 1954, Betty Smith Williams (NUR '58) successfully challenged her initial rejection from the School of Nursing and became its first Black student awarded a Master of Nursing degree. She later established the National Association of Black Nurses in 1971 and served on the nursing faculty of the University of California at Los Angeles.

"Our students and graduates have made history," said Warner. "But our work to improve equity and equality in our profession continues—racially, economically, spiritually, religiously and through gender inclusivity."

That includes growing international efforts—whether increasing enrollment of international students, teaching or conducting research abroad, or partnering on educational and public health initiatives.

"We've demonstrated a dedication to international outreach and provided a global influence almost from the beginning—and undoubtedly in our contemporary work," said Mary Quinn Griffin, PhD, RN (NUR '93; GRS '01, nursing), professor and institutional researcher.

(Story continues on p. 26.)

MAJOR MILESTONES FOR FRANCES PAYNE BOLTON SCHOOL OF NURSING





1923 Frances Payne Bolton endows school :

1920s

1937 First Master of Nursing students graduate—the first class of such students in the world

: 1935 School becomes Frances Payne Bolton

School of Nursing

First Master of Nursing program (precursor to the Master of Science in Nursing) students admitted

1930s

1943 Creation of the U.S. Cadet Nurse Corps (made possible by the Bolton Act) to address the nursing shortage during WWII



1954 First Black student, Betty Smith Williams, graduates with Master of Nursing; goes on to found the National Association of Black Nurses

1**952**

First male student, Russell L. Swansburg, graduates with Bachelor of Science in Nursing

1950s

1969 New nursing building within CWRU health sciences complex completed

1967 "Experiment in



1940s

1960s

197





Carolyn E. Gray 1923-1924



Louise M. Powell 1924-1927



Nellie X. Hawkinson 1927-1932



Marion G. Howell (FSM 1920) 1932-1946



1946-1953



Elizabeth K. Porter 1953-1960

1979 First Doctor of Nursing program in the world created



1972 PhD in Nursing program established



1998 Sarah Cole Hirsh (pictured) Institute Institute for Evidence-Based Practice initiated

1993

Collaboration with University of Zimbabwe leads to the establishment of its Master of Science program in nursing distance learning

1990

Bachelor of Science in Nursing reintroduced after more than 20 years—first to incorporate nursing informatics into all four years of undergraduate curriculum

1990s

2008

Collaboration with Japan's Aichi Medical University leads to establishment of first graduate-level acute care nurse practitioner/ flight nursing program in Asia

2005

Doctor of Nursing Practice replaces the Nursing Doctorate program



2002 First advanced practice flight nursing program in the country founded

2000s



2019

Majority of the School of Nursing moves in to the Sheila and Eric Samson Pavilion at the Health Education Campus of Case Western Reserve and Cleveland Clinic, alongside CWRU's dental and medical schools

2011

Integration of mandatory perioperative nursing content into BSN curriculum, among first in the country

2010s



2021 Marian K. Shaughnessy Nurse Leadership Academy opens in Samson Pavilion

70s



Rozella M. Schlotfeldt, PhD, RN (HON '96) 1960-1972



1980s

Janetta MacPhail, PhD, RN 1972-1982



Joyce Fitzpatrick, PhD (MGT '92) 1982-1998



Dorothy Brooten, PhD 1998-2001



May L. Wykle, PhD (NUR '62, '69; GRS '81, education) 2001-2011



Mary E. Kerr, PhD (GRS '91, nursing): 2011–2018



2020s

Carol M. Musil, PhD, RN (NUR '79; GRS '91, nursing) 2018–present



Caring for the community has been a consistent priority for the nursing school. Here, a visiting nurse examines a patient with a communicable disease in the 1920s (left), and nursing student Charlotte Clement fits a patient with a mask at Rainbow Babies and Children's Hospital in the 1960s (right). (Images courtesy of CWRU Archives.)

Recently, immersive study abroad experiences have also been introduced, in which undergraduates travel together to observe nursing practices in the face of pressing issues, such as the health effects of climate change—further demonstrating the nursing school's commitment to tackling challenges beyond borders.

LOOKING BACK—AND FORWARD

Audrey Palmer (CWR '23) graduated from the nursing school this spring.

