

## **Jaroslav Richard Romaniuk, PhD, LISW-S, LICDC**

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### **Present Employment**

2016 – present                      Lecturer, Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, Ohio

### **Education**

From 1973 to 1986, I developed my career in biophysics and neuroscience at the Polish Academy of Sciences in Warsaw, Poland. My involvement in the Solidarity movement in the 1980s later influenced my decision to change my career to social work. In 1988 I started working at the Medical School of Case Western Reserve University (CWRU) in Cleveland, Ohio. In 1999, I obtained a Master of Science in Social Administration from the Mandel School of Applied Social Sciences (MSASS), CWRU. I continue to combine my interests in social work and neuroscience in my professional work.

2014                                      Military Service Members, Veterans, and Their Families—Clinical Social Worker (MVF-CSW) National Association of Social Workers (NASW)

2010                                      ACSW - Academy of Certified Social Workers, NASW

2010                                      C-CATODSW - Certified Clinical Alcohol, Tobacco, and Other Drugs Social Worker, NASW

2002                                      LISW - Licensed Independent Social Worker

1999                                      Master of Science in Social Administration (MSSA), Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, Ohio

1997                                      Licensed Independent Chemical Dependency Counselor (LICDC)

1986                                      Advanced Post-Doctoral Research (habilitation), Polish Academy of Sciences, Warsaw, Poland

1976                                      PhD, Neuroscience, Polish Academy of Sciences, Warsaw, Poland

1973                                      Master's in Physics (Specialty: Biophysics), University of Warsaw, Warsaw, Poland

### **Professional Experience in Social Work**

While still working at the Medical School of CWRU, I started volunteering in several social work agencies in 1992 to learn more about the profession. Less than ten years later I had earned a social work license and certificates that allowed me to work as a therapist and administrator in social services.

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|-------------|---|
| 2006 – 2015 | Social Worker, Comprehensive Homeless Center, Louis Stokes Cleveland Department of Veterans Affairs Medical Center (VAMC), Cleveland, Ohio                                  |
| 2004 - 2006 | Team Leader, EPIC Program, VAMC, Cleveland, Ohio  |
| 2003 – 2015 | Adjunct Faculty, Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, Ohio   |
| 2003 - 2012 | Behavioral Health Therapist, EAP – part time, MBHS/Concern, Cleveland Clinic, Cleveland, Ohio   |
| 2000-2004   | Director of Substance Abuse Treatment Program<br>The Free Clinic of Greater Cleveland, Cleveland, Ohio  |
| 1999-2000   | Coordinator of Chemical Dependency Programs<br>Meridia Behavioral Medicine, Euclid Hospital, Euclid, Ohio   |
| 1998-1999   | Chemical Dependency Counselor<br>Meridia Behavioral Medicine, Huron Hospital,<br>East Cleveland, Ohio   |
| 1996-1998   | Counselor, Community Action Against Addiction, Cleveland, Ohio  |
| 1995-1996   | HIV/AIDS Early Intervention Specialist, Community Action Against Addiction, Cleveland, Ohio   |
| 1995-1998   | Technical Assistant, The Campus Hospital of Cleveland,<br>Cleveland, Ohio   |
| 1995        | Red Cross HIV/AIDS Prevention Instructor, Cleveland, Ohio   |
| 1992-1994   | Volunteer in the Covenant, Glenbeigh Hospital, Alcoholism Services of Cleveland, Jewish Family Services Association, and Greater Cleveland AIDS Task Force, Cleveland, Ohio |
| 1980-1982   | Branch President of the "Solidarity" Union in the Medical Research Center, Polish Academy of Sciences, Warsaw, Poland   |

### **Teaching Experience**

I have taught courses in social work and neuroscience while employed as a social worker at the VA Medical Center in Cleveland and as a researcher at Case Western Reserve University. My teaching experience is in neuroscience, neural control of sleep, biological psychology, human biology, and social work. The courses I teach in social work are related primarily to alcohol and drug addiction, trauma, and homelessness. I have also presented numerous continuing education programs throughout the Cleveland, Ohio, area and trained chemical dependency professionals in Poland.

