

Aloen Louise Townsend

Jack, Joseph and Morton Mandel School of Applied Social Sciences
Case Western Reserve University
Cleveland, Ohio 44106-7164

(216) 368-0373
aloen.townsend@case.edu

Education

- Ph.D. Social Psychology, Department of Psychology, University of Michigan, Ann Arbor, MI, 1982
- M.A. Social Psychology, Department of Psychology, University of Michigan, Ann Arbor, MI, 1979
- B.A. Psychology, magna cum laude, Occidental College, Los Angeles, CA, 1970

Research and Teaching Experience

Ralph S. and Dorothy P. Schmitt Professor (eff. 7/1/2017), Professor (eff. 7/1/2011), Associate Professor (eff. 9/1/2001; tenure awarded May 2007), Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH (Secondary appointment Department of Sociology, CWRU, 9/1/2002 – present)

Courses Taught

- Doctoral Program: *Social Statistics and Data Analysis; Applied Regression and General Linear Model; Measurement Issues in Quantitative Research; Structural Equation Modeling*
- Master's Program: *Advanced Adult Development and Dysfunction; Family Systems Theories; Human Development in Context II: Adult; Families and Health*

Faculty Mentor

Karen Ishler, Doctoral Program Research Fellow, 2001-2002; Valerie Radu, Doctoral Research Mentorship Award, 2001-2002; Mary Rawlings, ABLE Research Fellowship, 2002-2003; Mary McNamara, Mandel Scholar, 2002-2003; Karen Ishler, Doctoral Research Mentorship Award, 2002-2003; Angela Curl, Doctoral Research Mentorship Award, 2002-2003, and John A. Hartford Foundation Doctoral Fellow in Geriatric Social Work, 2004-2006; Sang Hoon Han, Doctoral Research Mentorship Award, 2004-2005, and Doctoral Independent Study, SP 2005; Amy Krentzman, ABLE Research Fellowship, 2004-2005; Beth Morse (WSOM EDM program), Content Advisor, 2004-2005; Shiri Katz, Doctoral Independent Study, SP 2005; Miriam Pastor, Master's Independent Study, SP 2005; Moon Choi, Doctoral Program Research Fellow, 2005-2006; Moon Choi, Doctoral Independent Study, SP 2006; Maryjo Prince-Paul, Case Comprehensive Cancer Center PREP Postdoctoral Fellow, 2006-2008; Heehyul Moon, Doctoral Independent Study, SP 2007; Ok Mi Baik, Doctoral Program Research Fellow, 2007-2009; Youngsam Oh, Doctoral Program Research Fellow, 2010-2012; Jeong Woo Lee, Doctoral Program Research Fellow, 2011-2012; En-jung Shon, Doctoral Program Research Fellow, 2013-2015; Weidi Qin, Doctoral Program Research Fellow, 2015-2018; Tyrone Hamler, Doctoral Program Research Fellow (co-advisor 2016-2017, advisor 2017-2018); Tyrone Hamler, Doctoral Independent Study, SP 2017; Wenxing Wei, Doctoral Program Research Fellow, 2022-present.

Dissertation Committees (at Case Western Reserve University)

- Chair: Tyrone Hamler (defended 11/2022), Jeong Woo Lee (defended 7/2020), Seungjong Cho (defended 5/2020), Weidi Qin (chair until 8/2018), En-jung Shon (defended 5/2018), Youngsam Oh (defended 11/2015), Karen Ishler (defended 5/2013), Angela Curl (defended 5/2007), Heehyul Moon (defended 7/2012), Helen Moll (chair until 9/2010), Lance Peterson (chair until 2/2009), Yan Yang (defended 6/2007; Co-Chair with M. Hokenstad), Rhonda Myers (chair 5/2013-8/2013)
- Member: Paul Tuschman, Hanan Safar (Nursing; member until 09/2020), Megan Schmidt-Sane (Anthropology; defended 02/2020), Brenda Wamsley (defended 10/2003), Peta-Anne Baker (defended 10/2004), Cliff Rosenbohm (member until 9/2008), Mary Rawlings (defended 7/2008), Shiri Katz (defended 9/2007), Lisa Townsend (defended 7/2008), Amy Krentzman (defended 3/2008), Lars Peterson (Case School of Medicine, Joint MD-PhD Program; defended 3/2007), Evanne Juratovac (Nursing; defended 3/2009), Sarah Yarry (Psychology; member until 4/2009), Nicole Juszczak Peak (Psychology; defended 4/2010), Briana Root (Psychology; defended 5/2011), Scott Adams (Sociology; member until 4/2012)

Invited Faculty, Institute on Aging and Social Work (C. Mehrotra, College of St. Scholastica, PI, and B. Berkman, Columbia University and The John A. Hartford Foundation, Co-PI), funded by National Institute on Aging and NIH Office of Behavioral and Social Sciences Research, College of St. Scholastica, Duluth, MN, 7/2004-7/2011 (Cohorts I-VIII)

Taught *Research Design, Measurement, and Analysis* (3 Modules), co-facilitated group critiques of participants' proposals, and provided individual consultation to participants on proposal development

Principal Researcher, Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, 6/1/2000-8/31/2001

Also taught *Social Statistics and Data Analysis* (doctoral program); guest lecturer in *Family Caregiving* (master's program)

Senior Research Associate, Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, 6/1/1998-5/31/2000

Also supervised *Independent Study in Structural Equation Modeling* (for a post-doctoral fellow); guest lecturer in *Family Caregiving* (master's program)

Assistant Professor, Department of Psychology, Kent State University, Kent, OH, 9/1/1991-5/31/1998

Courses Taught

Social Psychology (undergraduate and doctoral programs), *Adulthood and Aging* (doctoral), *Causal Analysis: Structural Equation Modeling* (doctoral); guest lecturer in *Clinical Research Methods* (doctoral)

Dissertation Committees

Chair: Tracela White (defended 8/1998), Sharon Sciartelli (co-chair; defended 8/1995)

Member: Mary Benton (defended 5/1992), Melissa Franks (defended 8/1993), Kim Weikel (defended 8/1994), Evelyn Orozco (defended 10/1994), Jennifer Druley (defended 7/1995), Daniel Keller (defended 7/1995), Jennifer Holz (Sociology; defended 8/1995)

Masters Thesis Committees

Chair: Tracela White (defended 9/1993), Pamela Lewis (defended 11/1995)

Member: Kathleen Baird (defended 5/1992), Danielle Sims (defended 11/1992), Leslie Nagle (defended 11/1992), Sally Clark (defended 4/1993), Scott Uher (Architecture; defended 2/1993), April Jackson (defended 8/1993), Audie Atienza (defended 3/1995), James Rankin (defended 2/1996)

Undergraduate Honors Thesis

Karla Koch (member; defended 4/1995)

Senior Research Fellow, Department of Psychology, Kent State University, Kent, OH, 1990-1991

Also taught *Causal Analysis: Structural Equation Modeling* (doctoral program)

Senior Research Associate, Margaret Blenkner Research Center, Benjamin Rose Institute, Cleveland, OH, 1986-1990

Research Associate, Margaret Blenkner Research Center, Benjamin Rose Institute, Cleveland, OH, 1982-1985

Departmental Associate, Department of Psychology, University of Michigan, Ann Arbor, MI, 1981

Graduate Research Assistant, Center for Continuing Education of Women, University of Michigan, Ann Arbor, MI, 1980-1981

National Institute of Mental Health Trainee in Social and Organizational Psychology (NIMH Grant No. T32 MH15801), University of Michigan, Ann Arbor, MI, 1980-1981

Graduate Research Assistant, National Study of Women's Attitudes (NIMH Grant No. RO1 MH30920), University of Michigan, Ann Arbor, MI, 1979

National Research Service Award Trainee, Family and Sex Roles Program (NIMH Grant No. T32 MH14618), University of Michigan, Ann Arbor, MI, 1977-1979

Also guest lecturer in *Childhood Socialization* (undergraduate program)

Graduate Teaching Assistant, Department of Psychology, University of Michigan, Ann Arbor, MI, 1976-1977

Childhood Socialization (undergraduate program) and *Independent Readings* (undergraduate program)

Research Assistant, Office of Research, United States Commission on Civil Rights, Washington, DC, 1975-1976

Research Assistant, Department of Psychology (Dr. Irving Janis), Yale University, New Haven, CN, 1975

Graduate Teaching Fellow, Department of Psychology, George Washington University, Washington, DC, 1973-1975

Taught *Introductory Psychology, Learning, Personality, Sex Roles, Public Opinion and Attitude Change* (all undergraduate)

Funded Research Grants

Faculty Principal Investigator, *Decision Uncertainty Among Older African Americans with Advanced CKD* (Leonard C. Rosenberg Renal Research Foundation; T. Hamler, Student PI), Case Western Reserve University, August 2019 - July 2021 (no cost extension approved to July 2022).

Member, Translational Advisory Board, *Improving Outcomes for Family Caregivers and Older Adults with Complex Conditions: The Adult Day Service Plus Program* (National Institute on Aging, R01 AG049692; L. Gitlin & J. Gaugler, Co-PIs), Johns Hopkins University and University of Minnesota, May 2016 – April 2021.

Member, Data Safety Monitoring Board, *GIFT: Web Based Resourcefulness Training for Grandmother Caregivers* (National Institute for Nursing Research, R01 NR015999; C. Musil, PI), Case Western Reserve University, December 2016 - November 2020.

Principal Investigator, *Health Trajectories of Aging Married Cancer Survivors and Their Spouses* (Research and Training Development Grant RES505230, \$9,930 direct costs), Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, July 2010 – June 2012.

Principal Investigator, *Cancer, Comorbidities, and Psychosocial Quality of Life of Married Couples* (Institutional Aging and Cancer Research Program, Case Comprehensive Cancer Center, NCI/NIA P20 CA103736, \$150,000 direct costs), Case Comprehensive Cancer Center, Case Western Reserve University, March 2005 - August 2008.

Statistical Consultant, *A Multilevel Existing Data Study on Health Utilization for Older Adults Suffering From Diabetes* (John A. Hartford Geriatric Social Work Faculty Scholars Award, \$100,000 direct costs, A. Faul, PI), Kent School of Social Work, University of Louisville, Louisville, KY, September 2007 – August 2009.

Statistical Consultant, *The Impact of Supported Employment for Consumers with Co-Occurring Mental and Substance Use Disorders* (Ohio Department of Mental Health, \$164,189, D. Biegel, PI), Mandel School of Applied Social Sciences, Case Western Reserve University, 2005 – 2008.

Advisory Committee Member, *Psychosocial Registry for Quality of Life and Symptom Research in Cancer* (Case Western Reserve University 2006 Presidential Research Initiative Award, \$80,000 direct costs, B. Daly, PI), Frances Payne Bolton School of Nursing, Case Western Reserve University, September 2006 – June 2007.

