

# Ohio Midwifery Forward

## Taylor Recinella, BSN, RN, SNM

### WHAT IS IT

- Midwifery conference in Findlay, Ohio February 23-25, 2024 for the Ohio Affiliate of the American College of Nurse Midwives
- Connecting with future, current, and retired midwives from all over Ohio
- Learn practice updates, obtain continuing education credit

### OPPORTUNITIES FOR GROWTH

- Networked with current and potential colleagues
- Expanded my knowledge through experienced midwives and being present during multiple educational forums and skill simulations
- Improved my public speaking skills while educating other midwives on the effects of early menarche





# AANA Seattle 2023

Kimberly Wiggan

One of the most significant aspects of the conference was the wide range of educational sessions offered. From lectures on advanced anesthesia techniques to workshops on patient safety and emerging research, there was something for everyone.

The exhibit hall at the AANA annual conference was like stepping into a treasure trove for anesthesia-related resources. From pharmaceutical companies showcasing new medications to equipment manufacturers demonstrating cutting-edge technology, it was an excellent opportunity to stay updated on industry advancements.

Additionally, participating in hands-on workshops provided me with practical skills that I could immediately apply during my upcoming clinical rotations. Learning from experienced CRNAs who guided us through various procedures enhanced my confidence level while reinforcing important principles of safe anesthesia practice. Overall, attending the AANA annual conference as a second-year SRNA has been an enriching experience that has broadened my understanding of anesthesia practice. The educational sessions, networking opportunities, and access to industry resources have all contributed to my growth as a future nurse anesthetist. It has undoubtedly played a pivotal role in shaping my educational journey and preparing me for a successful career in anesthesia.





# International Refuge Guatemala Medical Mission Trip

July 28<sup>th</sup> – August 6<sup>th</sup>  
2023

Kristin Kelly - Case Western Reserve University

Adult Gerontology Primary Care Student

Professional Growth Grant Recipient from GSNA – Fall 2023

It is difficult to put into words how much I learned from this professional growth opportunity, though I will utilize photos to help demonstrate. Thank you so much for supporting me and aiding in my development of skills and experiences that I will translate into my practice as a Nurse Practitioner.

- 1) Top left: I am with my interpreter Pamela. Pamela *taught me so much* about the Guatemalan cultures and how to communicate effectively. Using different terms or descriptions that patients could understand better. She helped me improve my Spanish speaking skills and develop relationships with my patients. By the end we were so sad to leave one another.
- 2) Top Right: With a patient after her visit (picture with consent). She was incredibly grateful for her care and most importantly, education on her diabetes and access to treatment. She was wonderful. I was able to provide her primary care services, and specialized care as well.
- 3) Bottom Left: With my MSN classmates, Rachel & Joe. I was able to collaborate with them and learn more about pediatric care, the PACU, and OR. I learned so much from my Case classmates and developed wonderful relationships with them that lasted beyond our trip!
- 4) Bottom Right: I scrubbed in on a hernia surgery and learned from the lead surgeon on the trip! One of the founding surgeons of this medical mission! I improved on my interprofessional communication and explored a different setting of care. It was so fulfilling for this opportunity!



# Guatemala with Refuge International

## Who we were:

A group of medical professionals, students, and non-medical people with a heart for providing healthcare to an underserved population.



## What we did:

Provided primary care to more than 300 people and much needed surgeries to over 75 people who came from as far away as 8 hours to have a visit with a provider.



## How this will impact my future as a provider:

1. Honed diagnostic skills that I will use in my practice as an NP
2. Practiced effective and efficient communication with an interpreter
3. Learned to educate patients with low health literacy
4. Gained primary care experience with medical management of common chronic conditions
5. Collaborated with surgeons, physicians, students, and non-medical volunteers
6. Formed lasting connections with people from all over the world!

Summer Watterson, MN, RN

# Ohio Midwifery Forward 2024

Kathryn Timlin

- ▶ Ohio ACNM annual conference
  - ▶ Reignite midwifery spirit
    - ▶ Laboring on with Power, Purpose & Passion; Pregnancy, birth & risk
  - ▶ Connect with fellow midwives
  - ▶ Learn practice updates
    - ▶ CDC updates, Legal issues for Ohio APRNs, Racial & ethnic inequity
  - ▶ Obtain continuing education
- ▶ Student GYN presentation
  - ▶ Oocyte cryopreservation
  - ▶ 1<sup>st</sup> professional presentation given to >90 midwives





# 2024 OSANA ANNUAL CONFERENCE

- The Ohio State Association of Nurse Anesthetists hosts a yearly conference where CRNAs and SRNAs from across the state come together to network, listen to lectures on a variety of aspects of our career, interact with leaders in our profession and learn some of the most up-to-date practices. I am so thankful to have received the GSNA grant to make my attendance as OSANA financially possible!