2019 – present	SASS 547: Problem Identification, Screening and Assessment, MSASS, CWRU
2019 – present	SASS 500: Introduction to Neuroscience in Social Work Practice
2015 – present	SASS 524: Social Work with Military Veterans and their Families,
2015 – present	SASS 562: Social Work Interventions in Co-occurring Mental and Substance Abuse Disorders
2012 – present	SASS 375: International Travel & Study Abroad: Invisible Groups in a New Poland
2008 - present	SASS 520: Homelessness
2003 - present	SASS 564: Interventions in Alcohol and other Drug Abuse
2009 – 2011	SASS 576: Integrative Seminar in Alcohol and Other Drug Abuse Treatment
2004 - 2015	END 2410: Electroneurodiagnostics, Cuyahoga Community College, Evening Program, Western Campus, Cleveland, Ohio
2002- 2007	BESCI 512, 522 and 532: Substance Abuse, Capital University, Cleveland ADP Center
2001- 2010	HS 2310: Issues in Chemical Dependency III, Cuyahoga Community College, Evening Program, Metropolitan Campus, Cleveland, Ohio
2000 - 2007	Psychology 330: Biological Psychology, Capital University, Cleveland
2000 - 2015	RESP 1440. Neurophysiology of Sleep, Cuyahoga Community College,
2000 - 2002	Human Biology, Mandel School of Applied Social Sciences, CWRU in cooperation with Cuyahoga Community College, Cleveland, Ohio
1988 - 1999	Academic Advisor, Department of Biomedical Engineering, CWRU
1977 - 1988	Neuroscience, School of Medicine at University of Warsaw and Department of Electronics at Warsaw Polytechnic University

## **Research and Academic Experience in Neuroscience**

During my research career as a neuroscientist I worked throughout Europe (Sweden, England, Union of Soviet Socialist Republics) and the United States and collaborated with many more researchers from around the world. After changing my career to social work, I am now more professionally engaged with the social work community in the United States and Poland.

1999 - 2008	Adjunct Assistant Professor, Case Western Reserve University, Department of Medicine, Cleveland, Ohio
1988-1999	Assistant Professor, Department of Medicine, Case Western Reserve University, Cleveland, Ohio
1988	Associate Professor, Medical Research Center, Polish Academy of Sciences, Warsaw, Poland
1986	Scholarship of USSR Academy of Sciences in the Institute of Information Processing, Department of Neurophysiology (Dr. M. Shik), Moscow, USSR
1982	Scholarship of the Royal Society in the Sobell Department of Neurophysiology of the Institute of Neurology, London, United Kingdom
1978-1980	Scholarship of the Royal Swedish Academy of Sciences in the Nobel Institute for Neurophysiology, Karolinska Institute in Stockholm, Sweden
1978	Assistant Professor, Medical Research Center, Polish Academy of Sciences, Warsaw, Poland

## **Publications in Social Work**

I have written academic articles, encyclopedia entries, and articles and columns for professional social work journals and the general public in Poland. In addition to the list below, I have written sixteen articles for *Terapia Uzależnienia i Współuzależnienia* (Dependency and Codependency Therapy), a monthly Polish professional journal, and seven articles for *Niebieska Linia* (Blue Line), a professional journal concerning gender based violence. I also wrote a monthly column for the website *Uzależnienie.com*, an online journal promoting substance abuse education and prevention in Poland.

### Book Chapter

Romaniuk, R. (2019). International social work with invisible groups. In: *The Invisible Groups in Poland*. Ed.: A. Kotlarska-Michalska, K. J. Farkas, R. Romaniuk. Wydawnictwo

Nauk Społecznych i Humanistycznych, Uniwersytet im. Adama Mickiewicza w Poznaniu. pp. 21-24.

Romaniuk, R. (2019): Invisible problems of marginalized populations. In: *The Invisible Groups in Poland*. Ed.: A. Kotlarska-Michalska, K. J. Farkas, R. Romaniuk. Wydawnictwo Nauk Społecznych i Humanistycznych, Uniwersytet im. Adama Mickiewicza w Poznaniu. pp. 33-48.

Farkas, K. J., Romaniuk, J. R. (2018). Invisible Groups in a New Poland: An example of international academic collaboration. *Wielość Spojrzeń na Istotę Pracy Socjalnej w Teorii i Praktyce*. Institute of Sociology: 25 Year Review (pp. 131-143). Poznan: Adam Mickiewicz University Press.

Loue S, Romaniuk R. (2008). Substance use among minority MSM. In S. Loue (Ed.), *Health Issues Confronting Minority Men Who Have Sex with Men* (pp. 87-106). New York: Springer.