- Co-Principal Investigator, *Research Infrastructure Grant* (Ohio Board of Regents Research Challenge Award, Grant No. RES501231, \$3,750 direct costs, D. Biegel, PI), Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, December 2005 – November 2006.
- Principal Investigator, *Family Assessment Collaboration to Enhance End-of-Life Support*, Social Work Leadership Development Award (Project on Death in America, Open Society Institute, Soros Foundations, \$65,000 direct costs), Mandel School of Applied Social Sciences, Case Western Reserve University, in collaboration with Hospice of the Western Reserve, Cleveland, OH, January 2003 – December 2004.
- Co-Principal Investigator, *Family Support to Adults with Mental and Drug Disorders* (Ohio Department of Mental Health, \$5,000 direct costs, D. Biegel, PI), Mandel School of Applied Social Sciences, Case Western Reserve University, December 2003 – June 2004.
- Consultant, *Health Concordance in Older Mexican American Couples* (National Institute on Aging, R01 AG21089, \$745,000 direct costs, M. K. Peek, PI), University of Texas Medical Branch, Galveston, TX, September 2003 – August 2006.
- Co-Director, *Care Network for Informal and Formal Caregivers* (The Elisabeth Severance Prentiss Foundation, \$1,268,000 direct costs, D. Morris, PI), Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, OH, September 2003 – August 2008.
- Statistical/Methodological Consultant, *Facilitators/Barriers to Dual Diagnoses Treatment*, Social Work Research Development Program (National Institute on Drug Abuse, R24 DA13944, \$1,900,000 direct costs, M. Singer, PI), Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, July 2002 – June 2007.
- Principal Investigator, *Research Infrastructure Grant* (Ohio Board of Regents Research Challenge Award, Grant No. 7962, \$1,000 direct costs), Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, April 2002 – December 2002.
- Principal Investigator, *Physical Health and Emotional Distress of Older Married Couples* (National Institute on Aging, R01 AG17546, \$507,500 direct costs; B. Miller, Co-PI), Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, April 2000 – March 2003.
- Principal Investigator, *Research Supplement for Underrepresented Minorities* (National Institute on Aging, Supplement to R01 AG17546, \$82,000 direct costs; B. Miller, Co-PI; M. Rodriguez Le Sage, Minority Scholar), Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH, and School of Social Work, Michigan State University, East Lansing, MI, October 2000 – March 2003.
- Evaluation Consultant, *Promoting Excellence in End-of-Life Care* (The Robert Wood Johnson Foundation, Grant No. 035483, J. Willson, PI), Hospice of the Western Reserve (subcontract), Cleveland, OH, May 1999 - December 2001.
- Co-Principal Investigator, *Multiple Roles of Middle Generation Caregiving Women* (National Institute on Aging, R01 AG11906, \$656,300 direct costs, M. A. Stephens, PI), Department of Psychology, Kent State University, Kent, OH, September 1993 - August 1998.
- Co-Principal Investigator, *Research Supplement for Underrepresented Minorities, Graduate Research Assistantship* (National Institute on Aging, Supplement to R01 AG11906, \$37,000, M. A. Stephens, PI), Department of Psychology, Kent State University, Kent, OH, September 1995 - August 1998.
- Co-Principal Investigator, *Mental Health of Caregivers of the Elderly: Day Care Use* (National Institute on Aging, R01 AG11354, \$1,790,000 direct costs, S. Zarit, PI), Department of Psychology, Kent State University (subcontract), Kent, OH, August 1992 - July 1998.
- Co-Principal Investigator, *Northeast Ohio Caregivers Study: Service Use* (Northeast Ohio Inter-Institutional Urban Research Consortium, \$6,350,000 direct costs, M. A. Stephens and S. Zarit, Co-PIs), Department of Psychology, Kent State University, Kent, OH, May 1993 - April 1998.

- Methodological Consultant, *Eating Disorders: Assessment of Women Runners and Nonrunners* (National Center for Nursing Research, R15 NR02772, P. Estok, PI), School of Nursing, Kent State University, Kent, OH, April 1992 - March 1994.
- Research Associate, *Advance Directive Discussions with Elderly Outpatients* (Agency for Health Care Policy and Research Small Grant, P. Ditto, PI), Department of Psychology, Kent State University, Kent, OH, September 1993 - August 1994.
- Methodologist, *Valued Life Activities of Older Individuals: Effects on Health State Preferences* (Akron City Hospital Foundation, W. Smucker & P. Ditto, PIs), Department of Psychology, Kent State University (subcontract), Kent, OH, October 1991 - September 1992.
- Methodologist, *Psychological Impact of Discussing Advance Care Directives with Elderly Outpatients at a Family Practice Center* (Akron City Hospital Foundation, W. Smucker & P. Ditto, PIs), Department of Psychology, Kent State University (subcontract), Kent, OH, September 1990 – August 1991.
- Co-Investigator and Project Director, *Caring for Elders and Mental Health of Family Members* (National Institute of Mental Health, RO1 MH35360-06 and 07, L. Noelker, PI), Benjamin Rose Institute, Cleveland, OH, December 1985 - November 1987.
- Project Director and Field Supervisor, *Caring for Elders and Mental Health of Family Members* (National Institute of Mental Health, RO1 MH35360-02 through 05, S. W. Poulshock, PI), Benjamin Rose Institute, Cleveland, OH, January 1982 - November 1985.

Funded Training Grants

- Collaborating Faculty, *Symptom Management and Palliative Care Research in Older Adults with Advanced Cancer* (T32 NR014213; B. Daly, PI), Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, OH, July 2013 – June 2018.
- Training Faculty, *Prevention Research Educational Postdoctoral (PREP) Training Program* (National Cancer Institute, R25 CA090355, J. Rose, PI, Case Comprehensive Cancer Center), July 2007 – June 2010.
- Expert Reviewer, Interdisciplinary Educational Modules, *Modular Education Programs for Formal Caregivers in Long-Term Care Agencies* (McGregor Foundation, 545-0111, \$50,000 direct costs, D. Morris, PI), Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, OH, December 2002 - May 2003.

Publications

Peer-Reviewed Journal Articles

69. Pignatiello, G., **Townsend, A.**, & Hickman, R. (2021). An examination of the Hospital Anxiety and Depression Scale's structural validity among family members of the critically ill. *American Journal of Critical Care, 30*, 212-220. <https://doi.org/10.4037/ajcc2021214>
68. Cho, S., & **Townsend, A.** (2019). Perceived neighborhood social disorder as a predictor of depressive symptoms among unmarried older women and the stress buffering effect of friends. *Journal of Women & Aging* (Special Issue on the Role of Place in Later Life), *32*, 1-16. <https://doi.org/10.1080/08952841.2019.1682922>
67. Shon, E-J., & **Townsend, A.** (2019). Predictors of never having a mammogram among Chinese, Vietnamese, and Korean immigrant women in the U.S. *PLoS ONE, 14*(11): e0224505. <https://doi.org/10.1371/journal.pone.0224505>
66. Moon, H., **Townsend, A.**, Whitlatch, C., & Dilworth-Anderson, P. (2017). Quality of life for dementia caregiving dyads: Effects of incongruent perceptions of everyday care and values. *The Gerontologist, 57*, 657-666. doi: 10.1093/geront/gnw055

65. Moon, H., **Townsend**, A., Whitlatch, C., Kim, M. H., & Dilworth-Anderson, P. (2016). Predictors of discrepancy between care recipients with mild-to-moderate dementia and their caregivers on perceptions of the care recipients' quality of life. *American Journal of Alzheimer's Disease and Other Dementias*, *31*, 508-515. doi: 10.1177/1533317516653819
64. Mehrotra, C., **Townsend**, A., & Berkman, B. (2014). A national training program in aging research for social work faculty. *Educational Gerontology*, *40*(Special Issue), 242-247. doi: 10.1080/03601277.2014.852930
63. Mehrotra, C., **Townsend**, A., & Berkman, B. (2013). Evaluation of a training program in aging research for social work faculty. *Educational Gerontology*, *39*, 1-10. doi: 10.1080/03601277.2012.734155
62. Curl, A., & **Townsend**, A. (2013). A multilevel dyadic study of the impact of retirement on self-rated health: Does retirement predict worse health in married couples? *Research on Aging*, *36*, 297-321. doi: 10.1177/0164027513486900
61. Lim, J-w., & **Townsend**, A. (2012). Cross-ethnicity measurement equivalence of family coping for breast cancer survivors. *Research on Social Work Practice*, *22*, 689-703. doi:10.1177/1049731512448933
60. Lee, H., Lundquist, M., Ju, E., Luo, X., & **Townsend**, A. (2011). Colorectal cancer screening disparities in Asian Americans and Pacific Islanders: Which groups are most vulnerable? *Ethnicity and Health*, *16*, 501-518. doi: 10.1080/13557858.2011.575219
59. Mazanec, P., **Townsend**, A., & Daly, B. (2010). Hospice utilization and end-of-life care decision-making of African Americans. *American Journal of Hospice and Palliative Medicine*, *27*, 560-566.
58. **Townsend**, A., Ishler, K., Shapiro, B., Pitorak, E., & Matthews, C. (2010). Levels, types, and predictors of family caregiver strain during hospice home care for an older adult. *Journal of Social Work in End-of-Life and Palliative Care*, *6*, 51-72.
57. Krentzman, A., Farkas, K., & **Townsend**, A. (2010). Spirituality, religiosity, and alcoholism treatment outcomes: A comparison between black and white participants. *Alcoholism Treatment Quarterly*, *28*, 128-150.
56. **Townsend**, A., Ishler, K., Bowman, K., Rose, J., & Peak, N. (2009). Health and well-being in older married female cancer survivors. *Journal of the American Geriatrics Society*, *57*, S286-S288. PMID: PMC3372320
55. Mehrotra, C., **Townsend**, A., & Berkman, B. (2009). Enhancing research capacity in gerontological social work. *Educational Gerontology*, *35*, 146-163.
54. Katz-Saltzman, S., Biegel, D., & **Townsend**, A. (2008). The impact of caregiver-care recipient relationship quality on family caregivers of women with substance use disorders or co-occurring substance and mental disorders. *Journal of Family Social Work*, *11*, 141-165.
53. Curl, A., & **Townsend**, A. (2008). Retirement transitions among married couples. *Journal of Workplace Behavioral Health*, *23*(1/2), 89-107.
52. Krentzman, A., & **Townsend**, A. (2008). Review of multidisciplinary measures of cultural competence for use in social work education. *Journal of Social Work Education*, *44*(2), 1-25.
51. **Townsend**, A., Ishler, K., Vargo, E., Shapiro, B., Pitorak, E., & Matthews, C. (2007). The FACES project: An academic-community partnership to improve end-of-life care for families. *Journal of Gerontological Social Work* (Special Issue on "Partnering with the Community through Research and Curricular Innovation"), *50*(1/2), 7-20.
50. Biegel, D. E., Katz, S., Tracy, E., & **Townsend**, A. (2007). Predictors of dyadic relationship quality of women in substance abuse treatment. *Journal of Dual Diagnosis*, *3*, 87-112.