Ever since nurses helped her recover from a childhood surgery, she's wanted to be in healthcare. The southern California native chose the School of Nursing for its emphasis on clinical placements—starting within a student's first month on campus—with large healthcare institutions, including University Hospitals and Cleveland Clinic. Throughout her four years as an undergraduate, Palmer had more than 1,500 hours of direct care experience; now, she wants to start her career in a pediatric intensive care unit and eventually become a nurse anesthetist.

"Coming here has helped me focus my dream to help others," said Palmer. "Professors are willing to challenge you as much as you're willing to accept that challenge and it drives everyone to be the best nurse they can be."

Palmer's experience, and those of her classmates, shows how the institution is still striving to realize the ideals envisioned by its founder.

"I think Frances Payne Bolton would be quite proud to see where we are today," said Musil, "and even prouder to know her vision is guiding us in our mission to improve nursing and health outcomes for all."



Watch the centennial events that have taken place so far, including "A Conversation with Nursing Icons and Black History Makers"—featuring May Wykle, Betty Smith Williams and Barbara Nichols at <u>youtube.com/fpbnursing</u>.

Cultivating community nurse leaders

For School of Nursing students, the best lessons sometimes happen outside the classroom

s they waited for their health screenings from Frances Payne Bolton School of Nursing students in the spring, the Cleveland school children in the queue started to become antsy. So, rising fourth-year nursing student **Bernice Eads** got creative.

"I started playing Simon Says," she recalled. And because many of the kids spoke Spanish, she led the game in English and Spanish, her first language.

Eads and her fellow rising fourth-year students **Jane Wu**, **Arilay Zapien** and **Mia Morgan** were at Cleveland Metropolitan School District's Buhrer Dual Language Academy, where they helped school nurse Patricia Breslin, RN, conduct height, weight and vision screenings to identify children's healthcare needs for appropriate interventional measures. And, Breslin said, they served as role models for the kindergarten through eighth grade students.

The experience is part of the communitynursing curriculum required at Frances Payne Bolton School of Nursing, in which students are assigned to one of five different sites such as schools, recreation centers, adult day care centers and homeless shelters.

"It's a basic introduction to bridge the gap

between what you're seeing in the hospital and your community," said **Shannon Wong, RN**, who oversees community nursing coursework at the school. "Where patients might be living, what that looks like, and what we can do to help them."

Second-year students take "Teaching and Learning in the Community" while third-year students take the complementary "Leadership in the Community" alongside them, mentoring their younger peers while they work together to provide education and health screenings.

Kristin Carter, who teaches "Leadership in the Community," says learning outside the classroom, lab or hospital



Shannon Wong

is critical for future nurses. "What we want to inspire in them as nurses is that health is everywhere," she explained. "It starts at home and in communities where people are living, growing and spending their days."

Having a deeper understanding of how patients are functioning outside of an inpatient setting, she added, helps nurses provide more personalized, comprehensive care.

Morgan, who hopes to become a neonatal intensive care unit nurse someday, found working with her younger peers especially beneficial. "I've loved mentoring the second-year students—it's made this experience a lot more fulfilling. I've gained a lot of confidence in my abilities as a leader."

Of course, the knowledge that they've made a difference is the most rewarding of all.

"I think what we're doing has had an impact on the community," said Eads. "It's nice to know we are giving back to the community as much as it gives to us."



From left: Arilay Zapien, Jane Wu, Bernice Eads and Mia Morgan present their final project at the end of the school year in Samson Pavilion.



Jane Wu and Bernice Eads conduct health screenings for students at Nathan Hale School in Cleveland.

Pride and joy

Students, families and faculty celebrate Commencement Week

n May, Case Western Reserve University debuted a new format to celebrate the graduation of the Class of 2023: a Commencement Week with four days of festivities and a "clap out" to kick it all off.

The clap out took place May 17, when members of the campus community met on the Case Quad to cheer on graduates as they processed to the Veale Convocation, Recreation and Athletic Center for the convocation ceremony. There, university leadership gave remarks and presented awards, and renowned infectious disease expert Michael Osterholm gave the commencement address.

On Friday afternoon, students from the Frances Payne Bolton School of Nursing gathered at the Maltz Performing Arts Center for the Pinning and Awards Ceremony. Dean **Carol Musil, PhD, RN (NUR '79; GRS '91, nursing)**, opened

the ceremony by reflecting on the school's history.