I am a third year SRNA, graduating in a few short months, I prioritized the lectures where I would learn how to best care for my patients and improve their surgical experience. The first lecture on trauma-informed anesthesia care for women with an assault history was so eye-opening. As healthcare providers we tend to touch people without thinking and the importance of asking permission before any physical contact will now be a firm part of my patient care.

- There were presentations that explained new medicine practices to benefit our patients. A new way to use Zofran prior to Propofol administration to mitigate pain on injection. There was also new evidence to support the administration of a Benzodiazepine, over narcotics, to women in PACU experiencing abdominal pain!
- A presentation on 3D printing for medical inventions was amazing! The CRNA showed how anesthesia tools can be printed for a miniscule cost, potentially decreasing cost for both patients and healthcare system in the future.
- I was able to support my classmates who participated in the Scholastic bowl and learn about another classmate's experience going to Guatemala on a medical mission trip, which now I can't wait to attend myself someday!

Natalie Robins, BSN, RN, SRNA

# Innovate to Elevate

## Engaging in the New Era of Nursing Education conference

Michelle Hinderer, MSN, MBA, RN

This conference presented a variety of topics.

- Learning using brain-based science
- Developing clinical judgment
- Connections between classroom, simulation, and clinical
- Formative and summative evaluations

The session devoted to new faculty was a great idea. All attendees of this session had less than a year of teaching experience. The presenters provided ideas and resources to promote a successful transition to a role as nurse educator.

**Innovate to Elevate** provided an opportunity to network with nurse educators from across the country with varying levels of experience and expertise.

I left inspired with ideas related to wellness in the classroom, setting boundaries as an educator, teaching strategies, brain-based learning strategies, Next Gen, and so much more.



FRANCES PAYNE BOLTON  
SCHOOL OF NURSING

CASE WESTERN RESERVE  
UNIVERSITY

**Course Resources**

- 2 lessons, 1 quiz
- The AP chest x-ray intro 0:40
- Indications and technical considerations 4:34
- The critically ill patient—special considerations 4:25
- The AP chest x-ray quiz 100%

**CHAPTER 12**

**The interpretive process**  
At the end of this chapter, the student will know how to confidently interpret a chest X-ray.

- 2 lessons, 1 quiz
- The interpretive process intro 0:40
- The step-by-step approach 2:04
- The algorithm 1:55
- The interpretive process quiz

[Feedback](#)

**Congratulations**

You scored 100% and passed the quiz!

[Retake](#)

Success is not the key. Happiness is the key. It's love what you are doing successfully.  
—Albert Schweitzer

## Chest X-ray Essentials

by Julian Dobranowski, MD FRCPC FRCR

**COURSE DESCRIPTION**

Being able to interpret the basic findings on a chest x-ray (CXR) is one of the most important clinical skills. Whether it's pulmonary congestion, pneumonia, pleural effusion, or cardiomyopathy, many common and life-threatening problems can be readily diagnosed with the help of a chest x-ray. In this course, you'll learn the most essential chest x-ray interpretation skills. Come in and become an expert.

78 Lessons • 1h 12m • 12 Quizzes • 7 CME credits

[Continue learning](#)

**TEACHERS IN THIS COURSE**

**Julian Dobranowski, MD FRCPC FRCR**  
Chief of Diagnostic imaging at Niagara Health in Ontario, Canada. Professor and Chair of the Department of Radiology, McMaster University.

**WHAT YOU WILL LEARN IN THIS COURSE**

**CHAPTER 1**

Getting into the x-ray dimension  
5 lessons, 1 quiz

*Starting from center and moving OUT:*

**The algorithm**

- 3 lessons, 1 quiz
- The AP chest x-ray intro 0:40
- Indications and technical considerations 4:34
- The critically ill patient—special considerations 4:25
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[Feedback](#)

## Chest X-ray Essential (5 hours 12 min-7 CME credits):

What I learned:

1. Deeper understanding of the anatomy of the chest, including the structures of the lungs, heart, ribs, and other surrounding tissues and organs.
2. Recognize and interpret various pathological conditions that may appear on chest X-rays, such as pneumonia, pulmonary edema, pneumothorax, lung cancer, pleural effusions, and more.

This course enhanced my career so that I can be comfortably placed in an urgent care type of health care facility.