

National Initiative on Mixed-Income Communities



Somatic abolitionism: A living, embodied anti-racism and culture-building practice



"We've tried to teach our brains to think better about race. But white-body supremacy doesn't live in our thinking brains. It lives and breathes in our bodies."

—Resmaa Menakem, excerpt from *My Grandmother's Hands*

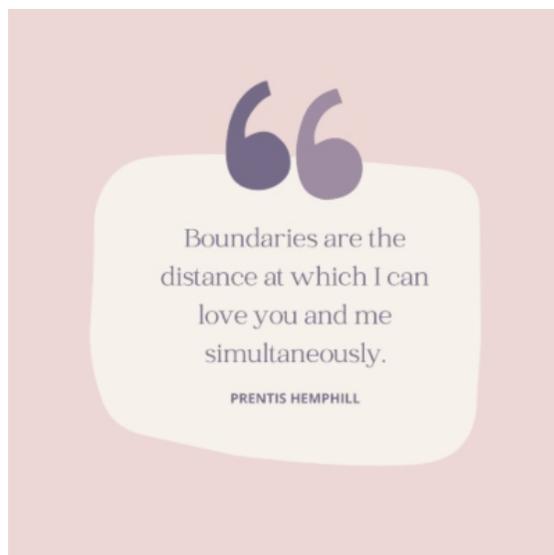
Our [Research Director Amy Khare](#) recently completed a six-month program on white-*body* supremacy that included the two-day [Foundations in Somatic Abolitionism](#) course and a six-month series of workshops. More than 300 white-*body* participants from across the world came together monthly online, while smaller groups met regularly in person. The course was co-led by [Resmma Menakem](#) and Carlin Quinn.

The system of white supremacy harms all of us, and white people need to get clear about their own experience of it. But, white-*body* supremacy is different. It's the idea that the white *body* is deemed the supreme standard for humans by which all other bodies shall be measured.

After reflecting on her experience, Amy said: "My hope was to learn how to get out of my head and into my body. I wanted to heal the racialized trauma that I have perpetuated, observed, and experienced. Learning and practicing Somatic Abolitionism changed my life. I encourage everyone who is curious about embodied anti-racism practice to check out the [upcoming offerings](#) and Resmma Menakem's latest book: ["The Quaking of America: An Embodied Guide to Navigating Our Nation's Upheaval and Racial Reckoning."](#)

Explore the range of [opportunities and resources](#) for yourself, your community and your organization.

Featured Podcast: "Radical Imagination"



This month, we are featuring the ["Radical Imagination" podcast](#), which showcases audacious solutions to our most serious and persistent problems: racism, toxic inequality, persistent poverty and climate change. Hosted by Angela Glover Blackwell, founder-in-residence at PolicyLink, the "Radical Imagination" podcast "features conversations with thinkers and changemakers from multiple fields working to deliver equity wins at scale." We suggest you begin with the season opener on [Radical Healing](#) featuring [Prentis Hemphill](#).



(Photo courtesy of the Partnership for Equitable and Resilient Communities)

Advancing racial equity with federal housing policy

Hot off the presses! Check out Dr. Amy Khare's [latest article in Cityscape](#). In the introduction of her essay, Khare writes:

“Given the historic movements to redress the government’s role in perpetuating racial inequality, [HUD’s Learning Agenda](#) for Fiscal Years 2022–26 invites us to collectively reflect on the role of race, racism, and racial equity in federal housing policy. Without a doubt, the Biden-Harris Administration is committed to building an inclusive urban recovery that drives resources to disinvested neighborhoods through equitable development. Along with other federal agencies, HUD leaders are charged with implementing [Executive Order 13985](#), which instructs federal agencies to pursue a comprehensive approach to advancing equity and support for underserved communities. In this short essay, I invite us to consider how federal housing policy can advance racial equity in ways that has catalytic impacts for years to come.”

The Redress Movement



If you were inspired by our conversation with [Dr. Tiffany Manuel on "Bending the Arc"](#) (and if you haven't listened to it, do so now!), then you'll be ecstatic to jump into an important movement she is leading.

[The Redress Movement](#) is "fighting for a society that is no longer segregated. We envision a society where the harm done through segregation has been remedied and repaired, where all of our citizens live in well-resourced neighborhoods, all of our community members have equal access to home ownership, and where what zip code you were born into no longer determines the shape of your life."

[Check out these amazing resources](#) and get involved with [The Redress Movement today](#).

Reparations



(Photo courtesy of Pete Morris)

Have you heard about [#BrucesBeach](#)? Los Angeles County officials are returning a \$20 million beachfront property in California to the family of the original landowners in an unprecedented act of reparations.

Where are you seeing reparations happening in your community? Email Amy Khare (amy.khare@case.edu), who is collecting information on reparations to inform a new anti-racist community development study.

Work for us and our colleagues

We are seeking to hire someone in an exciting new opportunity to work on planning and carrying out the implementation of a [complex public-private sector place-based initiative at Woodhill Homes in Cleveland](#). We are looking for a dynamic project manager to support the work of our partners. Please [see the full job description](#). Apply today or share within your network.

[The Community Builders Inc.](#) is hiring a Community Life Senior Manager and two Community Life Service Coordinators to work at [Woodhill Homes](#) in Cleveland, Ohio. Come join the dynamic team of people implementing this Choice Neighborhoods Initiative!

Our colleagues at Neighborhood Connections are hiring a [Network Manager for Community Weaving](#).

Celebrations



[Construction is underway at Woodhill Station West](#) -

Phase 1 of the #WoodhillUpNext Transformation Plan and Choice Neighborhoods Initiative. This transit-oriented development will allow residents to hop on rapid transit across the street, plus so many other amenities. community development study.

Have colleagues or friends who would benefit from our newsletter?

Encourage them to sign up today!

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