

Holiday Schedule

MONDAY 12/24

8:00-9:00am	Vinyasa Flow	Katie N.
10:00-10:45am	Cycle Hip Hip	Tangela

TUESDAY 12/25 CLOSED

THURSDAY 12/26

8:00-9:00am	Hot Power Yoga	Chris
10:30-11:15am	Cycle Hip Hop	Tangela
12:00-1:00pm	Slow Flow	Heather

MONDAY 12/31

8:00-9:00am	Hot Power Yoga	Suzanne
10:00-10:45am	Cycle Hip Hop	Tangela

TUESDAY 1/1 - HAPPY NEW YEAR!

9:00-10:00am	Hot Power Yoga	Alex
12:00-1:00pm	Barre	Andrea
2:00-3:00pm	Cycle Flow	Katie

*Regular schedule all other days