

ONE TO ONE
— FITNESS —

PILATES REFORMER

Mondays

10:30 a.m. (Elaine)
5:30 p.m. (Ava)

Tuesdays

4:00 p.m. (Elaine)

Wednesdays

9:30 a.m. (Elaine)
5:30 p.m. (Ava)

Thursdays

4:00 p.m. (Elaine)

Sundays

10:00 a.m. (L1) (Ava)
11:00 a.m. (L2) (Ava)

Members Non-Members

	Members	Non-Members
1 Class	\$20	\$30
5-Pack	\$83 (\$16.60/ea.)	\$124.50 (\$24.90/ea.)
10-Pack	\$137.80 (\$13.78/ea.)	\$206.70 (\$20.67/ea.)
20-Pack	\$228.80 (\$11.44/ea.)	\$343.00 (\$17.15/ea.)

Ask us about our private and duet sessions (info on website)

We recommend that all new participants take a private or partner session before taking a class.

Members can purchase & schedule classes through MINDBODY