#### Book

*The Invisible Groups in Poland* (2019). A. Kotlarska-Michalska, K. J. Farkas, R. Romaniuk (scientific editors). Wydawnictwo Nauk Społecznych i Humanistycznych, Uniwersytet im. Adama Mickiewicza w Poznaniu.

#### Book Review

Romaniuk, J. R. (2018). Recovery from Trauma, Addiction, or Both: Strategies for Finding Your Best Self. *Journal of Social Work Practice in the Addictions*, 18(2), 214-216.

#### Journal Articles

Romaniuk, J. R., Kotlarska-Michalska, A. & Farkas, K. J. (2021). American perspectives on suicidality among men in Poland. *Society Register* 5(1), 45-72.

Romaniuk, J. R., Miller, K., Pieski, M. K., Wojcik, T. G., & Farkas, K. J. (2020). Teaching English as a foreign language: A case study from Poland. *Society Register*, 4(4), 167-182. <https://doi.org/10.14746/sr.2020.4.4.08>

Romaniuk, J. R., Esmurdoc, F. C. (2020). The role of Social Work in Health Care for Veterans in the United States of America. *Lekarz Wojskowy*, 98(3), 199-205.

Farkas, K. J., Romaniuk, J. R. (2020). Social work, ethics and vulnerable groups in the time of coronavirus and COVID-19. *Society Register*, 4(2), 67-82. DOI: <http://hdl.handle.net/2186/ksl:2006061458>

Romaniuk, J. R., Farkas, K. J. (2019). Contemporary challenges of social work in Ohio, USA. *Social Work*, 34 (2): 5-26 (In Polish). <https://e-pracassocjalna.pl/resources/html/article/details?id=193660>

Romaniuk, J. R. (2019). Mental health problems of the youngest generation of American veterans. *Lekarz Wojskowy*, 97(1), 50-55. <https://www.mp.pl/lekarzwojskowy/artkul/1127>

Farkas, K. J. and Romaniuk, J. R. (2017). Multi-problem families in Poland and a changing, globalized world. *Rodzina wieloproblemowa*. Roczniki Socjologii Rodziny. Wydawnictwo Naukowe UAM. 26/27: 7-26.

Romaniuk, J. R. and Loue, S. (2017). Military sexual trauma among men: A review of the literature and a call for research. *Best Practices in Mental Health*, 13(1), 81-105.

Romaniuk, J. R. (2015). Veterans' access to health care. *NASW Health Section Connection*, Fall/Winter: 7-8.

Romaniuk, J. R., Farkas, K. J. (2013). Preparing social workers to serve an aging society. In A. Michalska-Kotlarska, ed., *Człowiek stary w rodzinie i społeczeństwie*. Roczniki Socjologii Rodziny. Wydawnictwo Naukowe UAM. 23: 209-231.

Romaniuk, R. (2013). Senator Barbara Mikulski. In A. Kotlarska-Michalska, ed., *Kobiety w Pracy Socjalnej*. Wydawnictwo Naukowe UAM.

Romaniuk, J. R. (2013). Intimacy problems among military families: the impact of Internet, sex, and violence. *Intersections in Practice 7*: 20-23.

Romaniuk, J. R. (2012). In search of a new paradigm: Social Work for Twenty First Century Veterans. *The International Journal of Continuing Education 15*(1), 49-60. <http://www.profdevjournal.org/articles/151049.pdf>

#### Encyclopedia entries in SAGE Publications:

Romaniuk, J. R. (2015). *Poland*. The Encyclopedia of Cancer and Society, Second Edition, pp: 941-943

Romaniuk, J. R., Michalska-Kotlarska, A. (2015). *Poland*. The Encyclopedia of World Poverty, Second Edition, pp: 1233-1235

Phelan, J., Romaniuk, J. R. (2015). *Homelessness*. The Encyclopedia of World Poverty, Second Edition, pp: 745-748

Phelan, J., Romaniuk, J. R. (2014). *Veteran Services*. The Encyclopedia of Human Services and Diversity, Second Edition, pp: 1362-1364.

#### **Selected Refereed Publications in Neuroscience**

I am the author or co-author of over sixty manuscripts and a hundred conference presentations in the field of neuroscience. I have organized or co-organized national and international scientific conferences in both neuroscience and social work.

Kirkwood, P. A., Romaniuk, J. R., Kowalski, K. E. (2019). Further observations on cardiac modulation of thoracic motoneuron discharges. *Neuroscience Letters*, 694, 57-63.