49. Daly, B., Douglas, S., Foley, H., Lipson, A., Liou, C-F., Bowman, K., Kwilosz, D., Kiroukian, S., O'Toole, E., Smyth, K., **Townsend**, A., VonGruenigen, V., & Rose, J. (2007). Psychosocial registry for persons with cancer: A method of facilitating quality of life and symptom research. *Psycho-Oncology*, *16*, 358-364.
48. **Townsend**, A., Biegel, D., Ishler, K., Weider, B., & Rini, A. (2006). Families of persons with substance use and mental disorders: A literature review and conceptual framework. *Family Relations*, *55*, 473-486.
47. Biegel, D., Katz-Saltzman, S., Tracy, E., & **Townsend**, A. (2006). Predictors of dyadic relationship quality of women in substance abuse treatment. *Journal of Dual Diagnosis*, *3*(1), 87-112.
46. Peek, M. K., Stimpson, J., **Townsend**, A., & Markides, K. (2006). Well-being in older Mexican American spouses. *The Gerontologist*, *46*, 258-265.
45. Pot, A. M., Zarit, S., Twisk, J., & **Townsend**, A. (2005). Transitions in caregivers' use of paid home help: Associations with stress appraisals and well-being. *Psychology and Aging*, *20*, 211-219.
44. Min, M., **Townsend**, A., Miller, B., & Rovine, M. (2005). Supplemental private health insurance and depressive symptoms in older married couples. *International Journal of Aging and Human Development*, *61*, 293-312.
43. Jarrott, S., Zarit, S., Stephens, M. A., **Townsend**, A., & Greene, R. (2005). Instrumental help and caregivers' distress: Effects of change in informal and formal help. *American Journal of Alzheimer's Disease and Other Dementias*, *20*, 181-190.
42. Norton, T., Gupta, A., Stephens, M. A., Martire, L., & **Townsend**, A. (2005). Stress, rewards, and change in the centrality of women's family and work roles: Mastery as a mediator. *Sex Roles*, *52*, 325-335.
41. Miller, D., & **Townsend**, A. (2005). Urban hassles as chronic stressors and adolescent mental health: The Urban Hassles Index. *Brief Treatment and Crisis Intervention*, *5*, 85-94.
40. Rodriguez Le Sage, M., & **Townsend**, A. (2004). Acculturation and depressive symptoms in Mexican American couples. *Journal of Human Behavior in the Social Environment*, *10*, 131-154.
39. Miller, B., **Townsend**, A., & Ishler, K. (2004). Change in marital dissatisfaction, health, and depression in older married couples. *Journal of Mental Health and Aging*, *10*, 65-77.
38. Atienza, A., Stephens, M. A., & **Townsend**, A. (2004). Role stressors as predictors of changes in women's optimistic expectations. *Personality and Individual Differences*, *37*, 471-484.
37. Gaugler, J., Jarrott, S., Zarit, S., Stephens, M. A., **Townsend**, A., & Greene, R. (2003). Respite for dementia caregivers: The effects of adult day service use on caregiving hours and care demands. *International Psychogeriatrics*, *15*, 37-58.
36. Zarit, S., Stephens, M. A., **Townsend**, A., Femia, E., & Greene, R. (2003). Give day care a chance to be effective: A commentary (Commentary on "Evaluation of geriatric day care units: Effects on patients and caregivers" and authors' reply). *Journal of Gerontology: Psychological Sciences*, *58B*, P195-P196.
35. Gaugler, J., Zarit, S., **Townsend**, A., Stephens, M. A., & Greene, R. (2003). Evaluating community-based programs for dementia caregivers: The cost implications of adult day services. *Journal of Applied Gerontology*, *22*, 118-133.
34. Gaugler, J., Jarrott, S., Zarit, S., Stephens, M. A., **Townsend**, A., & Greene, R. (2003). Adult day service use and reductions in caregiving hours: Effects on stress and psychological well-being for dementia caregivers. *International Journal of Geriatric Psychiatry*, *18*, 55-62.
33. Atienza, A., Stephens, M. A., & **Townsend**, A. (2002). Dispositional optimism, role-specific stress, and the well-being of adult daughter caregivers. *Research on Aging*, *24*, 193-217.

32. Norton, T., Stephens, M. A., Martire, L., **Townsend, A.**, & Gupta, A. (2002). Change in the centrality of women's multiple roles: Effects of role stress and rewards. *Journal of Gerontology: Social Sciences, 57B*, S52-S62.
31. Edwards, A., Zarit, S., Stephens, M. A., & **Townsend, A.** (2002). Employed family caregivers of cognitively impaired elderly: An examination of role strain and depressive symptoms. *Aging & Mental Health, 6*, 55-61.
30. **Townsend, A.**, Miller, B., & Guo, S. (2001). Depressive symptomatology in middle-aged and older married couples: A dyadic analysis. *Journal of Gerontology: Social Sciences, 56B*, S352-S364.
29. Leitsch, S., Zarit, S., **Townsend, A.**, & Greene, R. (2001). Medical and social adult day service programs: A comparison of characteristics, dementia clients, and their family caregivers. *Research on Aging, 23*, 473-498.
28. Miller, B., **Townsend, A.**, Carpenter, E., Montgomery, R., Stull, D., & Young, R. (2001). Social support and caregiver distress: A replication analysis. *Journal of Gerontology: Social Sciences, 56B*, S249-S256.
27. Stephens, M. A., **Townsend, A.**, Martire, L., & Druley, J. (2001). Balancing parent care with other roles: Interrole conflict of adult daughter caregivers. *Journal of Gerontology: Psychological Sciences, 56B*, P24-P34.
26. White, T., **Townsend, A.**, & Stephens, M. A. (2000). Comparisons of African American and White women in the parent care role. *The Gerontologist, 40*, 718-728.
25. Jarrott, S., Zarit, S., Stephens, M. A., **Townsend, A.**, & Greene, R. (2000). Effects of adult day service programs on time usage by employed and non-employed caregivers. *Journal of Applied Gerontology, 19*, 371-388.
24. Lyons, K., Zarit, S., & **Townsend, A.** (2000). Families and formal service usage: Stability and change in patterns of interface. *Aging & Mental Health, 4*, 234-243.
23. Gaugler, J., Edwards, A., Femia, E., Zarit, S., Stephens, M. A., **Townsend, A.**, & Greene, R. (2000). Predictors of institutionalization of cognitively impaired elders: Family help and the timing of placement. *Journal of Gerontology: Psychological Sciences, 55B*, P247-P255.
22. Martire, L., Stephens, M. A., & **Townsend, A.** (2000). Centrality of women's multiple roles: Beneficial and detrimental consequences for psychological well-being. *Psychology and Aging, 15*, 148-156.
21. Zarit, S., Stephens, M. A., **Townsend, A.**, Greene, R., & Leitsch, S. (1999). Patterns of adult day service use by family caregivers: A comparison of brief versus sustained use. *Family Relations: Interdisciplinary Journal of Applied Family Studies, 48*, 355-361.
20. Jarrott, S., Zarit, S., Stephens, M. A., **Townsend, A.**, & Greene, R. (1999). Caregiver satisfaction with adult day service programs. *American Journal of Alzheimer's Disease, 14*, 233-244.
19. Alspaugh, M. B., Stephens, M. A., **Townsend, A.**, Zarit, S., & Greene, R. (1999). Longitudinal patterns of risk for depression in dementia caregivers: Objective and subjective primary stress as predictors. *Psychology and Aging, 14*, 34-43.
18. Martire, L., Stephens, M. A., & **Townsend, A.** (1998). Emotional support and well-being of midlife women: Role-specific mastery as a mediational mechanism. *Psychology and Aging, 13*, 396-404.
17. Zarit, S., Stephens, M. A., **Townsend, A.**, & Greene, R. (1998). Stress reduction for family caregivers: Effects of day care use. *Journal of Gerontology: Social Sciences, 53B*, S267-S277.
16. Druley, J., & **Townsend, A.** (1998). Self-esteem as a mediator between spousal support and depressive symptoms: A comparison of healthy individuals and individuals coping with arthritis. *Health Psychology, 17*, 255-261.
15. Christensen, K., Stephens, M. A., & **Townsend, A.** (1998). Mastery in women's multiple roles and well-being: Adult daughters providing care to impaired parents. *Health Psychology, 17*, 163-171.

14. Stephens, M. A., & **Townsend**, A. (1997). Stress of parent care: Positive and negative effects of women's other roles. *Psychology and Aging, 12*, 376-386.
13. **Townsend**, A., & Franks, M. (1997). Quality of the relationship between elderly spouses: Influence on spouse caregivers' subjective effectiveness. *Family Relations: Interdisciplinary Journal of Applied Family Studies, 46*, 33-39.
12. **Townsend**, A., & Franks, M. (1995). Binding ties: Closeness and conflict in adult children's caregiving relationships. *Psychology and Aging, 10*, 343-351.
11. Moore, K., Danks, J., Ditto, P., Druley, J., **Townsend**, A., & Smucker, W. (1994). Elderly outpatients' understanding of a physician-initiated advance directive discussion. *Archives of Family Medicine, 3*, 1057-1063.
10. Stephens, M. A., Franks, M., & **Townsend**, A. (1994). Stress and rewards in women's multiple roles: The case of women in the middle. *Psychology and Aging, 9*, 45-52.
9. Druley, J., Ditto, P., Moore, K., Danks, J., **Townsend**, A., & Smucker, W. (1993). Physicians' predictions of elderly outpatients' life-sustaining treatment preferences. *The Journal of Family Practice, 37*, 469-475.
8. Smucker, W., Ditto, P., Moore, K., Druley, J., Danks, J., & **Townsend**, A. (1993). Elderly outpatients respond favorably to a physician-initiated advance directive discussion. *The Journal of the American Board of Family Practice, 6*, 473-482.
7. Bass, D., Noelker, L., **Townsend**, A., & Deimling, G. (1990). Losing an aged relative: Perceptual differences between spouses and adult children. *Omega: Journal of Death and Dying, 21*, 21-40.
6. Deimling, G., Bass, D., **Townsend**, A., & Noelker, L. (1989). Care-related stress: A comparison of spouse and adult-child caregivers in shared and separate households. *Journal of Aging and Health, 1*, 67-82.
5. **Townsend**, A., Noelker, L., Deimling, G., & Bass, D. (1989). Longitudinal impact of interhousehold caregiving on adult children's mental health. *Psychology and Aging, 4*, 393-401.
4. Gurin, P., & **Townsend**, A. (1986). Properties of gender identity and their implications for gender consciousness. *British Journal of Social Psychology, 25*, 139-148.
3. **Townsend**, A., & Poulshock, S.W. (1986). Intergenerational perspectives on impaired elders' support networks. *Journal of Gerontology, 41*, 101-109.
2. Kalmuss, D., Gurin, P., & **Townsend**, A. (1981). Feminist and sympathetic feminist consciousness. *European Journal of Social Psychology, 11*, 131-147.
1. **Townsend**, A., & Gurin, P. (1981). Re-examining the frustrated homemaker hypothesis: Role fit, personal dissatisfaction, and collective discontent. *Sociology of Work and Occupations, 8*, 464-488.

