

ONE TO ONE
— FITNESS —

PILATES REFORMER

Mondays

9:30 a.m.
10:30 a.m.
5:30 p.m.
6:30 p.m.

Wednesdays

7:00 a.m.
10:30 a.m.
5:30 p.m.
6:30 p.m.

Thursdays

5:30 p.m.

Fridays

7:00 a.m.
9:30 a.m.
10:30 p.m.

	Members	Non-Members
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1 Class	\$ 20	\$ 35
5-Pack	\$ 80	\$150
10-Pack	\$120	\$250
20-Pack	\$200	\$400

Ask us about our private and duet sessions.

