



SUMMARY

It is important to note that all of the programs mentioned here are only introductions to self defense concepts. Members of the campus community interested in more in depth training or classes in this area are encouraged to pursue further training both within and outside the university. It is also important to note that no system can guarantee 100% success in all cases. Self defense training can only enhance the options for a person who is attacked. In many cases, if flight is an option, it remains the best option.

PERSONAL ALARMS— Alarms can be obtained at Police Headquarters at 1689 E.115th Street. During the fall orientation period the division gives away personal keychain alarms that give off a high pitched noise when activated. It is designed to draw attention and possibly frighten off potential attackers.

CWRU POLICE NUMBERS

Emergency 216.368.3333
Non-emergency 216.368.3300

CRIME PREVENTION OFFICE

crimeprevention@case.edu
FAX 216.368.0409

CASE WESTERN RESERVE UNIVERSITY DIVISION OF PUBLIC SAFETY
1689 E. 115th Street, Cleveland, Ohio 44106

CONTACT INFORMATION—RAD Classes are offered every semester, or by arrangement with the instructor staff. Class dates are usually advertised in The Daily and other campus media. Contact radprogram@case.edu for more information.



CWRU Shield

Download the new app designed to keep you safer on campus

DOWNLOAD NOW at



Learn more about CWRU Shield at case.edu/publicsafety.

Please note: All information will remain strictly confidential. Police or first responders will only access your information when you request assistance.

*Disclaimers: CWRU Shield cannot be accessed when you do not have mobile phone coverage. To allow authorities to find your location, "Location Services" must be enabled on your phone. For the app to track your approximate location inside select buildings, you must be connected to Wi-Fi. If you are not connected to Wi-Fi, CWRU Shield will determine your approximate location via your phone's GPS.



WOMEN'S SELF DEFENSE PROGRAMS AT CWRU



Help keep our campus safe!
Emergency: 216.368.3333

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The CWRU Division of Public Safety offers two types of programs for faculty, staff, and students interested in improving their self defense knowledge and basic skills.

THE RAPE AGGRESSION DEFENSE (RAD) PROGRAM

- The department has several instructors certified by Rape Aggression Defense Systems Inc. (RAD), a nationwide program teaching women's self defense. A RAD class is offered to those who identify as female for faculty, staff and students at least once each semester. The class is free for the campus community.
- RAD is a series of four three hour classes usually taught in the evening. The first three classes focus on teaching risk reduction strategies and some basic self defense techniques. The fourth class, which is optional, consists of a simulation exercise during which students can practice their techniques against live aggressors in a controlled training environment.
- Members who complete the first three classes are considered RAD certified and have the ability to attend RAD classes throughout the United States for free in the future as part of the lifetime practice policy.

STREET SMARTS SEMINAR

- Street Smarts is a one to two hour self defense seminar offered by CWRU PD that covers basic self defense strategies and teaches a few basic self defense moves. It is taught on request to small groups ranging from sororities and other student groups to individual staff or faculty departments.

For more information on campus safety programs visit the CWRU PD website at case.edu/publicsafety and like CWRU PD on Facebook.

Over 900,000 women have received RAD training nationwide since 1989.

The Department also encourages all members of the campus community to exercise some basic precautions, to include:

- Know the 24 hour emergency phone number to the CWRU Police Department (**216.368.3333**) and call it to report suspicious activity or people, or if you need help in the campus or University Circle area.

- Be aware of your surroundings when moving around campus.
- Use the transportation and escort services offered to help you get around campus, especially at night. These include the shuttle bus system, and the Safe Ride van that operates from 7 p.m. - 3 a.m. nightly. For more information about these services, call **216.368.3300** or visit our website at case.edu/publicsafety/ for help getting to your destination safely.