Peer-Reviewed Co-Edited Special Issue

1. Mehrotra, C., **Townsend**, A., & Berkman, B. (2014). Special Issue: A National Training Program in Aging Research for Social Work Faculty. *Educational Gerontology, 40*(4).

Invited Book Chapters

8. **Townsend**, A. (2012). Innovative research methods for family gerontology. In R. Blieszner & V. Bedford (Eds.), *Handbook of families and aging* (2nd ed., pp. 61-88). Santa Barbara, CA: ABC-CLIO (Praeger).
7. Curl, A., & **Townsend**, A. (2008). Retirement transitions among married couples. In J. Gonyea & R. P. Maiden (Eds.), *The older worker and the changing labor market: New challenges for the workplace* (pp.89-107). Binghamton, NY: Haworth Press.

6. Rodriguez Le Sage, M., & **Townsend**, A. (2004). Acculturation and depressive symptoms in Mexican American couples. In S. Cummings & C. Galambos (Eds.), *Diversity and aging in the social environment* (pp. 131-154). Binghamton, NY: Haworth Press.
5. **Townsend**, A. (1993). Methodological issues confronting research on service use among caregiving families. In S. Zarit, L. Pearlin, & K. W. Schaie (Eds.), *Caregiving systems: Informal and formal helpers* (pp. 293-301). Hillsdale, NJ: Lawrence Erlbaum Associates.
4. **Townsend**, A. (1990). Nursing home care and family caregivers' stress. In M.A. Stephens, J. Crowther, S. Hobfoll, & D. Tennenbaum (Eds.), *Stress and coping in later life families* (pp. 267-285). Washington, DC: Hemisphere.
3. **Townsend**, A., & Harel, Z. (1990). Health vulnerability and service need among the aged. In Z. Harel, P. Ehrlich, & R. Hubbard (Eds.), *The vulnerable aged: People, services, and policies* (pp. 32-52). New York: Springer.
2. Noelker, L., & **Townsend**, A. (1987). Perceived caregiving effectiveness: The impact of parental impairment, community resources, and caregiver characteristics. In T. Brubaker (Ed.), *Aging, health and family: Long-term care* (pp. 58-79). Newbury Park, CA: Sage Publications.
1. **Townsend**, A., & Noelker, L. (1987). The impact of family relationships on perceived caregiving effectiveness. In T. Brubaker (Ed.), *Aging, health and family: Long-term care* (pp. 80-99). Newbury Park, CA: Sage Publications.

Book Reviews

2. **Townsend**, A. (1992). Review of A. Steptoe and A. Appels (Eds.), *Stress, personal control, and health. The Community Psychologist*, 25, 12.
1. **Townsend**, A. (1977). Review of E. Hinz (Ed.), *Anais Nin: A woman speaks. Psychology of Women Quarterly*, 2, 185-186.

Research Reports and Other Publications

4. Morris, D., O'Toole, E., **Townsend**, A., Warner, C., & Juratovac, E. (2007). Caring for the caregivers: An important network for improving the lives of older adults. *The Value of Research* (p. 46). Cleveland, OH: Case Western Reserve University.
3. **Townsend**, A. (2006). The needs of families caring for relatives facing the end of life. *The Value of Research* (p. 31). Cleveland, OH: Case Western Reserve University.
2. **Townsend**, A. (1987). *Family caregivers' perspectives on institutionalization decisions* (ERIC Document Reproduction Service No. ED 296 233). Ann Arbor, MI: Educational Resources Information Center.
1. Noelker, L., **Townsend**, A., & Deimling, G. (1984). *Caring for elders and the mental health of family members: A report on the study's first three years (1980-1983)* (NIMH Grant No. RO1 MH 35360). Cleveland, OH: The Benjamin Rose Institute.

Presentations

Professional and Scientific Conferences

118. Cho, S., & **Townsend**, A. (2019, November). Perceived neighborhood social disorder, friends support, and depressive symptomatology of non-married older women. Poster presented at the 2019 Gerontological Society of America Annual Scientific Meeting, Austin TX.

117. Lee, J. W., & **Townsend**, A. (2018, November). Discrepancy between older adults' responses to descriptive and numeric pain intensity measures. Poster presented at the 2018 Gerontological Society of America Annual Scientific Meeting, Boston, MA.
116. Qin, W., Wang, F., & **Townsend**, A. (2018, November). Functional limitations and depressive symptoms in older Chinese. Poster presented at the 2018 Gerontological Society of America Annual Scientific Meeting, Boston, MA.
115. Cho, S., & **Townsend**, A. (2018, January). Positive spousal interactions as a mediator between perceived neighborhood disorder and depressive symptoms among married older adults: A structural equation model. Poster presented at the Society for Social Work and Research 22nd Annual Conference, Washington, DC.
114. Qin, W., & **Townsend**, A. (2017, November). Physical exercise, smoking, and fruit and vegetable consumption as risk factors for quality of life in older adults with diabetes. Poster presented at NASW-Ohio Annual Conference, Columbus, OH.
113. Qin, W., & **Townsend**, A. (2017, July). Healthy lifestyle habits and health-related quality of life among older adults with diabetes. Poster presented at the International Association of Gerontology and Geriatrics (IAGG) 21st World Congress of Gerontology and Geriatrics, San Francisco, CA.
112. Moon, H., **Townsend**, A., Dilworth-Anderson, P., & Whitlatch, C. (2016, November). Predictors of discrepancy between dementia care-dyads on the care-recipients' quality of life. In H. Moon (Chair), *Dyadic Perspectives in Family and Caregiving Context*. Symposium presented at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
111. Shon, E-J., & **Townsend**, A. (2016, November). Predictors of having flu vaccination in Chinese, Korean, and Vietnamese immigrant adults. Poster presented at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
110. Qin, W., Hamler, T., & **Townsend**, A. (2016, November). Physical activity and health care coverage as predictors for diabetes among older adults. Poster presented at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
109. Lee, J.-W., Oh, Y. S., & **Townsend**, A. (2015, November). Exercise as a moderator of the effects of having cancer on depressive symptoms in older adults. Poster presented at the 68th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL. (Also presented at the Case Western Reserve University Cancer Research Fair, April 2015)
108. Shon, E-J., & **Townsend**, A. (2015, July). Predictors of recency of mammography across Asian American subgroups. Poster presented at the 2015 World Congress of Psycho-Oncology, Washington, DC.
107. Oh, Y., & **Townsend**, A. (2014, November). Predictors of online health information seeking among elderly cancer survivors. Poster presented at the 67th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
106. Ishler, K., & **Townsend**, A. (2014, November). Intra-individual and cross-spouse effects of pain on psychological distress in aging couples. Paper accepted for the 67th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
105. Shon, E-J., & **Townsend**, A. (2014, November). Predictors of prostate cancer screening in older African American men. Poster accepted for the 67th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
104. Moon, H., **Townsend**, A., Whitlatch, C., Kim, M. H., & Dilworth-Anderson, P. (2014, January). Predictors of discrepancy between care recipients with early-stage dementia and their caregivers on perceptions of the care recipients' quality of life. Paper presented at the 18th Annual Conference of the Society for Social Work and Research, San Antonio, TX.

103. Moon, H., & **Townsend**, A. (2013, June). Care recipient and family caregiver perceptions of everyday care in early-stage dementia: The effect of incongruence on quality of life and the mediating effect of relationship strain. Oral presentation at the 20th International Association of Gerontology and Geriatrics (IAGG) International World Congress of Gerontology and Geriatrics, Seoul, Korea.
102. **Townsend**, A., Oh, Y., Ishler, K., & Rose, J. (2012, November). Health and depressive symptomatology of aging male cancer survivors: A matched comparison design. Poster presented at the 65th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
101. Lim, J-w., & **Townsend**, A. (2012, February). Testing measurement invariance of family coping scale in Chinese- and Korean-American breast cancer survivors. Poster presented at the 9th Annual Conference of the American Psychosocial Oncology Society, Miami, FL.
100. Moon, H., **Townsend**, A., & Whitlatch, C. (2012, January). Care recipient and family caregiver perceptions of everyday care in early-stage dementia: The effect of incongruence on quality of life and the mediating effects of relationship strain. Poster presented at the 16th Annual Conference of the Society for Social Work and Research, Washington, DC.
99. Oh, Y., **Townsend**, A., & Kim, M. (2012, January). Longitudinal relationship between depressive symptoms and smoking behavior of the elderly in South Korea: A latent growth model. Poster presented at the 16th Annual Conference of the Society for Social Work and Research, Washington, DC.
98. Ishler, K., & **Townsend**, A. (2011, November). Persistent pain in married couples in later life. Poster presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
97. Moon, H., **Townsend**, A., & Whitlatch, C. (2011, November). Care recipient and family caregiver perceptions of everyday care in early-stage dementia: The effect of incongruence on quality of life. In B. Resnick (Chair), Family involvement in dementia care: An intercontinental overview. Symposium presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
96. **Townsend**, A., Bowman, K., Rose, J., Ishler, K., Curl, A., & Peak, N. (2011, January). Predictors of depressive symptomatology in middle-aged married female cancer survivors and their husbands compared to couples without cancer. Poster presented at the 15th Annual Conference of the Society for Social Work and Research, Tampa, FL.
95. **Townsend**, A. (2010, November). Innovative research methods for family gerontology. In V. Bedford (Chair), Cutting edge theory, methods, and research on aging families: A taste of what's to come. Symposium presented at the 63rd Annual Scientific Meeting of the American Gerontological Society of America, New Orleans, LA.
94. Moon, H., Whitlatch, C., & **Townsend**, A. (2010, November). Dementia care recipient and caregiver perception of decision making and its effect on care recipient quality of life. Poster presented at the 63rd Annual Scientific Meeting of the American Gerontological Society of America, New Orleans, LA.
93. **Townsend**, A., Ishler, K., Pitorak, E., & Shapiro, B. (2009, September). Assessing and Supporting Family Caregivers in End-of-Life Care: The FACES Project. Workshop presented at Hospice of the Western Reserve 13th Annual Fall Conference, Cleveland, OH
91. Krentzman, A., Farkas, K., & **Townsend**, A. (2009, January). Using quantitative visualization to uncover hidden data patterns in social work research. Poster presented at the 13th Annual Conference of the Society for Social Work and Research, New Orleans, LA
90. Moon, H., **Townsend**, A., & Stephens, M.A. (2009, January). Predictors of perceived benefits and drawbacks of using paid services among dementia caregivers. Poster presented at the 13th Annual Conference of the Society for Social Work and Research, New Orleans, LA
89. Peterson, L., **Townsend**, A., & Orbuch, T. (2009, January). Husbands' generosity as a predictor of African American and white women's marital quality through the transition to parenthood. Poster presented at the 13th Annual Conference of the Society for Social Work and Research, New Orleans, LA

