

**CASE WESTERN RESERVE UNIVERSITY
EAST CLEVELAND PUBLIC SCHOOL DISTRICT**

**PROVOST SCHOLARS
University Seminar
Session Four
Thursday, November 07, 2013**

**2:30pm-5:00pm
Spartan Room
Thwing Center**

Protecting the Provost Scholars' Future

Purpose

The purpose of this University Seminar is to engage the Provost Scholars in discussions and activities that will provoke critical thinking about how they can protect their future. Strengthening the social, cognitive, emotional, and physical aspects of their lives are the major domains of the seminar. Independence, responsibility, learning, and planning for the future are examples of some of the key elements that will be emphasized. Finally, the "Profile of the Provost Scholar" will be reviewed and rehearsed by emphasizing their "Mantra."

Objectives

Provost Scholars will participate in

- (1) Discussing protective factors that can help to build hope, career plans, and personal goals that focus on self-esteem and positive attitudes.
- (2) Deliberating how protective factors help to reduce risky thoughts and behaviors, providing a cushion or shield against negative stuff (outcomes).
- (3) Writing down "My Strengths for My Mentor" and preparing to discuss them on Tuesday, November 12, 2013 with Mentors.

Agenda

- Reviewing the Mentors Meeting on November 5, 2013 with an Eye on Excellence
- Creating two small work groups with randomly selected Provost Scholars as its members
- Identifying Scribes for each group
- Sharing group content and process with all Provost Scholars

Materials Needed

- Chalk Board and Chalk
- Round Table and Chairs
- Paper and Crayons

Faculty

- Faye Gary
- Dennis Harris

Concierge and Matre'D

- Provost Scholars Leonardo Armstrong and Marshon Wilson
Hors d'oeuvres will be served