

# SEXUAL ORIENTATION GUIDE

describes your relationship to others. Sexual, romantic, emotional and spiritual attraction one feels for others. It is generally labeled based on the gender of the relationship between the person and the people they are attracted to.

<b>ASEXUAL</b>	Experiences no sexual attraction.
<b>BISEXUAL</b>	Attracted to the same gender as well as other genders.
<b>HETEROSEXUAL</b>	Attraction to the opposite gender that one identifies with <b>Can be referred to as 'straight'.</b>
<b>HOMOSEXUAL</b>	Attraction to the same gender that one identifies with (tends to be an outdated term that should be replaced by another on this list).
<b>GAY</b>	Most often a man who is attracted to another man but can also refer to a woman who is attracted to another woman. Sometimes used as an umbrella term for the LGBTQ+ community.
<b>LESBIAN</b>	A woman who is attracted to another woman.
<b>PANSEXUAL</b>	Attracted to humans for who they are as a person regardless of their sex, gender identity or expression