88. Curl, A., & **Townsend**, A. (2008, November). Health resiliency: The impact of retirement on count of chronic conditions. Poster to be presented at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD
87. Mehrotra, C., **Townsend**, A., & Berkman, B. (2008, January). Engaging social work faculty in aging research. Poster presented at the 12th Annual Conference of the Society for Social Work and Research, Washington, DC.
86. Curl, A., & **Townsend**, A. (2007, November). The impact of retirement on self-rated health of older married couples: A multilevel dyadic model. Poster presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
85. Moon, H., **Townsend**, A., & Stephens, M.A. P. (2007, November). Predictors of perceived benefits and drawbacks of using paid service among dementia caregivers. Poster to be presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
84. **Townsend**, A., Curl, A., Ishler, K., Rose, J., & Bowman, K. (2007, January). Predictors of depressive symptomatology in older female cancer survivors and their spouses: A multilevel dyadic model. In B. Zebrack (Chair), Cancer: Psychosocial issues across the life span. Symposium presented at the 11th Annual Conference of the Society for Social Work and Research, San Francisco, CA.
83. **Townsend**, A., Bowman, K., Rose, J., Ishler, K., & Curl, A., (2006, November). Impact of cancer and comorbidities on depressive symptoms in married couples: A multilevel dyadic model. In K. Bowman (Chair), Cancer-related symptoms and co-morbidities among older adult survivors. Symposium presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
82. Ishler, K., Curl, A., & **Townsend**, A. (2006, November). Pain and aging in the marital dyad. Poster presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
81. Katz, S., Biegel, D., & **Townsend**, A. (2006, January). The impact of caregiver-care recipient relationship quality on family caregivers of women with substance use disorder or co-occurring substance and mental disorders. Poster presented at the 10th Annual Conference of the Society for Social Work and Research, San Antonio, TX.
80. **Townsend**, A. (2005, November). Discussant for "Individual and family responses to hospice care: Windows of opportunity." Symposium presented at the 58th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
79. Curl, A., & **Townsend**, A. (2005, April). Transitions between work and retirement over time. Poster presented at Research ShowCASE 2005, Case Western Reserve University, Cleveland, OH.
78. **Townsend**, A., Ishler, K., Vargo, E., Pitorak, E., Shapiro, B., & Matthews, C. (2005, March). Predictors of strain in family caregivers using hospice home care. Paper presented at *Quality and Meaning at the End of Life*, national conference sponsored by University of South Florida Center for Hospice, Palliative Care, and End-of-Life Studies, Tampa, FL.
77. Biegel, D., Tracy, E., Katz, S., & **Townsend**, A. (2005, January). Predictors of quality of relationship in families of women with co-occurring substance and mental disorders. Poster presented at the 9th Annual Conference of the Society of Social Work and Research, Miami, FL.
76. Rawlings, M., Gingerich, W., & **Townsend**, A. (2005, January). A psychometric analysis of the Social Work Self-Efficacy Scale. Paper presented at the 9th Annual Conference of the Society of Social Work and Research, Miami, FL.
75. **Townsend**, A., Ishler, K., Vargo, E., Pitorak, E., Matthews, C., & Shapiro, B. (2005, January). Assessment of family caregiver strain during end-of-life hospice care. In M. Bern-Klug (Chair), End-of-life perspectives: Family and elders. Symposium presented at the 9th Annual Conference of the Society of Social Work and Research, Miami, FL.

74. Curl, A., & **Townsend**, A. (2004, November). Retirement transitions: A longitudinal study of retirement patterns in married couples. Poster presented at the 57th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC. [Also presented at Research ShowCASE 2005, Case Western Reserve University, Cleveland, OH, April 2005]
73. Curl, A., **Townsend**, A., & Stephens, M. A. (2004, January). Longitudinal trajectories of depressive symptoms and life satisfaction in adult daughter caregivers. Poster presented at the 8th Annual Conference of the Society on Social Work and Research, New Orleans, LA.
72. **Townsend**, A., Curl, A., & Ishler, K. (2004, January) . Alcohol consumption and depressive symptoms in middle-aged and older married couples. Paper presented at the 8th Annual Conference of the Society on Social Work and Research, New Orleans, LA.
71. Ishler, K., & **Townsend**, A. (2003, November). Perceived decision making power and depressive symptoms among spouses in middle-aged couples. Poster presented at the 56th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA. [Also presented at Research ShowCASE 2004, Case Western Reserve University, Cleveland, OH, April 2004]
70. **Townsend**, A., Miller, B., & Carpenter, E. (2003, January). Longitudinal trajectories of depressive symptoms in family members caring for impaired older adults. Paper presented at the 7th Annual Conference of the Society on Social Work and Research, Washington, DC.
69. Miller, D., & **Townsend**, A. (2003, January). The Urban Hassles Index: A developing measure of chronic stressors for urban adolescents. Paper presented at the 7th Annual Conference of the Society on Social Work and Research, Washington, DC.
68. **Townsend**, A., Ishler, K., & Perzynski, A. (2002, November). Lower body difficulties, pain, and depressive symptoms in married couples: A dyadic analysis. Paper presented at the 55th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA. [Also presented at Research ShowCASE 2003, Case Western Reserve University, Cleveland, OH, April 2003]
67. Miller, B., **Townsend**, A., & Ishler, K. (2002, November). Change in marital dissatisfaction, health, and depression in older married couples. Poster presented at the 55th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
66. Min, M., Perzynski, A., & **Townsend**, A. (2002, November). Physical health and sample attrition in older married couples. Poster presented at the 55th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
65. Perzynski, A., & **Townsend**, A. (2002, November). Examining differences in CES-D measurement in the Health and Retirement Study. Poster presented at the 55th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
64. Curl, A., **Townsend**, A., & Stephens, M. A. (2002, November). Multiple roles and relationships: Parent care stress and mother role characteristics. Poster presented at the 55th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA. [Also presented at Research ShowCASE 2003, Case Western Reserve University, Cleveland, OH, April 2003]
63. Miller, D., **Townsend**, A., & Billing, A. (2002, January). Urban hassles and adolescent mental health: A new look at chronic stressors. Paper presented at the 6th Annual Conference for Social Work and Research, San Diego, CA.
62. Miller, B., & **Townsend**, A. (2001, November). Similarity of perceptions of marital dissatisfaction and depressive symptoms: Does it matter if older married husbands and wives think alike? In A. Townsend and B. Miller (Chairs), Highlighting interdependence in mid-life and late-life married couples. Symposium presented at the 54th Annual Scientific Meeting of the Gerontological Society of America, Chicago, IL.

61. Zarit, S., Femia, E., **Townsend**, A., & Stephens, M. A. (2001, July). Do respite services moderate the stress of family caregiving? In B. Gottlieb and S. Zarit (Chairs), Basic and intervention research on stress moderators among older adults. Symposium presented at the 17th Congress of the International Association of Gerontology, Vancouver, Canada.
60. **Townsend**, A., Miller, B., Yang, Y., & Min, M. (2000, November). Disability and depressive symptoms in middle-aged married couples. In J. Sandberg (Chair), Marriage and well-being in mid- and later-life couples: Expanding the marital lens. Symposium presented at the 53rd Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
59. Miller, B., **Townsend**, A., Carpenter, E., Montgomery, R., Stull, D., & Young, R. (2000, November). Social support and caregiver depression: A replication analysis. Poster presented at the 53rd Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
58. Eftekhari, A., Stephens, M. A., & **Townsend**, A. (2000, August). Longitudinal patterns of depression in adult daughter caregivers. Poster presented at the 108th Annual Convention of the American Psychological Association, Washington, DC.
57. Gupta, A., Stephens, M. A., **Townsend**, A., & Norton, T. (2000, August). Changes in women's stress and rewards predicting role mastery. Poster presented at the 108th Annual Convention of the American Psychological Association, Washington, DC.
56. **Townsend**, A., & Miller, B. (1999, November). Interdependence of depressive symptoms in middle-aged and older married couples. Paper presented at the 52nd Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
55. Atienza, A., Stephens, M. A., & **Townsend**, A. (1999, November). The effects of role stress on optimism among caregivers with multiple roles. Poster presented at the 52nd Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
54. Christensen, K., Stephens, M. A., & **Townsend**, A. (1999, November). Mastery as a mediator in the relationship between negative social exchanges and women's psychological well-being. Poster presented at the 52nd Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
53. Gaugler, J., Zarit, S., Stephens, M.A., & **Townsend**, A. (1999, November). Evaluating community-based care for people with dementia: The cost-effectiveness of adult day services. Poster presented at the 52nd Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
52. Jarrott, S., Zarit, S., **Townsend**, A., & Stephens, M. A. (1999, November). Differential effects of informal and formal assistance on strain of spouse and adult child caregivers. Poster presented at the 52nd Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
51. Montoro, J., Kosloski, K., Stull, D., Montgomery, R., Wykle, M., Young, R., **Townsend**, A., & Miller, B. (1999, November). Predictive models of attrition in caregiving research: A multi-sample analysis. Paper presented at the 52nd Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
50. Norton, T., Stephens, M. A., Martire, L., & **Townsend**, A. (1999, November). Changes in centrality of women's multiple roles: Effects of role stress and rewards. Poster presented at the 52nd Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
49. Stephens, M. A., **Townsend**, A., Martire, L., & Druley, J. (1998, November). Balancing parent care with other roles: Interrole conflict of adult daughter caregivers. Poster presented at the 51st Annual Scientific Meeting of the Gerontological Society of America, Philadelphia, PA.
48. Jarrott, S., Zarit, S., Stephens, M. A., **Townsend**, A., Greene, R., & Schuster, A. (1998, November). The role of informal and formal help in relieving caregiver strain. Paper presented at the 51st Annual Scientific Meeting of the Gerontological Society of America, Philadelphia, PA.