Kowalski, K. K., Romaniuk, J. R., Kirkwood, P. A., DiMarco, A. F. (2019). Inspiratory muscle activation via ventral lower thoracic high frequency spinal cord stimulation. *J. of Applied Physiology*, <https://www.physiology.org/doi/pdf/10.1152/jappphysiol.01054.2018>

Kowalski, K. E., Romaniuk, J. R., Kowalski, T., DiMarco, A. F. (2017). Effects of expiratory muscle activation via high frequency spinal cord stimulation. *J. of Applied Physiology*, 123, 1525-1531.

Romaniuk, J. R., Dick, T. E., Bruce, E. N., DiMarco, A. F., Kowalski, K. E. (2017). Bifurcation of the respiratory response to lung inflation in anesthetized dogs. *Respiratory Physiology & Neurobiology*, 244, 26-31.

Kowalski, K.E., Romaniuk, J.R., Brose, S, Richmond M.A., Kowalski, T., DiMarco A.F. (2016). High Frequency Spinal Cord Stimulation: New Method to Restore Cough. *Respiratory Physiology & Neurobiology*, 232, 54-56.

Romaniuk, J.R., Dick, T.E., Kowalski, K. E., DiMarco, A. F. (2007). Effects of pulse lung inflation on chest wall expiratory motor activity. *J. of Applied Physiology*, 102(1), 485-491.

Romaniuk, R. (2006). Comment on Point: Counterpoint "Supraspinal locomotor centers do/do not contribute significantly to the hyperpnea of dynamic exercise in humans." [letter] *J. of Applied Physiology*, 100, 1743-1744.

Romaniuk, J. R., Supinski, G. S., DiMarco, A.F. (1993). Reflex control of diaphragm activation by thoracic afferents. *J. of Applied Physiology* 75(1), 63-69.

Romaniuk, J. R., Supinski, G., DiMarco, A. F. (1992). Relationship between parasternal and external intercostal muscle length and load compensatory responses in dogs. *J. of Physiology, (London)* 449, 441-455.

Davies, J.G. McF., Kirkwood, P.A., Romaniuk, J.R., Sears, T.A. (1986). Effects of sagittal medullary section on high frequency oscillation in rabbit phrenic neurogram. *Respiratory Physiology*, 64, 277-287.

DiMarco A. F, Euler von C, Romaniuk J. R., Yamamoto Y. (1981). Positive feedback facilitation of external intercostal and phrenic inspiratory activity by pulmonary stretch receptors. *Acta Physiologica Scandinavica*, 113, 375-386.

Karczewski WA, Naslonska E, Romaniuk JR. (1980). Respiratory responses to stimulation of vagal afferent fibers. *Acta Neurobiol. Exp.* 40(3), 543-562.

### **Editorial Positions**

Guest Reviewer: Journal of Applied Physiology, Journal of National Association of Social Work: Health and Social Work, Praca Socjalna (APS).  
Member of Editorial Board: Praca Socjalna (APS), Society Register.

### **Professional and Community Service**

- 2020-present Board Member of the Hispanic Urban Minority Alcoholism and Drug Abuse Outreach Program
- 2001-present Advisory Committee Member, Human Services, Cuyahoga Community College, Cleveland, Ohio
- 2001-2017 Advisory Committee Member, Polysomnography Program, Cuyahoga Community College, Cleveland, Ohio
- 2010-2017 Board Member, The Alcohol, Drug Addiction, and Mental Health Services Board of Cuyahoga County, Cuyahoga County, Ohio
- 2008 – 2010 VA National Social Work Education Committee
- 2007 – 2011 Cleveland VAMC Social Work Continuing Education Committee
- 2006 – 2011 Cleveland VAMC Social Worker Professional Standards Board
- 2006 – 2010 VA National Social Work Certification Review Committee
- 2004 – 2006 Member of Adjunct Faculty Advisory Committee, MSASS, CWRU
- 2004 – 2006 Member of Curriculum Committee, MSASS, CWRU
- 2004 – 2008 Associate Member of Employee Assistance Professional Association
- 2003 – 2006 Director (2004 – Vice President) Polish American Cultural Center, Cleveland
- 2002 – 2005 Regional Director (Region 3) and member of the Executive Committee of the Ohio National Association of Social Workers
- 1981 – 1985 Member of Executive Committee of the European Society of Clinical Physiology of Respiration

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