"One hundred years ago, our school was endowed with the hope that an independent school of nursing here at Case Western Reserve would educate and prepare students to become leaders in the field of nursing," she said.

"One hundred years later, I see that legacy in front of me now."

Class representatives **Erin Kilgore (NUR '23)**, **Jonathan Huynh** (**NUR '23)** and **Sampada Arora (NUR '23)** presented their fellow graduates to be formally inducted into the Frances Payne Bolton School of Nursing Alumni Association, which was symbolized by presenting pins adorned with crosses to each graduating student.

"Today, you become a part of history," said **Karen Hogan, ND** (NUR '83), president of the school's alumni association. "Both of the legacy of the highly respected nursing program at the School of Nursing, and of the tradition of the nursing pin itself, which has been a symbol of service to others for centuries."

Master of Nursing, Master of Science in Nursing and Doctor of Nursing Practice students received their hoods and diplomas on Saturday, and received sage words of advice from **Elizabeth Madigan, PhD (GRS '96, nursing)**, a former faculty member who's now chief executive officer of Sigma International Honor Society of Nursing.

On Sunday, Bachelor of Science in Nursing students walked across the commencement stage to receive their diplomas, officially making them part of the CWRU alumni family.

"If every single nurse in the world took on a leadership position—because you all can—we could change the world," Madigan continued. "Nurses can—and should—lead from wherever they are, regardless of their positions.

"Your leadership is really only limited by your imagination," she added. "Now is the time for you to take the lead."



Nursing students pose during the Pinning Ceremony in May.

















Our 2023 Graduates

102

Bachelor of Science in Nursing

22 Master of Nursing

43 Master of Science in Nursing

73 Doctor of Nursing Practice

> 4 PhD in Nursing



"One hundred years ago, our school was endowed with the hope that an independent school of nursing here at Case Western Reserve would educate and prepare students to become leaders in the field of nursing.

"One hundred years later, I see that legacy in front of me now."

— Dean Carol Musil, PhD, RN











Centennial and beyond

School of Nursing alumni association leader looks to the future

by Anthony Fossaceca

s Frances Payne Bolton School of Nursing celebrates its centennial, we spoke with the school's alumni association board president, **Karen Hogan (NUR '83), DNP, RN**, on her perspectives about the future of the school and the field of nursing.

What are some of your primary goals for your term as alumni board president?

In addition to helping elevate the dean's strategic priorities, the board provides support to the School of Nursing by linking students and new graduates with alumni through career connections, mentoring and continuing education. We also lead initiatives to secure the financial resources needed for student and faculty programs. Of course, this year, we will play an active role in the Frances Payne Bolton School of Nursing Centennial. And, with my class celebrating our 40th reunion, this is a very special year for me to serve as president of the Alumni Association board.

With the school celebrating its centennial, what about this year excites you most?

There is a growing list of activities planned for this year—including representation at international conferences, published articles about the role of Frances Payne Bolton in formalizing changes in nursing education and public health, displays of historical memorabilia as well as smaller events throughout the year.

Our centennial gala takes place Oct. 14 as part of Case Western Reserve University's Homecoming and Reunion Weekend. The evening event for alumni and friends will include online and inperson auctions with items donated by local businesses and alumni. I'm proud of the role our board has played in helping make this celebration a reality.

What is your vision for the next 100 years for Frances Payne Bolton School of Nursing?

The greatest challenge to nursing is ensuring that we don't view nurses in terms of numbers. While the nursing



Karen Hogan

shortage is challenging us to recruit and retain nurses to meet targets, we must elevate the quality of care. As one of the top nursing schools—both nationally and internationally—and with some of the best thought leaders in the field, Frances Payne Bolton School of Nursing is prepared to address this challenge and set standards for delivering the best care to our patients.

Class notes

Alumni updates received between Oct. 1, 2022, and May 23, 2023.

Sharon Roloff (NUR '77, '96) co-authored *Dysautonomia Diary: Essays and Tips for Enjoying Life Despite Chronic Illness*, which was published in March.

Carol Miller (NUR '80) published the ninth edition of *Nursing for Wellness in Older Adults*, which won the 2022 *American Journal of Nursing* Book of the Year Award in the gerontologic nursing category.