47. Atienza, A., Stephens, M. A., & **Townsend**, A. (1998, August). Role stress, optimism, and depression among adult daughter caregivers. Poster presented at the 106th Annual Convention of the American Psychological Association, San Francisco, CA.
46. Alspaugh, M., Stephens, M. A., **Townsend**, A., Zarit, S., & Greene, R. (1997, November). Behavioral hassles and uplifts in dementia caregiving: Their relationship to well-being and appraisals of the caregiving role. Poster presented at the 50th Annual Scientific Meeting of the Gerontological Society of America, Cincinnati, OH.
45. Martire, L., Stephens, M. A., & **Townsend**, A. (1997, November). The psychological centrality of women's multiple roles: Positive and negative effects on well-being. Paper presented at the 50th Annual Scientific Meeting of the Gerontological Society of America, Cincinnati, OH.
44. Martire, L., Stephens, M. A., & **Townsend**, A. (1997, August). Centrality and salience of the parent-care role for adult daughters. Poster presented at the 105th Annual Convention of the American Psychological Association, Chicago, IL.
43. **Townsend**, A. (1996, November). The adult day care collaborative study: Design, sample and measures. In S.Zarit (Chair), Adult day care and the relief of caregiver strain. Symposium presented at the 49th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
42. **Townsend**, A. (1996, November). Caregiving stress: Exacerbating and buffering effects of other roles. In M. A. Stephens & A. Townsend (Chairs), The Women's Multiple Roles Study: Parent care in the context of other family roles and work. Symposium presented at the 49th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
41. Kwee, E., Edwards, A., Jarrott, S., Leitsch, S., Gaugler, J., Zarit, S., **Townsend**, A., & Stephens, M. A. (1996, November). Modeling longitudinal changes in caregiver health. Poster presented at the 49th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
40. Alspaugh, M., Stephens, M. A., **Townsend**, A., & Zarit, S. (1996, November). Patterns of depressive symptomatology in dementia caregivers: The relation to stress and strain. Poster presented at the 49th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
39. Clark, S., Stephens, M. A., & **Townsend**, A. (1996, November). Changes in well-being as a function of changes in caregiving demands. Poster presented at the 49th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
38. Zarit, S., Stephens, M. A., & **Townsend**, A. (1996, August). Stress reduction for family caregivers: Effects of day care use. In Stephens, M. A., & Townsend, A. (Chairs), Interplay of Theory and Practice in Interventions with Family Caregivers. Symposium presented at the 104th Annual Convention of the American Psychological Association, Toronto.
37. Martire, L., Christensen, K., Stephens, M. A., **Townsend**, A., & Baughman, K. (1996, August). Emotional support and mastery in adult daughter caregivers' multiple roles. Poster presented at the 104th Annual Convention of the American Psychological Association, Toronto.
36. Lewis, P., & **Townsend**, A. (1996, May). Predictors of eighth-grade students' academic aspirations. Paper presented at the 68th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
35. Jackson, A., Neal, A., & **Townsend**, A. (1995, March). Co-victimization and African American adolescents. Poster presentation at the Biennial Meeting of the Society for Research in Child Development, Indianapolis, IN.
34. Druley, J., & **Townsend**, A. (1995, March). Self-esteem as a mediator of spousal support and depression: A comparison of healthy couples and couples coping with arthritis. Poster presentation at the 16th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

33. **Townsend, A., White, T., & Lewis, P.** (1994, November). Predictors of subjective age among Black and White adults. Poster presentation at the 47th Annual Meeting of the Gerontological Society of America, Atlanta, GA.
32. Stephens, M. A., Martire, L., Franks, M., & **Townsend, A.** (1994, November). The effects of caregivers' role stress and rewards on quality of family relationships. Paper presented at the 47th Annual Meeting of the Gerontological Society of America, Atlanta, GA.
31. Zarit, S., Steiner, V., Goodman, C., Greene, R., Ferraro, E., Stephens, M. A., & **Townsend, A.** (1994, November). Predictors of short-term and sustained use of adult day care. Paper presented at the 47th Annual Meeting of the Gerontological Society of America, Atlanta, GA.
30. Druley, J., Ditto, P., Moore, K., Smucker, W., Danks, J., & **Townsend, A.** (1993, May). Deciding when to die: A comparison of young and elderly adults' preferences for life or death given various health impairments. Paper presented at the 65th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
29. Druley, J., Ditto, P., Moore, K., Danks, J., **Townsend, A.**, & Smucker, W. (1993, March). The role of values in elderly adults' evaluations of health states. Paper presented at the 14th Annual Scientific Meeting of the Society of Behavioral Medicine, San Francisco, CA.
28. Moore, K., Ditto, P., Druley, J., Danks, J., **Townsend, A.**, & Smucker, W. (1993, March). Correlates of elderly adults' quality of life judgments. Paper presented at the 14th Annual Scientific Meeting of the Society of Behavioral Medicine, San Francisco, CA.
27. Franks, M., Stephens, M. A., & **Townsend, A.** (1992, August). An examination of stress and reward in caregivers' multiple roles. Poster presentation at the Centennial Annual Convention of the American Psychological Association, Washington, DC.
26. Druley, J., Smucker, W., **Townsend, A.**, Moore, K., Ditto, P., & Danks, J. (1992, May). Physicians' predictions of patients' life-sustaining treatment preferences across different medical conditions: The role of experience in enhancing accuracy. Paper presented at the 64th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
25. Druley, J., **Townsend, A.**, & Ditto, P. (1992, March). Fates worse than death: Toward a valued life activities model of health state preferences. In P. Ditto (Chair), *Discussing life and death: Research on advance medical directives*. Symposium conducted at the 13th Annual Scientific Meeting of the Society of Behavioral Medicine, New York, NY.
24. Stephens, M. A., & **Townsend, A.** (1991, November). Women in the middle: Do multiple roles really compete? In M. A. Stephens & W. Haley (Chairs), *Caregiving in context: Work, multiple roles, and life stress*. Symposium conducted at the 44th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
23. **Townsend, A.** (1991, November). The quality of relationships between caregivers and care recipients. In A. Townsend & M. A. Stephens (Chairs), *Ties that bind: Positive and negative social exchanges in later life*. Symposium conducted at the 44th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
22. **Townsend, A.**, Heiselman, T., & Schur, D. (1990, November). Families' perceptions of emotional support provided by nursing home staff to residents. In D. Morgan (Chair), *Caregiving in nursing homes: Relations between family and staff*. Symposium conducted at the 43rd Annual Meeting of the Gerontological Society of America, Boston.
21. **Townsend, A.**, Heiselman, T., & Deimling, G. (1989, November). Impact of nursing home care on family members' stress and mental health. In D. Morgan (Chair), *Family caregivers and formal care settings*. Symposium conducted at the 42nd Annual Meeting of the Gerontological Society of America, Minneapolis.

20. **Townsend, A.** (1989, November). Moderator for panel on special units in nursing homes. Conference on Confused Minds and Burdened Families: How to Serve Dementia Families Better Through Improving Access and Enhancing Resources. Cleveland Chapter of the Alzheimer's Association, Cleveland, OH.
19. Noelker, L., **Townsend, A.**, & Deimling, G. (1989, April). Caregiving's effects on family members' health and well-being. Paper presented at the Annual Meeting of the North Central Sociological Association, Akron, OH.
18. **Townsend, A.** (1988, November). Moderator for panel on family member and professional responses to keynote address. Conference on Alzheimer's Families in Transition: Sharing the Care with a Residential Facility. Cleveland Chapter of the Alzheimer's Association, Cleveland, OH.
17. **Townsend, A.**, Deimling, G., & Noelker, L. (1988, November). Transition to nursing home care: Sources of stress and family members' mental health. In M.A. Stephens & A. Townsend (Chairs), Interplay among families, residents and nursing home staff: The challenge of successful integration. Symposium conducted at the 41st Annual Meeting of the Gerontological Society of America, San Francisco.
16. **Townsend, A.**, Noelker, L., Deimling, G., & Bass, D. (1988, November). The longitudinal impact of caregiving on adult children's mental health. In R. Young (Chair), Caregiver outcomes over time: Burnout vs. adaptation. Symposium conducted at the 41st Annual Meeting of the Gerontological Society of America, San Francisco.
15. **Townsend, A.** (1988, April). Data on characteristics of local protective service cases. Panel presentation on Protective Services: Clinical Issues in Identification conducted at the Community Forum: Understanding and Serving Vulnerable Aged, Cleveland State University, Cleveland, OH.
14. **Townsend, A.**, Noelker, L., Deimling, G., & Bass, D. (1987, August). The longitudinal impact of caregiving on adult-child caregivers' mental health. In M.A. Stephens (Chair), Family caregiving to dependent older adults: Stress, coping and adaptation. Symposium conducted at the Annual Convention of the American Psychological Association, New York.
13. Deimling, G., **Townsend, A.**, & Bass, D. (1987, July). Using research findings as an information base to improve caregiver assessment and service planning. Panel presentation conducted at the Margaret Blenkner Research Center Conference on Caring for Frail Elderly: A Partnership of Family and Community, Cleveland, OH.
12. Noelker, L., **Townsend, A.**, Deimling, G., & Bass, D. (1986, November). Multiple perceptions of family care: Issues in the use of dyadic data from caregivers and care recipients. In E. Kahana (Chair), Frail elderly and their caregivers: Mutual influences. Symposium conducted at the 39th Annual Meeting of the Gerontological Society of America, Chicago.
11. Bass, D., Noelker, L., **Townsend, A.**, & Deimling, G. (1986, November). Perceptions of bereavement: A comparison of spouses and adult children. Paper presented at the 39th Annual Meeting of the Gerontological Society of America, Chicago.
10. **Townsend, A.**, Deimling, G., Noelker, L., & Bass, D. (1986, November). Ethical dilemmas in placement decisions: Family caregivers' perspectives. In P. Clark & H. Sterling (Chairs), Understanding and influencing individual and familial long term care decisionmaking: The importance of values. Symposium conducted at the 39th Annual Meeting of the Gerontological Society of America, Chicago.
9. **Townsend, A.** (1985, November). Longitudinal perspectives on impaired elders' living arrangements and adult-child caregivers' stress and coping. Paper presented at the 38th Annual Meeting of the Gerontological Society of America, New Orleans.
8. Harel, Z., & **Townsend, A.** (1985, November). Health vulnerability, service need and service use among the aged. Poster presented at the 38th Annual Meeting of the Gerontological Society of America, New Orleans.
7. **Townsend, A.** (1985, August). Factors motivating adult children to change elderly parents' care arrangements. In G. Niederehe (Chair), Health, coping, and adaptation in older adults. Poster presented at the 93rd Annual Convention of the American Psychological Association, Los Angeles.

6. Noelker, L., & **Townsend, A.** (1985, July). The quality of the older parent-child relationship and the caregiving process. Paper presented at the XIIIth International Congress of Gerontology, New York.
5. **Townsend, A.** (1985, April). Research on family caregiving and decisionmaking at The Benjamin Rose Institute. Panel presentation on Research Highlights in Aging in Ohio at the Ninth Annual Ohio Professional and Scientific Conference on Aging, Columbus, Ohio.
4. **Townsend, A.,** & Noelker, L. (1984, November). Caring for elder parents: The impact of gender on adult children's perceptions. Paper presented at the 37th Annual Meeting of the Gerontological Society of America, San Antonio.
3. **Townsend, A.,** & Poulshock, S.W. (1983, November). Caregiving and decision-making networks of impaired elders. In S.W. Poulshock (Chair), *New perspectives on elders' support networks*. Symposium conducted at the 36th Annual Meeting of the Gerontological Society of America, San Francisco.
2. **Townsend, A.,** & Deimling, G. (1983, October). A model of multigenerational family problem-solving effectiveness. In S. McNamee (Chair), *Theoretical and methodological issues related to family problem solving*. Paper presented at the 13th Annual Pre-Conference Workshop on Theory Construction and Research Methodology, National Council on Family Relations, St. Paul, MN.
1. **Townsend, A.,** & Gurin, P. (1981, August). Women's gender identity and the struggle for women's rights. In P. Katz (Chair), *Gender, ethnic, and racial identity: Resources for social change*. Symposium conducted at the 89th Annual Convention of the American Psychological Association, Los Angeles.

