On behalf of the university, One to One Fitness offers a child care solution for faculty, staff and students of Case Western Reserve University. The program provides a safe and socially engaging environment for children while the parent is at work or school.

**HOURS:** Monday-Friday, 8 a.m. – 5 p.m.

**AGE:** For children enrolled in Kindergarten through sixth grade.

**LOCATION:** One to One Fitness Center | 2130 Adelbert Rd., Cleveland, OH 44106

- For a quick drop off and pick up, park in the turnaround area next to the fitness center (put your hazards/flashers on). Or, park in Lot 53 / Veale Center parking and bring your ticket in for validation.

**RESERVATIONS:**

- Reservations are required in advance and are made through MINDBODY *(note that we are listed under “Next Level: A One to One Fitness Studio).* View instructions on how to sign up using the MINDBODY website or MINDBODY App.
- There is a maximum of six children at all times.
- Reservations must be made by 6 a.m.
- Cancellations must be made by 6 a.m. the morning of to avoid the full day charge. Call 216-368-1121.

**PAYMENT:**

- The fee for this service is scaled by income:
  - For those earning up to $50K a year $4 an hour
  - For those earning $50,001 - $99,999 a year $7 an hour
  - For those earning over $100K a year $10 an hour

**STAFF:**

- The child care staff are experienced CWRU students who have completed a background check and are AED/CPR/First Aid certified.

**GETTING STARTED:**

- After registering for the first time, you will receive an email with information needed before your first visit. Documents must be completed by a parent or legal guardian. If you have more than one child, complete a separate form for each child.
  - Child intake form
  - Liability Waiver *(an electronic form will be sent to you via DocHub from onetoone@case.edu)*

**CHECK IN / CHECK OUT:**

- The same parent or legal guardian must drop off and pick up the child.
- Parents must check in at the front desk before proceeding to the child care room.
- Parents must sign each child in and out for the day.

**ACTIVITIES:**

- Due to COVID-19, shared items will be very limited. Parents should bring toys, homework, mobile devices, pencils/pens, and/or activities for their children. Keep in mind the duration of your child’s stay when packing.
- Our experienced staff will ensure the children are engaged in safe activities.
**DRINKS / FOOD:**
- Parents should bring ample drinks or food based on the duration of the reservation.
- Drinks must be in a spill proof cup, clearly labeled with their name and provided by the parent.
- Food must be in a zip lock bag or a small, sealable container and clearly labeled with the child’s name. Pack items in a cooler if they should remain cool.
- We will have designated snack times for all children.
- All food and drink items should be nut free.
- Drinks and food cannot be shared with other children.

**RESTROOM:**
- All children utilizing this service must be potty trained.
- Parents should take children to the restroom before leaving.
- Children will be escorted to the restroom by a One to One staff member.

**BEHAVIOR:**
- Children are required to demonstrate good behavior when in our care and must follow the instructions/directions of the staff. Parents will be contacted if a child needs to be picked up early.

**HEALTH & SAFETY:**
- **Parent Availability:**
  - Parents must remain on the CWRU campus / in the area at all times.
  - Parents must be reachable by cell phone at all times in case of emergency.
- **Illness:**
  - Do not bring children in who have signs and symptoms of, or have been exposed to someone with signs and symptoms or diagnosis of, COVID-19:
    - Temperature of at least 100 degrees Fahrenheit
    - Fever or chills
    - Shortness of breath or difficulty breathing
    - Fatigue
    - Muscle or body aches
  - Headaches
  - New loss of taste or smell
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
  - *Anyone sent home due to having the above signs and symptoms must be symptom-free for at least 24 hours without the use of medication. If they, or someone they were exposed to, has confirmed or probable COVID-19, they must self-isolate in accordance with the local guidelines.*
  - Do not bring children in who have signs and symptoms of any other communicable illness such as a cold, fever, eye or ear infection, etc.
- **Hand and Respiratory Hygiene:**
  - Children and parents must thoroughly wash and/or disinfect their hands upon entering and exiting the facility.
  - Children will be encouraged to cough into their elbows and not touch their mouth, nose and eyes.
  - Children will be required to wash their hands at least once every hour.
- **Masks/Facial Coverings:** Staff, parents and children are required to wear masks or facial coverings at all times.
- **Social Distancing:** Children will have areas to play/work that are socially distant from other children. Social distancing will be enforced during drop off and pick up times, and at all times while in the facility.
- **Inclement Weather / Campus Closure:** Child care will be cancelled in the event of a campus closure. If campus closes early, child care will remain open for 60 minutes to allow parents to pick up their children.
- **Medication:** If a child requires medication, the parent is responsible for returning to the facility to administer the medication.
- **Emergency Procedures:** In the event of a medical emergency, EMS will be called in addition to the parent or legal guardian. If deemed necessary, the child will be transported to the appropriate hospital by EMS.