



### Active Shadowing Template

*This template is designed to help you prepare, reflect and process your observation experiences. Each area is a prompt to get you thinking about the experience and organize your thoughts to help process in supervision. Respond to a few of the prompts so that you have a springboard for supervision to process what you saw. This template is intended as a framework to help you think about the different aspects, how what you see relates to your Learning Agreement. This will help you be an intentional learner when you observe.*

**Preparing beforehand:**

Whose role are you observing today?

What is this person's role/goal?

- |   |   |
|---|---|
| <input type="checkbox"/> Intake/Assessment  | <input type="checkbox"/> Engagement & Relationship Building |
| <input type="checkbox"/> Intervention       | <input type="checkbox"/> Other:                             |
| <input type="checkbox"/> Outcome Evaluation |   |

What is your goal as an observer? What are you looking for during this shadowing session?

What do you anticipate you will observe during the session? What are your expectations?

**Reflection & Processing:**

Think about factors related to...

- |                                  |                               |                           |
|----------------------------------|-------------------------------|---------------------------|
| <i>Safety</i>                    | <i>Impact of Policy</i>       | <i>Self-determination</i> |
| <i>Evidence-Based Frameworks</i> | <i>Ethical Considerations</i> | <i>Social Justice</i>     |

What techniques/skills did you see practiced?

What did you learn? How was your understanding of these skills enhanced?

How will this inform your practice behaviors?

What questions do you have about these practice behaviors to process in supervision?

What roles/techniques would you like to see next?