June Romeo, PhD (NUR '80, '97), a senior researcher at Ybarra Research Group at Centro Medico Teknon in Barcelona, was elected as a fellow at the American College of Cardiology.

Matt Stapleton (NUR '95) was named chief operating officer of American Physician Partners in August. Located in Brentwood, Tennessee, American Physician Partners is a leader in emergency medicine, hospital medicine and critical care management services.

Rob Davis, DNP (NUR '97, '05, '08) was inducted as a fellow into the Academy of Wilderness Medicine, which will be made official during a ceremony on July 17 in Spokane, Washington.

In memoriam

Death notices received between Oct. 30, 2022, and May 23, 2023.

Mae Alice Malone (NUR '46) died in Santa Paula, California, Jan. 5. Malone worked as a clinical and visiting nurse after graduation and was married to Robert Malone (MED '49) for 55 years.

Libby Wardrep Collier (NUR '47) died in Hackett, Arkansas, Jan. 9.

Ruth Lind Winkler (NUR '50) of Dallas died Dec. 23. During her career, she taught at Baylor University School of Nursing and the Dallas Independent School District High School for Health Professions. Winkler also worked as a supervisor at the Dallas Veterans Affairs Medical Center, a part-time nurse at Baylor Hospital, and a supervisor and infection control coordinator at Gaston Episcopal Hospital.

Vida Grace (McKelvy) Brown (NUR '53) died March 27 in Gibsonia, Pennsylvania. Brown worked as a nurse for more than 40 years in Cleveland and the Pittsburgh area in various contexts such as hospitals, home health, pediatrics, assisted living facilities and camps for children with disabilities.

Georgia Wilhoite Dixon (NUR '54) of Bedford, Ohio, died Jan. 24. Before obtaining her bachelor's degree from Frances Payne Bolton School of Nursing, she earned a nursing degree from Meharry Nursing School in Tennessee in 1939. She eventually became one of the first Black nursing supervisors at several Cleveland hospitals, including St. Luke's Hospital, Mt. Sinai Medical Center and The MetroHealth System.

Joan Laurie Jacob (NUR '69) of Napoleon, Ohio, died Jan. 27. Jacob first received her nursing degree at Toledo Hospital School of Nursing before coming to Case Western Reserve University to earn her Bachelor of Science in Nursing. She then obtained a Master of Nursing Science from Catholic University of America in Washington, D.C. Throughout her career, Jacob was a nurse at Toledo Hospital in Toledo, Ohio, University Hospitals in Cleveland, and Johns Hopkins Hospital and Wilmer Eye Institute in Baltimore. She was chief nurse of surgical nursing services and a nurse specialist in research in the medicine branch of the Cancer Institute at the National Institutes of Health in Bethesda, Maryland.

Mary Alice Turley (NUR '71) of North Richland, Texas, died Dec. 23. After earning a Bachelor of Science in Nursing at Frances Payne Bolton School of Nursing, Turley went on to obtain a Master of Education at Cleveland State University and doctorate at University of Texas, Austin, in 1983. She served as dean of nursing at Angelo State University and West Texas State University in Texas, Mesa State University in Colorado and Baker University in Kansas. After retiring, Turley consulted on curriculum building in the nursing program at Yun Yang Medical University in Shyian, China.

Molly Muirhead Tyler (NUR '79) died in Ann Arbor, Michigan, Nov. 23. Tyler earned her bachelor's degree at Cornell University before obtaining her Master of Science in Nursing from Case Western Reserve. She worked as a visiting nurse and taught nursing at Medical College of Ohio until she retired in 1994.

Barbara Joan Banik (GRS '86, nursing) of Chandler, Oklahoma, died Jan. 16. Before earning her doctorate in nursing at Case Western Reserve University, Banik graduated as a registered nurse in the Cadet Nurse Corps from University of Minnesota in 1946. She then earned her Bachelor of Science at Austin Peay State University and her Master of Science at University of Kentucky in Lexington.

Dianne K. Birney (NUR '97) of Mason, Michigan, died Dec. 22. Birney earned her associate degree at Lansing (Michigan) Community College and a Bachelor of Science from Michigan State University before attending Case Western Reserve University, where she obtained her Master of Science in Nursing. Birney's career in women's healthcare spanned 45 years, during which she was an obstetrics nurse, a certified nurse midwife and a lactation consultant. She worked as a clinical nursing instructor in well-woman care and family planning and as a triage midwife. Birney and her daughter helped found Next Generation Lactation Service, a nonprofit that continues to help new families in the Lansing area.