Invited Presentations, Workshops, and Colloquia

27. **Townsend, A.** (2018, November). *The roles of coping and social support in the Stress Process Model*. Guest lecture in SOCI 313-SOCI 413, Stress and Coping (masters and doctoral level), Department of Sociology, Case Western Reserve University, Cleveland, OH.
26. **Townsend, A.** (2018, November). *Family caregiving*. Invited presentation for the Resource Fair for Veterans and Caregivers, Caregiver Support Program, Louis Stokes Cleveland Veterans Administration Medical Center, Cleveland, OH.
25. **Townsend, A.** (2018, September). *The unique contribution of social work research*. Invited faculty roundtable panelist, SASS 638, Integrative Research Seminar (doctoral level), Case Western Reserve University, Cleveland, OH.
24. **Townsend, A.** (2013, February). *Aging couples*. Guest lecture in GERO 498, Seminar in Gerontological Studies (masters level), Case Western Reserve University, Cleveland, OH.
23. **Townsend, A.** (2010, March). *Common pitfalls in research proposals and suggestions on how to avoid them*. Invited research methodology colloquium, Office of Research and Training and MSASS Doctoral Program, Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH.
22. **Townsend, A.** (2009, December). *Dyadic and small group research: Conceptual and methodological issues*. Invited presentation for the Prevention Research Educational Postdoctoral Training Program (PREP) Seminar Series, Case Comprehensive Cancer Center, Case Western Reserve University, Cleveland, OH.
21. **Townsend, A.** (2008, April). *Health and well-being in older married cancer survivors and their spouses*. Invited paper presented at Geriatric Oncology and Primary Care: Promoting Partnerships in Practice and Research, Case Comprehensive Cancer Center Program on Aging and Cancer Research, Cleveland, OH.
20. **Townsend, A.** (2007, February). *Structural equation modeling (SEM): What is it? What can it do? What are some of its advantages and disadvantages?* Invited presentation for the Health Services Research Program, Department of Epidemiology and Biostatistics, School of Medicine, Case Western Reserve University, Cleveland, OH.

19. **Townsend, A.** (2007, February). *Using secondary data to investigate effects of cancer and comorbidities on psychosocial quality of life in older couples.* Aging-Cancer-Energetics Seminar Series, Aging-Cancer Program, Case Comprehensive Cancer Center, Cleveland, OH.
18. **Townsend, A.** (2006, April). *Cancer, comorbidities, and psychosocial quality of life in older couples: Advantages and challenges of analyzing secondary data.* Cancer Prevention and Control Conference Series, Case Comprehensive Cancer Center, Cleveland, OH.
17. **Townsend, A.** (2005, October). *Psychosocial effects of cancer and comorbidities in middle and late-life couples.* Presentation at symposium on "Advancing Psychosocial and Health Services Research on Aging and Cancer," The Case Comprehensive Cancer Center (Program in Aging-Cancer Research), Case Western Reserve School of Medicine, Cleveland, OH.
16. **Townsend, A.** (2005, June). *Family issues with the terminally ill.* Presentation to the Mandel School of Applied Social Sciences Advisory Council, Case Western Reserve University, Cleveland, OH.
15. **Townsend, A.** (2004, December). *Teaching and research on aging at the Mandel School of Applied Social Sciences.* Presentation at the Innovative Programs in Aging Workshop, Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH.
14. **Townsend, A.** (2003, November). *Structural equation modeling.* Workshop for the John A Hartford Foundation Geriatric Social Work Initiative Doctoral Dissertation Fellows and Faculty Scholars, Gerontological Society of America Annual Scientific Meeting Preconference Workshops, San Diego, CA.
13. **Townsend, A.** (2002, December). *Linking a conceptual model to successful grant development.* Presentation for the Dual Disorders Research Program and The Center on Substance Abuse and Mental Illness Seminar Series, Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH.
12. **Townsend, A.** (2002, April). *Exploratory and confirmatory factor analyses: How to decide which one to use.* Presentation for the Research Methodology Seminar Series, Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH.
11. **Townsend, A.** (2001, November). *Family caregiving: Theories and research.* Guest lecture in SOCI 313-SOCI 413, Sociology of Stress and Coping (masters and doctoral level), Department of Sociology, Case Western Reserve University, Cleveland, OH.
10. **Townsend, A.** (2001, April). *Mental health issues in family caregiving.* Guest lecture for NURS 615, Special Topics on Caregiving, Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, OH.
9. **Townsend, A.** (1999, March). *Using structural equation modeling to test the effects of an intervention.* Presentation for the Research Methodology Seminar Series, Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH.
8. **Townsend, A.** (1999, February). *Women in the middle: Family care in the context of multiple roles.* Colloquium presented in the Department of Sociology, Case Western Reserve University, Cleveland, OH.
7. **Townsend, A.** (1996, October). *Women in the middle: Juggling multiple roles.* Workshop presented at Kaleidoscope of Women: A Women's Symposium, Tampa, FL.
6. Smucker, W., Ditto, P., Moore, K., Druley, J., Danks, J., & **Townsend, A.** (1993). *Elderly outpatients respond favorably to physician-initiated advance directive discussions.* Paper presented at the Third Primary Care Research Conference, Agency for Health Care Policy and Research, Atlanta, GA.
5. **Townsend, A.** (1990, October). *Methodological issues confronting research on service use among caregiving families.* Paper presented at the Conference on Social Structure and Caregiving: Family and Cross-National Perspectives. The Pennsylvania State University Gerontology Center, University Park, PA.

4. **Townsend, A.** (1989, April). *Nursing home care and family members' stress and coping*. Invited address at the Kent Psychology Forum on Stress and Coping in Later Life Families, Kent State University, Kent, OH.
3. Noelker, L., & **Townsend, A.** (1987, October). *Informal and formal supports for family caregiving*. Presentation at the Gerontological Research Group, Case Western Reserve University Center on Aging and Health, Cleveland, OH.
2. **Townsend, A.** (1986, April). *Family caregivers: Their perspectives on institutionalization decisions*. Invited address at Ethical Issues in Health Care for the Elderly: A National Interdisciplinary Conference. The University of Tennessee, Memphis, TN.
1. **Townsend, A.** (1980, April). *The social psychology of prejudice*. Lecture and workshop presented at the regional conference of the Association for Foreign Student Affairs, Ypsilanti, MI.

Selected Service

International

Collaboration on Grant Application (Not Funded)

International Expert and Collaborator, *Capitalizing on the Personal Strengths of Family Caregivers Supporting Patients with Cancer* (Una Stenberg, University Hospital-Oslo, PI), research grant application submitted to Norwegian Cancer Society

Ad-Hoc Journal Reviews for *PLOS One*

National

Editorial Board, *Journal of Aging and Health*, 3/2016-present; *Journal of Social Work in End-of-Life & Palliative Care*, 2006-2012; Consulting Editor, *Social Work Research*, 2003-2005; Advisory Board, *Journal of Palliative Medicine Social Work Series*, 2003-2005; Editorial Board, *Psychology and Aging*, 1991-1993

Ad-Hoc Journal Reviews

Journal of Marriage and the Family; Journal of Family Psychology; The Gerontologist; Psychology and Aging; Journal of Aging and Health; Journal of Gerontology: Social Sciences; Psychological Assessment; Medical Care; Journal of Family Issues; Family Relations; Journal of Applied Social Sciences; Psychology of Women Quarterly; Journal of Social Service Research; International Journal of Aging and Human Development; Aging & Mental Health; Journal of Gerontology: Psychological Sciences; Journal of Social Work in End-of-Life and Palliative Care; Social Science & Medicine; Cancer(supplement on cancer survivorship); Psycho-Oncology; Gerontology; Women & Health; Journal of Immigrant and Minority Health; Journal of Healthcare for the Poor and Underserved; Journal of the American Geriatrics Society; Social Work in Health Care; Journal of Family Theory and Research; Journal of Women & Aging

Federal Grant Review Panels

Member, Social Psychology, Personality, and Interpersonal Processes (SPIP) Study Section [member conflict applications]; Risk, Prevention and Health Behavior Integrated Review Group, National Institutes of Health, March 2010 (ZRG1 RPHB-G 03 M) and July 2010 (ZRG1 RPHB-G 02 M).

Member, Special Emphasis Panel/Scientific Review Group 2009/10 ZRG1 HDM-A (58) R [challenge grants], National Institutes of Health, July 2009.

Temporary Member, Social Psychology, Personality, and Interpersonal Processes (SPIP) Study Section; Risk, Prevention and Health Behavior Integrated Review Group, National Institutes of Health, February 2005

Member, Special Emphasis Panel on Predoctoral Fellowships for Minorities and Persons with Disabilities (RPHB3-02), National Institutes of Health, February 2000

Special Reviewer, Mental Disorders of Aging Review Committee, National Institute of Mental Health, October 1993

Special Reviewer, Life Course and Prevention Research Review Committee, Subcommittee on Aging, National Institute for Mental Health, June 1990

Private Foundation Grant Review Panels

Reviewer, Research Grant Program, Alzheimer's Association, Chicago, IL, April 1999

Reviewer, Research Grant Program, The Retirement Research Foundation, Chicago, IL, April 1993, September 1995, March 1997

Technical reviewer, Alzheimer's and Related Diseases Research Award Fund, Commonwealth of Virginia, 1985-1986, 1990-1991

Member, research grant site visit team, The Retirement Research Foundation, Chicago, IL, June 1988

Member, National Review Committee, Enhancing Personal Autonomy of Elderly Individuals in Long Term Care Initiative (Phase II), The Retirement Research Foundation, Chicago, IL, 1986-1987

Consultant

Methodological consultation, Human Services Development Institute, University of Southern Maine, Portland, ME, 1987-1989

National Research Mentor, Geriatric Social Work Faculty Scholars Program, Gerontological Society of America and The John A. Hartford Foundation, 2002-2004 (Cohort III), 2004-2006 (Cohort V), 2007-2009 (Cohort VIII), 2010-2012 (Cohort XI)

Invited participant, Second Social Work Summit on End-of-Life and Palliative Care (sponsored by Open Society Institute, with support from the National Association of Social Workers and the National Hospice and Palliative Care Organization), Washington, DC, June 2005

Member, Group for the Advancement of Doctoral Education in Social Work (GADE), 1/2011-5/2015

Student Awards Committee, Member, 8/2010-4/2011

Steering Committee, Member, 4/2011-4/2014

Treasurer-Elect, 4/2011-3/2012; Treasurer, 4/2012-4/2014

Task Force on Strategic Directions, Co-Chair, 4/2011-3/2012

Finance Committee, Chair, 4/2011-4/2014

Gerontological Society of America (GSA)

