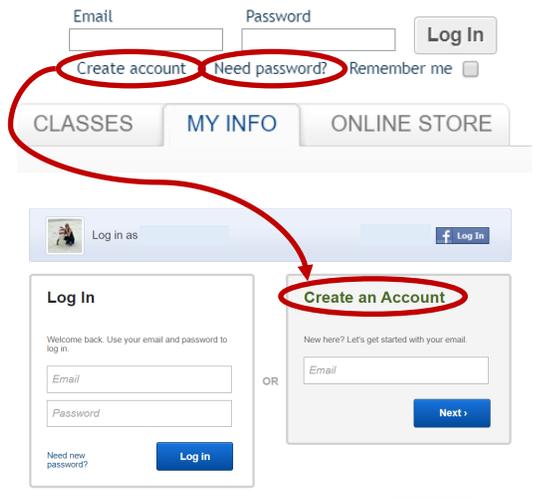


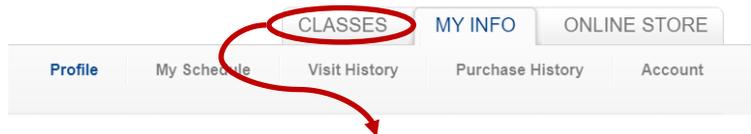
Virtual Group Exercise Classes

Using your computer

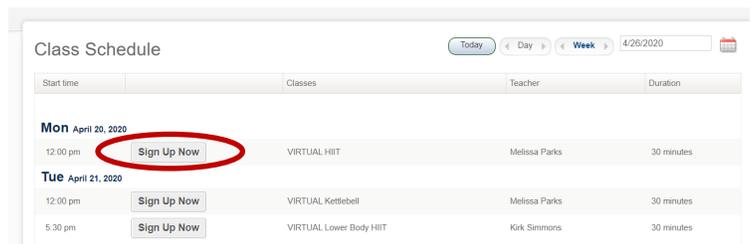
1. Log in to [MINDBODY](#). If you do not have a MIND-BODY Account, create one using the “create account” feature. If you forgot your password, request it here.



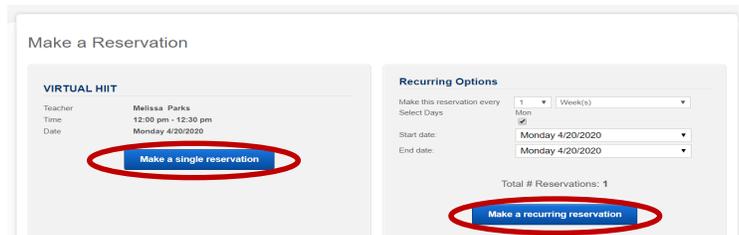
2. Once logged in, click the “classes” tab in the top right of the page.



3. Click “sign up now” for the class of your choice.

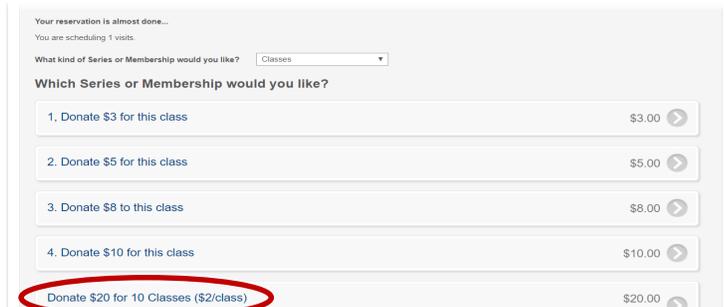


4. Make a single or recurring class reservation.



5. Choose the payment option. Scroll down; packages are available so that you do not have to purchase each day, or you can choose not to make a donation at this time (\$0).

**We greatly appreciate your donation to help us continue the services, classes, instructors and staff that you enjoy.*



6. Follow the instructions for your purchase as you check out.