Katherine Szuberla Jauch (NUR '00) of Poolesville, Maryland, died Dec. 14. After graduating from Case Western Reserve University, Jauch worked in labor and delivery at The MetroHealth System in Cleveland, Georgetown University Hospital in Washington, D.C., and Beth Israel Deaconess Medical Center in Boston.

Lifelong learner

Stephen Ganocy, PhD (GRS '80, biometry; GRS '03, statistics), was known by many on campus, having served in various roles—including as a research statistician at Frances Payne Bolton School of Nursing—before his death Nov. 4 at the age of 79.

Ganocy joined the United States Air Force in 1961, the same year he graduated from Archbishop Hoban High School, and was stationed in Texas and England until he was honorably discharged in 1965. Ganocy earned bachelor's and master's degrees in mathematics from the University of Akron while working at Goodyear Tire and Rubber Co., where he worked for 33 years.

In 2003, at the age of 60, Ganocy earned his doctorate degree from Case Western Reserve. Overall, he served the university for more than 16 years, both at the nursing school and as an assistant professor of psychiatry at CWRU School of Medicine. He also was a researcher at University Hospitals Cleveland Medical Center in the Department of Psychiatry.

He provided support for various research projects, and had a "very strong statistical background," according to **Christopher Burant, PhD (CWR '00; GRS '06, sociology)**, an associate professor in the nursing school who knew Ganocy for 10 years.

"He was a very kind person with a good sense of humor," said Burant, adding that he'll always remember Ganocy as someone who was supportive, helpful and full of good stories.

making an **IMPACT**

A "lived experience"

How one student's trauma led to a career in nursing

Dalton Noakes (NUR '23) is a survivor.

While studying business at The Wharton School at University of Pennsylvania, Noakes noticed a small lump near his clavicle. Only 19 years old at the time, he saw a nurse practitioner who immediately sent him to the emergency room for further screening.

Devastating news soon followed: It was Hodgkin's lymphoma.

After a half-dozen rounds of chemotherapy, Noakes was feeling well enough to return to school, but things had changed. Disillusioned with business, he switched his major to public health. He briefly considered pursuing a medical degree, but soon realized it wasn't the right fit.

"I absolutely hated it. At the time, the cancer was still too fresh in my life," said Noakes. "I had started seeing a therapist to address my trauma, but I recognized that I couldn't provide the quality healthcare I wanted for people if I was still dealing with that. Medical school tends to be sterile, clinical. I wanted to be more personal."

"All the good memories of my chemo nurses came flooding in, and I thought about the amazing support network of survivors that helped me get through that. I wanted to do that, too."

—Dalton Noakes

Noakes was teaching cooking classes at a school in Philadelphia when he had his revelation. "One day I heard a speaker talking about his experience as a doctor, helping people, being a support person, and it just clicked," he recalled. "All the good memories of my chemo nurses came flooding in, and I thought about the amazing support network of survivors that helped me and through that. I wanted to do that, too."

So, Noakes moved to Cleveland to attend Frances Payne Bolton School of Nursing at Case Western Reserve University to begin his nursing career. During his second semester, he did a rotation on the fourth floor of University Hospitals Seidman Cancer Center working with adult oncology patients.



Dalton Noakes

Noakes is now a staff RN at Seidman where he works with patients with hematologic malignancies and are in need of bone marrow transplants. "I see a lot of myself in them," he said.

The patients on his floor are those who have just been diagnosed with cancer and are often overwhelmed by what's next; they're adjusting to life in a hospital, away from family, feeling alone and unsure if they'll live or die.

"I know what that's like. I know that feeling. I bring a level of empathy that other nurses don't have simply because of my lived experience," he said. "Nurses must have patience with the patients. They have to be present and attentive, but also honest and kind."

Noakes only shares his own cancer experience when it comes up naturally with patients. Often, he's asked why someone would want to work with cancer patients knowing you're surrounded by suffering.

"There's so much more to life than that," he said. "It's possible to beat cancer. It's possible to get healthier."

Indeed, he's living proof.

-Matthew Merchant



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For inquiries or to attend the reception, contact Susan Garcia at susan.garcia@case.edu.

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