Secretary/Treasurer, Behavioral and Social Sciences (BSS) Section, 2005-2008

BSS Representative, GSA Finance Committee, 2005-2008

Member, BSS Nominating Committee, 2005-2008

Member, Ad Hoc GSA Investment Committee, 2006-2009

Chair, BSS Richard Kalish Innovative Publication Award Subcommittee, 2003

Member, BSS Program Committee, 1999

Reviewer, BSS Program Abstracts (multiple years, most recently 2008)

Invited facilitator for research consultancies, GSA Annual Scientific Meeting, November 2007

Collaborator, proposal to establish an annual Institute on Aging and Social Work (C. Mehrotra, College of St. Scholastica, PI, and B. Berkman, Columbia University and The John A. Hartford Foundation, Co-PI), submitted to National Institute on Aging and NIH Office of Behavioral and Social Sciences Research, 2004 (funded)

Reviews of book prospectuses for Sage Publications, 1990, 2005, 2007

Invited abstract reviewer, Fourth Biennial Cancer Survivorship Research Conference, National Cancer Institute's Office of Cancer Survivorship, American Cancer Society's Behavioral Research Center, and the Lance Armstrong Foundation, February 2008

Member, Postdoctoral Fellowship Mentoring Committee for Dr. Minso Paek, School of Medicine, Wake Forest University, 4/2014-12/2015

Regional/Local

Consultant

Applied Research Institute (S. Folmar), Menorah Park Center for the Aging, Beachwood, OH, 1987-1988
(statistical and methodological consultation)

Fairfax Nursing Home and Senior Outreach Services (consultation for possible HRSA grant), 2013

Breckenridge Village (consultation on possible Wellness Program), 2019

Family Pride of Northeast Ohio (consultation on new Senior Services Program), 2020

Public Policy Committee, member, Cleveland Chapter of the Alzheimer's Association, 1990-1997

Senior Gateway Committee, member, United Way Services, Cleveland, OH, 2002-2006

Senior Success Vision Council, member, United Way Services, Cleveland, OH, 2002-2009

Advisory Committee Member, Benefits Enrollment and Access Initiative, Senior Success Vision Council, United Way Services, Cleveland, OH, 2008-2009

Senior Advisory Board Member, Western Reserve Historical Society, Cleveland, OH, 2008-2012

Education, Training and Research Committee, member, Western Reserve Area Agency on Aging, Cleveland, OH, 2011-2012

Advisory Council, Education and Training Program, member, Benjamin Rose Institute on Aging, Cleveland, OH, 2013-2016

Case Western Reserve University (CWRU)

University Budget Committee, member, 9/2021-present (appointed by Provost and Executive Vice President Ben Vinson III)

Faculty Senate Executive Committee Ad hoc Committee on Shared Governance, member, 10/2022-present (elected)

Faculty, Staff and Student Retention and Recruitment Working Group of the CWRU Reproductive Health Task Force, member, 8/2022-present (appointed by President Eric Kaler)

Faculty Senate

MSASS Representative, 2004-2007

Member, Faculty Senate Ad Hoc Committee on Pandemic Flu, 2007-2008

Member, Faculty Senate Committee on Research, 2007-2010

Member, Faculty Senate Committee on Faculty Compensation, 2016-2019, 2019-2022

President's Advisory Committee on Promotion and Tenure, member, Spring 2017 - Spring 2019

MSASS Dean's Review Committee, member, 2010 (appointed by Provost W. A. Baeslack III)

Research Misconduct Inquiry Committee, member, 10/2010-12/2010 (appointed by CWRU Office of Research Compliance and Provost W. A. Baeslack III)

Research Misconduct Investigation Committee, member, 1/2011-5/2011 (appointed by CWRU Office of Research Compliance and Provost W. A. Baeslack III)

University Center on Aging and Health (UCAH)

Faculty Associate, 2001-present

Chair, UCAH Research Working Group, 2007-2010

Consultant, 1989-1990

Invited presentations to the Academic Affairs and Student Life Committee of the Board of Trustees, CWRU

Faculty Panel on the Faculty Experience of Promotion and Tenure (June 3, 2011)

Faculty Panel on Faculty Climate Survey Results (October 14, 2011)

University Memory and Aging Center Pilot Grant Program Reviewer, 2002-2004

Office of Research Administration Case Institutional Review Board, Alternate MSASS Representative, 2002-2013

Steering Committee, Psychosocial Issues in Aging and Cancer, Case Comprehensive Cancer Center, 2004-2012

Cancer Prevention, Control and Population Research Program, Case Comprehensive Cancer Center, Associate Member, 2006; Aging and Cancer Research Program, Case Comprehensive Cancer Center, Associate Member, 2007-2012

Pilot Grant Program Review Committee Member, Cancer Survivorship Research Initiative, Case Comprehensive Cancer Center, October 2009

BEST Center (Building End-of-Life Science Through Positive Human Strengths and Traits) Executive Committee, member, June 2010-2013

ADVANCE Opportunity Grant Faculty Oversight Committee, Member (NSF grant #0245054), Academic Careers in Engineering and Science (ACES) Program, 2009-2012 (Appointed by Deputy Provost and Vice President for Academic Programs Lynn Singer), 2019

Palliative Education and Research Leadership (PEARL) Group, member, CWRU, 2008-2012

CWRU-Community Urban Health Initiative (organized by Department of Anthropology), member, 2001-2002

Cleveland CTSA Community Partnership Committee Member (A. Sehgal, MetroHealth Medical Center, PI), 2007-2008

Aging in Place Interprofessional Education Program, Faculty Advisory Committee, member, 2017-2020

Statistical Consultation

Prevention Research Center for Healthy Neighborhoods, CWRU, 2016-2017

Department of Psychology (S. Russ), CWRU, 2003-2005

Frances Payne Bolton School of Nursing (C. Musil), CWRU, 2004

Mandel School of Applied Social Sciences

Chair, PhD Program in Social Welfare, 1/2011-5/2015

Chair, Aging Specialization, Masters Program, 7/2016-present

Committees

Doctoral Program Executive Committee

Chair, 1/2011-5/2015

Member, 2001-2002, 2003-2005, 2005-2007, 2007-2009, 2018-2020, 2022-present

Chair, Qualifying Examination Review Subcommittee, 2020-2022

Member, Curriculum Review Subcommittee on Research and Statistics, 2017

Chair, Research Methods Subcommittee, 2002-2006

Co-Chair (with K. Wells), May 2002 Qualifying Exam

Doctoral Program Admissions Committee

Chair, 1/2011-5/2015

Member 2002-2003, 2003-2004, 2006-2007, 2007-2008

Research and Training Subcommittee

Chair, 2009-2011, 2017-2020

Member, 2002-2009, 2020-2021

Ex-Officio Member, 2011-2015

Member, Ad Hoc Subcommittee on Software Needs, 2011-2012

Faculty Steering Committee

Member 2003-2004, 2004-2007, 2008-2011, 2019-2021, 2021-present

Ex-Officio Member, 2011-2015

Budget Subcommittee, member, 2012-2015, 2021-present

Information Technology Committee

Member, 2013-2015, 2018-2020

Member, Strategic Planning Subcommittee, 5/2014-5/2015

Masters Curriculum Committee, member, 2019-2022

Faculty Climate Committee, member, 2020-2021

Dean's Leadership Team, member, 2013-2015

Harris Library Committee, member 2002-2003, 2003-2004 (Interim Chair, Spring 2004)

Information and Technology Advisory Committee, member 2002-2003, 2003-2004

Convenor, MSASS Lab Users Group, 2003-2004

E-TALKS (Technology Enhanced Classrooms) Task Force, member 2003-2004

Committee on Students, alternate member 2005-2006, member 2006-2009

MSSA Outcome Assessment Advisory Committee, member 2006-2010

MSASS Building Expansion Planning Committee, member 2010-2011

Active Aging Symposium Planning Committee, member 2010-2011

Search Committee for North Star Initiative Faculty Hire, member, 2022-present

Search Committee for Endowed Professorship, member, 2018-2019

Search Committee for joint BEST Center-MSASS Assistant Professor, chair, 4/2010

Search Committee for Assistant Professor in Aging Specialization, chair, 2011- 2012

Pretenure Faculty Development Committee (Jung-won Lim), chair, 2010-2011, 2011-2012

Pretenure Faculty Development Committee (Gillian Marshall), member, 2013-2014, 2014-2015

Pretenure Faculty Development Committee (Ann Nguyen), chair, 2017-present

DSW Advisory Group, member, 6/2011

Visiting Committee, ex-officio member, 9/2014-5/2015

Statistical and methodological consultation to MSASS faculty, staff, doctoral students, and master's students, 2000-present

Organizer, MSASS Gerontology Group (students, faculty, and staff), 2001-2014

Substantive Areas of Interest

Adult development and aging; Mental and physical health; Family relationships; Informal and formal care arrangements for older adults

Methodological Areas of Interest

Survey research design; Longitudinal and dyadic analyses; Structural equation modeling and multilevel modeling

Memberships in Professional Organizations

American Psychological Association (Division 20 Adult Development and Aging and Division 38 Society for Health Psychology), Gerontological Society of America (Behavioral and Social Sciences Section), American Sociological Association (Aging and the Life Course Section), Society for Social Work and Research, National Association of Social Workers (Aging Section and Ohio Chapter), National Council on Family Relations, Sigma Xi (honorary scientific research society), American Psychosocial Oncology Society, Association for Gerontology Education in Social Work, Ohio Association of Gerontology and Education, Social Work Hospice and Palliative Care Network

Selected Awards and Honors

The 100 most influential contemporary social work faculty as assessed by the H-Index. Thyer, B., Smith, T., Osteen, P., & Carter, T. (2019). *Journal of Social Service Research*. doi.org/10.1080/01488376.2018.1501793

Finalist, John S. Diekhoff Award for Graduate Mentoring, School of Graduate Studies, Case Western Reserve University, 2017

Researcher of the Year, Ohio Association of Gerontology and Education (OAGE), 2016

Leadership Award, Association of Gerontological Education in Social Work (AGE-SW), 2012

Mentoring Award, Council on the Role and Status of Women in Social Work Education, Council on Social Work Education, 2011

Mather Spotlight Series Prize for Women's Scholarship, funded through the Mather Centennial Celebration Committee of the Flora Stone Mather Alumnae Association, Flora Stone Mather Center for Women, Case Western Reserve University, 2011

Excellence in Research Award, University of South Florida, Center for Hospice, Palliative Care, and End-of-Life Studies, 2005

John S. Diekhoff Award for Distinguished Graduate Teaching, Case Western Reserve University, 2004

Social Work Leadership Development Award, Project on Death in America, Open Society Institute, 2003

Fellow, Gerontological Society of America, Behavioral and Social Sciences Section, 2002

Sage Publications Editors' Award (with Mary Ann P. Stephens, for best peer-reviewed publication on aging in the social or behavioral sciences), Gerontological Society of America, 1998

Distinguished Lectureship in Aging, Institute on Aging, University of South Florida, Tampa, FL, 1996