1. The pool can only be used when a Lifeguard is on duty or a scheduled class/program with instructor is in session. Open Swim is only permitted during Open Swim times posted.

2. Swimming is prohibited when infections, communicable disease or open wound(s) is/are present.

3. Appropriate swimwear must be worn when using the aquatic facilities. This includes: swimsuits and no footwear unless approved by facility staff. Alternate apparel arrangements can be made with facility staff if needed.

4. Swimmers should shower before entering the pool.

5. Anyone suspected to be under the influence of drugs or alcohol is not permitted in the pool area.

6. Food and beverages, other than water, are not permitted on the pool deck unless otherwise approved by facility staff. Glass containers are prohibited.

7. During Open Swim, lanes are available on a first come first serve basis unless reserved for scheduled programing.

- 8. When more than one swimmer is in a lane, patrons should practice circle swimming.
- 9. No more than 3 swimmers per lane unless otherwise approved by the Lifeguard.
- 10. Do not hang on the lane lines.

11. No flips, back dives or backward jumps are permitted during Open Swim. Flip turns are permitted unless otherwise indicated.

12. Running on the pool deck is prohibited.

13. No underwater distance swimming or extended breath holding activities are permitted for longer than 15 seconds unless otherwise approved by the Lifeguard.

14. Diving is not permitted unless with permission from guard and only in the 10ft depth area.

15. Abusive, profane, disrespectful language and/or conduct is not permitted.

16. Patrons should use the ladders when entering and exiting the pool.

17. Horseplay or any other behavior deemed unsafe by the lifeguards is not permitted.

18. US Coast Guard approved personal floatation devices are permitted only with the permission of the Lifeguard. Children using floatation devices must stay within arms-reach of an adult in the water at all times.

19. Children 17 and under must be accompanied by their parent or guardian at all times when in the aquatic facility space.

a. Children 17 and under must perform a basic swim test their first time using the facility each academic year. Swim tests will be documented and kept on file for the current academic year.

20. Lifeguards reserve the right to perform a swim test at any time.

21. Use of emergency equipment, walkie talkies and other staff equipment is for employees only.

22. Users are responsible for personal items and valuables. 121 Fitness, the Department of Physical Education and Athletics, and staff are not responsible for lost, stolen or damaged items.

23. The Lifeguard, managers or student staff have final authority on all policies in the pool and may eject patrons for violation(s) of policies.