



## Summary

All of the programs mentioned here are only introductions to self-defense concepts. Members of the campus community interested in more in-depth training or classes in this area are encouraged to pursue further training both within and outside the university. No system can guarantee 100% success in all cases; self-defense training can only enhance the options for a person who is attacked. In many cases, if flight is possible, it remains the best option.

**PERSONAL ALARMS**—In the fall, the division gives away personal keychain alarms that give off a high-pitched noise when activated. They are designed to draw attention and possibly frighten off potential attackers. Alarms can be found at Police Headquarters, 1689 E. 115th St.

## RAVEGuardian

Help keep our campus safe by downloading our free mobile safety app.

### DOWNLOAD NOW AT



Learn more about Rave Guardian at [case.edu/publicsafety](https://case.edu/publicsafety).

*Please note: All information will remain strictly confidential. Police or first responders will only access your information when you request assistance.*

**CWRU POLICE NUMBERS**  
Emergency 216.368.3333  
Non-emergency 216.368.3300

**CRIME PREVENTION OFFICE**  
216.368.1243  
FAX 216.368.0409  
[crimeprevention@case.edu](mailto:crimeprevention@case.edu)

**SAFE RIDE PROGRAM**  
[saferide.case.edu](http://saferide.case.edu) | 216.368.3000

CASE WESTERN RESERVE UNIVERSITY DIVISION OF PUBLIC SAFETY  
1689 E. 115th Street, Cleveland, Ohio 44106

## Resources Available from the Division of Public Safety

- Safety and security presentations tailored to your group's needs
- Rape Aggression Defense (RAD) classes and Street Smarts self-defense seminars for those who identify as women (contact [radprogram@case.edu](mailto:radprogram@case.edu))
- Personal alarms for keychains (free for undergraduate students)
- Bike registration and bike locks (free for undergraduate students who register)
- Safe Ride Program between 6 p.m. – 3 a.m.
- ALICE (Alert Lockdown Inform Counter Evacuate) active aggressor response training
- Vehicle lockout and battery boost assistance. Contact the CWRU dispatch center at 216.368.3300, 24 hours a day, 7 days a week
- Copies of the CWRU Annual Security Report

For more information on these and other resources, please visit [case.edu/publicsafety](https://case.edu/publicsafety).



CASE WESTERN RESERVE UNIVERSITY EST. 1826



## Women's Self-Defense Programs at CWRU



Help keep our campus safe!  
Emergency: 216.368.3333



The CWRU Division of Public Safety offers two types of programs for faculty, staff, and students interested in improving their self-defense knowledge and basic skills.

### THE RAPE AGGRESSION DEFENSE (RAD) PROGRAM

- The division has several instructors certified by Rape Aggression Defense Systems Inc. (RAD), a nationwide program teaching women's self defense. A RAD class is offered at least once each semester or by arrangement to those faculty, staff and students who identify as female.
- RAD is a series of four three-hour classes usually taught in the evening. The first three classes focus on teaching risk-reduction strategies and some basic self-defense techniques. The fourth class, which is optional, consists of a simulation exercise during which students can practice their techniques against live aggressors in a controlled training environment.
- Members who complete the first three classes are considered RAD certified and have the ability to attend RAD classes throughout the United States for free in the future as part of the lifetime practice policy.

- RAD classes are free for the campus community, and dates are advertised in *The Daily*. Contact [radprogram@case.edu](mailto:radprogram@case.edu) for more information.

### STREET SMARTS SEMINAR

- Street Smarts is a one- to two-hour self-defense seminar offered by CWRU PD that covers basic self-defense strategies and teaches a few basic self-defense moves. It is taught on request to small groups ranging from sororities and other student groups to individual staff or faculty departments.

For more information on campus safety programs, visit the Division of Public Safety's website at [case.edu/publicsafety](http://case.edu/publicsafety) and "like" the Case Western Reserve University Police Department on Facebook.

The division also encourages all members of the campus community to exercise some basic precautions, including:

- Know the 24-hour emergency phone number to the CWRU PD (**216.368.3333**) and call it to report suspicious activity or if you need help on campus or in the University Circle area. Also use the free Rave Guardian mobile safety app to access the help and resources you may need.

- Be aware of your surroundings when moving around campus.
- Use the transportation and escort services offered to help you get around campus, especially at night. These include the shuttle bus system, and the Safe Ride van that operates from 6 p.m. - 3 a.m. nightly. For more information about these services, call **216.368.3300** or visit our website at [case.edu/publicsafety](http://case.edu/publicsafety).

