

# Returning to Campus

## How to Work Together to Keep All of Us Safe

This information is the most current available. It reflects directives and guidance from Centers for Disease Control (CDC), local and state health departments, and scientific experts here and nationwide. Updates will be provided as new information and guidance is received.

### About the Coronavirus

#### Severity:

Varies widely, from no symptoms to mild ones and on to life-threatening

#### Transmission:

Mainly person to person, primarily via droplets expelled by a cough or sneeze, then inhaled into the lungs by someone in close proximity (i.e. fewer than 6 feet).

#### Symptoms\*

- Fever
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

**\*NOTE:** These symptoms do not mean someone has COVID-19, but do warrant contacting your health provider and University Health Services (216.368.2450 or [healthservice@case.edu](mailto:healthservice@case.edu)) **AND** staying home.

## PREVENTION & SAFETY

### HOW CWRU IS PREPARING:

- Assessment of all workplace areas prior to re-entry to identify opportunities to reduce the risk of transmission
- Campus signage, including social distancing guidance and controls
- Adjustments to workspaces to ensure proper physical distancing and safety, including the use of shield and barriers as needed and removal or rearrangement of furniture
- Enhanced cleaning of all work areas
- Attention to ventilation systems in each building to comply with CDC recommendations
- Installation of hand-sanitizing stations in buildings

Questions or concerns? Contact Human Resources at **216.368.6964**.

Ill or exposed to someone with COVID-19? Contact University Health Services at **216.368.2450**.

For anonymous reporting of issues, contact the Integrity Hotline at **866.483.9367** or [caseintegrityhotline.com](http://caseintegrityhotline.com).

### WHAT YOU CAN DO:

- Wash your hands for at least 20 seconds—especially before and after meals/food preparation, after using the restroom, after being in a group setting, after contact with high-touch objects, and upon arriving at work.
- Maintain social distance, whether in your office space or in public areas.
- Avoid handshakes and fist-bumps.
- Complete your daily health assessment via the CWRU Rave Guardian app or online at [case.edu/return-to-campus](http://case.edu/return-to-campus).
- If you are sick, stay home. Follow the recommendations from the CDC (visit [bit.ly/CDC-guidance](http://bit.ly/CDC-guidance) for more information).
- Disinfect surfaces, especially high-touch areas.
- Avoid touching your face.
- Limit in-person meetings to only those that can't be held virtually. If an in-person meeting is required, keep the meeting as brief as possible, limit the people in the room to reduce occupancy standards, maintain social distance, and wear face masks.
- Limit time in commonly shared spaces and abide by posted occupancy limits, including dining areas; individuals should eat at their desk or outdoors when possible.
- Follow posted guidance on elevators; those who are able are encouraged to use the stairs when possible.
- Wear a mask/face covering at all times indoors, unless alone in a private office.