

Virtual Group Exercise Classes

Using your mobile device

1. Log in to [MINDBODY](#). You can find the MINDBODY app in your app store. Our account is under “Next Level: A One to One Fitness Studio”.

**Mark us as your favorite for quick access!*

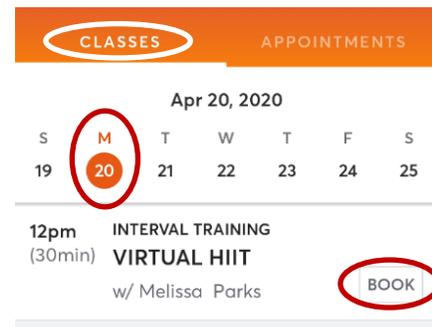
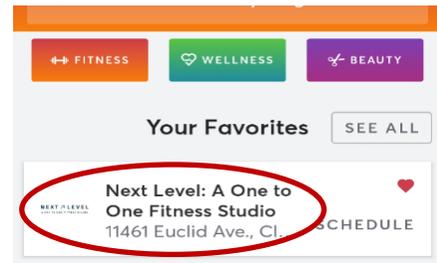
If you have not used the app before, but have an email on file, you may need to confirm your email address. Go to profile > settings > resend confirmation email > check your inbox (or spam) > verify email

2. Go to the “classes” tab at the top. Choose the day and view classes. Choose “book” for the class you would like to reserve.

3. The payment defaults to the lowest option. Please click on “no donation at this time” to get other donation/payment options.

4. Choose the amount of your donation. Scroll down to find class pack options so you do not have to pay for each class separately.

**We greatly appreciate your donation to help us continue the services, classes, instructors and staff that you enjoy.*



Your card will be charged when you tap Book and Buy.

